

Rotary
Nateete-Kampala



**Rotary Opens
Opportunities**

MPAGI NEWSLETTER

August 2020

We Fellowship Every Thursday

@ClubNateete



www.nateetekampala.org



Rotary Club of Nateete Kampala

MPAGI NEWSLETTER

August 2020

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EDITORS MESSAGE

Dear readers,

There has been a lot of anxiety surrounding this 2nd issue of *EMPAGI* mostly as our country starts to get COVID 19 deaths.

Who had ever imagined that we would live in a time like this? A time when we would be scared of meeting and interacting with our own family, friends, colleagues, or our favourite local community? As we are filled with fear and put off all travel to the most exotic destinations on our bucket list, and cover behind masks, it was not surprising!!

This time, we stand together to help each other to move on. This 2nd issue of *EMPAGI* has various stories and views from members and from other club members on how to move on as we sail through this Membership month in the new normal.

Miriam Serunkuma Nsubuga (PHF)
Bulletin Officer



MPAGI NEWSLETTER

Dear Friends,

We thank God for having taken us through the first two months of the Opportunity Year 2020/21.

During the month of August 2020, despite the prevailing Covid 19 pandemic situation, the different directorates of our club have performed beyond expectations including having well organized virtual fellowships with motivational speakers and stable zoom technology. Thank you Directors for the different roles played that have made this membership and Extension month of August 2020, a success. Mutundwe giraffes buddy group, thank you for taking us through the month, smoothly.

Members, allow me to congratulate the Rotaractors, for having been elevated to full membership of Rotary International. Now with their current status, they can transact rotary business with Rotary International without going through their mother clubs; they can now exist with or without sponsors and can even sponsor other Rotaract clubs.

In a special way, I congratulate the Rotaract club of Nateete, for having been among the clubs recognized by the Rotary Foundation and awarded a Rotaract Giving Certificate, after contributing substantially to the Foundation. Thank you for making our Rotary club of Nateete visible.

I wish to thank members of our club who have contributed towards the medical charges of Mr. Nsubuga, the Patron of the intaract club of Kabowa – thank you so much.

Members, the Virtual Cancer run, the first of its kind, is on August 30th, 2020. I am happy that many of you are ready for it. I am confident that together, we shall make Cancer, history.

In line with our motto, of “Service above self”, please I appeal to you to continue in September 2020, to fundraise for the re-roofing of Sanyu Babies Home dormitory, which is currently leaking terribly. Please let us seize this opportunity of serving others, in need, so that we make a difference in their lives.

Friends, as we approach the Education and Literacy month of September 2020, let us continue to work as a team, as we strive to take action to create lasting change in our communities and in ourselves. God bless you all.

.....
Margaret Magumba
Opportunity President
RC Nateete, Kampala



Rotarian Teddie Nassali

The Beauty of Service

In his book, *“The Culture Engine,”* organizational consultant S. Chris Edmonds says that servant leadership is the foundation for leading others effectively. According to Edmonds, "Servant leadership is a person's dedication to helping others be their best selves at home, work, and in their community.

Edmonds believes that, anyone can serve and lead from any position or role in a family, workplace, or community, but, only Servant Leaders believe that:

- ✓ **Every person has value and deserves civility, trust, and respect**
- ✓ **People can accomplish much when inspired by a purpose beyond themselves**

This is exactly what I have come to understand about Rotary Leadership. When I had just joined Rotary, I thought that, being a Club President, one was only supposed to enjoy the chair by presiding over fellowships and direct club members on what to do, without lifting a finger. As time went by, I realized that, there is so much a President is actually supposed to do than what meets the eye, and, from observation, I have come to appreciate that, as a leader, a Club President is actually the wheel of a Rotary Club.

I have learnt that one cannot lead a club if one is not a servant leader. I have witnessed our leaders fulfil the practices of servant leaders, with calmness. Although adults are sometimes a difficult group, Club Presidents have mastered the practices of servant leadership, to the benefit of their clubs, the Rotary Foundation and individual members;

Our Presidents take initiative to educate members through their words and actions, encouraging us to set aside self-serving behaviors in favor of serving others (service above self). They actively solicit member's participation, ideas and feedback. In time, they get to know the worldview of each one of their team members, and they tailor their leadership approach accordingly.

