### KINDNESS RETREATS BATTLE BULLYING!

For the past seven years, Sun Prairie 4th graders have participated in Kindness Retreats. These day-long events help to build a more caring school community by engaging students in activities that demonstrate the value of kindness and the effects of bullying.

During the retreats, Sun Prairie High School students and adult mentors act as positive role models and assist the 4th graders by facilitating conversations about how one's actions impact others. The retreats are presented by **Youth Frontiers**, **Inc.** a Minneapolis-based non-profit organization in existence for over 25 years.

### Youth Frontiers, Inc. Kindness Retreat learning objectives are:

- Understand why and how to make kind choices
- Enhance empathy skills to understand how words and actions affect others
- Acquire conflict resolution skills to safely deal with bullying

Since 2011, Kindness Retreats have been held at all of our elementary schools.

### Can You Help?

It takes a large community effort to continue to provide the students with this exceptional experience. We continue to ask businesses, groups and individuals for support. Please consider financially supporting the 2019 Kindness Retreats as a Sponsor, Supporter, or Friend.



## Contact Us For More Info......

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# Making a difference for children in Sun Prairie

KINDNESS RETREATS

One school at a time.



#### **Get Involved!**

Thank you for your interest in the Kindness Retreats. If you would like to serve as a "small group leader" with 4th graders at an upcoming Kindness Retreat, please contact the person at the school(s) you wish to volunteer at to see if they need help. We just ask that you are available the entire day. The dates and contact information are located on the back of this brochure.

### Please join us at the Community Kindness Breakfast on March 5, 2019

Colonial Club
301 Blankenheim Lane
Breakfast served at 7:15 am
Program begins at approx. 7:30 am.
Hosted by the Sun Prairie Rotary Club



## 4 Ways For You To Get Involved



We will make a financial contribution to help make the 2018-19 Kindness Retreats a Reality.

We want to be a **SPONSOR** (\$4,000 or more)
Name & logo will be featured on student t-shirts.
I have attached a check for: \$

We want to be a **SUPPORTER** (\$1,000 or more) Name will be listed on student t-shirts. I have attached a check for: \$

We want to be a **FRIEND** (amount up to \$999) Name will be listed on all written materials. I have attached a check for: \$

I will make a financial pledge toward the next school year (2019–2020) Sun Prairie Kindness Retreats.

We want to be a **SPONSOR** (\$4,000 or more) and will pledge \$\_\_\_\_\_

We want to be a **SUPPORTER** (\$1,000 or more) and will pledge: \$\_\_\_\_\_

We want to be a **FRIEND** (amount up to \$999) and we will pledge: \$\_\_\_\_\_

I am willing to donate time and/or expertise by volunteering as a full day "small group leader" at a Sun Prairie Kindness Retreat. Please contact me in December at the e-mail below.

Please keep me posted on future events and developments with this project. Please complete the information below.

**Organization or Business:** 

Contact Person:	
Address:	
Telephone Number:	
E-mail Address:	

**Thank You For Your Generosity!** 

Checks may be made to the Sun Prairie Area School District or Sun Prairie Rotary Foundation with "Youth Frontiers Kindness Retreat" on the memo line. Donations to either organizations are tax deductible. Please return this form to: Deb Fox-Schroeder, Sun Prairie Rotary Foundation, PO Box 851, Sun Prairie, WI 53590