



MPAGI

NEWS LETTER

FEBRUARY EDITION

We Fellowship Every Thursday, 7pm



@ClubNateete



www.nateetekampala.org



Rotary Club of Nateete Kampala

Visionary President Herbert's Note



February was the month of peace and conflict prevention. Millions of people all over the world are currently displaced by armed conflict or persecution. In fact, 90% of casualties in armed conflicts are civilians, half of which are children. Through service projects and Rotary programs, the Rotary family is committed to pursuing projects that address the structural causes of conflict, including poverty, inequality, ethnic tension, lack of access to education, and unequal distribution of resources. As RC Nateete we are involved in projects that bring peace and harmony amongst the communities. We had great presenters who enlightened us more on peace and conflict prevention.

The Masaka corridor rotary clubs to which RC Nateete is a member organized a very successful fundraiser dubbed "Know your uniform" which was hosted by RC Kyengera. It was graced by PDG Ken as the Head teacher. The funds raised are to help construct spring wells in communities that can't access clean water. This resonates with the theme for this month of March, Water sanitation and Hygiene. During March, Rotary Water, Sanitation and Hygiene Month, we're celebrating our commitment to create healthier communities by supplying clean water and sanitation facilities to prevent the spread of infectious diseases.

Finally I would like to congratulate DG Mike and PP Maggie on their 25th anniversary in holy matrimony.



Message from
RI President

Empowering girls is about **more than creating equity**

Jennifer E. Jones
RI President 2022/23

Recently, I spent time in the Nakivale refugee settlement in Uganda. As the "settlement" in its name suggests, the people living there are free to move around and integrate as best they can — one thing that makes the place unique.

I had a chance to play soccer with boys and girls from about a dozen nations and talk with women who had fled areas of conflict. It was a tapestry of human experience shared through both laughter and tears.

As I walked across a school campus at the settlement with a teacher, she shared with me the dire statistics on girls' education. Most don't get through grade school. Many

are sold into child marriage to pay for food for their families. As I looked around at these young girls, I was gutted.

Our work with empowering girls and women is much more than creating equity — sometimes, it's about health or education. Other times it's about providing safety. Regardless of the path, it's always about basic human rights.

We can do more to empower girls and women, and we can expand how we share the progress Rotary members and our partners have made toward this goal.

There is no shortage of inspiring examples of our work, from interest-free microcredit loans for women in Nigeria, to projects in India that provide girls menstrual hygiene products. Hundreds of projects are taking place across all Rotary areas of focus and are making a meaningful and often lifesaving difference.

Together, we can address the needs and inequities that girls throughout the world face daily. But we must also monitor the impact of these projects and create awareness of Rotary resources and subject matter experts, including Rotary Action Groups, The Rotary Foundation Cadre of Technical Advisers, Rotary Peace Fellows, and others.

It is especially important that we tell the stories of our initiatives that have a positive impact on the lives of women and girls. This last point is near and dear to my heart. This means sharing our stories on social media, through local news outlets, in this magazine, and wherever we can inspire others.

As you do so, it's important to provide information that helps our Rotary family connect with others who are implementing activities in their regions, as well as across the world. Let's share our successes and learn from one another — then proudly tell our stories to a larger audience.

These are exciting times in Rotary, and the world is taking notice. As we work to empower women and girls to step into their full potential, we create new pathways for membership growth and greater collaboration with partners to create positive, lasting change.

Thank you for your continued action in this vital effort.

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Message from District Governor

Peace Taremwa

District Governor 2022/23



Welcome to February, the month of our beloved organization's anniversary as well as the month of peace and conflict resolution. Peace and conflict resolution is a timely topic both at home and around the world. We join in grief, our friends entangled in the war currently in the eastern part of the world. We pray that this will come to an end. As Rotarians, we can help promote peace by solving problems in our communities; one way is by living our lives in accordance with the 4-Way Test. This will demonstrate peace and kindness to our families, friends, and communities.

“

I'd like to express my heartfelt gratitude to all of the Visionary Presidents, Assistant governors, Committee Chairs, Rotarians, and rotaractors who attended the mid-year celebration. It was indeed time for us to account for our stewardship.”

At the beginning of the Rotary year, we established new goals for accomplishments in our personal and professional lives, our clubs, and our district. I thank you for attending the District address as we evaluated ourselves, six months up the year. I was so excited with the results of our hard work. We started strong and I saw ourselves finishing stronger. Let's get closer, keep consolidating as we get to the finishing line. The District Governors visit will be combined with a farewell in the

remaining clubs when I resume in February with Tanzania upcountry clubs.