They know that no one is perfect, and everyone makes mistakes, including themselves. With that in mind, they push for high standards of performance, service quality, and alignment of values throughout the team, and they hold themselves and their people accountable for their performance. They always give feedback when it is needed, be it positive or negative, since servant leadership is about focusing on other people's needs but, not their feelings.

I know now that, it is a 24/7 role to serve as a Club President and I commend our Presidents for executing this role perfectly, even amidst all the challenges.

May God richly bless you our Leaders.

Thank you for inspiring us every day.



Meet Team Polio Committee, We serve with a smile



- Dont let your children
- Dont let your grand Children
- Dont let your neighbor's children
- Dont let them!

All children have a right to good health.

Please contribute towards polio eradication

Meet *Rtn Miriam Nsubuga* & *PAG Francisco Ssemwanga* the RC Nateete Polio Plus Giants for the month of August 2020.



We invite you to contribute towards Polio Plus for the month of September, you may be the lucky Giant of the month.

By IPP Florence, Rtn Regina and Rtn Sarah



Learning from Jesus Hebrews 5:7

During the days of Jesus' life on earth, he offered up prayers and petitions with loud cries and tears to the one who could save him from death, and he was heard because of his reverent submission.

Notes

- a) Start your day with communion with God and prayer before the distractions that come from the duties of this life
- b) Put God first. Prioritize your soul and your Spirit
- c) Jesus woke up very early to pray and He is our role model
- d) Devote time for His word and prayer
- e) Value & guard your private prayer time
- f) Putting God first helps us to discern and handover everything to God
- g) This is how we feed on a good breakfast as God puts a table before us in the presence of our enemies.
- h) When we are filled with God, we will have no room for demonic things that are not of God.
- i) Ask God for direction, His plan, protection.

Rtn Miriam Serunkuma Nsubuga - PHF



PP MAGGIE SEBALU

Eish, last week, I went to get a meal at capital shoppers - garden City food section. after finishing the day's shopping at the mall with the prudence dictated by the new normal. Mask, Sanitizer and social distance.

I made my purchases that were small, and when I was in line to pay, between taking the money and storing the phone, the Ugsh 10,000 note I had to pay fell on the floor, and the man who was in front of me finished paying, put his purchases in the box, slowly bent down and picked up my note.

How much education in pandemic times - I thought. I held out my hand, waiting for him to return it, trying to stay away, so that he would feel safe, while thanking the gesture.

But what he said to me was - What's on the floor belongs to whoever finds it! - and left ... naturally, as if he hadn't done anything wrong.

I looked at the lady behind me and the people next to me and they all looked at me in shock and disbelief, whispering things between them.

For a moment I was beside myself. This thief was taking me for an idiot! I wanted to do justice on my own ... I left my purchases, because I had no way to pay (I had left the bank card in the car), and went after him to the parking lot, to have my Ugsh 10,000 returned.

However, I realized that the people who were closest to the line came after me, curious to see what was going to happen ...

I spoke to him demanding my money, but he just looked at me with contempt and acted like I was invisible.

When he got to the car, he slowly put his two shopping bags on the floor to take the key out of his pocket and open the boot, and I thought - It's now or never!

I took the two bags and told him the same thing he had said to me - What is on the floor belongs to those who find it! - and I started running towards the basement where my car was parked, between fright and laughter, proud of my revenge.

The onlookers started to applaud and I saw that after all the "smart guy" had been irritated, because he left the parking lot dropping a few safety pins to his passage.

I swear I felt a rush of adrenaline, fright and nervousness, but then I cried laughing. When I got home I opened the bags and found:

- 2 kgs chickeb
- 1 kg of fish
- Black olives
- Ham, cheese and yogurt of two flavors
- 1 brown bread
- 1 bottle of extra virgin olive oil
- 1 bottle of white wine
- 2 bottles of red wine
- 2 jars of jam
- 2 kg of very good quality sausages
- 1 jar of mayonnaise
- 1 jar of mustard

I had never made so many purchases with just Ugsh 10,000 And now there I was ... Having a glass of wine, eating and thinking - am I a vigilante or a vindictive person?

