



MPAGI NEWSLETTER

July Edition 2023/24



**The
new
dawn!**





President, RC Nateete - Kampala's July Note

Dear friends, I welcome you all to the new year 2023/2024. We praise God for having brought us this far. Our District Governor, Francisco Ssemwanga, all Hope Creator District and Country officials, my colleagues, the Hope Creator Presidents, congratulations for your successful Installations.

The IPDG Peace Taremwa, and all your visionary officials and Presidents for the year 2022/2023, we thank you for your outstanding performance during the year. Congratulations for having successfully completed the Rotary year 2022/2023.

I praise God for my installation as the club president for the year 2023/24. Glory be to God. I thank members of the Rotary Club of Nateete for entrusting me with this top position of the Club.

On 22nd June 2023 was the day of my installation as the 16th President of the Rotary Club of Nateete, Kampala. I thank PDG Mike Kennedy Sebalu, our Guest of Honour. Special recognition goes to our District Governor Francisco Ssemwanga and the religious leaders headed by the Rt. Rev. Nathan Mulondo Namirembe Diocese, who attended the function. AG Susan Samula, Area Support Officer Masaka Corridor, Sam Mwanje and the District Treasurer Daniel Ddamulira, it is heartwarming that you witnessed the function. The installation committee members, thank you for a well organized function.

Members, allow me once again to congratulate our own, District Governor, Francisco Ssemwanga, for occupying the big office and running it so smoothly. RC Nateete is proud of you, our Governor, you have made history for us. Members, let us work as a team, and give him support during his term of office.

Members, Rotary cancer run is on Sunday, 27th August, 2023 at Kololo Ceremonial Grounds and in all major towns across the country and around the globe. I am happy that many of us are ready for it. I am confident that together, we shall create hope in the community and around the world by making cancer, history.

Friends, as we approach the Basic Education and Literacy month of September 2023, let us continue to work as a team, aiming at creating hope in our communities and the world at large.

God bless you all.

***RI President R.
Gordon Mcinally***



My Call to Action

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

R. Gordon R. McInally
RI President 2023-24



Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace.

R. Gordon R. McInally, RI President 2023-24

**Francisco
Ssemwanga
District Governor,
D9214**



The end of an Era marks the beginning of a new one

Fellow Rotarians, Rotaractors and friends of Rotary,

I warmly welcome you to this New Rotary Year 2023/2024!!! I would start by congratulating my brother and leader, the Immediate Past District Governor Geoffrey Peace Taremwa for the Visionary Leadership, the Visionary Presidents and all Rotarians for Imagining Rotary in 2022/2023. I want to pledge that I am going to take it from there as the new leader of this great District by consolidating our achievement of 2022/2023 and build on them to take our District to the next level.

I would like to congratulate our Hope Creator Presidents, the Country and District officers of 2023/24 upon your election and appointment to these offices. We have conducted Numerous trainings like the District Team Training Seminars, President Elect Training Seminars, Club Officers Training Seminars among others. I am greatly indebted to the District Training Team led by Past District Governor Harish Bhatt, the Vice District Trainer Apollo Ampumwize, the Secretariate including the Country Chairs for a job well done.

This Rotary Year, our International President Gordon McInally has asked us to Create Hope in the World. We are therefore going to do this by doubling our efforts in the Service to Humanity that we have been offering through Our Seven Areas of focus. As your team leader, I have requested you to grow Our Membership through more recruitment, sponsoring new clubs but ensuring "Quality at the Gate". Most importantly, lets focus on member Retention through Engagement of our existing members and giving great experience and value to them in our respective clubs. With more members, we shall be able to get more Helping hands on the job hence Creating Hope.

We are also going to Create Hope in the World through Increased support to our Rotary Foundation by donating more and utilizing from the Foundation.

This will enable us to do bigger, bolder and impactful projects hence Increasing Impact.

Our signature Project is on Basic Education and Literacy. We are going to Create Hope in the World through construction of school buildings, offering scholastic materials, providing clean safe water to schools, paying fees to needy children. Career guidance and counseling in schools, among other interventions. Remember, Education is an Equalizer, Enabler, Energiser, Empowers and traverses and supports all the other six Areas of Focus of Rotary. We are going to Create Hope in the World by working closely with our Youth, the Rotaractors and Interactors.

