



# MPAGI NEWS LETTER

FEBRUARY EDITION



We Fellowship Every Thursday, 7pm



@ClubNateete



[www.nateetekampala.org](http://www.nateetekampala.org)



Rotary Club of Nateete Kampala



# **CMP ANGEL KISEKKA FEBRUARY MESSAGE**

## **Love extended to the community**

February was the month of love, members attended the valentines fellowship, and indeed love was in the air. Fellowships have resumed with total physical attendance, and I wish to call on us all to please come back. I also extend a message of appreciation to everyone who has adhered to the call of payment of dues. May God bless you.

Busega Lions and Ntugga buddy groups held our final community project under child and maternal health. Medical supplies including a delivery and admission beds were handed over to Nateete Archdeaconry Mobile Clinic. I want to thank the buddy groups for the organization and everyone who attended.

In the spirit of partnership, our baby club, Rotaract Club of Nateete-Kampala, was financially supported for their upcoming Kakuba Literacy project scheduled to take place from 4th to 6th March. Once again appreciation goes to you all members of RC Nateete for the tremendous support to the cause..

From our Family of Rotary desk, please be informed that our own Rotarian Salim will be introduced to his fiancé's home on 27th March. Let us support him on his new journey.

March is water and Sanitation month. Members are therefore called upon to participate in water-related projects in their various communities and club activities.

I wish you a wonderful month.

**Angel Kisekka**

Change Maker President 2021/22

# EMPAGI MAGAZINE

## EDITOR'S MESSAGE

### **BAD COMPANY CORRUPTS GOOD CHARACTER.**

“Therefore my dear brothers and sisters, stand firm, let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.”

#### **[1 Corinthians 15:58]**

Paul says that because of the resurrection, nothing we do is in vain. Sometimes we hesitate to doing good because we don't see any results.

But if we can maintain a heavenly perspective, we will understand that we often will not see the good that results from our efforts. If we truly believe that Christ has won the ultimate victory, that fact must affect the way we live right now. Don't let discouragement over an apparent lack of results keep you from working.

Do the good that you have opportunity to do, knowing that your work will have eternal results. No good deed is ever in vain.

Grace, Peace and Love.  
Happy Lent Period.

Regards,

**Rtn Sylvia Mayambala.**

EDITOR



### **TABLE OF CONTENTS**

- . **CMP DECEMBER MESSAGE**
- . **EDITOR'S NOTE**
- . **RIP MESSAGE**
- . **MEMBER ARTICLES**
- . **JOINT PROJECT ACTIVITIES (PICTORIALS)**



## **CALL FOR ARTICLES**





## RI PRESIDENT FEBRUARY MESSAGE

At the start of the Rotary year, I challenged every club to plan and host at least one practical and action-oriented Rotary Day of Service. The event should address a challenge your community is facing that fits into one or more of Rotary's areas of focus and should bring together volunteers from within and outside of Rotary.

Rotary Days of Service can motivate Rotary, Rotaract, and Interact clubs to plan innovative and impactful projects. They can showcase your work as people of action and introduce prospective members to your club. I've been inspired by your response so far, and I want to share with you just one project that has captured my imagination.

India is home to an estimated 74 million people with diabetes, a disease that is a leading cause of death. Furthermore, about 50 percent of those people remain undiagnosed.

Rotary, together with the Research Society for the Study of Diabetes in India, saw the urgent need to diagnose, track, and treat people who have diabetes. Working together and with other organizations, we hosted a nationwide blood glucose testing camp on 29 September, which is World Heart Day.

The camp was spread across more than 10,000 sites in India, with more than 2,000 Rotary and Rotaract clubs participating in the effort. More than 1 million blood-sugar tests were conducted in a day, an accomplishment recognized by the Asia Book of Records. But more important than breaking a record is the fact that tens of thousands of people learned that they may be living with diabetes. They can now be treated for the condition, and they also have been made aware that they should take extra measures to shield themselves from COVID-19 and scores of other diseases that are caused or worsened by diabetes.

This month, on 23 February, the anniversary of Rotary, let us celebrate with more service days, showcasing Rotary's work in our areas of focus. I look forward to hearing about your Rotary Days of Service. Please share your projects on Rotary Showcase, or browse that webpage to find inspiration and project partners. In particular, I encourage you to execute projects that focus on empowering girls, as they have been disproportionately affected by the pandemic. The Empowering Girls initiative is resonating very well with members of Rotary as well as with non-Rotarians. The governments and NGOs in various countries are appreciating this meaningful effort. Let us keep focusing on it.

I am also happy that the Each One, Bring One ethos is bringing fruitful results. Let us ensure that all club members introduce at least one person to Rotary, and that we then all work to engage new members and keep them in our clubs.

In whatever we do, remember that we must push ourselves to grow more, do more as we Serve to Change Lives.