Did you really read this till here?

This obviously did not happen to me. It's just a campaign to promote reading!!

Reading stimulates the mind and imagination, makes us travel to other places and even helps communication.





The Rotary Roses -Enhancing community service and female leadership

The month of August in Rotary is designated for membership for without members any organization would be non-existent. Rotary membership has for a long time stagnated at 1.2 million and with the current pandemic, we could probably see the numbers dropping significantly as a result of many factors including loss of lives and jobs., In order to keep afloat it It's e very critical that we ensure retention of our exiting members as well as attract more members.

While we often set ourselves targets of recruiting more members every year, at times we are not specific on the goals for membership especially in regards to diversity in age, ethnic background, gender, or classification. We only seem to be bothered with net adds. One of the golden rules for setting goals is that goals must be specific i.e. Your goal must be clear and well defined with a direction of where you want to go. Vague or generalized goals are unhelpful because they don't provide sufficient direction.

Its's little wonder that when the Rotary District 9211 Membership Committee was setting goals it had a specific goal to increase female membership from 41% to 45% in line with the vision of the District Governor Rosetti of growing and grooming more females into leadership. The Committee launched a program called the Rotary Roses on 8th August, whose primary goal is to attract more females in Rotary and also enhance the contribution of women in community service and leadership. The objective of the program is to engage, elevate and empower the girls/women with the involvement of men and boys to improve gender relations. The program will support the District goals of membership experience and engagement where by clubs will: -

- Be encouraged to recruit a minimum of 3 females this Rotary year,
- Sponsor mentorship and coaching of youth (girls/boys from 15-35) through existing partnerships like Toastmasters, Rotary Youth Leadership Awards(RYLA). D9211 Rotaract Ladies Initiative-Future Me program, Professional coaches and Associations
- Support/implement a project benefitting the girl child/women.

Besides the usual recruitment of members through our clubs, the Rotary Roses program has a strategy to recruit more females through formation of a fellowship that is open to female Rotarians, Rotaractors, Inner wheel and Non Rotarians as full members while the males also are welcome to join in as associate members. The fellowship that is intended for women passionate about community service and those seeking personal growth and leadership development in both business and Rotary will eventually attract likeminded persons to join Rotary. Through this fellowship, we shall be able to exchange ideas on how to increases our impact in community service, in addition to building capacity for female leaders especially as we prepare to split into two districts come 1st July 2021.

The Rotary Roses program will also seek to recognize and celebrate female leadership and their achievements at the 96th District Conference and Assembly (DCA) that will be held, from April 21-24th 2021 at Speke Resort for Munyonyo. Since this DCA will be hosted by the first Female Governor from Uganda and the last governor of the District 9211, a grand celebration is planned that also has opportunities for those non-Female Rotarians/Rotaractors who would want to specifically attend the Rotary Roses program at a very special rate of \$55/\$25. The program line up for the Rotary Roses Day includes global empowerment female speakers, Rotary International leaders, showcase of Rotary Roses projects, recognition of outstanding female leaders and clubs with highest net addition to female membership, training impact and impactful service project that benefits the girl/women in communities . The program is now up and running. Each of us has a role to play, let us swing into action To find more on how to participate in this program send an email to therotaryroses@gmail.com

By PAG Flavia Serugo
D9211 Membership Coordinator - Rotary Roses
RC Kampala Naalya



PAG Flavia Serugo

The Rotary Roses Enhancing community service and female leadership

Rotary Roses – Program Goals



REINVENTING YOURSELF

At some point in life, you may feel the need to reinvent yourself. Maybe you feel you have hit rock bottom-or close to it. Or you have fallen into a cycle of bad habits and you don't like the person you have become. What It Means to Reinvent Yourself Changing aspects of who you are sometimes, physically, mentally, or both. The ultimate goal is to change yourself into someone that aligns more with who you want to become. How to reinvent Yourself Have a vision of who you want to become. Be honest with yourself. Recognize your actions and take responsibility for them. Meditate: Sitting alone in silence for a few minutes can bring some mental clarity. De-clutter your life physically: Don't be a hoarder. Clear up Emotional Baggage. You might need to talk to a Professional Surround yourself with the right people who align with your values. Find a Mentor: Is there anyone in your life that you look up to? Finally, do not be afraid of expressing the "New You"



