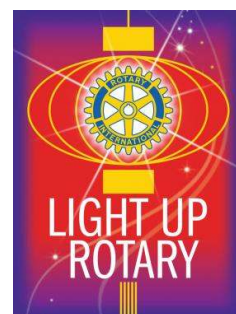




Rotary Gold Coast



Presidents meeting report

"One of my favourite meetings" declared Lyn Mc Arthur as we gathered for our meeting last Thursday evening. "Mine too" agreed Kathy; in fact we all agreed that when it comes to having our scholarship and bursary winners there to be congratulated by the club and to address us, makes for a very special night.

Two of our three awardees, Leah Henderson (Ernie Hicks Memorial Scholarship) and Vanessa Tan (Ken Baguley Bursary), attended and spoke of their lives, what the winning of the Scholarships meant to them and their plans for the future. I find these addresses so enjoyable because of their innocence and simplicity, because of the adversities these young people have already overcome in their short lives and their unbridled enthusiasm for the future. Leah was accompanied by her grandparents who have played a major role in her life to date.

Talking about enthusiasm, I brought along Craig Bibby, an ex-serviceman who is about to run in the Gold Coast Marathon. He is going to use the occasion to raise some funds which he will donate to the Ken Bromley Fund, a worthwhile endeavour you will agree. Why don't you join in wishing him a good race and donating a few shekels for a great cause by going on line at this url... <http://www.gofundme.com/st2jc2c> ??

Our guest speaker for the night was Ian Langdon - Chair of Gold Coast Hospital and Health Board who gave a refreshing insight to what he and his Board are trying to achieve at our new multi-billion dollar, state-of-the-art facility known as the Gold Coast University Hospital. We were surprised to find out that Ian was not a clinician but a high flying corporate from the big end of town. Yet it was his humility and his dedication to the people of the Gold Coast, patients AND their families that transcended all the amazing statistics relating to this wonderful resource that we have. The culture he is trying to instil places the patients and their families at the very apex with everything and everyone else dedicated to their service. How refreshing an attitude. I am sure that we all were very impressed by what we heard.

Over 25% of our club attended the District 9640 Conference *continued on page 3*

May 7 2015 #154
We meet 5:45 for 6:15pm the 2nd and 4th Thursday of the month at The Gold Coast Arts Centre + mid month birthday/ anniversary dinner + all members at Board meeting 2nd Thursday + quarterly vocational meetings with time and place TBA.
You're welcome to join us - advise Chawki 0410 002 403, email mango@winshop.com.au if possible.

May meeting roster
If you're unable to attend please *directly* arrange a replacement before the meeting.
Thank you.

Welcome guests

- Jenny Bao

Front desk

- Phil Rosenberg

Meeting chair

- Dean Catrell

International toast

- Jill Ellis

Sergeant

- Nancy Smith

goldcoastroty.org.au District 9640
RI #17910



Club President

Eddie Klimowicz PHF
04018 787 686

ejk@advancedns.com.au



Rotary friends wherever you go

It's nice to have connections in a foreign country. That's what makes Rotary International so, um, international!

Whether you're travelling for work, or for leisure, you can visit a Rotary club almost anywhere you go. And one of the benefits of being a Rotary member is that you are certain to make new friends, and find valuable local information to enhance your stay, while you are at it.

Need to know the best things to see during your stay? Where to eat? You might even find someone who has a room to rent for cheap.

It's also great to see how different clubs conduct their meetings. You can discover new ideas for your own club.

Before I joined Rotary, I spent twelve years in Rotaract, Rotary's program for adults 18-30. I remember back in 2008 when I was on an exchange to New Jersey,

and I visited plenty of clubs as part of the experience.

But one club struck a chord with me – the Rotary Club of Red Bank. A few members of the club made sure we were taken care of. One member in particular, Steven Sanfilippo, took me to the local attraction “Jay & Silent Bob's Secret Stash” a comic book store owned by director Kevin Smith. He knew I was such a big fan of Superman and pop culture. It's these little things that make Rotary what it is, a place for friendship.

