

# Rotary View

## The Rotary Club of Fallbrook



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### Thursday's Program

#### Prevention is the Best Medicine

We meet at Grand Tradition this week. **Kristopher Rigas**, owner and Pharmacist in Charge at *Your Personal Pharmacy*, will be our guest speaker. In the words of Fernando Lamas, "It's



**Your Personal Pharmacy**  
PREVENTION IS THE BEST MEDICINE

better to look good than to feel good." But since Rotarians are a notoriously good-looking group, why not feel good too? Maybe prevention, and one fewer cookie at Grand Tradition, could make a difference. Join us to learn ways we can ensure we feel as good as we look.

### Looking Ahead

#### Oct. 10 – SONGS Decommissioning

We meet at Grand Tradition again next week. We'll hear a presentation about Southern California Edison's work decommissioning the San Onofre Nuclear Generating Station (SONGS). The process began in 2020 and involves transferring the used



nuclear fuel into storage followed by the removal and disposal of radioactive components and materials. Once decommissioning is complete the site will be returned to the U.S. Navy.

### Upcoming Events

- Oct. 5..... Project Mercy Home Building
- Oct. 10..... Club Meeting at Grand Tradition
- Oct. 17..... Club Meeting via Zoom
- Oct. 17..... Club Board Meeting
- Oct. 19..... Highway Cleanup
- Oct. 19..... 4<sup>th</sup> Annual Walk to End Polio
- Oct. 24..... Joint Club Social
- Oct. 30..... Neighborhood Food Distribution

### Supporting Youth

#### Boys and Girls Clubs Teen Center



The Boys & Girls Clubs of North County have opened a teen center dedicated to providing a safe and enriching space for teenagers in our community.

Through the dynamic leadership of CEO and Rotary past president **Allison Barclay**, the club was able to purchase a building to be used as the club's administrative offices, which allowed the administrative building to be transformed into the new teen center.



With the creation of the teen center, the club is now able to specifically cater to the unique needs and interests of high school teenagers, ensuring they have a dedicated place to call their own. The center is

tailored to the needs and aspirations of adolescents, equipped with robust technology resources, and engaging programming that encourages personal growth and fosters a sense of belonging.

**The Rotary Club of Fallbrook Foundation** was a key sponsor of the Teen Center, as were **Dale and Dawn Mitchell**. What a fine example of our Rotary Club's commitment to supporting youth in our community.

### Quote of the Week

You're in pretty good shape for the shape you are in.

Dr. Seuss

(Theodor Seuss Geisel)

Join Leaders, Exchange Ideas, Take Action!  
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