Rtn. Harriet Kabuuka



AFL HEALTHY TIPS

Let's Close the Kitchen by 7pm

It's well known that eating late in the night affects a person's metabolism, but now a study has found that it impacts overnight blood pressure & raises the risk of heart attack, setting the **dinner deadline at 7 pm**. The research, which examined more than 700 people, warns against late-night dining and points out the possible implications.

WHY YOU SHOULD EAT EARLY

- Eating late night puts People at danger of heart attacks & strokes warn experts
- Adults should ideally eat nothing after 7pm
- Early dinner gives the body time to wind down & rest
- Dinner within 2 hours of going to bed keeps the body on 'high alert' & blood pressure doesn't fall properly overnight
- In a healthy person, blood pressure drops by at least 10% When they go to sleep
- Eating late can do more damage to the heart than having a diet high

TIME TO PUT YOUR PLATE DOWN 7PM



I urge you all to join in executing "Fitness & Nutrition (FAN)" - our signature programme for 2020-21 carrying out fitness exercises and practising healthy nutrition options in your clubs & communities.



FITNESS PACK

UGX 60,000



ORDER NOW

Through your club FAN champions.

FOR DETAILS CONTACT PAG Mebra Lwabaayi 0772 447 078



Yawe Godfrey a.k.a Mr. Curvy

is a Ugandan, a Muganda by tribe, a teacher by profession, a journalist by training and a farmer by practice. He is the first born to Mr. Makumbi Ivan and Ms. Nakaweesa Harriet (**both are still enjoying the life of this world. Mukama mulungi**) Yawe joined the Rotary Club of Nateete Kampala just yesterday on the 17th day of April, 2014 under the leadership of PP Christopher Kalyesubula the then club president. Before joining as a full member, Godfrey was a club guest for 18 consecutive months. Mr. Curvy was mentored by a seasoned Rotarian PAG Dr. Jones Kyazze. Yawe has served in different directorates of the club since joining. These include; Director Youth 2014/2015, Director PR 2015/2016, Director Service projects 2018/2019, Club secretary 2019/2020 and currently Director Youth Service 2020/2021. Yawe is a proud teacher of Mathematics and Computer in the only directly governed primary education institution of Buganda Kingdom. He is also proud to mention that in the year 2019 he was awarded with an award of the employee of the year by his Majesty the King of Buganda Ronald Muwenda Mutebi II. He was also awarded with an award as the best educator in Education Management Information Systems by the Education department managers from the government of Botswana. Mr. Curvy went to school (Primary, Secondary and other tertiary institutions) where he qualified as a teacher, journalist, and a farmer. Yawe is not married though he has a friend with whom he shares ideas of marriage. **Ekirala omusajja omuganda tabala baana.** Yawe enjoys being called by his surname, being with happy people and so Rotary is a fitting team. He enjoys listening to Music mostly Country and Watching comedy. In Rotary, he enjoys most of the activities like hosting the online meetings and the annual Fashion Show. Godfrey is an Anglican and in this regard, he is a member of Martyrs Church Katwe.



MOTHERING TIPS

Pray for your children every day.

Make them your friends

Understand them

Respect their choices

Draw a line between being their mother and their friend

Put yourself in their shoes

Make their friends your friends

***Rtn Regina Kibalama**



Embrace Change Positively

When everything looks hopeless, is when we get the real chance to grow into something better. Life never stands still. What would we do without change in our lives! Change is a nature of existence, in our thoughts, feelings, ideas and beliefs, and we should embrace it. Life is as changeable as rain and sunshine, or night and day. Change is inevitable, and therefore, as nothing lasts forever, let's learn to appreciate every moment fully and completely. Everyday brings new opportunities. So, let's transform our fears into courage, selfishness into kindness, and misfortunes into fresh beginnings and new possibilities. Change is the heartbeat of growth. Be the change you want to see in the world.

