

# HATTIESBURG ROTARY ROSTER

Jaclyn Adams	Banking	6015795854 A	Jolly Matthews	Attorney	6015798400 A
Debbie Adamson	Retirement Home Executive Director	6012683537 A	John McDaniel	Medical Sales	2282290865 A
Mickey Allen	Banking	6012717456 A	Maura McLaughlin	Attorney	6015797500 A
William Allen, Jr.	Medical Administration	6012685603 A	Bill McLeod	Tax Attorney	6015458299 A
Allen Anderson	Retail/Carpet	6015457198 A	W. Holt McMullan	Financial Services Administration	6015435300 A
Dorrance Aultman	Senior Active Discretionary	6018632671 SE	Paul McMullan	Senior Active Discretionary	6015455000 SE
Quentin Benedict	Senior Active Discretionary	6012646245 SE	Victor McMullan	Senior Active Discretionary	6012686938 SE
Jeff Bowman	Tax Attorney	6015200092 A	Joe Meador	City Government	6012643848 SE
Todd Bradley	Banking	6013100044 A	Jenifer Miles	Banking	6012960519 A
Samuel Britton	Accountant	6012644563 A	Terry Miller	Communications	6014506600 A
Greg Buie	Sales Management	6012682266 A	Hayden Mitchell	Banking	6012648140 A
J. Cecil Burt	Educational, Vocational	6015445506 A	Todd Mixon	Banking	6012644425 A
Jalil Buti	Fashion	6015825657 A	Tom Montgomery	Insurance	6015830033 A
Stanley Carpenter	Senior Active, CPA	6015448478 A	Greg Moore	Funeral Services	6015442141 A
Hoppy Cole	Banking	6012680343 A	Vance Moore	Auto Dealer	6015444446 A
Mike Collins	Public Utilities, Electric	6015454111 A	Susan Morgan	Healthcare Administration	6012688643 A
Robert Cornett	Life Insurance	6012641911 A	Toxey Morris	Urology	6012683389 A
Ric Corts	Real Estate Broker	6012962001 A	James Nicholson	Dentist, Orthodontist	6012681111 A
Milam Cotten	Senior Active Discretionary	6012700146 SE	Bill Oliver	Hospital Administration	6012884201 A
Mary Cromartie	Investments	6012642751 A	Josh Otaigbe	Professor	6013078666 A
Robert Cummings	Tax Accountant	6013074634 A	David Owen	Senior Active Discretionary	6012648516 SE
David Davies	Education	6012664533 A	Gene Owens	Business Machines	6015443444 A
Evan Dillard		6012884491 A	David Owens	Sales	6015443444 A
James Duncan	Computer Services	6015446092 A	Bill Pace	Fund Raising Consultant	6012612124 SE
Lamar Evans	Association Management	6015823330 A	Jennifer Payne	Event Planner	6012140653 A
Frances Farmer	Photography	6012689792 A	Tom Rhea Phillips	Senior Active Discretionary	6015822578 SE
Stewart Gammill, III	Senior Active Discretionary	6012645603 SE	Adam Pittman	Sales Operations	6014503791 A
Gary Garner	Financial Planning	6012612138 SE	Tom Potter	Banking	6015835309 A
Greg Garraway	Banking Management	6012614394 A	Steve Ramp	Minister, Presbyterian	6015847574 A
Kristy Gould	Public Affairs	6015843100 A	Mike Ratliff	Attorney, Personal Injury	6015824553 A
