



# MPAGI

## NEWS LETTER

### NOVEMBER EDITION



**We Fellowship Every Thursday, 7pm**



@ClubNateete



[www.nateetekampala.org](http://www.nateetekampala.org)



Rotary Club of Nateete Kampala

## Visionary President **Herbert's Note**



The month of November was TRF month. Rotarians do good to the communities around by contributing to the TRF. As a club we continue giving to TRF through different avenues. We are so grateful to all members who have contributed and continue contributing. We recognise and celebrate our Major donors and PHF members.

Busega lions once again organised very exciting and engaging fellowships. We had very productive speakers throughout the month

The month of December, is a month for celebrations and we do expect to have our club assembly where we will be voting in our future leaders but also we shall have Christmas carols on the 22nd December, I call upon all of us to attend this very exciting fellowship.



**Jennifer E. Jones**  
RI President 2022/23

## Hope for fighting a global scourge

“

*Partners for a Malaria-Free Zambia is Rotary's first Programs of Scale grant recipient, and it is saving lives. Across two provinces of Zambia, 2,500 volunteer health workers have been selected by their communities. They are trained to bring medical care closer to those who need it, and they are able to diagnose and treat malaria and other ailments.”*

While sitting with a group of Rotary leaders outside of Lusaka, Zambia, I ask a question: "How many of you have ever had malaria?" Every hand in the room goes up. They even begin to tell me about the first, second, or third time they experienced the disease, one of the main causes of death and sickness in many developing countries.

They are fortunate. They have access to medical treatment and lifesaving medicines. For the people of rural Zambia, their story is very different.

On a wooden bench in a small village, I sit with Timothy and his young son Nathan. With a camera crew capturing our conversation, he tells me of the time Nathan showed signs of malaria. He brought the boy to the nearby home of a community health worker, where Nathan quickly received medicines that in all likelihood saved his life.

Calmly, Timothy tells me about his other son's bout with the disease a few years earlier. He had to race that son to a medical clinic more than 5 miles away. Riding a bike and carrying his child on his back, he tells

me, he could feel his son's legs turn cold and then his little body go limp. As he finally entered the clinic, he screamed for help, but it was too late. The camera stops rolling, and we sit in silence. He begins to weep, and I hold him tightly. "I lost my son, I lost my son," he says.

This story is all too familiar for the families we meet over the next few days. And yet there is hope. Partners for a Malaria-Free Zambia is Rotary's first Programs of Scale grant recipient, and it is saving lives. Across two provinces of Zambia, 2,500 volunteer health workers have been selected by their communities. They are trained to bring medical care closer to those who need it, and they are able to diagnose and treat malaria and other ailments. I invite you to read in this issue about Rotary partnerships that create lasting change.



**Peace Taremwa**  
District Governor 2022/23

## Message from District Governor

Dear fellow Rotarians, When Anna and I started this Rotary journey with you in July, we could not have fully imagined the beautiful and inspiring experiences that we have been sharing with you. This Rotary year is already, but only, half-way through. Rotarians in District 9214 have had a very busy year. We all are impressed with the wide range of community activities, the very many projects visited during my official tours and a huge number of volunteer hours that we have donated to support our communities. Thank you, our Visionary team leaders and your members.

We have visited almost 90% of our clubs and there is something quite different about each Club. I highlight some of the differences in my weekly messages so that you can all get a taste of what other Clubs are doing whether it is attracting new members, giving to the Rotary foundation, renewing aspects of a Club, working with our Rotaractors, or carrying out innovative projects that make a significant impact.

Traditionally, December was celebrated as the Family of Rotary month but in today's calendar, December is a time to focus on Disease Prevention and Treatment. Last month, WHO Director-General Dr. Tedros Adhanom Ghebreyesus and Rotary International President Jennifer Jones discussed the work the two organizations have done together for decades to eradicate polio and how we will continue to work together on a healthier future for mothers and children.