Rtn Florence Kibirango



CLUB MEMBER OR ROTARIAN!

12 Years ago i joined the Rotaract Club of Nateete Kampala as a Charter Member, I and my colleagues did not stop at being members but true Rotaractors, having done almost if not all that was required of us. We paid our dues, attended fellowships, attended and fully participated in projects, brought in all sorts of ideas to see that the club grows as well as its members, invited friends to join. At one point we developed a slogan as a club that "we are what Rotaract is"

To date, 2 years down as a Rotarian I have continued to be a Rotarian and not just a club member. Friends out there, our clubs need us much more than our dues payment, the club grows in all aspects but mainly through full member participation. Pay your dues, participate in developing the club and your members, take part in projects, invite a friend/colleague/family member to join and together we shall Grow Rotary..

Angel Kisekka

Past President, Rotaract Club of Nateete-Kampala
Executive Secretary & President Elect, Rotary Club of
Nateete-Kampala



Rotary growth is mainly realized through increment of membership of a club or a Club mothering another club altogether. Since its formation several years ago, the Rotary Club of Nateete-Kampala has done its level best to grow Rotary through the recruitment of new members to the Club. No year has gone past without inducting new members to the Club. For the consistence you have demonstrated in membership recruitment, I want to say bravo and congratulations. However, for real growth to be realized then there is need for membership retention to be treated as a matter of interest and urgency.

On the other hand, Rotary growth can be attained by creation of new clubs by existing clubs. This is an area where I have issues with the Rotary Club of Nateete for not seizing the available opportunities to do so. This is where I put the question: Why is the Rotary Club of Nateete shy to think about giving birth to another Club? Do you consider yourselves under age and therefore want to avoid questions associated with underage pregnancy? My view and considered opinion is that you are of age and mature enough to conceive, give birth and look after a vibrant, healthy and bouncing baby in the form of a Rotary Club in one of your neighborhoods.

I therefore want to encourage you to start thinking about a possibility of motherhood sooner rather than later. You have such a big catchment area whose needs and challenges cannot be handled by your club alone in all ways and every way. It is therefore important that you lead the process of building capacity on the supply side in order to meet the demand side.

This being the year of opening opportunities, take off time as a Club to explore the possibilities of starting a new Rotary Club in any of your neighborhoods of Lungujja, Busega and Nalukolongo respectively. Indeed you can do it just like peer Clubs have done so successfully. All you need is unity of purpose by the Club coupled with determination, dedication and discipline of each and every member.

Make sure you use the available opportunity to start a new Club and open more opportunities for the communities in your catchment area. Try to experience the joy of giving birth and you will live to love it.

I wish you all the best as you give my thoughts and ideas of procreation due consideration and regard.

Thanks

Mike Kennedy Sebalu
Rotary Club of Bukoto



DG. Rose Nabumba's Message

Friends, I had a golden opportunity of sharing about community engagement and effective participation in community at my work place, The Ministry of Finance, Planning and Economic Development. I was invited as District Governor (DG) to share the Rotary example of how it contributes to professional growth and career development and by the end of presentation, many wished to join Rotary.

My bosses tasked me and my immediate supervisor Mrs Kakande to take lead in a mentoring and capacity building program for staff and especially females into leadership. It was noted that we have negligible numbers of women in Top leadership in the ministry

A young man Jude who was among the service provider team with Legacy Events that set up the event had a chance to listen to my presentation said "thank you Governor for explaining Rotary and community engagement in depth, I now feel a connection and will consider joining a Rotary club. Many Rotarians seem to know Rotary but cannot explain it in simple and practical terms for a lay person. Some grab us on streets to come to join Rotary but can hardly explain the value proposition of Rotary, you have won me over Governor with the succinct illustrations. The pictures of poverty in communities were so touching! The story you told about your consistent engagement in solving community problems for 15 years shows me that rotary is serious business.