Erik Graham	Dentist	6012683333 A	William K. Ray	Senior Active Discretionary	6012963555 SE
Erin Granberry	Health Care Consultant	6012712770 A	Joe Riley	Education Administration	6012610601 A
Charles Greer	Dentists, Denture Service	6015838387 A	Bob Riley	Investment Banking	6012615990 A
Wesley Griffin	Insurance	6012718330 A	Nick Risk	Senior Active Discretionary	6012683132 SE
John Griffith	Banker Comm Lender	6012611423 A	Valerie Sartin	Mobile Communications	6019167549 A
John Guice	Senior Active Discretionary	6012664333 SE	Mark Satterlee	Salvation Army Officer	6012992678 A
Skippy Haik	Publisher	6015843000 A	Billy Scruggs	Community Service	6015824318 SE
Ted Harden, Jr.	Optometry	6012686698 A	Jonathan Shemper	Operational Manager	6015446100 A
Christy Head	Orthodontist	6013106559 A	Travis Sisson	Medical Finance	6012688101 A
Pricilla Hebert	Fund Development	6015828151 A	Kathryn Smith	Attorney	6015798411 A
Dan Henley	YMCA Director	6015834000 A	Aime Spears	Marketing	6015454495 A
Angela Herzog	Accounting, Public	6012718860 A	Joe Spell	Farm Appraiser	6015825664 A
Heath Hillman	Defense Attorney, Insurance	6015832671 A	Suzy Steen	Education Administration	6015833053 A
Rucker Howell	Banking	6012641467 A	Johnny Stevens	Pest Control	6015453187 A
Bill Hughes	Education, Physics	6012646888 A	Chris Strebeck	Loan Officer	6012612146 A
Scott Hummel	University Administration	6013186497 A	Don Suber	Senior Active Discretionary	6012686697 SE
A.D. Hunt	Insurance	6015508259 A	Garland Sullivan	Senior Active Discretionary	6015822090 SE
Ryan Israel	Real Estate Investor	6013107982 A	John Tadlock	Senior Active Discretionary	6012686353 SE
Rob Jackson, Jr.	Tax Attorney	6012643309 A	Elaine Temple	Finance, Leasing	6015443252 A
Richard Jones	Transportation	6015833810 A	David Thoms	Banking	6014509825 A
Frances Karnes	Education, Gifted Studies	6012665236 A	Bill Tolbert	Dentist	6015821623 A
Dan Kibodeaux	United Way	6015457141 A	Richard Topp	CPA, Pension & Profit Sharing	6012643519 A
Kris King	Chiropractor	6012615510 A	Freddy Walter	Life Insurance	6012960368 A
Larry Leblanc	Retail Florist	6015847541 A	Patrick Ward	Construction	6012706270 A
Kevin Lewis	Architect	6012717711 A	Wallace Weakley	Federal Administration, Law Judge	6012642971 A
Susan Light	Retail Jewelry	6012966750 A	Conrad Welker	Senior Active Discretionary	6012686118 SE
Robert Lochhead	Polymer Science	6012665945 A	William W. Wicht, Jr.	Senior Active Discretionary	6015449700 SE
Perrin Lowrey	Education Consultant	6012975114 A	Annie P. Wimbish	Superintendent	6015825078 A
Bill MacLaughlan	United States Government	6012960921 A	James K. Winstead	Funeral Services	6015821571 A
Danny Mason	Wholesale Building Materials	6012681105 A	Donald E. Winters	Education, Music	6013186182 A

