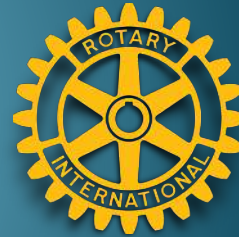




SPOKES



NEWSLETTER OF THE ROTARY CLUB OF HATTIESBURG • DISTRICT 6840 • CLUB 04003

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Rotary Club of Hattiesburg
629 North Main Street
Hattiesburg, MS 39401

www.rotaryofhattiesburg.com

Pictured L-R: Wes Brooks, Helena Lasseter, Paxton Lowery, and Chrissy Cullinane



MINUTES: September 23, 2014

President Wes Brooks presided over the meeting. Thanks to Kristy Gould who gave the invocation and to Mary Cromartie who led the Pledge of Allegiance. Thanks to Amanda Lee and Jennifer Payne for serving as our greeters today.

Aaron Ladner welcomed our guests. Todd Watson is a guest of Bill McLeod. Dennis Fiucash is a guest of Scott Hummel.

There was no winner for this week's 50 x 50 winner therefore \$25 of the funds will go to the Foundation and the balance will carry over to next week's contest.

Erin Granberry was presented with a Rotary lapel pin for her new membership recruitment efforts. Wes noted that the more members you recruit the nicer the pins become.

Bill McLeod and Todd Mixon were called to the front. Bill was thanked for his recruitment efforts and Todd was inducted as the club's newest member.



Angela Herzog

Angela Herzog was presented with her Paul Harris Fellowship certificate and pin. Wes thanked her for making a difference in the lives of people all around the world through her Rotary Foundation giving.

Chrissy Cullinane then came forward and introduced today's guest speaker, Helena Lasseter. Helena is the Practice Director of Outpatient Clinic Services at Wesley Medical Center. Her focus at Wesley is on program development for corporate wellness and risk reduction.

Helena noted that a company's workforce is its number one resource. Efforts to keep that resource healthy and safe have a proven return on the investment. Some studies, according to Helena, report a three to five return on every dollar spent on employee wellness and safety programs.

In 2010 twenty-three percent of Mississippians reported to be smokers. More than thirty-nine percent of our residents have high cholesterol levels. Employees confirm that they have unhealthy diets and teenage pregnancy continues to plague our state's population. Add these and other problems to the recent thirteen to fourteen percent increase in the cost of health care and Helena says employers have a great deal of motivation to pay attention to their workforce's health and well-being.

The best first-step investment in a wellness program is a focus on safety. If the workplace is safe and employees are truly focused on safety at work, it is a natural transition to shift some of that focus onto a wellness culture.

Additionally, the Mississippi workforce is aging. As we get older employers are faced with new and different challenges. Balance becomes a risk factor that needs to be considered in an employee safety program. Other issues face an aging workforce that should draw the attention of an employer.

Contact Helena for more information about Wesley's Work Well Corporate Wellness Program. Her email address is helena.lasseter@wesley.com.