Rotaractors are now our partners in service and no longer a program of Rotary. With elevate Rotaract, we are tasked to jointly work with our Rotaractors, support them get Global Grants but most importantly, continuing to mentor, nurture and guide them in developing their leadership, Professional and Business skills. By empowering our Youth, the future of Rotary will be guaranteed in terms of continuity.

Dear friends, I want to state that I am ready and fired up as your team leader to support and guide our Clubs to achieve all our goals we have set. But remember, my energy to serve is generated from you and I will be counting on each and every one of you in this great journey of Service to Humanity of Creating Hope in the World.

***Yours in Rotary,
Fransisco Ssemwanga
District Governor, D9214***



MOMENT OF TRUTH
 By Rtn. Florence Kibirango,

It was all joy and happiness on 22nd June 2023 for Hope Creator President, Miriam Serunkuuma-Nsubuga as she took on the baton from the Visionary President Herbert Nankola, to become the 16th top leader of RC Nateete-Kampala. We congratulate you most sincerely, HCP Miriam. We have great hopes for the year. We pledge to work with you to support all your future goals, as we strive to create hope in the world.

Hope makes all things work for the good.

UNITY IS STRENGTH

A man who calls his kinsmen to a feast does not do so to redeem them from starving. They all have food in their own houses. When we gather in the moonlight at village ground, it is not because of the moon. Every man can see it in his own compound.

We come together because it is good for kinsmen to do so. Therefore let us continue with the team spirit and enjoy the power of togetherness. Let's smile not because we don't have problems but because we are stronger than the problems_....

*Alone I can smile but together we can laugh

*Alone I can enjoy but together we can celebrate

*Alone I can talk but together we can speak

Let's promote things that unite us than things that cause disunity

*Unity is great strength

*Everyone is important according to their own unique purpose

Never look down on any body unless you are admiring their shoes

By: Lunguja Elephants Buddy Group_

WHAT A BLESSING!

Kiwedde! A blessing indeed, a great honour, and we can never cease to praise and thank the Almighty God.

History has been made. RC Nateete-Kampala, a surbaban club on the outskirts of Kampala city, has produced a District Governor, for District 9214, Rotary Year 2023-2024.

DG Francisco Semwanga joined RC Nateete at a very young age. As a charter member, and an educationist by profession, he quickly sprung into action, impacting those around him. He is an achiever in life who is not shy to share his story to inspire us all. Your club, Nateete-Kampala is prepared to work with you, to support you, to achieve greater heights, as we strive to create hope in the world.

DG Francisco is a major donor, who has made meaningful and lasting contributions to the global community. You have performed well on the Rotary stage, and we are so proud to be associated with you.

Hope makes all things work.

***By Florence Kibirango,
Lunguja Elephants***



IT PAYS TO BE POLITE AND RESPECTFUL

**By: PP Baligeya Moses Mufumbiro,
Busega Lions buddy group**

When Nelson Mandela was studying law at the University, a white professor, whose last name was Peters, disliked him intensely.

One day, Mr. Peters was having lunch at the dining room when Mandela came along with his tray & sat next to the professor.

The professor said,

"Mr Mandela, you do not understand, a pig & a bird do not sit together to eat"

Mandela looked at him as a parent would a rude child & calmly replied,

"You do not worry professor. I'll fly away," & he went & sat at another table.

Mr. Peters, reddened with rage, decided to take revenge.

The next day in class he posed the following question:

"Mr. Mandela, if you were walking down the street & found a package, & within was a bag of wisdom & another bag with money, which one would you take?"

Without hesitating, Mandela responded, "The one with the money, of course."

Mr. Peters, smiling sarcastically said,

"I, in your place, would have taken the wisdom."

Nelson Mandela shrugged & responded, "Each one takes what he doesn't have."

Mr. Peters, by this time was about to throw a fit, seething with fury. So great was his anger that he wrote on Nelson Mandela's exam sheet the word "IDIOT" & gave it to the future struggle icon.

Mandela took the exam sheet & sat down at his desk trying very hard to remain calm while he contemplated his next move.

A few minutes later, Nelson Mandela got up, walked up to the professor & told him in a dignified polite tone,

"Mr. Peters, you signed your name on the sheet, but you forgot to give me my grade."

As we create hope in the world this Rotary year. May the Lord give us wisdom to respond to our haters, not to hate back but apply wisdom!

