

Rotary
Nateete-Kampala



**Rotary Opens
Opportunities**

MPAGI NEWSLETTER

July 2020

We Fellowship Every Thursday

@ClubNateete

www.nateetekampala.org

Rotary Club of Nateete Kampala



14th Club President

Rtn. Margaret K. Magumba
RY 2020/2021

Dear friends,

I welcome you all to the Opportunity year 2020/2021. We praise God for having brought us this far. Our District Governor, Rosette Nabbumba Nayenga, all Opportunity District and Country officials, my colleagues, the Opportunity Presidents, congratulations for your successful Virtual and Scientific Installations. The IPDG, Xavier Ssentamu and all your connecting officials and Presidents for the year 2019/2020, we thank you for your outstanding performance during the year. Congratulations for having successfully completed the Rotary year 2019/2020.

I praise God for my installation as the club president for the year 2020/21. Glory be to Him. I thank members of the Rotary Club of Nateete for entrusting me with this top position of the Club.

June 25th, 2020, was the day of my installation as the 14th President of the Rotary Club of Nateete, Kampala. I thank Mr. John Fredrick Kazibwe, our Chief Guest and PDG Ken Mugisha, our Guest of Honour. Special recognition goes to the religious leaders headed by the Rt. Rev. Bp. Wilberforce Kityo Luwalira of Namirembe Diocese, who attended the function. DGN Mike Ssebalu, and our AG Hilda Mugoya, it's heartwarming that you witnessed the function. The installation committee members thank you for a well organized function.

In the same vein, I witnessed the installation function of Opportunity President Kizito Senyonga for the Rotaract Club of Nateete, on June 27th, 2020.

The function was presided over by PP Moses Baligeya. Congratulations, OP Kizito Senyonga.

As our Opportunity year commences, I am glad to report that our vibrant club members have already started tapping the endless opportunities, opened by Rotary and have created pathways for improvement of lives of others through service projects. Hence on July 7th, 2020, a visit was made to Sanyu Babies' Home, and a needs assessment was made in respect of the dormitory renovation for the Home.

The Rotary Club of Nateete, together with RC Namasuba, are to fundraise money and repair the leaking roof of the children dormitory – our Director Service Project, and your committee thank you.

I thank our club Treasurer, for having mobilized funds to pay our RI, District and Country Dues. Members of RC, Nateete thank you for your positive response towards this noble cause.

I thank Busega Lions buddy group for organizing our virtual fellowships this month. Our guest speakers – PAG Sam Mwanje, DGN Mike Sebalu, VCC Franscisco Semwanga, PAG Charles Kabunga and PAG Galabuzi, thank you all for the wonderful presentations. Directors Publicity and Administration thank you for roles well played.

Rtn Yawe, thank you for the Zoom connections, my special advisers PDG Ken Mugisha and all Past Presidents of RC Nateete, thank you for the guidance so far given to me; all members of RC Nateete, thank you for your support in this first month of the year.

Opportunity members, let us all work as a team in the remaining year 2020/21 and together continue to make our Rotary Club more visible and relevant to our society. God Bless you All.

OP Margaret Magumba (RC Nateete, Kampala)

MPAGI NEWSLETTER

June 2020



Handing over Leadership

Rotary Opportunities come in many ways

On so many occasions I have shared my Rotary/Rotaract life and how wide it has opened up opportunities for me. This is not only because such opportunities are just there for us to grab, but how best you position your self at a given time. I personally chose good and productive friends, accepted the different leadership positions including being Rotaract President, not forgetting I'm the president in waiting for the Rotary Club. Alleluiah!!!

May times opportunities are just at our door steps but we skip them, only to feel sad when those that picked them up on their way out are celebrating the results or outcomes, such as voluntary service that in the end turns out to be an employment opportunity, subsidized travels that save us hundreds of thousands that we would have required to save for years, the great knowledge and inspiration we acquire from the outstanding presenters at Conferences, etc.

As I conclude, I implore you to always see an opportunity in every moment, accept responsibilities even if it's as simple as giving a vote of thanks to a fellowship guest speaker, who knows someone would prioritize you for their next function as a Master of Ceremnies. Note: My first Rotary trip was to Jinja, not forgetting it was my first time to step in Jinja still and this was for a 3 days RYLA at 40,000/= inclusive of round transport and all meals.

Look for your opportunity, anywhere, any time.

