



# Rotary Gold Coast



goldcoastroty.org.au District 9640 RI #17910

**August 4 2016 #177.** We meet 5:45pm for 6:15pm the 1st & 3rd Thursday of the month at The Southport Golf Club. You're welcome to join us - please advise Jennifer on *m* 0417710982 *e* jen@nine1nine3consulting.com.au

**August Roster.** Welcome guests: **Joe Kertesz.** Front desk: **Phil Rosenberg.** Chair: **Mark Urquhart.** Int'l toast: **Bruce Roddick.** Sergeant: **Andrew Csabi.** If you're unable to attend please arrange a replacement before the meeting.



**President's Report** I don't think that any of us could argue that our last meeting wasn't informative.

**Club Finances** Our thanks to David Baguley for such a clear and comprehensive presentation not only on the direction of our club's finances over the previous 12 months but also very clear insight into the projects that we support and continue to commit to. Don't forget to login to our website to keep updated on specific club news.

**The Ken Bromley Memorial Wounded Service Personnel Convalescent Association Inc.** As former Chair of the Ken Bromley Board Brian Kidd gave further insight to the origins, purpose and accomplishments of the Fund which is committed to identifying ex service personnel "who need a break". The Ken Bromley Fund, established just over 50 years ago recognises the need for soldiers who have served our country to just get away with their families. Whilst there is considerable funding available towards physical and medical help along with the recognition now towards helping with PTSD, there are few that focus on something seemingly as simple as an all-expenses paid trip to the Gold Coast with "no strings attached".

**Gold Coast Ramble and Charitable Recipients** We need to identify local charities who could be recipients of the forthcoming Gold Coast Ramble. Thanks to Jennifer Bailey organising a "think tank" we can gain your feedback as to which charities we should be supporting in the local community.

**Recognition for Commitment to The Rotary Foundation** Darrell Brown our Incoming DG ( District Governor) presented Lynda Hynes with an award for our club's generous donation to the district foundation. So far this year our members have made almost \$2,000 in personal bequests towards the Rotary Foundation.

**AGM Ken Bromley** Thank you Greg for Chairing the Ken Bromley AGM and to those who have joined the KB Committee.

Don't forget "**Outback Links**" if you feel like an adventure to Charleville in September lending a hand to residents and families in need. Finally we enjoyed the company of new guests, Mark, Scott and Shirley. Thank you Ted and Greg for introducing us to potential new members. Please keep friends and colleagues in mind for Thursday evening gatherings at Rotary. We have so much to offer!



**Club President**  
**Kate Kimmorley**  
**07 55911725**  
**Katek@kfm.net.au**

**AUGUST****MEETING ROSTER***Roster at the top of the front page*

4 Sharon Cream, *Beyond Water*  
 6 Harry Ellis  
 6 Ann Gazal  
 8 Genic Saraswati  
 13 John & Tracey D'Anna 16 yrs  
 15 Bruce & Coralie Roddick 17 yrs  
 18 David & Rana Baguley 43 yrs  
 18 Pamela Holdsworth, *Nutrition*  
 22 Eddie Klimowicz  
 30 Loo, Yew-Chaye Ruay 47 yrs

**SEPTEMBER****MEETING ROSTER**

*Welcome guests* - Jill Ellis  
*Front desk* - Lyn MacArthur  
*Meeting chair* - Eddie Klimowicz  
*Int'l toast* - David Baguley  
*Sergeant* - Brian Onlykidding

1 Club meeting TBC  
 3 Jennifer Baily 1 yr  
 3 J P Langbroek 6 yrs  
 3 Margaret Grummitt (Noel) 28 yrs  
 3 Chawki Gazal (Ann) 40 yrs  
 8 Lindy Campbell  
 8 Tracy D'Anna  
 10 Tony Nesci 18 yrs  
 15 Club meeting. District Governor Official Visit  
 15 Jann Davies 16 yrs  
 16 Eddie Klimowicz 11 yrs  
 19 Lynda Hynes 19 yrs  
 26 Coralie Roddick

**OCTOBER****MEETING ROSTER**

*Welcome guests* - Greg Bowler  
*Front desk* - Phil Rosenberg  
*Meeting chair* - Lynda Hynes  
*International toast* - Mark Urquhart  
*Sergeant* - Brian Kidd

1 Brian Pearson 1 Year  
 6 Margaret Prentice  
 6 Club Meeting. Darrell Brown. *My Gold Coast*  
 9 Caroline Mercer 7 years  
 11 Andrew Chan 16 years  
 11 Ian and Beverly Daw 19 years  
 12 Greg Bowler 23 years  
 20 Club Meeting Philippa Hawk, *Kids Helpline*  
 20 John Goldstein 39 years  
 23 Genik Saraswati 2 years  
 24 Narelle Flanagan  
 31 Joyce Kertesz

Meetings/events Birthdays Wedding Anniversaries Member's Club Anniversaries

**Aly Becomes First Female Muslim MP**

*The founder of a Not for Profit committed to addressing violent extremism in Australia is set to make history by becoming the first Muslim woman to be elected to federal Parliament.*

The Labor candidate and international counter-terrorism expert, Dr Anne Aly claimed victory in the marginal seat of Cowan in Western Australia after a close run match with incumbent MP Luke Simpkins.