While Rotary's largest international initiative is

to eradicate polio, there are many more projects in local communities that help define disease treatments. This month, I'd like to challenge you to think imaginatively about how we might do more to support this area of focus. I welcome on board the intervention by the Ministry of Health in Uganda by providing to all local governments a cool UGX 23bn for the door-to-door polio vaccination where Rotary clubs have been invited to participate. The good news is that there is a need in every area where our clubs meet. Consider the numerous initiatives in these areas and do something in the community surrounding your club's fellowship location.

*Throughout my official visits to clubs, I have discussed with the Presidents and Boards of the clubs the value of monthly reporting and the importance of sharing these reports with every club member. We are already in the sixth month of this visionary year. I will be delighted if every club prepares and shares the semiannual progress report.*

January 2023 should bring new energy, and your first six-month report (July – December) should serve as a motivator for members to do their best in the final leg of our tour of

duty.

I'd also want to join the DICSON organizing team in starting the countdown to the early bird registration deadline for the 98th District conference and assembly. Join the countdown by making your complete payment by December 31st. Commemorate the start of 2023 as a fully registered delegate and be prepared to celebrate our communities.

Finally, this month, many of us will celebrate the holidays with our immediate and extended families. Let us not forget to take a moment to cherish those in our clubs and community who have no family or who recently lost family or who will be in dire need this holiday. Don't send them just akawoowo (good smell) during Christmas! Let us renew our commitment to Service and to each other. The work that we do is needed by our communities. They are counting on us not only to be successful community persons but to perform significant community acts.

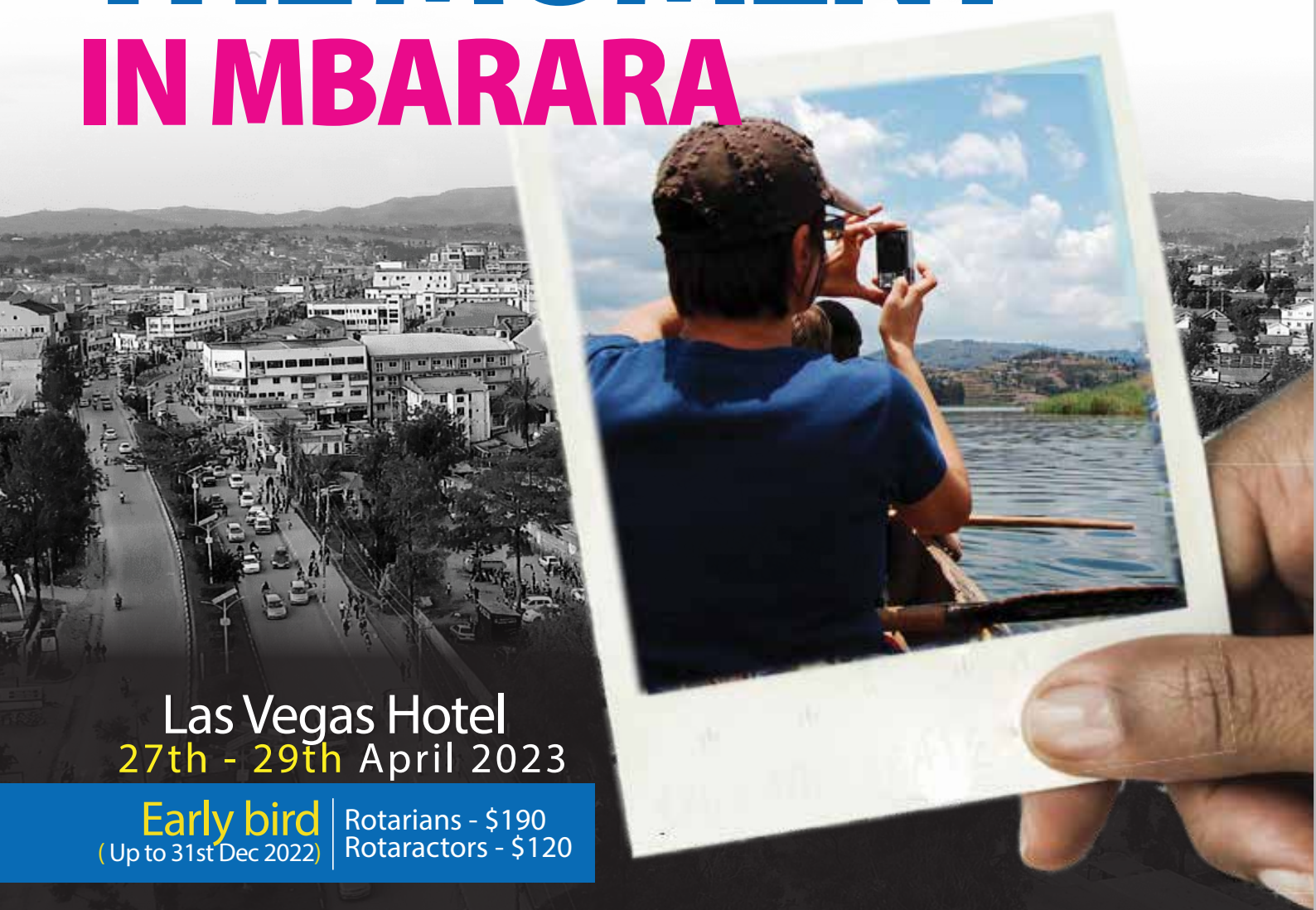
Let us recommit to moving from Success to Significance.