**Minutes provided by:
Lamar Evans, Executive Secretary
Rotary Club of Hattiesburg**



Sponsor Bill McLeod and new member, Rev. Todd Watson

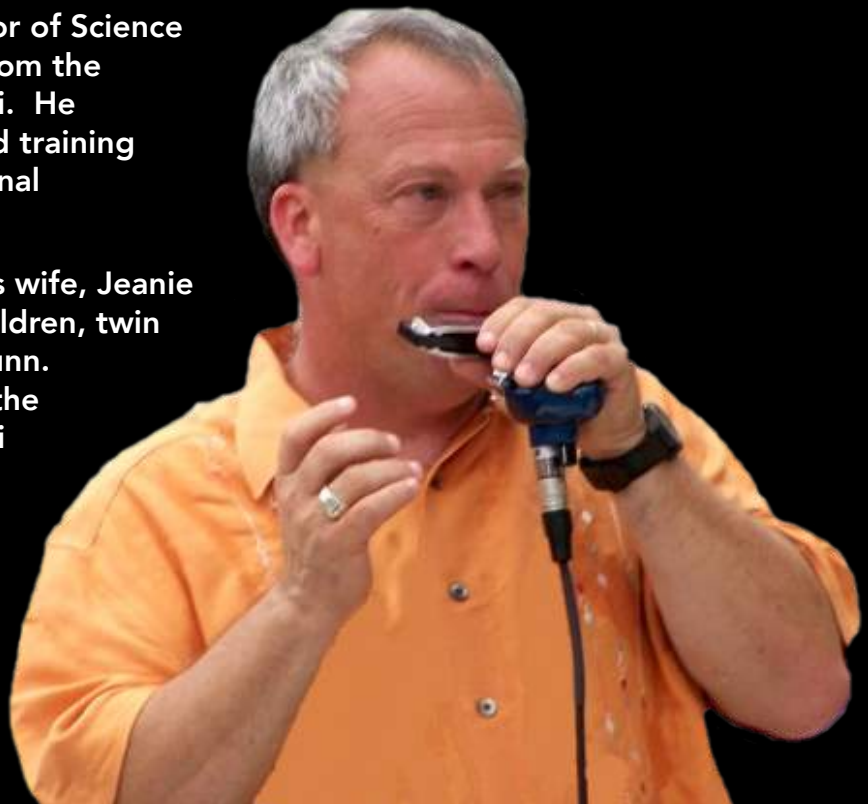
Lloyd Munn

**Director of Loss Control Services
Stewart Sneed Hewes
BancorpSouth Insurances Services**

Mr. Munn works for Stewart Sneed Hewes BancorpSouth Insurance as Director of Loss Control Services. He joined their team in 2004.

Mr. Munn has close to 30 years of experience in the construction industry. He worked over 10 years in the bridge and heavy highway construction where he was involved in job estimating, surveying and engineering, pile driving, job supervision and risk management. For over 9 years he has worked as a Sr. Risk Control Consultant in the insurance industry. He has worked with many different businesses such as Auto Dealerships, Manufacturing, Trucking, Restaurants and Contractors with their loss control needs. He has worked with contractors and others to improve their risk management programs in areas such as hazard recognition, fleet exposures, ergonomics, contract liability, worker's compensation liability, general liability and safety training. Mr. Munn has established himself as a competent trainer and is certified to train in many areas. Some of these would include: OSHA 10 and 30 hour construction courses, excavation, scaffolding, traffic control and flagging, accident investigation, forklift, effective supervision, crisis management, crane inspection and rigging. He is also a certified ATSSA Worksite Traffic Control Supervisor, Certified Crane Inspector and conducts the 40-hour prep course for the NCCO exam for crane operators. He received a Bachelor of Science degree in Banking and Finance from the University of Southern Mississippi. He frequently speaks at seminars and training events as well as State and National Conventions.

Mr. Munn has been married to his wife, Jeanie for 30 years. They have three children, twin sons, William and Christopher Munn. Gabrielle Munn is sophomore at the University of Southern Mississippi majoring in Polymer Engineering. He and his family have lived in Hattiesburg since 2004. Mr. Munn is involved in the local community and enjoys playing music in his spare time.





Next Week

Mike Lopinto

FESTIVAL SOUTH

7 - 21 JUNE 2014

UPCOMING

OCT 14	Mike Dixon, Executive Director, Extra Table
OCT 21	Dr. Wahnee Sherman, Mississippi Rural Physician Scholars Program
OCT 28	Dr. Trent Gould - The University of Southern Mississippi, College of Health



Guest and visitors,

Thank you for coming to visit with us today! Are you interested in finding out more about the Rotary Club of Hattiesburg? Are you interested in how you might become a member? Would you like to be contacted by one of our members to discuss this? If so, please fill in the blanks below and we will be sure to contact you. Again, thank you! We hope you enjoyed your time with us.

Your Name: _____

Phone number: _____

E-mail address: _____

Questions/Comments _____