Take care of your loved ones and be an icon of home!

JOKES:

THE FAKE REPORT CARD:

I failed the first quarter of a class in middle school, so I made a fake report card. I did this every quarter that year. I forgot that they mail home the end-of-year cards, and my mom got it before I could intercept with my fake. She was PISSED—at the school for their error. The teacher also retired that year and had already thrown out his records, so they had to take my mother's "proof" (the fake ones I made throughout the year) and "correct" the "mistake." I've never told her the truth.



ROTARY MAKES HELP HAPPEN - WOMEN'S LIVES ARE SAVED

We were privileged to host Dr. John Kennedy Mutesasira, a Medical Officer in the Pediatrics department of Mengo Hospital, as our guest Speake on the topic: ***“Survival, thriving and transforming chances of newborns, an urgent global challenge”***. As a rotarian, I found the topic both educative and pertinent, especially as it is one of the areas of focus this rotary year.

It is crucial that communities are provided with information on pregnancy, childbirth and maternal and child healthcare so that they know when medical help is needed. Most maternal deaths are preventable, and the health care solutions to prevent or manage health outcomes of mother and children are well known. Health care services are provided for by health care professionals in a health care facilities; and include among others:

- Antenatal care visits to health care facilities during pregnancy, are intended to ensure that women have safe pregnancies. Antenatal services are not only for birth preparations, but also for educating and providing needed health care for mothers and the babies they are carrying. Mothers should prepare their bodies by eating the right foods, getting enough rest and having in a good and supportive environment to prevent dying as a result of complications during pregnancy and childbirth.
- Postnatal care: Following childbirth, a woman and her new born baby must visit a health care facility for routine examinations, scheduled check-ups, and awareness training. Mothers should be made aware of the importance of eating healthier balanced food, drinking plenty of clean, safe water. Personal hygiene is particularly important to prevent infections to both mother and baby.
- Safe motherhood and child delivery: This involve family support, especially from male parents (fathers) to create a safe environment, and foster other good family care practices such as: immunization and disease prevention; breastfeeding; family planning to ensure appropriate spacing of children; and mothers' need to regain their health and energy before becoming pregnant again.

Some of the barriers contributing to low utilization of maternal and child healthcare in our communities include; poor knowledge and awareness, poverty, lack of women empowerment, shortage of facilities, socio-cultural values and norms, and others. Services cannot be delivered properly if the consumer is not aware of the benefits.

That is why ROTARY made maternal and child health, one of its main focus of attention this rotary year. Rotary provide education and awareness available to mothers in need. Communities are provided with the help and training to take control of their own maternal and child health care.

In a bid to support the Maternal and Child Health (MCH), RC Nateete-Kampala, donated Tricycle village Ambulances to Busiro to help, especially those mothers going through labour. Thank you to Rotarians!!

ROTARY MAKES HELP HAPPEN.

Article by : Florence Kibirango (Buddy Group Lungujja Elephants)



Some health posts are too good, just like some motivation speeches! But if the experiment is as simple as eating nice fruits, why not try it!

URGENT

A British doctor kills cancer simply, even if the person is in his last days...!!!

Hope everyone reads and benefits.

Eat fruit on an empty stomach

This will open your eyes!

Dr. Stephen Mac treats cancer patients through an "unconventional" method and rescues many patients.

Before, he used solar energy to treat his patients' illnesses and said, "I believe in the body's natural cure against illness."

It is one of the strategies to treat cancer recently and the success rate in cancer treatment is around 80%.

A cancer patient should know that a cure has already been found* and it is, *in the way we eat fruit*.

Believe it or not, I feel sorry for the hundreds of cancer patients who die from conventional treatments.

Eat fruit

We all think that eating fruit means: buying fruit and cutting it and then just eating it.

It's not what you think it is. It is important to know how and when to eat fruit.

What is the correct way to eat fruit?

Do not eat fruit after a meal

This should be eaten on an empty stomach

If you eat fruits on an empty stomach, they will play a very important role in detoxifying your body and provide you with lots of energy for weight loss and other life activities.

"Fruit is the most important food"

Let's say you ate two slices of bread and then ate a slice of fruit.

The fruit slice is ready to go straight from the stomach to the intestines, *but* *has been stopped* why? Because he ate the bread before the fruit.