# Spokes

MAY 19, 2009  
www.hattiesburgrotary.com

District 6840

Club Number 04003

Organized 1918

**ROTARY YEAR**  
**2008-2009**

## OFFICERS

RICHARD TOPP  
*President*

MARY CROMARTIE  
*President-Elect*

A.D. HUNT  
*Vice-President*

KRIS KING  
*Secretary - Treasurer*

LAMAR EVANS  
*Executive Secretary*

HEATH HILLMAN  
*Sergeant-At-Arms*

## BOARD OF DIRECTORS

**Term Expiring - June 30, 2009**  
Todd Bradley  
Kristy Gould  
Perrin Lowrey  
Bill McLeod

*Past President:*  
Freddy Walter

**Term Expiring - June 30, 2010**  
Robert Cummings  
Maura McLaughlin  
Steve Ramp  
Erik Graham

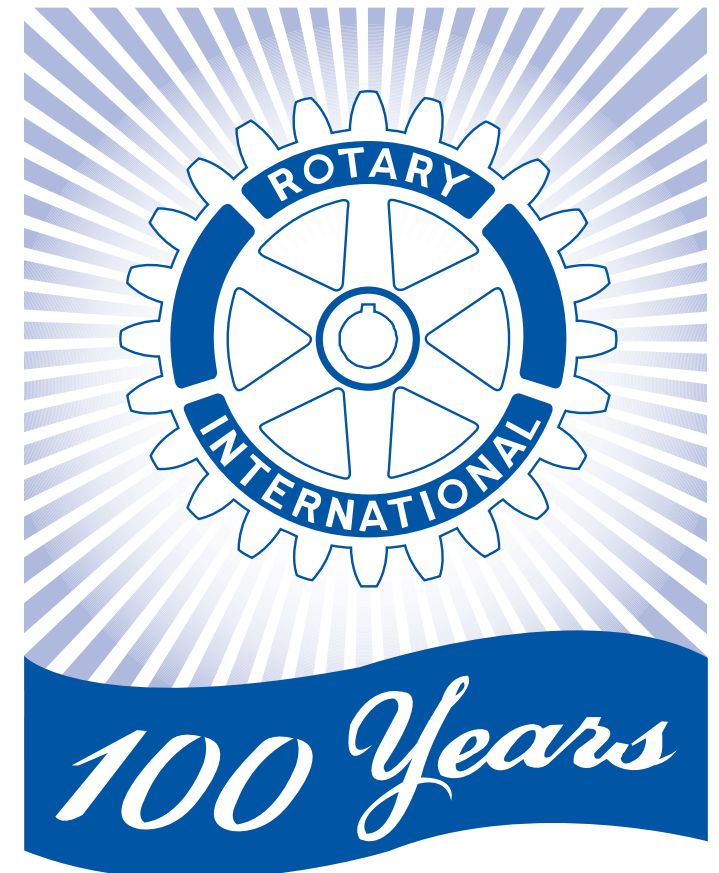
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*Official Newsletter of the*

# ROTARY CLUB OF HATTIESBURG

P.O. Box 15185  
Hattiesburg, Mississippi 39404

A CENTURY OF SERVICE



A NEW CENTURY OF SUCCESS

**“SERVICE ABOVE SELF”**

## MINUTES FROM 05/12/2009

President Richard Topp presided over the meeting.

Scott Hummel gave the invocation. Larry LeBlanc led the club in the Pledge of Allegiance. Richard then led members in the Rotary Four Way Test.

Gene Owens filled in for Heath Hillman and introduced today's visiting Rotarians and guests.

Pierce Stevens visited from the Petal Club.

Tom Light visited from the Sunrise Club.

John Weeks was a guest of Patrick Ward.

Audra Saunders was a guest of Robert Cummings.

Chrissy and Jerry Gilder were guests of Conrad Welker.

Many thanks to Terry Miller and Aime Spears who served a today's greeters.

Club members discussed several methods that could possibly be used to help meet our Polio Plus commitment this year. Our Club has pledged to generate \$33 for each member for this cause this year. More auctions will be planned and individual donations are encouraged. The Club would like to announce on June 16th that it has met the goal for the year.

Thanks to Pricilla Hebert for providing the "Death by Chocolate" dessert that she provided during the District Conference's food fest. Thanks also to those who participated in the talent skit. Our club was recognized for this year's water project and also received a President's Citation for meeting attendance and project participation. More members are encouraged to participate in future District Conferences.

Richard reminded members that the installation ceremony will be held on June 30th at lunch. Spouses and guests of outgoing and incoming board members are invited to attend.

## LAST WEEK'S PROGRAM

Mike Ratliff then came forward an introduced today's guest speaker, Dr. Jose' Fernandez, the Medical Director of the Forrest General Hospital Stroke Care Program and the Director of the Hattiesburg Clinic Neurophysiology Laboratory and co-Director of the Southern Epilepsy Center. Mike reminded members that May is stroke awareness month.

Dr. Fernandez asked Club members to remember

the three "R's" when dealing with a stroke. They are, reduce the changes, recognize the symptoms and respond with medical treatment as soon as possible.

Stroke is the third cause of death in the country. More than one million Americans die each year due to stroke. It is also the leading cause of adult disability. The states of Mississippi and Alabama are in the middle of the "stroke belt" meaning our populations are more likely to have a stroke than other state populations.

About 80% of all strokes are preventable. More women suffer strokes than men. The African American population's stroke possibility is doubled that of other population segments. About 90% of strokes are caused by clots in the brain while the remaining 10% are caused by ruptured blood vessels in the brain and bleeding. Brain damage begins in as little as 14 seconds after the on-set of a stroke with irreversible brain damage complete within six minutes. The annual cost of stroke treatment in the US is \$62 billion.