But you don't have to go far to experience this benefit of being a member. Visiting other clubs in your own region can build strong connections and develop relationships that make it easier to do joint projects.

With Rotary the journey never ends. Rotary gives you opportunity to travel, meet people from all different backgrounds, and see the world in a whole different way.

- Evan Burrell, RC of Turramurra, NSW,

MAY	JUNE	JULY
<p>1-3 Opera in the Vineyard (Peter)</p> <p>1 Jenny Bao (6 yrs), Kevin Campbell (22 yrs) Don Stalker (20 years)</p> <p>2.Carol Allan, Jill Ellis, Kathy Hogan, John Kelly, John Lander, Lyn MacArthur, Phil Rosenberg & David Wood all 3 years</p> <p>7 GSE Team Farewell Dinner, Southport Yacht Club</p> <p>14 Board meeting</p> <p>15 Phil Rosenberg</p> <p>21 Club meeting</p> <p>22 John & Pam Goldstein (42 yrs)</p> <p>24 Kevin Stapleton</p> <p>23 Geoff & Margaret Prentice (50 years)</p> <p>29 ROMAC Trivia Challenge, Arts Centre</p> <p>30 Ted Fong, Helen Stalker</p>	<p>MEETING ROSTER</p> <p>Welcome guests - Greg Bowler</p> <p>Front desk - Dean Castell</p> <p>Meeting chair - Andrew Csabi</p> <p>International toast - Peter Laurens</p> <p>Sergeant - Andrew Csabi</p> <hr/> <p>1 Ian Daw (30 yrs), Kevin Stapleton (30 yrs),</p> <p>2 Jan Davies</p> <p>3 Board meeting</p> <p>7 Richard Mercer</p> <p>9 Nancy & Hugh Smith (42 years)</p> <p>10 Richard & Narelle Flanagan (31 years)</p> <p>10 Andrew Chan + Caroline Mercer</p> <p>11 Club meeting</p> <p>11 Kevin Campbell</p> <p>14 Kathy Hogan</p> <p>15 Caroline and Richard (43 years)</p> <p>16 Eddie Klimowitz</p> <p>17 Nan Baldwin + Greg Bowler + Jennifer Rakauskas</p> <p>18 Kate Kimmorley (15 yrs)</p> <p>20 David Baguley (16 years)</p> <p>25 Club meeting</p>	<p>MEETING ROSTER</p> <p>Welcome guests -</p> <p>Front desk -</p> <p>Meeting chair -</p> <p>International toast -</p> <p>Sergeant -</p> <hr/> <p>NOTE: Club meets on the 1st and 3rd Thursday of the month 5:45 for 6:15pm at Southport Golf club</p> <p>2 (1st Thursday) Rotary meeting</p> <p>9 Jenny Wong/Tony Ang (35)</p> <p>10 Ian Daw</p> <p>16 (3rd Thursday) Rotary meeting</p> <p>21 Greg Bowler (18 years)</p> <p>24 Jenny Bao</p> <p>29 Ruay Loo</p>

Meetings/events Birthdays Wedding Anniversaries Member's Club Anniversaries



Way Out West' at the District Conference

....continued from front page

in Goondiwindi 18th-20th April, a fantastic effort.

We enjoyed great country hospitality, experienced a variety of inspiring speakers and presentations, danced to a standstill at the Bush Dance (we gotta have ourselves one of those; such fun) and, in my opinion, won the club roll call on Saturday morning with our response!!!!

See you Thursday 7th May at the Southport Golf Club as we bid farewell to the GSE team which we will have hosted that week. PLEASE ASK YOUR PARTNERS TO ATTEND.

We have been chosen to do this because Gold Coast Rotary knows how to throw a party and can always count on amazing support from its members. I am quietly confident you will all do your utmost to be there and join in.