Meanwhile, all the bread and fruit will rot and ferment and turn to acid.

So please eat the fruit on an empty stomach *or before meals*

Have you ever heard people complain:

Every time I eat watermelon, I burp

Or, eating the fruit makes my stomach bloat*

Even when I'm eating bananas, I feel like going to the bathroom...etc, etc.

Actually, all these problems will NOT occur if you eat the fruit on an empty stomach

Because if you eat the fruit on a full stomach, it will mix with other foods that are already being digested and produce gas, and you will feel bloated!

* You won't have tremors, baldness, anger and dark circles, * if you eat fruit and have an empty stomach *.

All fruits become alkaline within our bodies, according to Dr. Herbert Shelton, who has conducted a series of investigations into the matter.

If you control the correct way to eat fruits, you will have the secret of beauty longevity... health, energy, happiness and normal weight*

When you want to drink fruit juice * Drink only fresh fruit juice * and not from cans, bags or bottles

Do not drink juice that has been heated.

Don't eat cooked fruit, because you won't get the most beneficial nutrients.

Cooking destroys vitamins.

But eating whole fruit is better than drinking juice.

If you want to drink fresh fruit juice, let the juice mix with your saliva before swallowing.

Shalom Hope Creators.

The mental health benefits of forgiveness:

Forgiveness is much more easily discussed than accomplished.

New research demonstrates that forgiveness improves mental health and well-being. The action of forgiving is beneficial in helping to reduce anxiety and depression and improve sleep.

Forgiveness is a skill that can be learned and let's create hope by learning the skill of forgiveness....(Busega Lions Buddy Group)

Peace is all we need

Peace I leave with you my peace I give to you .Not as the world gives, do I give.Let not your hearts be troubled nor afraid.' Peace is a five letter word we think we know, but we don't. What is peace?Most people ask themselves, along with others, this question but never know the full context. Peace is a state of tranquillity, the absence of war without argument.Peace is derived from different factors, including from within yourself and from the surrounding.

To attain this state of tranquillity ;

- One must have the ability to forgive oneself and others.Forgiveness doesn't make you weak, but it sets your soul free.

One must have the ability to not hold a grudge ,a grudge doesn't affect the other person but only imprisons your inner peace.

- One must have the ability to always say the truth regardless of the circumstance. The most difficult thing on earth is to sustain a lie that only feeds on tranquillity

-One must have the ability to accept everyone.Judge not for you will not be judged, thus protecting peace yours and of others

-One must have the ability not to complain but accept what The Almighty gives.Peace faces a constant battle with her enemies,just like other good thing in the world, including

-Anger defined as the state of frustration with either yourself or others.On the account for others,anger towards them never affects them, it only hurts you and your inner being.It disturbs your peace cause you are renting space in your head and mind for people who are not worth it.

By: Rtn Margaret Rwahire (Busega Lions)

Then anger towards yourself over past mistakes or shortcomings only fuels guilt that clouds and rains over your tranquil state of mind.

-Secondly comes jealousy existing as one of the seven deadly sins derived from lack of content only leaving you to look upon the others with what you think you need eventually ruining your inner peace .Everyone irrespective of race, gender or status has exactly what they want and need,you only need to learn how to use it.

Anxiety is caused by so many background noises like unnecessary pressure ranging from work to home or never really knowing if what you're doing is ever enough or ever right.This state of unanswered questions and pressure feed insatiably on your inner peace

- Worry,another five letter borne to trouble not only your mind ,soul, and heart but also your inner tranquillity. It leads one to not only forget how much they have overcome to attain this state of tranquillity but a deadly cause of depression that most lethally imprisons your peace.

Peace is not got from Money many people are rich but have no peace Peace is not got from respect honor and blessings many people are highly respected and honoured but have no peace. Peace is not got from the children you have many have children but have no peace the peace that surpasses peoples understanding is got from the all Mighty. If you are depressed you are living in the past If you are anxious you are living in the future.

ENDEAVOUR TO HAVE PEACE AND TRUST IN THE ALMIGHTY.

Praise God to you all Rotarians,

Rotaractors, guests & friends of Rotary.
Am pleased & excited to be the incoming Executive as Secretary & be part of this Hopeful Board under the leadership of Hopeful President Miriam Nsubuga Serunkuma.