Our family wishes you love, joy and peace during this festive season.





# CAPTURE THE MOMENT IN MBARARA



Las Vegas Hotel  
27th - 29th April 2023

**Early bird**  
(Up to 31st Dec 2022)

Rotarians - \$190  
Rotaractors - \$120

Registration  
contact information:

Chair Registration: Ivan Atwiine  
Tel: 0758254956, 0775540708

Vice Chair: Annie Ninyesiga  
Tel: 0782393902

Email: dca98@googlegroups.com

To register, login; <http://rotarydiscon.org>

#98THDISCON



## Holy Laugh

During Sermon at a Sunday service, the Pastor said:

"If I had all the Beer in the world, I'd take it and throw it into the river".

And the congregation cried, "Amen!"

"And if I had all the Wine in the world, I'd take it and throw it in the river".

And the congregation cried: "Amen!"

"And if I had all the Whiskey and Rum in the world, I'd take it all and throw it in the river".

Again the congregation cried: "Amen!"...

The Pastor sat down.

The Junior Pastor then stood up and said:

"For our closing Hymn, let's turn to page 126 of our Hymn books and sing, 'We shall drink from the river'".

The whole Congregation SCREAMED HALLELUJAH!



By: PP Maggie.



## “There was a certain rich man

who was clothed in purple and fine linen and fared sumptuously every day. But there was a certain beggar named Lazarus, full of sores, who was laid at his gate, desiring to be fed with the crumbs which fell from the rich man's table. Moreover the dogs came and licked his sores. So it was that the beggar died, and was carried by the angels to Abraham's bosom. The rich man also died and was buried. And being in torments in Hades, he lifted up his eyes and saw Abraham afar off, and Lazarus in his bosom. "Then he cried and said, 'Father Abraham, have mercy on me, and send Lazarus that he may dip the tip of his finger in water and cool my tongue; for I am tormented in this flame.' But Abraham said, 'Son, remember that in your lifetime you received your good things, and likewise Lazarus evil things; but now he is comforted and you are tormented. \*And besides all this, between us and you there is a great gulf fixed, so that those who want to pass from here to you cannot, nor can those.

By: PE Miriam



## How important is Communication

If there is no communication, then there is no respect.

If there is no respect, then there is no caring.

If there is no caring, then there is no understanding.

If there is no understanding, then there is no compassion.

If there is no compassion, then there is no empathy.

If there is no empathy, then there is no forgiveness.

If there is no forgiveness, then there is no kindness.

If there is no kindness, then there is no honesty.