HAPPY  
Birthday

RTN. KIZZA SEBUNYA  
18/02/2022

We turn not older with years, but newer every day



HAPPY  
Birthday

RTN. SARAH NABAGEREKA  
25/02/2022

We turn not older with years, but newer every day



BIRTH  
DAY  
MOMENTS





TH

DISTRICT CONFERENCE

# ARUSHA

12 - 14<sup>TH</sup> MAY 2022

## EARLY BIRD

Before 31<sup>st</sup> Dec 2021

Rotarians \$190

Rotaractors \$100

From 1<sup>st</sup> Jan 2022 to 28<sup>th</sup> Feb 2022

Rotarians \$220

Rotaractors \$100

From 1<sup>st</sup> March 2022 Onwards

Rotarians \$250

Rotaractors \$120

Registration will be  
available on our  
district website  
very soon

**Rotary**  
District 9214



**Rotaract**  
District 9214



**SERVE TO  
CHANGE LIVES**

[www.rotaryd9214.org](http://www.rotaryd9214.org)



[rotarydistrict9214](https://www.instagram.com/rotarydistrict9214)



#### **\*FOOD FOR THE SOUL\***

##### **\*SALT\***

Salt has no need to look like other Ingredients, sends out no Aroma like other Seasonings, but without it the Soup is Tasteless.

People of True Impact do not Fight for Position, Visibility or Appearance. Their Results Speak for them not their Propaganda.

You do not need to Shout to be heard, People keep quiet to listen to Intelligent People.  
Salt Maintains its Integrity Amidst Pollution.

Have you seen where a Salt buyer demands to taste it before buying because Salt has proved its Integrity over the Ages?

Friends, be contented and cherish what you have. You can be anything you want, just do not be ungrateful.

**\*Rtn Miriam Serunkuma Nsubuga\***

## **BANK TELLERS LEARN TO RESPECT ELDERS!**

Old lady handed her bank card to a bank teller and said, \_“I would like to withdraw UGX 30,000/-“\_

The female teller told her, \_“For withdrawals less than UGX 50,000, please use the ATM.”\_

The old lady then asked, \_“Why?”\_

The teller irritably told her, \_“These are the rules. Please leave if there is no other matter. There is a queue behind you.”\_

She then returned the card to the old lady.

The old lady remained silent ... but then she returned the card to the teller and said, \_“Please help me withdraw all the money I have.”\_

The teller was astonished when she checked the account balance. She nodded her head, leaned down and said to the old lady, \_“My apologies Granny, you have UGX 824.5 million in your account and our bank does not have so much cash currently. Could you make an appointment and come back tomorrow?”\_

The old lady looked at the ceiling for some time then slowly asked, \_“How much am I able to withdraw right now?”

The teller told her, \_“Any amount up to a maximum of UGX 50,000,000.”\_

The old lady then told the teller that she wanted to withdraw UGX 50,000,000 from her account.

The teller did so quickly and handed it to the old lady respectfully.

The old lady put UGX 30,000 in her bag and asked the teller to deposit the balance of UGX 49,970,000 back into her account.

**\*Don't be difficult with old people...\***

**PP. MAGGIE**

**MPAGI** | FEB.  
NEWS LETTER | EDITION



## BUSEGA LIONS & NTUGGA BUDDY GROUPS

# Joint MEDICAL OUT REACH



19 th February 2022, Saturday, 11AM.





## JOINT PROJECT ACTIVITIES (PICTORIALS) Cont...







Eleanor Kigen, CFA • 2nd

Investment Analyst | Financial Modelling...

3d • Edited • 🌐

Don't look at the price. Look at the cost!  
Are you distracting your life away in a trance while you are on limited time?

The price of Netflix is not \$9 a month. It's hours of your time.

The price of junk food is not a few dollars. It's your health.

The price of social media is not your data bundle. It's your mental state and focus.

The price of work stress is not the cost of therapy. It's the future damage to your mental health.

The price of bad education is not your school fees. It's the future destruction of your job prospects.

The price of a vote is not a quick meal. It's the destruction of your country.

The long term costs almost always outweighs the short term price. So look beyond the price tag at true lifetime costs of all your actions.

LAUGH SOFTLY 😂😂😂😂😂😂😂😂😂😂

When a woman wants to teach you a lesson, even satan sits down to take notice 😂😂😂

READ THIS STORY \*My husband was a big drunk. Each time I was called to pick it up in bars and terraces. My family and friends wanted me to leave him but I was hopeful that I would find a solution. At one point I was so tired that I said to myself that I must find a solution very quickly. One day I went to pick him up, he was completely drunk as usual. Instead of taking him home, heading to the morgue, I negotiated with the mortuary to have him sleep near the corpses, then I went home. Two hours later the gentleman wakes up and begins to beg the mortuary that he is not dead. The mortuary whipped him very hard, even saying: "you corpses, you come to practice witchcraft here, go lie down with your friends.". After pleas upon pleas, he ended up being released and going home \*\*Since that day, even Soda drink, my husband can't take it anymore, he is now on water.\*\*\* 🙏





**SERVE TO  
CHANGE LIVES**