Angel Kisekka

Past President, Rotaract Club of Nateete-Kampala

Executive Secretary & President Elect, Rotary Club of Nateete-Kampala



With Rotarians of Rubaga, Nansana and Makindye West posing with our certificates after Gorilla Tracking in Bwindi, December 2019

Husband borrowed 2,500 UGX from wife to buy airtime.

After a few days he again borrowed 2,500 UGX from wife to buy airtime.

When the husband asked her how much he owed her, wife said 41,000 UGX.

When asked for an explanation, wife gave the calculations below:-

1). 2 5 0 0 UGX
2). 2 5 0 0 UGX
Total 4 10 0 0 UGX



Husband is still searching for her maths teacher. 🥊🥊🥊🧑

Avoid borrowing from wives ... 😂😂😂

PP MAGGIE SEBALU



Mr. and Mrs. Brown had two sons. One was named Mind Your Own Business & the other was named Trouble. One day the two boys decided to play hide and seek. Trouble hid while Mind Your Own Business counted to one hundred. Mind Your Own Business began looking for his brother behind garbage cans and bushes. Then he started looking in and under cars until a police man approached him and asked, "What are you doing?" "Playing a game," the boy replied. "What is your name?" the officer questioned. "Mind Your Own Business." Furious the policeman inquired, "Are you looking for trouble?!" The boy replied, "Why, yes."

Rtn Miriam Serunkuma Nsubuga (PHF)

PR Director

DID YOU KNOW?

When you eat just 3 carrots...



3 carrots give you enough energy to walk 3 miles, and they were first grown as a medicine, not food.

If you care for your appendix


use lemon juice frequently



LETS ALL BE FATHERS

There's no getting away from the fact that it takes one ovum. One sperm and "one act of passionate coitus or meticulously planned insemination to make a baby", not forgetting the unplanned ways. In that respect genetics really do rule the roost. But, although necessary to create a child, biological fathers are not the only essential players in the game of raising a child or children. As family composition change and adapt to modern life, the "biological" argument becomes increasingly redundant.

Approximately 80 percent of men will become biological fathers at some point in time, and virtually all men have some connection to children as relatives i.e. brother, uncles or grandfather- legal guardians, biological, step or foster fathers, coaches, teachers or simply a community member whether they live with their children or not, men's participation in the daily care of children at all stages has profound and wide ranging impact that last a life time, whether these relationships are positive, negative or lacking and an enduring impact on women, men and the world around them.

It's in this point of direction that I want to say, men's involvement in any child's development is crucial. Often times, tend to ignore children because they are not your own, earn less, you divorced, baby mama too demanding, the mother is in a better financial position and you feel your involvement is not enough or uncalled for or all this wasn't planned. Let's not let our misfortunes drive what's ought to be received for the proper development of a child.

Planned or unplanned, rich or poor, related or not, in relationships or not, we ought to create time and conducive environment for our children "with OUR" I mean, all children irrespective of gender or tribe, yours or not etc. to fully maximize their rights, abilities and desires in order to have a meaningful life with equal opportunities.

I lost my Dad before making a year (RIP Dad), in real sense I only know him in one particular photo since these forks (family) are not good at keeping photo, but praise be to GOD that in his absence, my uncle (DAVID MUKWAYA) stepped in awesomely and later on my brothers. Unfortunately, he also passed on the moment I joined university. But, thanks to him and my brothers, I didn't not "miss" my father because I had "fathers" around me.

Am happy and grateful that such souls were a round for me, irrespective of your story, are you available for someone out there with or without a father especially those in un or underprivileged circumstances? Are you a father to your child/children? These are the questions men reading this piece should be asking themselves. Let's all be fathers.



BY: ALLAN MALCOLM M

LOCKDOWN PRISM.