May I also note that Rotarians are fond of talking to each other in club meetings, explaining to each other what they already know! I propose that you change strategy and instead Rotarians talk to us non members on the various media platforms or at our workplaces"

This is the time I encourage all Rotarians and Rotaractors to use more innovative ways to make sure that the message of Rotary reaches those that have not yet joined the organization. Let's share Rotary with others.

**END
POLIO
NOW**



**COUNTDOWN TO
HISTORY**

Rotary





Congratulations to Jennifer E. Jones,

a member of the Rotary Club of Windsor-Roseland, Ontario, Canada, who has been nominated to become Rotary International's president for 2022-23, a groundbreaking selection that will make her the first woman to hold that office in the organization's 115-year history.

Jones will officially become president-nominee on 1 October if no other candidates challenge her.

Jones says she sees Rotary's Action Plan as a catalyst for increasing Rotary's impact.

"As we reflect upon our new strategic priorities, we could have never envisioned that our ability to adapt would become our North Star during what is inarguably the most profound time in recent history," Jones said in her vision statement. "Silver linings rise out of the most challenging circumstances. Using metric-driven goals, I will harness this historic landscape to innovate, educate, and communicate opportunities that reflect today's reality."

As the first woman to be nominated to be president, Jones understands how important it is to follow through on Rotary's Diversity, Equity, and Inclusion (DEI) Statement. "I believe that diversity, equity, and inclusion ... begins at the top and for us to realize growth in female membership and members under the age of forty — these demographics need to see their own reflection in leadership," Jones said. "I will champion double-digit growth in both categories while never losing sight of our entire family."

Jones is founder and president of Media Street Productions Inc., an award-winning media company in Windsor. She was chair of the board of governors of the University of Windsor and chair of the Windsor-Essex Regional Chamber of Commerce. She has been recognized for her service with the YMCA Peace Medallion, the Queen's Diamond Jubilee Medal, and Wayne State University's Peacemaker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D.).

A current Rotary Foundation trustee, Jones has been a Rotary member since 1997 and has served Rotary as RI vice president, director, training leader, committee chair, moderator, and district governor. She played a lead role in Rotary's rebranding effort by serving as chair of the Strengthening Rotary's Advisory Group. She is the co-chair of the End Polio Now Countdown to History Campaign Committee, which aims to raise \$150 million for polio eradication efforts.

Jones recently led the successful #RotaryResponds telethon, which raised critical funds for COVID-19 relief and was viewed by more than 65,000. Jones has also received Rotary International's Service Above Self Award and The Rotary Foundation Citation for Meritorious Service. She and her husband, Nick Krayacich, are members of The Rotary Foundation's Arch Klumph Society, Paul Harris Society, and the Bequest Society.

FELLOWSHIPS

MONDAY

Mengo	12:45pm	Pope Paul Mem. Centre
Kampala North	6:00pm	Nommo Gallery
Kampala South	6:00pm	Hotel Africana
Njeru	6:00pm	Nile Hotel, Ntinda
Kasangati	7:00pm	Kasangati Resort Centre
Kampala Munyonyo	7:00pm	Green Valley Gaba
Kampala Naguru	7:00pm	Hilton Gardens Inn
Mukono Central	7:00pm	Star Gardens Mukono
Namasuba	7:00pm	Sky Beach Freedom City

TUESDAYS

Sunrise Kampala	7:00am	Shanghai
Rubaga	1:00pm	Pope Paul Memorial
Ibanda	5:30pm	NBK Star Hotel
Iganga	6:00pm	Mwana Highway Hotel
Acacia Sunset	6:00pm	Uganda Museum
Kololo	6:00pm	Hotel Africana
Makindye	6:00pm	Mackinon Suites
Masindi	6:00pm	New Court View
Wóbulenzi	6:00pm	Networth Hotel
Nkumba	6:00pm	Areba Hotel
Kihihi	6:00pm	Suba Motel
Lukaaya	6:00pm	Jovena Hotel
Mbale	6:00pm	Mt Elgon Hotel
Kasese	6:30pm	Margarita Hotel
Bweyogerere Namboole	6:30pm	Mamerito Hotel
Kampala Impala	6:30pm	Kabira Country Club
Kyotera	7:00pm	Colombo Hotel
Bukoto	7:00pm	Kabira Country Club
Lubowa	7:00pm	Graces Restaurant
Kampala Naalya	7:00pm	Ndere Centre
Kisugu Victoria View	7:00pm	Shangri La Hotel-Kisugu
Buloba	7:00pm	Joggies Recreation ctre
Kisaasi Kyanja	7:00pm	Sweetland Gardens
Kampala Nsambya	8:00pm	Moonland Gardens