It's so amazing to be the President's secretary of Governor's club of Rc Natete kila led by Hopeful Governor Fransisco Ssemwanga, Wuuuuuuuuuuuuuuulu,.

So excited to see this happening, a very big milestone & to serve beyond the Club.

Its always unique year full of Blessings, Blessings to see the Club move the flag high and scale its greater Heights ""

To Visionary President Herbert Nankola, Thank you for allowing me to serve on your Board as a club Admin.

I Appreciate your Visionary ideas, your personality, patience, kindness, love, Determination Generosity, & being a Humble in your leadership skills.

I've learnt alot from you in my Journey of Rotary.

I'll never forget, how you would manage hiccup situations, you handle them in simple way with a smile""

That Wisdom & courageous was guided by the Holy spirit. (Isiah 41:6-12)

" Dont be afraid am with you ""

To my President Miriam, "" The quote for you is from the Book of Rev 1:1

God gave this revalation of his plan to Jesus christ who in inturn revealed it to John.

President Miriam, identify God's plan for the end of your year.

As you reveal your plans, dont focus so much on time table of the events or details of members imagery that you miss the main message.

The infinite love, power and Justice of the lord Jesus christ.

Grace, peace and love be with you in the new calling !

To our Governor Fransisco Ssemwanga, you're a Blessing to the Rc club Nateete Kampala.

Ps 126: 1-6

When the lord turned again the Captivity of zion, we were like then that

dream',

This is yet a more concetrated energy drink from heaven that is called Joy Unspeakable "" ps 89-84

Joy Unspeakable enables you to do miracles that even you will think you are dreaming when you Remember them.

Also, gives you the ability to do the kind of miracles to share with people, as they may not be able to Believe them.,

Father, empower me so mighty that I'll begin to experience miracles that people will find hard to Believe, in Jesus name.

There shall be showers of Blessings

Blessings;

This is the promise of love: There shall be seasons of refreshing, sent from the saviour above, Refrain: showers of

Blessings.

- Precious reviving again, Over the hills and Valleys, sound of abundance of rain send them uponus

oh Lord!

-Grant to us a refreshing, come& now, honour thy word.

-Oh that today, they might fall now as to God we're confessing, Now as on

Jesus we Call!!

To God be the glory, Hallelujah Hallelujah, Grace be with you .

Yours

**Rtn Sylvia Mayambala
Club Admin**

MUTUNDWE GIRAFFE BUDDY GROUP

1. Kizza Sebunya
2. Lubega Dorcas
3. Mayambala Sylvia
4. Nakkazi Musoke Harriet
5. Sebadduka Mary Kidde
6. Sempira Samuel Mukasa
7. Serwadda Patrick Gonzaga
8. Yawe Godfrey
9. Doreen Ninsiima

NATEETE ZEBRA BUDDY GROUP:

1. Bulya Florence Hope
2. Mawejje Harriet
3. Kisekka Angel
4. Musoke James Nsubuga
5. Namusaazi Annette
6. Nassali Teddy
7. Ssemuju Salim
8. Semwanga Francisco
9. Onshaba Betty Muwonge
10. Ssonko Mark Stuart
11. Ssenyonjo Godfrey
12. Lubowa Ronald

MAY THE BEST

TEAM WIN

BUSEGA LIONS BUDDY GROUP

1. Baligeza Moses Mufumbiro
2. Ikyimaana Farida
3. Katamba James
4. Kibalama Regina
5. Kiggundu Henry
6. Sentongo Pauline Kalule
7. Nsubuga Charles Dickens
8. Sebalu Margaret
9. Tamale Florence
10. Kabugu Susan
11. Katimbo Julius

LUNGUJJA ELEPHANTS

1. Kalyesubula Christopher
2. Kibirango Florence
3. Nabagereka Sarah
4. Nsubuga Miriam Serunkuuma
5. Sekabira Gertrude
6. Nankola Herbert
7. Magumba Margaret Kalungi
8. Edward Ssenkindu
9. Madrine Ssanyu
10. Namata Julian

MAY THE BEST TEAM WIN.

In a bid to encourage active participation in rotary club activities, a trophy has been introduced to be awarded to the best performing buddy group, every four months.