Comrades, I cannot tell you more than you know about devastating effects of COVID-19. We were all shaken to the core by this pandemic. However, I want to thank you for enabling Deaf Development Foundation (DDF) to expediently respond to the needs of the Differently Abled Children (DACs) that we are committed to transforming into independent Ugandans. Poverty, ignorance and negative cultural attitudes has influenced marginalisation of 1,083,964 Ugandans living with hearing disabilities (UBOS 2014). 95% of these cannot read, write nor understand sign language. Uganda being a signatory to Sustainable Development Goals (SDGs) and the Convention on the Rights of Persons With Disabilities (CRDP), Deaf Development Foundation (DDF) is simply advocating for the implementation of the protocols therein for the inclusion of Differently Abled Persons (DAPs). Along the way, we have encountered vulnerable children for whom we have interested our DDF Samaritans to sponsor in deaf schools closest to their homes, which are often over 100km away. Extra effort is made to encourage some parents to visit their children in these schools or even pick them for holidays. Schools were closed on March 18, 2020. We stepped out to ensure our DACs are reunited with their families. As lockdown restrictions tightened, the hand to mouth syndrome was exposed. Most families clamoured for food support and DACs were now more susceptible to abandonment. Thanks to our DDF Samaritans, we managed to deliver the much needed food support to 37 families with with DACs, 9 deaf students from Congo at Immanuel Church of the Deaf-Kikoni (ICD). Thanks also to the Rotary Club of Nateete, 19 children at L'arche in Busega also received their fair share. Distribution become harder as movements were restricted. Thankfully, our partners at Special Children Trust specifically Ruth of SpinaBifida & Hydrocephalus Awareness Network Uganda (SHYNEA) and Florence of Mukisa Foundation lobbied aggressively and secured stickers that would enable us take children for non-negotiable medical attention. I literally turned into an ambulance of sorts and was busier than ever before. Chauffeuring DACs in the greater Kampala to and fro specialised healthcare.

In 2019, DDF boasted of Joel Odongo who excelled at his UACE exams thanks to his teachers, Robert Kilama, his sign language interpreter and interactions with his peers. Reproducing this success story in 2020 is next to impossible. Initiatives such as delivering lessons through local television stations were hatched to facilitate continuity of learning. The president actually promised to give radios and television sets to communities to meet the same goal. Sadly, as you can attest, there are no sign language interpreters on such learning programmes which renders the television useless to a learner with hearing disabilities that depends on sign language. This exposes the systematic exclusion that cannot be remedied by legislation but ethical consideration. Again, I thank you from the bottom of my heart for sharing the little you have. It has helped sustained us through this trying time. I urge you to also keep us in prayer as we beseech government to intentionally extend learning to all, including learners with hearing disabilities.



RTN. EMMANUEL JJUUKO

CONGOLESE DEAF STUDENTS VISIT





Meet Team Polio Committee, We serve with a smile

IPP Florence T, Rtn Sarah & Rtn Regina

What is Polio

It is an infectious disease caused by the poliovirus. It is transmitted through contact with an infected person primarily through the fecal-oral route. The virus enters the body through the mouth or respiratory system and multiplies in the throat and intestines.

How is Polio Treated

Once the virus that causes polio has infected a person, there is no treatment that will cure polio. Early diagnosis and supportive treatments such as bed rest, pain control, good nutrition, and physical therapy to prevent deformities from occurring over time can help reduce the long-term symptoms due to muscle loss.

How to Prevent Polio

The best way to prevent polio is by vaccination. The inactivated polio vaccine is given as a shot and is the only type of polio vaccine available. The oral polio vaccine was discontinued in 2000. Children should receive four doses of IPV vaccine starting at 2 months of age.

By: IPP Florence Tamale



MEMORIES-----



Looking back and I remember this when we enjoyed the beautiful ceremony of Rtn Florence Bulya's introduction with President Margaret Magumba.

Proverbs 18:22

He who finds a [true and faithful] wife finds a good thing And obtains favor and approval from the LORD.

Bishop Samuel Balagadde Sekadde blessed the occasion.

Rtn Bulya's introduction





**NEEDS ASSESMENT AT
SANYU BABIES HOME,
PRESIDENT MARGARET
MAGUMBA WITH THE
DIRECTOR OF THE HOME
M/S BARBARA MUTAGUBYA**



JOINT INSTALLATION OF THE ROTARACT CLUBS OF NATEETE KAMPALA AND MENG0 PRESIDED OVER BY ROTARY NATEETE-KAMPALA



RI PRESIDENTS MESSAGE

Rotary International News



Holger Knaack
President 2020-2021
Rotary International

Dear Rotarians, Rotaractors and Friends:

This does not seem like a time for a great optimism, but it has to be. Long before Rotary was founded, the world dealt with great crisis that tested humankind's ability to progress and endure. In the age of Rotary, the world has faced many more catastrophes; however, we have survived, and

every step of the way, Rotary has helped the world heal.