WEDNESDAY

Kampala Maisha	7:00am	Shangai Restaurant
Kampala West	1:00pm	Shanghai Restaurant
Kanungu Bwindi	5:30pm	King Lion Hotel
Kabarole	5:30pm	Toro Golf Club
Jinja	6:00pm	Crested Crane Hotel
Kabale	6:00pm	White Horse Regency
Arua	6:00pm	Heritage Inn
Bushenyi	6:00pm	Ankole Resort Hotel
Masaka	6:00pm	Masaka Sports Club
Mubende	6:00pm	The Club Mubende
Nansana	6:00pm	Ivory Hotel
Ntungamo	6:00pm	Sky Blue Hotel
Kampala Central	6:00pm	Hotel Africana
Soroti Central	6:00pm	Land Mark Hotel
Kumi	6:00pm	North Each Villas

Kyambogo	6:30pm	Sports View Hotel-Kireka
Muyenga	6:30pm	Hotel International
Entebbe	7:00pm	Lake Victoria Hotel
Kajjansi	7:00pm	NICAN Resort Kajjansi
Kiwatule	7:00pm	Kabira Country Club
Mukono	7:00pm	Collin Hotel Mukono
Portbell	7:00pm	Silver Springs
Nsangi	7:00pm	Club Quarters Nsangi
Rubaga Lake View	7:00pm	Jevine Hotel
Bugolobi MorningTide	7:00am	City Royale –Bugolobi

THURSDAY

Kampala Day Break	7:00am	Grand Imperial Hotel
Kampala	12:4pm	Sheraton Hotel
Mbarara	5:30pm	Hotel Kash
Hoima Kitara	6:00pm	Kantik Hotel
Bugiri	6:00pm	Gilga Hotel
Kalisizo	6:00pm	Tropical Gardens
Kampala Rainbow	6:00pm	Kolping Hotel
Kampala Ssesse Islands	6:00pm	Nommo Gallery
Kayunga	6:00pm	Katikoomu S.C.
Kitgum	6:00pm	Bomah Hotel
Lira	6:00pm	White House Hotel
Mbarara East	6:00pm	Pelican Hotel
Rukungiri Central	6:00pm	Rukungiri Inn
Source of the Nile	6:00pm	Crested Crane Hotel
Tororo	6:00pm	Meritoria Hotel
Bugolobi	7:00pm	City Royale Bugolobi
Gaba	7:00pm	Green Valley Hotel
Gulu	7:00pm	Acholi Inn Gulu
Kampala East	7:00pm	Hotel Africana
Nateete Kampala	7:00pm	Ivys Hotel
Seeta	7:00pm	Ridar Hotel
Namugongo	7:00pm	Abba Hotel
Bwebajja	7:00pm	Cabana Rest. Kawuku
Makindye West	7:00pm	Makindye Country Club
Najjeera	7:00pm	Turvan Breeze, Najjeera
Ntinda Metropolitan	7:00pm	Nob View, Ntinda
Kitante	7:00pm	Hotel Protea
Kigo	7:00pm	Lake Victoria Serena Kigo

FRIDAY

Kibuli	6:00pm	Hotel Africana
Kabwohe	6:00pm	Sun Beach Hotel
Muyenga Breeze	6:00pm	Hotel Intern. Muyenga
Kyengeru	7:00pm	Sendi House
Ntinda	7:00pm	Noble View Hotel
Kampala Metropolitan	7:00pm	Mackinon Suites Nakasero
Kampala Kawempe	7:00pm	Tick Hotel, Kampala
Bweyogerere Central	7:00pm	Tarzan Gardens
Mutundwe	7:00pm	Arena
Kampala Seven Hills	6:00pm	Hotel Africana—BMK Hse
Kireka Movers	7:00pm	

SUNDAY

Muyenga Sunday Sunset	5:00pm	Hotel International
Seguku	5:00pm	Nican Resort Kajjansi
Bulindo	5:00pm	Canbery—Kira
Kiwenda	5:00pm	Hill Air Bar an Bristo



**If anyone destroys God's temple,
God will destroy that person; for
God's temple is sacred, and you
together are that temple.**

1 Corinthians 3:17 NIV

1corinthians.bible/1-corinthia...