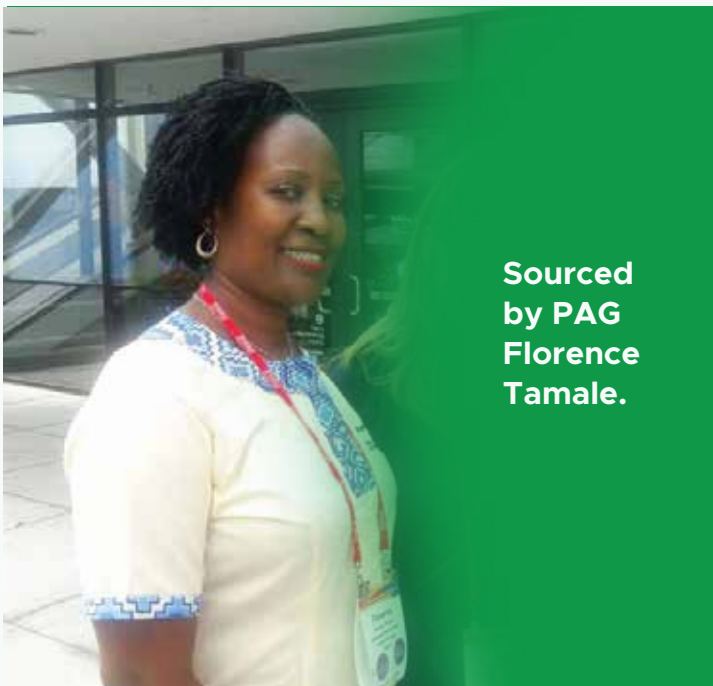
If there is no honesty, then there is no love.

If there is no love, then God doesn't reside there.

If God doesn't reside there, then there is no peace.

If there is no peace, then there is no happiness.

**Shannon L. Alder**



Sourced  
by PAG  
Florence  
Tamale.

***IF THERE IS NO HAPPINESS ---  
-THEN THERE  
IS CONFLICT BECAUSE THERE  
IS NO COMMUNICATION!"***

## STRANGE THINGS WE DO IN AFRICA IN THE NAME OF "IT'S OUR CULTURE."

1. We care more for the dead than we do for the living.
  2. We spend more to bury a person than we do to save their life.
  3. We will not travel to go see a sick relative but will travel to bury him /her.
  4. People will rarely respect you while alive but will want to "pay their last respects" to your casket.
  5. A person may NEVER receive roses in their entire life but they will get lots dumped on their graveyard!
  6. We will spend a night at a neighbour's funeral and it will be our first time to see the inside of their house!
  7. No one gives a damn to know your village until you die and they will all fill car after car to "escort" your corpse.
  8. We will take the dead to the mosque/temple/church knowing fully well they had nothing to do with worship while alive.
  9. We might not have granite tops in our kitchens but use the granite in the graveyard!
  10. An entire village might not have a single house with cement floors but the only place with cement will be a graveyard!
- It is proposed we have "Cultural Reforms".  
We have a culture of "hypocrisy"  
... a culture that is "Pro-death" and NOT "Pro-life!"\*

*We need to value life BEFORE death. This got me thinking twice.*



DGE  
Francisco  
Ssemwanga



## My Mission Green Experience.

It was a great day full of joy, the Club was able to support DGE Francisco at his new Campus at Lubaga Mixed Higher School - Jjeza by planting 150 tree under the them Saving My Environment. The trees included different species like Cash nuts, Mangoes, Avocado, Jack fruit, Markdemia, etc. The team had a great time full of fun while saving the environment.

Each member was given an opportunity to plant a tree which made the Planting more interesting. The trees where named after each Rotarians together with our guests. The guests spiced up our day and gave the Club hope for growth because as the trees grow, as will the Club. At around 3:00pm our host invited members for lunch. It was fun eating together as a family. We had speeches from the Mission Green Officer - Sarah Nabagereka who thanked DGE Francisco for hosting the team and requested the school management to take good care of the trees. The Vice President PP- Moses Mufumbira who gave the team apologies from the President and thanked the team for turning up in big numbers.