Rotarians, Rotary partners, and employees from Coca-Cola Beverages Pakistan join forces to conduct a cleanup campaign in Gadap Town, one of Karachi's high-risk areas for polio.

Business partnerships pay big dividends in the fight against polio

Are you aiming to enlist a corporation or business to support Rotary's drive to end polio? Whether you're targeting the local, regional, or national level, the best way to begin is to identify a key contact and simply ask.

Aziz Memon, chair of the Pakistan PolioPlus Committee, did just that. In 2010, he approached Zohair Mehmood, director of external affairs at Coca-Cola Beverages Pakistan, asking that the company consider sponsoring billboards across the country to promote polio eradication during National Immunization Days.

The company agreed to the request as part of its corporate social responsibility program, and went on to sponsor ads in the Pakistan End Polio Now newsletter.

But the new partners both had something bigger in mind. "In 2012, the Pakistan PolioPlus Committee and Coca-Cola Beverages Pakistan signed a memorandum of understanding to raise awareness about polio [and to] facilitate activities related to a clean environment, better sanitation conditions, water conservation, improved education in schools, and other community-based initiatives," says committee project manager Asher Ali.

Work soon began on a reverse-osmosis water

filtration plant in Malir Town in Karachi, Sindh, which opened in January, giving 20,000 people access to safe water.

"Clean drinking water is a dire need in areas where the poliovirus exists due to poor sanitation and hygiene," says Ali. "[The plant] was installed at one of our permanent immunization centers."

Creating a corporate partnership to help end polio is all about building relationships, notes John Burt, a member of the Rotary Club of Orange, California, USA. In 2008, he invited Tim Mead, vice president of communications for the Anaheim Angels Major League Baseball club to speak to members of the Orange club. After the talk, Burt and fellow club member Michael Abdalla, a 2005-07 Rotary Foundation trustee, met with Mead, who then

arranged for the two Rotarians to meet with Angels Executive Vice President John Carpino.

"John agreed to give us 50 percent off the [ticket] list price if we sold 500 tickets," says Burt. "We also sold over 600 Angels commemorative caps embroidered with 'End Polio Now'."

Since 2009, that formula has helped Rotary members in District 5320 generate more than \$117,000 for polio eradication through annual Angels-Rotary Night to End Polio Now fundraisers.

Over 5,000 Rotarians have attended the events, and the district has also provided public service announcements that are aired during TV broadcasts of Angels games.

In addition to establishing key contacts with the team, Burt says that enlisting support from the district governor, appointing Rotarian planning and ticket sales coordinators, and promoting the event to Rotary club presidents all have helped ensure success.

"Orange Rotarians have also sponsored 186 needy kids from the Orangewood Children's Home and Big Brothers Big Sisters," says Burt. "Each kid receives a club-level ticket, an Angels cap, food, and an opportunity to attend Angels batting practice. Many of these kids have never attended a Major League Baseball game before."



A study using mice has uncovered a possible cause of Alzheimer's disease, and suggests that a drug currently being investigated in human clinical trials to treat cancer could prevent the illness. The research has been heralded as offering hope of finding new treatments for dementia.

The findings, by Duke University in America and published in the Journal of Neuroscience, are surprising, according to one of the authors, as they contradict current thinking on the disease.

The research suggests that in mice with Alzheimer's disease certain immune cells that normally protect the brain begin abnormally to consume an important nutrient called arginine. By blocking this process using the drug difluoromethylornithine (DFMO), memory loss and a build-up of sticky proteins known as brain plaques were prevented. The study used a type of mouse in which a number of important genes had been swapped to make the animal's immune system more similar to a human's.