Rotaract Club of Nakawa (UK/20) Rotaract Club of Kampala East Rotaract Club of Ishege City

DAY 1 **One Drop of Blood Initiative**

DATE: 20th August, 2020
VENUE: Namirembe Road
TIME: 8:30am - 2:30pm

NB: WEAR A MASK!!! **DONATE BLOOD** Rotary Opens Opportunities



One Drop of Blood Initiative

Gone are the days: Nateete members showing talent during one of the joint fellowships of all Thursday clubs.



RI PRESIDENTS MESSAGE

Greetings, fellow Rotarians and Rotaractors!

I am so honored to serve as your president this year. We have important work ahead of us at Rotary, and we are going to have a lot of fun as we do it.

Last year, we launched our five-year Action Plan to build a stronger future for Rotary. We are working to increase our impact, expand our reach, enhance participant engagement, and increase our ability to adapt. The last several months have shown that we — as Rotarians and Rotaractors — can realize these goals as we forge a new path for the future.

Without question, COVID-19 has posed new and previously unimaginable challenges for Rotary. But within every challenge is perhaps an even greater opportunity. And while I could not have known what lay ahead when I selected my theme for the year, Rotary Opens Opportunities has even greater relevance as we begin our new Rotary year.

I am incredibly inspired by how our members have adapted and responded to COVID-19. This global pandemic has made it difficult for many of our clubs to operate as usual, but we persevered, and over the past few months, I've enjoyed connecting with my fellow Rotarians and Rotaractors in a new way: by visiting hundreds of clubs from my home. It's been fun to attend so many meetings virtually. If you haven't already, I encourage your club to try an online meeting or add an online component, like hosting a guest speaker from a Rotary or Rotaract club located in a different part of the world.

As we build a stronger future for our organization, it's good that we are reaching out to new people and introducing them to Rotary. It's important that our clubs reflect the communities we serve. More diverse voices in our clubs and in our leadership will help Rotary stay in touch with a changing world.

So let's find every opportunity to show we value each and every member. Let's seize this moment to build on what we've learned, to embrace our new reality, to welcome new faces, and to find additional ways to shine. This is how we will have a continuing impact on the world. And if you need assistance along the way, Rotary offers many resources that can help you reach your goals.

Rotary means different things in different parts of the world, but we are all united by our core values and by The Four-Way Test. Rotary may change, but our values remain constant.



I look forward to hearing about how you're finding new opportunities to engage and make an impact in your club and community. Rotary Opens Opportunities, both for the people we serve and for ourselves.

Thank you.

Holger Knaack
RI President, 2020-21



Coming together is a beginning. Keeping together is progress. Working together is success. —Henry Ford



End of an era, Beginning of a new dawn

21ST – 24TH APRIL 2021 SPEKE RESORT MUNYONYO

Very early bird
(Up to 30th June 2020)

Early bird
(Up to 31st Dec 2020)

Rotarians - \$150

Rotaractors - \$80

Rotarians - \$200

Rotaractors - \$100

Register NOW and SAVE

Bank Details: (UG) Ac Name: Rotary Conference Collection Ac No: 3718000006. Centenary Corporate Branch
(TZ) Rotary Country Office



Registration: www.rotaryd9211.org

Chair Registration: Peter Mukuru +256 772 412 830

Youth On to DCA

(UG): Rachel Kiwumulo +256 787 363 748

(TZ): June Russel Gondwe +255 718 515 490

#DCA96 @D9211

NEW ROTARY AREA OF FOCUS
**Supporting
the
Environment**