Speaking to reporters, Aly said she was “humbled” to have been elected. “It’s a very proud moment for me, but also a very humble moment,” Aly said. “I look forward to working with the community of Cowan as a strong and fair voice for them in federal Parliament. “It has been a long wait and it has been a very emotional ride, but I’m just looking forward to moving forward now.”

When asked about being the first female Muslim MP she said it hadn’t set in yet. “I do understand the significance of it, and I do understand it’s a significant time in history for Australia,” she said. “I think having a diverse Parliament in these very trying times is an absolute positive and bodes well for the future of Australia. “I think it’s going to make for some very robust discussion and I’m looking forward to that.”

Egyptian-born Aly has had a successful career as an academic and counter-terrorism expert prior to making the switch to politics. In 2013 she founded People against Violent Extremism Inc (PaVE), an independent, non-government organisation which focuses on all forms of violent extremism. She was the only Australian to be invited to President Obama’s White House conference on violent extremism in 2015. She has worked with the United Nations on developing programs and policies on national security and counterterrorism.

During the campaign, Aly faced criticism from several high-profile Liberal MPs for a submission she made in the trial of radical Islamic preacher Junaid Thorne, recommending he take part in her deradicalisation program. Speaking to reporters on Monday she said the smear campaign had backfired. “People just don’t like the negative smear campaign,” Aly said. “I don’t think it played a huge part in the result, but perhaps to sure-up some of the votes that were going to go against me anyway... it certainly didn’t lose me any votes.”

According to The Australian, Aly now wants Bill Shorten to use her counter-terrorism expertise by appointing her to Labor’s frontbench. - Wendy Williams, Pro Bono



Pakistan's most renowned humanitarian, Abdul Sattar Edhi, shares a meal with children living in one of his charity houses in Karachi

## Abdul Sattar Edhi, Known As 'Pakistan's Mother Teresa,' Dies At 88

From his base in Karachi's inner city, Edhi, who was 88, created a network of social services for his country, including a fleet of 1,500 ambulances, 24-hour emergency services, homeless shelters, orphanages, blood banks and homes for unwanted and abandoned infants. Even during years of agonizing gang violence in Karachi, Edhi frequently drove his own ambulance and showed up personally to transport and care for the injured or wash the dead.

Edhi was born in Bantva in the Gujarat, British India. When he was eleven, his mother became paralysed from a stroke and she died when Edhi was 19. His personal experiences and care for his mother during her illness, caused him to develop a system of services for old, mentally ill and challenged people.

The partition of India led Edhi and his family to migrate to Pakistan in 1947.<sup>1</sup> He then shifted to Karachi to work in a market at a wholesale shop. His mother would give him 1 paisa for his meals and another to give to a beggar.<sup>[1]</sup> He initially started as a peddler, and later became a commission agent selling cloth in the wholesale market in Karachi. After a few years, he established a free dispensary with help from his community.

Edhi reminisced that "I saw people lying on the pavement ... The flu had spread in Karachi, and there was no one to treat them. So I set up benches and got medical students to volunteer. I was penniless and begged for donations on the street. And people gave. I bought this 8-by-8 room to start my work...."

Widely admired for his stubborn integrity – he only accepted private donations, refusing government offers of support – and commitment to helping Pakistan's destitute and forgotten, Edhi was often referred to as "*Pakistan's Mother Teresa*." He saw charity as a central tenet of Islam and lived humbly with his wife, Bilquis, in the same building as his organization's offices.

But unlike Mother Teresa, Edhi had to operate in the face of death threats and other obstacles. In past years, his ambulances were attacked, as were volunteers who worked for his organization. Islamists occupied one of his Karachi facilities, and the baby cradles he and Bilquis set up to accept unwanted babies were criticized as encouraging out-of-wedlock births.

"They call him an infidel, saying that he does not say his prayers," Bilquis told the *Guardian* last year. "What we are doing should be done by the government and should be appreciated, but instead we are blamed."

Born in India, Edhi emigrated to Pakistan soon after India's partition in 1947. He started a clinic and a one-man ambulance service in Karachi after the death of his mother, whom he'd cared for during years of illness. Recalling his early years in Karachi, "I saw people lying on the pavement. The flu had spread in Karachi, and there was no one to treat them. So I set up benches and got medical students to volunteer. I was penniless and begged for donations on the street. And people gave. I bought this 8-by-8 room to start my work."

