## Thank you for your generosity!





#### **Sun Prairie Area School District**

501 S. Bird Street Sun Prairie, WI 53590 (608) 834-6500 \* www.sunprairie.k12.wi.us



# **Kindness Retreats**

Making a difference for children in Sun Prairie

one school at a time.

### **Kindness Retreats Battle Bullying**

Making a difference for children in Sun Prairie one school at a time.

For the past six years, Sun Prairie 4th graders have participated in Kindness Retreats. These daylong events help to build a more caring school community by engaging students in activities that demonstrate the value of kindness and the effects of bullying.

During the retreats, Sun Prairie High School students and adult mentors act as positive role models and assist the 4th graders by facilitating conversations about how one's actions impact others. The retreats are presented by Youth Frontiers, Inc. a Minneapolis-based non-profit organization in existence for over 25 years.

#### Youth Frontiers, Inc. Kindness Retreats learning objectives are:

- Understand why and how to make kind choices
- Enhance empathy skills to understand how words and actions affect others
- Acquire conflict resolution skills to safely deal with bullying

Kindness Retreats have been held every year at all seven elementary schools in the Sun Prairie School District since 2011.

In addition, one group leader is required per 6 to 8 students. This requires about 135 small group leaders each year. The schools utilize community members, parents, and various high school groups to act as small group leaders. Over the years, small group leaders have been as positively impacted as the elementary students have. In addition, once the retreat is over, Youth Frontiers, Inc. continues to follow-up with classroom materials to extend the Kindness Retreat impact.

have been impacted by the **Kindness Retreats!** 

3.853 Sun Prairie students This is a collaborative effort with Sun Prairie Rotary Club, Sun Prairie Education Foundation, and Sun Prairie School District. This initiative has only been successful with the support from businesses and individuals who work and live in our community.

### Can you help?

It takes a large community effort to continue to provide the students with this exceptional experience. We continue to ask businesses, groups and individuals for support. Please consider financially supporting the 2018 Kindness Retreats as a Sponsor, Supporter, or Friend.

For more information, please contact one of the following people. Thank you!

Deb Fox Schroeder dfox-schroeder@home-savings.com J.Kindkeppel@els-law.com Josh Kindkeppel Sue Halambeck smhalambeck54@gmail.com Rick Mueller rlmuell@sunprairieschools.org

Looking to the future: We will have 9 elementary schools beginning Sept. 2018. This means that an additional \$6,000 will be needed per year. Each Kindness Retreat costs \$2,500 plus \$500 for t-shirts. Please consider helping.

### The Sun Prairie Area School District Kindness Retreats: 4 Ways For You To Get Involved

I will make a financial contribution to help make the 2017-2018 Sun Prairie
Kindness Retreats a reality.
<ul> <li>We want to be a SPONSOR (\$4,000 or more) and have attached a check for: \$</li> <li>We want to be a SUPPORTER (\$1,000 or more) and have attached a check for: \$</li> <li>We want to be a FRIEND (any amount up to \$999) and have attached a check for: \$</li> </ul>
Notes: The names & logos of SPONSORS will be featured on the student T-shirts. The names of SUPPORTERS will be listed on the student T-shirts. The names of FRIENDS will be acknowledged on all written materials.
Checks may be made out to the Sun Prairie Area School District with "Youth Frontiers Kindness Retreat" on the subject line. However if you prefer, checks may also be made out to the Sun Prairie Rotary Foundation with the same designation. (Rotary Foundation will forward the funds to the school district for this project). Donations to both organizations are tax deductible.
I will make a financial pledge toward the next school year (2018-2019) Sun Prairie Kindness Retreats.
<ul> <li>We commit to be a SPONSOR (\$4,000 or more) and will pledge \$</li> <li>We commit to be a SUPPORTER (\$1,000 or more) and will pledge \$</li> <li>We commit to be a FRIEND (any amount up to \$999) and will pledge \$</li> </ul>
I am willing to donate time and/or expertise by volunteering as a full day "small group leader" at a Sun Prairie Kindness Retreat.  Please contact me in January at the e-mail below.
Please keep me posted on future events and developments with this project.  Please print contact information below.  Organization or Business:
Contact Person:
Address:
Felephone Number:
-Mail Address:

Questions may be addressed to Sue Halambeck at 825-8199 or Rick Mueller at 834-6506.

Please return this form to: Debbie Fox-Schroeder, Sun Prairie Rotary Foundation, PO Box 851, Sun Prairie, Wisconsin 53590. Attention: Kindness Retreats.