

**UNITE  
FOR  
GOOD**

# Rotary View

## The Rotary Club of Fallbrook



December 11, 2025

Volume 80, Number 17

### Thursday's Program

#### Public Health Update

We meet at Grand Tradition this week. **December is Rotary's Disease Prevention and Treatment Month** so it's fitting that we'll hear from **Dr. Sayone Thihalolipavan on Disease and Disease Prevention**



**in San Diego County.** Dr.

Thihalolipavan is a board-certified physician in Public Health and Preventive Medicine. He works at the County of San Diego's Health and Human Services Agency as Public Health Medical Officer.

### Making A Difference

#### More Toys for More Tots

Here's something you never hear anyone ask, "Why does Santa get to have all the fun?" Well, the **County of San Diego** and the **U.S. Marines** are ready to help you get in on that juicy toy giving action. There will be a **Toys for Tots collection at the Fallbrook Airpark on Saturday, Dec. 13, from 10:00 AM to 1:00 PM.**



Uniformed Marines will be there to personally collect

your gifts. Donations being accepted are new, unwrapped toys, bikes, games, dolls, or stuffed animals. So, join the fun and put smiles on the faces of local kids by dropping off a toy. Take that, Santa!

### Upcoming Events

- Dec. 18**..... Club Holiday Party
- Dec. 20**..... Highway Cleanup
- Dec. 25**..... Dark (Christmas)
- Jan. 1**..... Dark (New Year's Day)
- Jan. 8**..... Club Meeting at Grand Tradition
- Jan. 15**..... Club Meeting at Grand Tradition

### Looking Ahead

#### Next Week – It's Party Time

There is no lunch meeting next week, but we will gather at Grand Tradition for our annual **Holiday Party**. The event will be in the Beverly Mansion and starts at 6:00 PM. Dinner features a full buffet and



no-host bar. Be sure to **RSVP to Budd Sutliff no later than Dec. 14** at: [BuddSutliff@aol.com](mailto:BuddSutliff@aol.com) or give him a call at 760-822-2600.

### Service Above Self

#### Salvation Army Bell Ringing 2025

This month, club members, family, and friends will be supporting the Salvation Army by ringing the bells at Major Market in Bonsall and Fallbrook and at Grocery Outlet. Shifts are available on **Friday, Saturday, and Sunday, Dec. 12, 13, 14 and Dec. 19, 20, 21.** There are three shifts each day:

- 10:00 AM to Noon
- Noon to 2:00 PM
- 2:00 PM to 4:00 PM

(Times are slightly different at Grocery Outlet.) As you can see, it's an opportunity to spread some joy during the holiday season. Heck, the only other time Dale looks that happy is when USC beats UCLA. You can sign up for a shift online at this link:

<https://signup.com/go/aSemkPP>

It's easy and convenient...Really, honest! For more information contact **Diana Wiggins** our **Community Services Director**.



### Quote of the Week

I loved clinical practice, but in public health, you can impact more than one person at a time. The whole society is your patient.

Dr. Tom Frieden

Join Leaders, Exchange Ideas, Take Action!  
[www.fallbrookrotary.org](http://www.fallbrookrotary.org)

Rotary  PEOPLE OF ACTION