Over the years, this grew into the [Edhi Foundation](#), Pakistan's most relied-upon social safety net, handling many of the responsibilities that the Pakistani government could not or would not.

"There's so much craftiness and cunning and lying in the world, I feel happy that God made me different from the others. I helped the most oppressed." Note: amongst his many local and international awards Edhi was awarded a PHF.



Get your tickets now at [www.goldcoasttickets.com.au](http://www.goldcoasttickets.com.au)  
It is a day of sharing "case studies that worked" with breakout sessions to develop new strategies to suit your club



## MULTI DISTRICT MEMBERSHIP & PR SUMMIT

SUNDAY 21 AUGUST 2016



### District 9640 to host All Queensland Multi District Membership & PR Summit on 21<sup>st</sup> August in the Gold Coast.

200 Rotary Club Membership Chairmen & Club Presidents of 2016/2017 from all 5 Districts in Queensland will come together on Sunday 21<sup>st</sup> August in the Gold Coast for a one day "Multi District Membership & Public Relations Summit." We will hear success stories from a few Rotary Clubs across Australia as to how they increased Rotary Club membership in the past 2 years by using smart Public Relations & Marketing techniques.

It is a day of sharing "case studies that worked" with breakout sessions to develop new strategies to suit your club. The presenters are a good mix of new generation Rotarians and seasoned Rotary leaders, who believed in changing with the times to keep Rotary relevant to their communities.

#### Case Studies & Presenters:

1. "How to attract young members to Rotary". Presented by Simon Brooks (33) President of Surfers Sunrise Rotary & Kaye Titmarsh (24) President Elect of Rotary E-Club NextGen from District 9640.

2. "Using smart Marketing to bring in new members to Rotary" Presented by Amanda Wendt (28) President Melbourne Park Rotary from District 9800, VIC. (Presenter at 2016 RI Convention)

3. "From 2 members to 26 in 18 months" presented by PDG. Terry Daley of the Rockhampton Fitzroy Rotary of District 9570 QLD

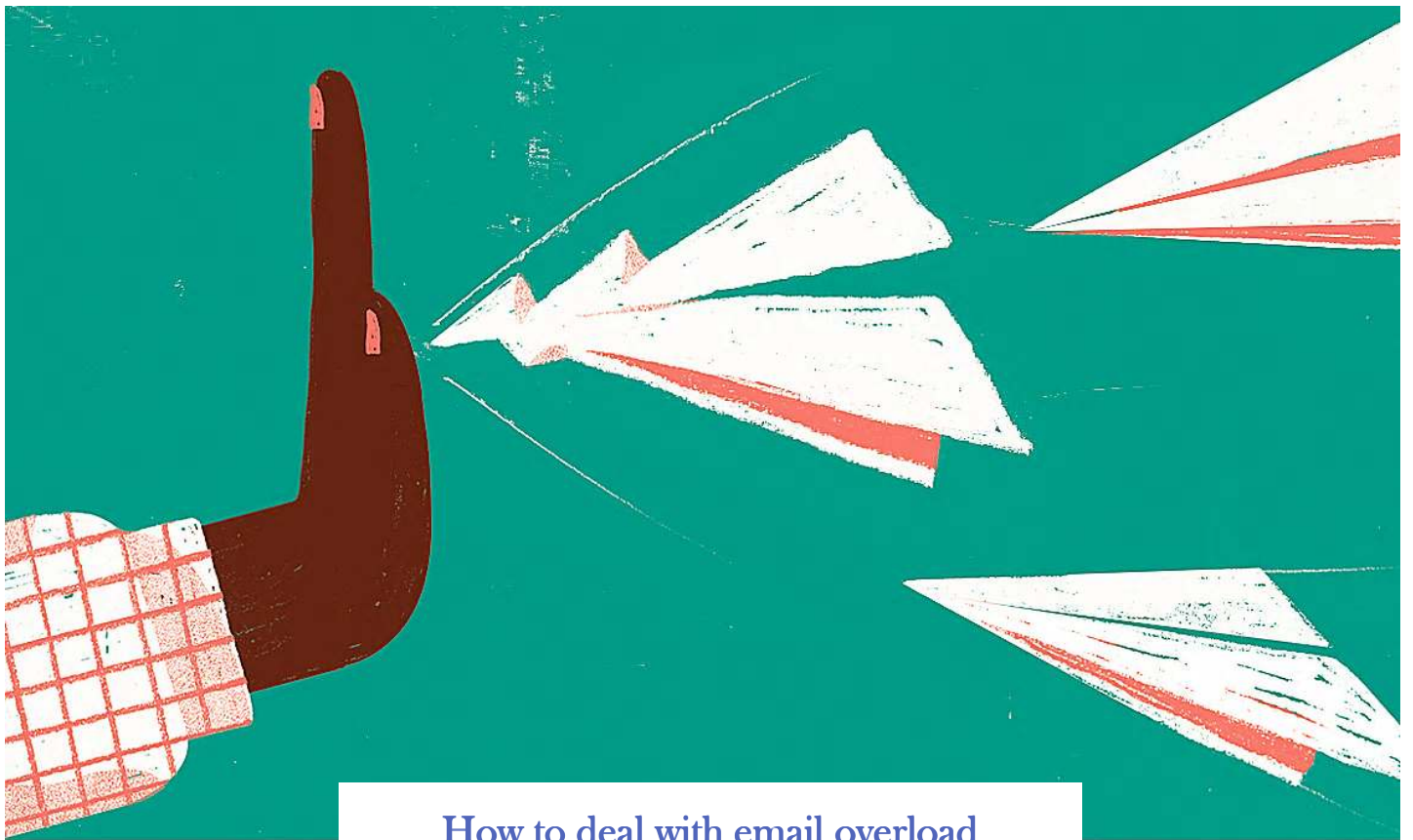
4. "How a Satellite Club helped increase Membership by 21 in 16 months" Presented by PDG Graham Jones of Southport Rotary and 2 members of Griffith University Satellite Club.