The good news is that 80 percent of all strokes are treatable. About 10% of all patients recover totally. About 25 percent of stroke victims remain with minor impairments. About 40% wind up with major impairments.

Stroke symptoms include a sudden onset of a headache, confusion; trouble seeing, dizziness, numbness, trouble walking and trouble with speech. A victim suffering any of these symptoms should have medical treatment as soon as possible. Dr. Fernandez asked Club members to remember the word FACT when encountering a possible stroke victim. Check their Face to see if they have a normal smile. Have them raise their Arms and notice if there is weakness or if one drops earlier than the other. Check their Speech by having them verbalize a simple sentence. If you see stroke evidence remember that Time is critical and call 911 immediately.

To lessen your chances of becoming a stroke victim, watch the sodium content in processed foods. Know your blood pressure and your cholesterol levels. Do not smoke and if you use alcohol do so in moderation. Exercise on a regular basis. If you have an irregular heart you should have that condition monitored and treated. Additionally, if you have sleep apnea you are a likely stroke candidate. If you are a diabetic, get treatment and follow the doctor's instructions. You can help prevent a stroke by following these suggestions.

## THIS WEEK'S PROGRAM

### Bio of Tom Smith

Tom Smith grew up in Hattiesburg and graduated from Oak Grove High School in 1981. He then pursued a degree from Liberty University in Psychology with an emphasis in adolescence. His degree also included a minor in missions. During that time his interests grew in the area of service. Upon graduation he worked for several years in a family business. In 1996 he pursued a calling to the ministry and was appointed as a full-time missionary to the country of Honduras. In 2005 his area of service moved from Central America back to Mississippi. Since 2005 he has served as the Executive Director of a United Way agency called The Carpenter's Helper. Tom serves on the Boards of Director of The Greater Hattiesburg Home Builders Association and the Oak Grove Exchange Club. Tom and his wife Pat have been married for 25 years and together have 3 children and one grandson.

Carpenter's Helper is a non-profit organization that focuses on repairing substandard housing in Forrest, Lamar, and Perry Counties for those who do not have the physical or financial ability to do so for themselves.

## IMPORTANT DATES

**May 19** Tom Smith - Carpenter's Helper  
**May 26** Jerra Runnels, 12th Circuit District Court  
**May 26** Board Meeting at 5:30pm Richard Topp's Office  
**June 16** Frank Montague  
**June 21-24** International Convention  
 Birmingham, England  
**June 30** Installation of New Officers Ceremony



## Meeting Dates for Area Clubs

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
Bay Springs - 12:00	Columbia - 12:00	Clinton - 12:00	Madison-Ridgeland - 12:00
City Hall	The Backdoor Restaurant	Baptist Health Plex	Steam Room Grill 155 N Jackson
Bolton - 7:30	Flowood - 12:00	Gluckstadt - 12:00	Taylorville - 12:00
Methodist Church	River Oaks Hospital	Parker House Restaurant	MS Power Co. Building
Collins - 12:00	Laurel - 12:00	Hattiesburg Sunrise - 7:00	Wiggins - 12:00
Cedars Restaurant	Laurel Country Club	Wesley Medical Center Cafeteria	Gulf Coast C.C. Cafeteria
Ellisville - 12:00	North Jackson - 12:00	Heidelberg - 12:00	
J.C.J.C. Cafeteria	St. James	Library	
Jackson - 12:00	Episcopal Church	Poplarville - 12:00	<i>Friday</i>
MS Museum of Art		Pearl River C.C. Cafeteria	Rankin County - 12:00
Lucedale - 12:00		Richton - 12:00	Rankin Co. Med. Ctr. Annex
MS Gulf Coast Community		Magnolia Restaurant	Slidell, LA - 12:00
College Cafeteria		Waynesboro - 12:00	Pinewood Country Club
Petal - 12:00		Western Sizzlin	
Civic Center		Prentiss - 12:00	
South Hinds County - 12:00		Country Fisherman	
BoDons Catfish & Seafood			