The host DGE Francisco who thanked the Club for choosing Rubaga Mixed High Sch- Jjeza. He pledged to give his Club full support at all times. The team blessed the school, management and prayed for journey mercies and departed for Kampala at exactly 4:30. Special thanks to DGE- Francisco, VP- Herbert Nankola, the Mission Green Committee and the entire RC. Nateete for making the day successful. The writer is the Mission Green Officer. Let's GO Green and Save Mother Nature.

**Rtn. Sarah Nabagereka**  
**Director Mission Green**



**My Mission  
Green  
Experience.**



## The Rotary Foundation

Rotary is made up of three parts: Our clubs, Rotary International, and The Rotary Foundation

Rotary and Rotaract clubs unite dedicated people to exchange ideas, build relationships, and take action.

Rotary International supports Rotary clubs worldwide by coordinating global programs and initiatives.

The Rotary Foundation helps fund our humanitarian activities, from local service projects to global initiatives.

The Rotary Foundation is a non-profit corporation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs. It is supported solely by voluntary contributions.

The Rotary Foundation Mission is to help Rotarians advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

### **The seven areas of focus.**

1. Water, sanitation and hygiene.
2. Basic education and literacy.
3. Disease prevention and treatment.
4. Maternal and child health.
5. Conserving the environment.
6. Peace building and conflict prevention.
7. Community economic development.

### **Then, we have Rotary Foundation Programs and these include;**

1. Project Grants
  - Global Grants
  - District Grants
  - Scholarships
  - Vocational Training Teams
2. Polio Eradication
3. Rotary Peace Centres

### **Giving to the Rotary Foundation may be done through the following three ways;**

1. Through the Polio Plus fund which aims at ending Polio now.
2. Annual Fund which aims at giving support today.
3. The permanent fund (Endowment Fund) which aims at securing the future.

### **Why are we supporting The Rotary Foundation?**

1. There is clear accountability.
2. We are aiming at leaving the world a better place than we found it.
3. We protect ourselves through empowering the youth and protecting the environment.
4. Giving is satisfying.
5. We are giving to support the seven Rotary International areas of focus.
6. We give to attract international partners.
7. We give a smile to humanity when we support The Rotary Foundation.
8. Giving is God's work.

Keep supporting The Rotary Foundation

**Rtn. Yawe Godfrey**



### **Insights from Dr. Sheila Balinda's presentation.**

She DEFINED VIRAL DISEASES as diseases which sometimes don't have treatment. Here they just manage the symptoms

Examples of virus

\*Ebola

\* Covid-19 and others

She said there is no medicine that treats the above, the only medicine is early detection and strength of your nutrition.

### **EBOLA**

#### **SIGNS AND SYMPTOMS**

\* Sudden onset of the fever.

\* Headache

\*Muscle pain

\* Vomiting

\* Chest pain

\* Running stomach among others

#### **TREATMENT OF EBOLA**

\* Lowering the fever

\* Reducing the fever

\* Providing good nutrition

\* Rehydration

\*Infection control

\* And any other supportive Treatment

### **HER TAKE HOME MESSAGES**

1. Uganda has the capacity for vaccine discovery research including for covid19-100% funded by the Government.

The Government has done very well to invest in scientific solutions that will give a return on investment in the medium to long term.

3. This know is very important in developing new vaccine for deadly diseases like EBOLA in Uganda

She CONCLUDED by saying that a lot has been said but a lot of progress has been registered.

### **ROTARY INFORMATION**

\* Next Thursday we shall be hosting PDG Katongole on our Team fest for our Guests.

\*Our Fashion show was officially unveiled due to take place on 25th/Feb/2023

\* Register for DCA before the closure of Early bird on 31st/ Dec/2022

\* We are all reminded to hit our POLIO target of 200,000 per person soon.

### **Insights from Rev Fr Deogratius Kiibi's talk.**

The following were the shared parenting tips.

\* Mind what you say or do before your children, because they are learning everything from you

\* Avoid showing too much love, put boundaries and limit on their freedom at home

\* Be involved in your children's life, fix and give them time to discover how they are gifted.

\* Always adopt in your parenting style to fit your children.