5. Demonstration of "Easy to use RI Online Tools to help increase Rotary Club membership" Presented by Barbara Mifsud Supervisor of Club & District Support at RI Office, Sydney NSW.

For more details contact District 9640 Membership Chairman 2016/2017, Rtn. Andy Rajapakse on 0414 787 006 or 0414 787 006.

Venue is the Italo-Australia Club, 18 Fairway Drive, Clear Island Waters, There are only 200 seats, registrations will close when seats are filled up! This is a must attend event for every Rotary Club Membership Chairmen and Club Presidents. Book your seat now. \$50/ per seat, includes morning tea, buffet lunch & free parking. Use the below link to buy tickets.

<http://goldcoasttickets.com.au/event/rotary-queensland-multidistrict-membership-and-pr-summit-3027>



## How to deal with email overload

*When I heard a wealthy eccentric had developed an amazing solution to email overload, I wasn't hopeful. I was wrong*

Tony Hsieh, who runs the online shoe retailer Zappos, is worth more than half a billion pounds.

He [lives in a camper van with his pet alpaca](#), and likes to run oddball experiments at his company: last year, he essentially [abolished all the managers](#). In short, he's a wealthy eccentric. So when I heard he'd developed an amazing solution to email overload, I wasn't hopeful; I assumed it involved paying someone else to answer it (maybe the alpaca?).

But I was wrong.

Hsieh hasn't "solved email" – spoiler alert: nobody ever will – but after testing his system, I can report that it makes things much saner. He calls it ["Yesterbox"](#), because the premise is that you should stop focusing on email received today, except when urgent, and instead try to deal with everything that came in yesterday. It's an idea so simple, your first response might legitimately be, "Huh? What difference could that make?"

A big one, it turns out.

Trying to stay on top of email is a losing battle partly because there's always more coming in and partly because it's self-defeating: sending an email usually triggers another in response, leaving you no better off.

But yesterday's email isn't like that.

Yesterday has already happened, so the number of incoming messages is fixed. Not even the meanest boss or neediest friend can make further claims on your time in the past. And so, in your Yesterbox, you're no longer on a treadmill: one email dealt with means one fewer to deal with; the target you're aiming for isn't receding constantly into the distance.

"There is a sense of completion when you're done, which is amazing," Hsieh writes. (In Gmail,

using today's date as an example, you can show yesterday's emails by searching "before:2016/4/15 in: Inbox".)

Admittedly, if you've thousands of emails from earlier than yesterday, you'll need a separate plan for those. Try moving them into a folder called "backlog", and spending half an hour a day on them until they're gone.

The Yesterbox strategy turns your inbox into what the productivity coach Mark Forster calls a "closed list": it can't get any bigger. His book, [Do It Tomorrow](#), explores ways of applying the "yesterday" focus to tasks besides email.

One option is to write your to-do list for the day, rule a line underneath, and add all further incoming to-do's beneath

it, except for emergencies. Aim to finish the tasks above the line. Then, next day, draw another line, so that yesterday's incoming items become today's closed list, and so on.

What Yesterbox won't do, regrettably, is turn a fundamentally unmanageable workload into a manageable one – but productivity tricks can't do that.

Rather, in addition to that "sense of completion", it's powerfully clarifying: if your average daily output isn't a match for your average daily input, it won't let you trick yourself otherwise. Then you can start making tough decisions: which emails to strategically neglect; which deserve only short answers.

When you focus on today, it's easy to convince yourself that victory over email is coming, sometime in the future. Forget it. Start living in the past instead.

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