Every great challenge is an opportunity for renewal and growth. I revealed the theme of Rotary Opens Opportunities at the International Assembly in San Diego just as the COVID-19 crisis was beginning, but these are words that I have believed for many years.

Rotary is not just a club that you join; it is an invitation to endless opportunities. We believe in creating opportunities for others and for ourselves. We believe that our acts of service, large and small, generate opportunities for people who need our help, and that Rotary opens opportunities for us to live a richer, more meaningful life, with friends around the world, based on our core values.

Governments and institutions are gaining a greater appreciation for the types of public health partnerships that are critical to our work. People stuck at home, eager for greater connections and hungry to help their communities, are now embracing the values we have promoted since our beginning.

All of this is positive news, but just because there are greater opportunities than ever for Rotary to thrive

does not guarantee that we will succeed. The world is changing rapidly—and was doing so even before this crisis. People were starting to move away from regular lunch meetings and toward online gatherings. Friendship were being cultivated and revived in social media relationships even before more of our meetings moved to Zoom and Skype. Younger generations have a strong desire to serve—but have questioned whether they could play a meaningful role in organizations like Rotary or whether they might make a bigger impact forming different types of connections. Now is the time to put everything on the table, test new approaches, and prepare for the future.

The COVID-19 crisis has forced all of us to adapt. This is good, and our new Action Plan specifically calls on us to improve our ability to adapt. But adaptation is not enough. We need to change, and change dramatically, if we are to face the challenges of this new wage and provide the Rotary that the world so desperately needs.

This is our great challenge, not just in the next year but into the future. It is up to us to remake Rotary for these new times—to wholeheartedly embrace the ideas, energy, and commitment of young people eager to find an outlet for idealism. We must become an organization fully enmeshed in the digital age, not one that simply looks for online ways to keep doing what we have always done.

The world needs Rotary now more than ever. It is up to us to make sure that Rotary Opens Opportunities for generations to come.

Coming together is a beginning. Keeping together is progress. Working together is success. —Henry Ford



FELLOWSHIPS

MONDAY

Mengo	12:45pm	Pope Paul Mem. Centre
Kampala North	6:00pm	Nommo Gallery
Kampala South	6:00pm	Hotel Africana
Njeru	6:00pm	Nile Hotel, Ntinda
Kasangati	7:00pm	Kasangati Resort Centre
Kampala Munyonyo	7:00pm	Green Valley Gaba
Kampala Naguru	7:00pm	Hilton Gardens Inn
Mukono Central	7:00pm	Star Gardens Mukono
Namasuba	7:00pm	Sky Beach Freedom City

TUESDAYS

Sunrise Kampala	7:00am	Shanghai
Rubaga	1:00pm	Pope Paul Memorial
Ibanda	5:30pm	NBK Star Hotel
Iganga	6:00pm	Mwana Highway Hotel
Acacia Sunset	6:00pm	Uganda Museum
Kololo	6:00pm	Hotel Africana
Makindye	6:00pm	Mackinon Suites
Masindi	6:00pm	New Court View
Wóbulenzi	6:00pm	Networth Hotel
Nkumba	6:00pm	Areba Hotel
Kihihi	6:00pm	Suba Motel
Lukaaya	6:00pm	Jovena Hotel
Mbale	6:00pm	Mt Elgon Hotel
Kasese	6:30pm	Margharita Hotel
Bweyogerere Namboole	6:30pm	Mamerito Hotel
Kampala Impala	6:30pm	Kabira Country Club
Kyotera	7:00pm	Colombo Hotel
Bukoto	7:00pm	Kabira Country Club
Lubowa	7:00pm	Graces Restaurant
Kampala Naalya	7:00pm	Ndere Centre
Kisugu Victoria View	7:00pm	Shangri La Hotel-Kisugu
Buloba	7:00pm	Joggies Recreation ctre
Kisaasi Kyanja	7:00pm	Sweetland Gardens
Kampala Nsambya	8:00pm	Moonland Gardens

WEDNESDAY

Kampala Maisha	7:00am	Shangai Restaurant
Kampala West	1:00pm	Shanghai Restaurant
Kanungu Bwindi	5:30pm	King Lion Hotel
Kabarole	5:30pm	Toro Golf Club
Jinja	6:00pm	Crested Crane Hotel
Kabale	6:00pm	White Horse Regency
Arua	6:00pm	Heritage Inn
Bushenyi	6:00pm	Ankole Resort Hotel
Masaka	6:00pm	Masaka Sports Club
Mubende	6:00pm	The Club Mubende
Nansana	6:00pm	Ivory Hotel
Ntungamo	6:00pm	Sky Blue Hotel
Kampala Central	6:00pm	Hotel Africana
Soroti Central	6:00pm	Land Mark Hotel
Kumi	6:00pm	North Each Villas