As we all know by now, the 2023 District Conference will be held in Mbarara from the 27th to the 29th of May, 2023. With over 1250 confirmed registrants and counting, this year's DISCON promises to be exciting and well worth your time, money, and effort, going by the preparations being put in place by the Central Planning Committee. We look forward to that DISCON week as we celebrate our communities along the route.

We congratulate DGE Francisco Ssemwanga, who has completed his final training at the International Assembly and is now ready to take over with his team, come 1st July 2023. I now want to remind all current leaders to prepare the incoming teams through joint board meetings, training, and walking together as we prepare a smooth handover. If next year is better than one year, we shall count ourselves successful

Finally, I condole with everyone who lost a friend, a partner, or a relative during this period and thank the fraternity for the support extended to all. My affection for Rotary grew even greater in the wake of the loss of my father in love. Your attendance was a significant demonstration of social capital. Our families would like to convey our profound gratitude for your thoughtful sympathies during those difficult moments.

C + T = P

Formula for World Peace

1.

It is a matter of the greatest present-time urgency that the prevailing global mood of political separatism, end-game competitiveness, and endlessly multiplied divisiveness be immediately and thoroughly and universally and permanently relinquished—such that the entire world-population of humankind becomes universally intelligent with the heart-positive mind of cooperation and tolerance.

2.

The only way to solve the current world-situation is for everyone to “lose face”—instead of everyone demanding to “save face”.

All of humankind should, as a formalized collective, “lose face” together—by acknowledging that, unless human beings live in formally established and formally maintained cooperation and tolerance, they, inevitably, sink into grossly and universally destructive behavior.

Only by everyone “losing face” together will the collective of human beings be able to regenerate the moral strength and authority that is necessary if human beings everywhere are to require cooperation and tolerance of each other—and only when there is first such a regeneration of universally equalized moral strength and authority will there be a universal agreement to create and maintain a truly cooperative and tolerant global human community.

3.

Human beings must accept, with humility, that their rightful position (and that of every one) in the naturally indivisible world-family of Earth kind (including humankind) is not the “ego-place” of prior dis-unity (and, thus, of separateness, separateness, domination, and control), but the “heart-place” of prior unity (and, thus, of ego-transcending cooperation and tolerance).

It is not the search for peace (for all seeking is, necessarily, based on prior, or presumed, separation from what is being sought),

but the active affirmation and enactment of peace (or the presumption of prior, or always already present, unity and non-conflict—as a condition to be always affirmed, depended upon, enacted, and preserved) that is the true and only means for the realization of peace.

Thus, in practical terms, it is only on the active foundation of ego-transcending cooperation and tolerance that it is possible for peace (or right life) to be established among living beings of any form or kind.

Indeed, this Call to Right Life and Peace is a great and absolute moral Law, which I have Epitomized in the Formula $C + T = P$, or “Cooperation + Tolerance = Peace”.

It is absolutely essential that the universal collective of humankind formally embrace and really enact this universal moral disposition.

4.

“Cooperation + Tolerance = Peace” is the Great Alternative to the egoism path of inevitable universal destruction—and, therefore, that moral Law must become a universally accepted (and expected) moral and practical “self”-discipline.

Through the universal application of this great moral Law, the gathering of the Earth-wandering peoples of the world can feel their real strength and prior unity (or inherent connectedness to one another)—and their collective power to transform the “usual” (or “real”) politics of egoist, and so actually create and maintain human peace in the natural world.

Everyone should become positively disposed to the establishment of a real and true global cooperative human community—because that global cooperative human community is not merely a “utopian ideal”, but a practical and actually realizable necessity for the physical survival and the natural well-being of humankind and even all of Earth kind.

5.

The Formula for World Peace must be embraced as the necessary politics of the future.

Cooperation and tolerance is the necessary and exact “price” for peace—the “treaty cost” for the survival of humankind, Earth kind, and Earth itself.

This is the necessary “new paradigm” for the human design of future effort.

Sourced by
Rtn. Yawe Godfrey

Lenton Laughs

Mr Almeida walks into a bar in Mississauga, orders 3 glasses of beer and sits in the backyard of the room, drinking a sip out of each one in turn.

When he finishes, he comes back to the bar counter and orders 3 more. The bartender asks him, "You know, beer goes flat after I fill it in the glass; it would taste better if you buy one at a time."

Mr. Almeida replies, "Well, you see, I have two Friends. One is in Dubai, the other in London and I'm here in Canada. When they left our hometown, we promised that we'll drink this way to remember the days when we drank together."

The bartender admits this is a nice custom and leaves it there.

Mr. Almeida became a regular in the bar and would always drink the same way. He'd order 3 Beers and drink them in turn.

One day, he came in and ordered only 2 Beers. All the other regulars notice and fall silent.

When he comes back to the bar for the second round, the bar tender says, "I don't want to intrude on your grief, but I wanted to offer my sincere condolences on your great loss."