\* Ensure your children are progressing.

\* Establish family rules and regulations and set limits

\* Be firm but fair. Do daily monitoring.

\* Train your children to be independent and confident.

\* Teach them how to live with others because they need other people in their life to succeed.

\* Be consistent from the start

\* Avoid harsh punishments, don't be verbally abusive and learn to control your anger in front of your children

.

\* Treat your children with respect and don't blame them in public especially those in adolescent stages.

He concluded by saying, " PARENTS have a hand in what you their children become in future, and always stop giving excuses because every excuse becomes a regret later.

**NOVEMBER  
FELLOWSHIP  
POINTERS**



# MY ROTARY WORLD



## *Guests'* **TEA FEST**



**Topic:**  
**Principles of parenting and how  
to avoid battles with your children.**  
**By Rev. Fr. Kiibi Deogratius**







## TRF DINNER



## FELLOWSHIP MOMENTS WITH BUSEGA LIONS IN CHARGE



## RC KYENGERA TOWN CHARTER







Las Vegas Hotel, Mbarara  
27th - 29th April 2023

**Early bird**  
(Up to 31st Dec 2022)

Rotarians - \$190  
Rotaractors - \$120

*Celebrating our communities*

To register, login;

<https://dc98.jjengo.com>

Registration contact information:

Chair Registration: Ivan Atwiine

Tel: 0758254956, 0775540708

Email: [dca98@googlegroups.com](mailto:dca98@googlegroups.com)

Vice Chair: Annie Ninyesiga

Tel: 0782393902

#9 8THDIS CON



CTOBER 2022





# 98th DCA AWARDS 2022 - 2023

1



## Membership

1

### Membership Award

The Club with the Highest Net growth in membership

2

### Diversity in Membership Award

Gender, classification, age, nationalities

3

### Membership Extension Award

Club that has grown through Membership extension, highest number of Rotary clubs formed, RCCs, and Youth Clubs (Interact and Rotaract)

4

### Rotaract/ Rotary transition Award

Club that has attracted highest number of Rotarians transitioning from Rotaract

2

## Youth



### Rotary/ Rotaract Partnership Award

Club with impactful project formulated and implemented with Rotaractors

3

## Community Service Award

Most innovative transformational project addressing 7 areas of focus

## Projects



4



## TRF

### TRF Utilization

Club with the highest number of Global Grant projects/ highest Utilization

### TRF Giving

Club with Highest contribution per capita 100% TRF Giving Club

### TRF Fundraising Events

Club that has organized an impactful TRF Fundraising event

5



## Public Relations

1

### Club and Project Visibility

A) Club that has made its projects visible in the press

B) Club that has promoted the image of the district/ Rotary in different media platforms and formed the highest number of corporate partnerships

2

### Club Bulletin Award

The Club that has consistently produced Monthly Informative Bulletins, and circulated them widely

6

## Governor's Awards



1

### Rotary Club of the Year Award

The Club that has balanced performance in all the district goals

2

### Best Assistant Governor Award

The Assistant Governor that has attended trainings, helped the assigned clubs meet their goals, reported in RCC, and Reported to the Governor quarterly

3

### Best Club President Award

President who has contributed most to the District Goals

4

### Best M&E Officer Award

Officer that has reported consistently both to the AG and in the RCC

7



## Conference Attendance Awards

1

Highest % of members fully registered and paid for the DCA

2

Club with the highest Number of DCA Attendees

**Rotary**  
Districts 9213, 9214



**MELBOURNE  
2023**

# 2023 ROTARY CONVENTION

Melbourne, Australia  
27th - 31st May, 2023

## Early-Registration Discount

**08 June – 15 Dec 2022**

### REGISTRATION CATEGORY

Club member, Nonmember,  
or guest, age 31 or over **\$475**

Club member, Nonmember  
or guest, age 30 or under **\$125**

Budget for air ticket &  
accommodation  
**USD 4,000**



For more details



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D9214 - PP Peter Kagwa

Email: [peter@eventswarehouse.biz](mailto:peter@eventswarehouse.biz)