Kyambogo	6:30pm	Sports View Hotel-Kireka
Muyenga	6:30pm	Hotel International
Entebbe	7:00pm	Lake Victoria Hotel
Kajjansi	7:00pm	NICAN Resort Kajjansi
Kiwatule	7:00pm	Kabira Country Club
Mukono	7:00pm	Collin Hotel Mukono
Portbell	7:00pm	Silver Springs
Nsangi	7:00pm	Club Quarters Nsangi
Rubaga Lake View	7:00pm	Jevine Hotel
Bugolobi MorningTide	7:00am	City Royale –Bugolobi

THURSDAY

Kampala Day Break	7:00am	Grand Imperial Hotel
Kampala	12:4pm	Sheraton Hotel
Mbarara	5:30pm	Hotel Kash
Hoima Kitara	6:00pm	Kantik Hotel
Bugiri	6:00pm	Gilga Hotel
Kalisizo	6:00pm	Tropical Gardens
Kampala Rainbow	6:00pm	Kolping Hotel
Kampala Sseese Islands	6:00pm	Nommo Gallery
Kayunga	6:00pm	Katikoomu S.C.
Kitgum	6:00pm	Bomah Hotel
Lira	6:00pm	White House Hotel
Mbarara East	6:00pm	Pelican Hotel
Rukungiri Central	6:00pm	Rukungiri Inn
Source of the Nile	6:00pm	Crested Crane Hotel
Tororo	6:00pm	Meritoria Hotel
Bugolobi	7:00pm	City Royale Bugolobi
Gaba	7:00pm	Green Valley Hotel
Gulu	7:00pm	Acholi Inn Gulu
Kampala East	7:00pm	Hotel Africana
Nateete Kampala	7:00pm	Ivys Hotel
Seeta	7:00pm	Ridar Hotel
Namugongo	7:00pm	Abba Hotel
Bwebajja	7:00pm	Cabana Rest. Kawuku
Makindye West	7:00pm	Makindye Country Club
Najjeera	7:00pm	Turvan Breeze, Najjeera
Ntinda Metropolitan	7:00pm	Nob View, Ntinda
Kitante	7:00pm	Hotel Protea
Kigo	7:00pm	Lake Victoria Serena Kigo

FRIDAY

Kibuli	6:00pm	Hotel Africana
Kabwohe	6:00pm	Sun Beach Hotel
Muyenga Breeze	6:00pm	Hotel Intern. Muyenga
Kyengeru	7:00pm	Sendi House
Ntinda	7:00pm	Noble View Hotel
Kampala Metropolitan	7:00pm	Mackinon Suites Nakasero
Kampala Kawempe	7:00pm	Tick Hotel, Kampala
Bweyogerere Central	7:00pm	Tarzan Gardens
Mutundwe	7:00pm	Arena
Kampala Seven Hills	6:00pm	Hotel Africana—BMK Hse
Kireka Movers	7:00pm	

SUNDAY

Muyenga Sunday Sunset	5:00pm	Hotel International
Seguku	5:00pm	Nican Resort Kajjansi
Bulindo	5:00pm	Canbery—Kira
Kiwenda	5:00pm	Hill Air Bar an Bristo



End of an era, Beginning of a new dawn

21ST – 24TH APRIL 2021 SPEKE RESORT MUNYONYO

Very early bird
(Up to 30th June 2020)

Rotarians - **\$150**
Rotaractors - **\$80**

Early bird
(Up to 31st Dec 2020)

Rotarians - **\$200**
Rotaractors - **\$100**

Register NOW and SAVE

Bank Details: (UG) Ac Name: Rotary Conference Collection Ac No: 3718000006, Centenary Corporate Branch
(TZ) Rotary Country Office



Registration: www.rotaryd9211.org
Chair Registration: **Peter Mukuru +256 772 412 830**

Youth On to DCA
(UG): **Rachel Kiwumulo +256 787 363 748**
(TZ): **June Russel Gondwe +255 718 515 490**

#DCA96 @D9211

NEW ROTARY AREA OF FOCUS

Supporting the Environment

