

Bulletin # 12, 26th September 2019



Our speaker this week was Marian Sampson, Marketing Manager for Real Futures Foundation.

Real Futures aims to promote:

"A Port Stephens community in which schools, businesses and community members work together to assist all young people to transition from school to meaningful employment".

And their mission is to:

"Work closely with Port Stephens schools and their communities to implement responsive initiatives that support and motivate all young people, in particular those in most need, to engage fully in education, training and meaningful employment".

The Foundation is sponsored by local businesses.

Students that are struggling academically (or just not interested in school) are given the opportunity to work outside the school framework with individual programs matched to them. Showing an interest in their future gives these students a heightened sense of self-worth and they respond positively resulting in moving into a career after school rather than welfare.

The Foundation provides programs that build communication skills, confidence and self-worth, highlight career opportunities and develop leadership, interview and basic financial skills.

Marian asked to mention their upcoming Golf Day at Horizons on 18th October where a \$50,000 hole-in-one is offered.

I would encourage readers to visit their website at:

<https://realfutures.com.au/>

In this Bulletin:

Pg 2: Visitors this week, Binoculars update, coming up.

Pg 3: Motor Neurone Fundraiser, hat day, partners Project, Polio Fundraiser.

Pg 4: Science Discovery Day

Birthdays

27th Sept – 3rd Oct

27/9 Doug Melhuish

29/9 Dieter Greiter

Anniversaries: Nil

Heads and Tails:

Leslie Freeman

Raffle

Visitor DGN Bill Degnan

Member Duties 3/10

Door:

Lesley Freeman/ Peter McBean

Meet/Greet:

Mike Jenkins

Loyal Toast:

Liz Friend

Grace:

Ian McIver

Bulletin:

Dieter Greiter

Photos:

Phill Smith

Binoculars:

Milton Williams/Doug Craike



Tonight's visitors:

Joining us this week were prospective members Helen Imienionek and Katrina Ridley (top left), Sue and Dennis Hogan (Peter Page's daughter and son-in-law) from Tamworth and from Taralgon Central Club, Rotary District Governor Nominee Dist 9820 Bill Degnan and wife Judy.



Binoculars update:

President Arja confirmed that damage to the binoculars on Gan Gan Hill has been repaired thanks to John Stumchke. According to John the damage which ran to approx. \$1000 netted the thieves around \$30!!

Up-Coming BBQs:

Bunnings 5th, 13th, 18th October, 1st November.

Equestrian Event at Salt Ash 20th October. (Help needed- Contact Milton Williams)

Navy Photographers 26th October

Next Saturday, 5th October we have the Nelson Bay Junior Cricket Club assisting us with the BBQ . Profit for the day will be donated to buy equipment for the Junior Cricket Club.

Roster AM: 08:30 to 12:00 Milton Williams, Richard Turner Dean Gibson Jr Vice President NBJCC, Elaine Donnelly Snr Treasurer NBJCC, Colin Oxman Life Member NBJCC

PM: From 12:00 Phil Smith, Judy Priestley, Jeff Simons Snr Club Secretary, Simon Plumber Club President NBJCC Junior Player to be confirmed.

(good to see groups assisting instead of just asking for a hand-out ...ed)

Help still needed on 20th October for the Equestrian event at Salt Ash.

Next Week's Meeting: "Social Meeting."

Meal: Pasta of the Day

Join fellow Rotarians for a night of social interaction.



Disclaimer: Meal shown is not necessarily indicative.

Regular get-togethers:

1st Thursday of each month Ladies get together dinner

2nd Wednesday each month: Project Neighbour

3rd Wednesday each month: Honorary members get together 10:00AM Ewviva Café.

Reminders

Please join us in honouring
our dear friend at the inaugural

JUDY MITCHELL MEMORIAL

'Long Lunch for MND Research'

WHEN: Saturday, 16th November 2019

TIME: 11:30 am - 3:30 pm

WHERE: Saltwater Restaurant, Level 1/3 Marine Dr, Fingal Bay NSW 2315

TICKETS: \$130 per person

\$80 per ticket is a tax deductible donation
towards Motor Neurone Disease Research
(2 Course Alternate Meal & Table Wine)

EARLY BIRD OFFER: Book and Pay prior to 16th October 2019

Then, go into the draw to win 2 Bottles of Wine
(1 x Tyrrell Red and 1 x Tyrell White)

BOOKINGS: www.trybooking.com/544940

Contact: Helen Ryan

M: 0409 842 455

E: heryandg2017@gmail.com



World Mental Health Day is only **4 weeks away** and that's when Australian Rotary Health will be celebrating **Hat Day** as part of its national **Lift the Lid on Mental Illness** fundraising campaign.

You can get involved with your friends, colleagues or Rotary Club this year by hosting a **Hat Day** on **Thursday October 10** or anytime during **Mental Health Month** in October.

Your support will help the **1 in 5 Australians** who suffer a mental illness every year. 100% of funds raised will go towards vital **mental health research** at universities across Australia.

This year's DG's Partner's Project is Integra Service Dogs. They train dogs as companion dogs for Defence Force Veterans and First Responders suffering Post Traumatic Stress Disorder (PTSD).

Studies have shown dogs can help reduce anxiety and depression, as well as the symptoms of PTSD, which is why they are commonly paired with veterans.

It costs around \$30,000 to train and match a dog and our Club will do its bit to promote the project in conjunction with our mascot "Nelson":



END POLIO NOW

Ride Like a Girl Fundraiser

\$1000.00+ raised at movie night.

Full details and pics next week

Science Discovery Day



On Thursday members assisted at the Science Discovery Day for year 6 students. Teams from Anna Bay, Tea Gardens, Soldiers Point, Tomaree (2) and Shoal Bay (2) participated. The day is similar to the Science and Engineering Challenge held each year and aims at interesting students in careers in Science and Engineering.

Pres Arja along with members John Stumchke, Liz Friend, Leslie Freeman, Helen Ryan, Mike Jenkins, Richard Harris, Bob Mitchell and Chris Bartlett lent a hand.

Pictured with Arja are the winners Soldiers Point (left) and Runners-up Shoal Bay