An Appraisal team w has been instituted to carryout weekly ratings for Buddy groups in the listed category of activities:

1. Attendance (10)
2. TRF contributions (10)

3. Polio contributions (10)

4. Visits other clubs. (10)

5. Membership sourcing (10)

6. Buddy creativity (10)

7. Project visits (10)

8. Articles to Mpagi (10)

9. Club dues (10)

10. Social activities /Kimeeza (10)

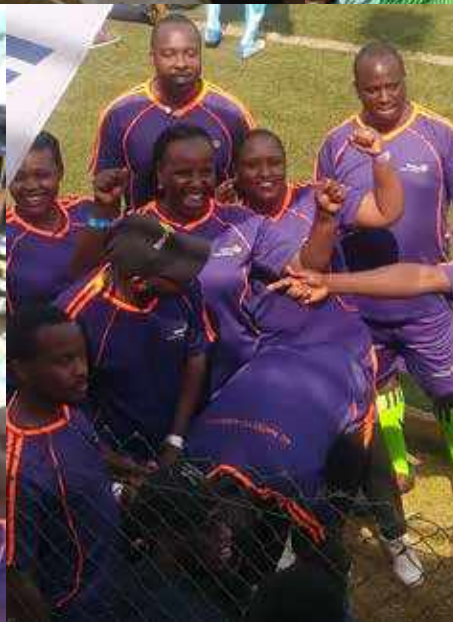
On top of the trophy the best performing team will be given a goat for roasting.

LET THE GAME START.



*District Governors
and Rtn. General Katumba Wamala
were all out to support their teams
at the 5A-side football competition*





ROTARY 5-A-SIDE

DG Semwanga joined his RC Nateete-Kampala team, and participated in the 5Aside competition.

Happy Birthdays



July Babies



HAPPY BIRTH DAY!



On 1st June, a beautiful baby was born. Dear Rtrs/Rtns, join me to wish Rtn Grace a happiest birthday. Congratulations!



On 13th June, an innocent baby boy was born. Dear Rotarians, join me to wish Rtn PN James Musoke Nsubuga a happiest birthday. Congratulations PN James

Happy Birthdays



HAPPY BIRTH DAY!



On 20th June, a beautiful girl was born. Dear Rotarians, join me to wish Rtn Dorothy happiest birthday. Congratulations nyabo



HAPPY BIRTH DAY!





On 21st June, a beautiful, jolly and active baby girl was born. Dear Rotarians, join me to wish Rtn Regina Kibalama a happiest birthday. Congratulations dear girl. Enjoy your day.



On 27th June, a Judge was born!! Dear Rotarians, join me to wish our own PP Moses Mufumbiro a happy birthday. Congratulations PP Moses. Enjoy your day.

Happy Birthdays



On 24th June, a cool and organized baby boy was born. Dear Rotarians, join me to wish Rtn Henry Kiggundu a happy and blessed birthday. Congratulations Rtn Henry. Enjoy your day.

Happy Birthdays



DG Francisco Semwanga is a man of action. These are some of his first activities performed as Governor, in July 2023, his first month of duty.



**At
Lutoboka
for a
Health Camp**



*Thank
you*
From
Rtn. Florence
Kibirango
(CLUB PR)



BUSEGA LIONS, BUDDY GROUP FOR THE MONTH OF JULY



ANNUAL FASHION SHOW FUNDRAISER



Healthcare, Water, and Quality Basic Education Education among the Unprivileged in Uganda communities

Date: Saturday 11th November 2023
Venue: MENGO TEACHER'S HALL

[@ClubNateete](#) [Rotary Club of Nateete Kampala](#)

Rotary 

 RotaryCancerRun  @UgRotaryCancerP
#RotaryCancerRun23

ROTARY
CANCER
RUN **2023**

REGISTER
NOW!

SUN
27
AUG
RUN FOR HOPE

To register, click the link or scan the QR Code below:
<https://tickets.ugandarotarycancer.org/>



Registration Fee
30,000/=
comes with a vest

Rotary 
District 9213 & 9214

Rotaract 
District 9213 & 9214


CREATE HOPE
in the WORLD

 **99th**
DISTRICT CONFERENCE
MUNYONYO
25th - 28TH APRIL 2024

Early Bird
Registration

30th Apr - 31 Dec 2023

Rotarians: \$200

Rotaractors: \$120

<https://munyonyo.rotarydiscon.org/>