Senior author Carol Colton, professor of neurology at the Duke University School of Medicine, and a member of the Duke Institute for Brain Sciences, said: "If indeed arginine consumption is so important to the disease process, maybe we could block it and reverse the disease. "It was previously thought the brain releases molecules that ramp up the immune system, apparently damaging the brain, but the study found a heightened expression of genes associated with the suppression of the immune system. Author Matthew Kan said: "It's surprising because [suppression of the immune system is] not what the field has been thinking is happening in AD [Alzheimer's

In mice with Alzheimer's disease, immune cells called microglia (shown in the black stain) become active in areas of the brain involved in memory and consume an important amino acid, arginine.

Alzheimer's study finds possible cause of disease

Findings of US research contradict current thinking on Alzheimer's and offer hope of finding new treatments

disease]." Mice that had been given the drug DFMO to block arginase, an enzyme that breaks down arginine, were found to perform better in

memory tests.

"All of this suggests to us that if you can block this local process of amino acid deprivation, then you can protect the mouse, at least, from Alzheimer's disease," Kan said. Colton added: "We see this study opening the doors to thinking about Alzheimer's in a completely different way, to break the stalemate of ideas in AD."

It is thought that this year one person every three minutes will develop dementia. The disease costs the UK economy more than £26bn each year. The research has been welcomed by the Alzheimer's Society. Its head of research, Dr James Pickett, said: "This study in animals joins some of the dots in our incomplete understanding of the processes that cause Alzheimer's disease, in particular around the role played by the immune system.

"Using a new animal model of Alzheimer's, the researchers have found that depletion of a nutrient called arginine occurs in the damaged brain areas. Blocking the use of arginine reduced some of the disease hallmarks and improved memory performance, offering hope that these findings could lead to new treatments for dementia. "Importantly, these new findings reflect earlier observations that arginine is reduced in the brains of people with Alzheimer's disease.

The next step would be to show that targeting arginine metabolism in the brain can reduce the death of brain cells, as this was not shown in the current study."

- The Guardian

Don't worry if plan A fails - there are another 25 letters in the alphabet!

G S E T E A M I N V I T A T I O N

As the sun sets on their visit celebrate their journey, enjoy their official farewell dinner presentation and say goodbye.

DINNER: 6:00/6:15 pm Thu 7 May at Southport Golf Club, Slatyer Ave, Southport. COST \$30 at the door or direct debit to Rotary Club Gold Coast, Bank of Queensland BSB 124022, account 21667645. Tag GSE + your name &

Club name. MUST RSVP ATTENDANCE TO

Greg Bowler 0411 110 444 or

greg@ausvisas.com.au

Thank you.



Rotary
Gold Coast



It'll be so enjoyable you're invited twice!!

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Thank you.



Rotary
Gold Coast





You don't have to be famous to enjoy a fun night out!

ROMAC Trivia Challenge

All you need is to join your clubs' team at this year's ROMAC Trivia Challenge to enjoy the humorous photos that accompany the questions, the camaraderie and, of course, that you're helping ROMAC whose Mission is *"To provide specialist treatment for children from developing countries in the form of life saving and/or dignity restoring surgery not accessible to them in their home country."*

Show everyone that yours is the smartest Rotary Club on the Gold Coast and accept this lighthearted challenge. Bring your partners, friends and potential new members (before someone else invites them!) to the friendliest, most fun night out you've had ever since... well, you'll know the answer to that one too!

Date: 6:30 for 7:00pm, Friday 29th May 2015.

Venue: Paradise Showroom, Arts Centre Gold Coast.

Cost: \$65 p/p including dinner. Payment in advance your club's coordinator please.

RSVP: To your club's on-to-trivia coordinator, or contact Phil Rosenberg on 0412 374 363 or philtini@hotmail.com

A request: Please consider helping Rotarian volunteers continue saving children's lives with your club donation: \$1,000, \$1,500, \$2,500, \$5,000 or whatever you can. If possible please bring your cheque, payable to ROMAC, who will issue you a receipt.

On behalf of the children whose lives you'll save, thank you.

Rotary
Gold Coast

