

MEETING OF SEPTEMBER 5, 2006

Minutes of Meeting of August 29, 2006

- Conrad Welker, President presided over the meeting. He opened the meeting by asking club members to honor those who lost their lives one year ago today in Hurricane Katrina with a moment of silence.
- David Thoms then led in the invocation.
- Perrin Lowery led in the Pledge of Allegiance to the flag.
- Kristy Gould introduced visitors and visiting Rotarians.
- ✓ Pierce Stevens and Alex Stevens visited from the Petal Club.
- ✓ Mary Bee was a guest of Bob Riley.
- ✓ David Johnson and Harry Cole were guests of David Thoms.

ANNOUNCEMENTS

- 1) D. Hunt and Bill MacLauchlan were our greeters.
- 2) Bill McLauchlan announced that First Books called yesterday and reported that they have cancelled the planned shipment of books for Gulf Coast libraries. They made their decision because of the hurricane that is in the Gulf of Mexico. The shipment will be rescheduled at a later date.
- 3) Conrad announced that the Hattiesburg Concert Band will have their first performance of the year Sunday, September 3 at 3 PM

at the Sanger Theater. There is no charge.

4) NEW MEMBERS PROPOSED:

Chris Strebeck is being sponsored by Mike Ratliff. Chris is a loan officer for Community bank.

Gary Troutman is being sponsored by Holt McMillan. He is the Chief Financial Officer for Wesley Medical Center. He is a CPA, holds a Masters of Business Administration is married and has two children. He has nineteen years of experience in healthcare finance.

LAST WEEK'S PROGRAM

Bill Pace introduced the speaker, Mary Beard, Executive Director of The Aldersgate Mission. Aldersgate is a project of Main Street United Methodist Church. It was founded in 1972 specifically to provide outreach to the children living in the Briarfield Apartments. The project is currently serving 66 children and is licensed by the Mississippi Department of Health as a day care facility.

Aldersgate offers after school and summer programs for the children as well as some evening and weekend events, including field trips. Other community agencies involved with Aldersgate include Hawkins School, The Hattiesburg Housing Authority, The University of Southern Mississippi and William Carey University.

Ms. Beard stated that the project's success is measured by the progress of one child at a time. Each child is given the opportunity to learn about the world beyond just their community in hopes of producing more responsible citizens.

THIS WEEK'S PROGRAM

(TO BE ANNOUNCED!)

STROKE AWARENESS

STROKE: Remember The 1st Three Steps

STROKE IDENTIFICATION:

During a BBQ, a friend stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) and just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00pm, Ingrid passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

It only takes a minute to read this...

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the "3" steps, STR . Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to **SMILE**.

T *Ask the person to **TALK . To SPEAK A SIMPLE SENTENCE** (Coherently) (I.e. . . It is sunny out today)

R *Ask him or her to **RAISE BOTH ARMS**.

{NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue... If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke}

If he or she has trouble with ANY ONE of these tasks, call 9-1-1 immediately and describe the symptoms to the dispatcher.

A cardiologist says if everyone who reads this e-mail sends it to 10 people; you can bet that at least one life will be saved.

Editor: Gary Garner