Mr. Almeida looked confused for a moment, and then he laughs.... "Oh, no,"

He said, "Everyone's fine; both my friends are alive. The only thing is...

**I have quit drinking,
As its Lent**

We can learn a little about these truths

1. Our BIRTH has come by others
2. Our NAME was given by others
3. We have been educated by others
4. Our income comes directly or indirectly from others
5. Our respect is given by others
6. Our first bath was given by others
7. Our last bath will be done by others
8. Our funeral watch will be organized by the Others
9. We will be directed to our final abode by the Others
10. Everything we own will be inherited by Others

Isn't it high time we learn to live in peace and harmony with Others?

Because throughout our life, at some point or another, we always need Others.

PROOF

A group of 50 students participated in a seminar and suddenly, the teacher stops talking and starts giving each person a jersey.

He invites every person to write his name on the jersey using a marker.

Then all the jerseys are collected and put in another room. The master asks participants to enter the room individually and find each the shirt on which is listed his name in less than 5 minutes.

All of them rush into the room and frantically start searching for their name. People grow, trample, and scramble into a total mess.

After 5 minutes and even more, no one could find his own shirt.

The master says:

"Now let each randomly collect a jersey and give it to the person whose name is written there."

In minutes everyone got their jersey.

The master then said: "What we have just done is just what is happening in our lives. Everyone is desperately looking for their own happiness all around, not knowing where it is. And our happiness lies in the happiness of others."

That's why if you help others find their happiness, you will get your own happiness too. And that is the purpose of man's life.

Learn to put a smile on someone's face and you'll also have a smile in their own time.

That no one is looking for his own interest

Let each one of you, instead of considering his own interests, also consider the others.

"1 Corinthians 10, 24

Sourced by

Rtn. Julius Katimbo aka Julio.

You do not have to bear a title for you to lead.

All you need is the willingness to offer yourself to lead and bring out the best in others that you work with and through to accomplish tasks.

According to Stephen J. Sampson in his book 'Leaders without Titles', leaders only need to influence others to shape their actions and opinions without necessarily having authority over them.

Joining Rotary last year 2022 has provided me more insights and built the spirit to serve humanity and position myself as a leader that will improve the lives of the people in the world.

God bless you.

By. Mark Stuart Ssonko.

WHAT ARE THE 10 PRINCIPLES OF GOOD PARENTING?

What are the 10 principles of good parenting?

1. What you do matters. Whether it's your health behaviors or the way you treat other people, your children are learning from what you do

2. You cannot be too loving. "It is simply not possible to spoil a child with love," Steinberg writes. "What we often think of as the product of spoiling a child is never the result of showing a child too much love.

3. Be involved in your child's life. "Being an involved parent takes time and is hard work, and it often means rethinking and rearranging your priorities. It frequently means sacrificing what you want to do for what your child needs to do. Be there mentally as well as physically."

4. Adapt your parenting to fit your child. Keep pace with your child's development. Your child is growing up. Consider how age is affecting the child's behavior.

5. Establish and set rules. "If you don't manage your child's behavior when he is young, he will have a hard time learning how to manage himself when he is older and you aren't around.

6. Foster your child's independence. "Setting limits helps your child develop a sense of self-control. Encouraging independence helps her develop a sense of self-direction. To be successful in life, she's going to need both."

7. Be consistent. "If your rules vary from day to day in an unpredictable fashion or if you enforce them only intermittently, your child's misbehavior is your fault, not his.

8. Avoid harsh discipline. Parents should never hit a child, under any circumstances, Steinberg says. "Children who are spanked, hit, or slapped are more prone to fighting with other children," he writes

9. Explain your rules and decisions. "Good parents have expectations they want their child to live up to," he writes. "Generally, parents overexplain to young children and underexplain to adolescents.

10. Treat your child with respect. "The best way to get respectful treatment from your child is to treat him respectfully," Steinberg writes. "You should give your child the same courtesies you would give to anyone else

Sourced by Rtn. Yawe Godfrey



KNOW MY UNIFORM

**@the second edition of the
“know my uniform fundraiser” for
MASAKA ROAD CORRIDOR CLUBS**

17TH FEB.



KNOW MY UNIFORM



25th
Marriage
Anniversary
of the Sebalus.

Visits to
Potential
Rotarians





**DGE FRANCISCO UNVEILING
HIS VISION AT THE DTTS THAT
TOOK PLACE FROM
THE 23TH OF FEBRUARY**





CLUB GUESTS PRESENTING (2ND FEB.)



Rotary
District 9213 & 9214



Rotaract
District 9213 & 9214



**IMAGINE
ROTARY**



Las Vegas Hotel, Mbarara

27th - 29th April 2023

Celebrating our communities

To register, login;

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