



Bulletin # 12, 15th September 2022

Our speaker this week was Scott Elsegood, Pharmacist and owner of the Terry White Pharmacy in Nelson Bay. Scott grew up on Sydney's North Shore and after being registered in 1990 worked there before moving to Nelson Bay 20 years ago.



Unlike many during the Corona Virus Pandemic, as an essential service, Scott's workload increased dramatically. Staff had to be rostered on different days to minimise the risk of infection and deliveries increased.

Confusion reigned supreme as it did with most of us with a system trying to adapt to constant change, differing opinions, and about faces in policy.

With Covid came Regulation changes, Increased approval to administer vaccinations, Restricted stock levels, Increased cleaning regimens, Tele-health consultations.

As a result, the working day has grown exponentially with Scotts workday sometimes not finishing until late in the evening. But he accepts this as a health Professional.

Questions still to be answered include *Will Covid vaccinations become an annual thing? Will escripts become the norm (and what of those not familiar with technology)? When will the health workforce recover to pre pandemic levels? Will restrictions on pharmacy sales be lifted?*

Scott also broached the Generic Medicines issue.

Drug companies are able to take a 25 year patent on their drugs - a long time, but they say justified by the incredible costs of R & D. Generics do not necessarily diminish the companies ability to make a good profit. Some are even produced by the same company or made under licence from them.

In Australia a generic medicine, like the original, must be approved by the Therapeutic Goods Administration and must contain the same active ingredient and be bioequivalent (basically be absorbed similarly). Approving a generic drug has the effect of reducing the cost of the drug and there is no reason not to use them.

In this Bulletin

Pg 2:

From the Board Meeting
New Meeting Format
Winners

Pg3:

Coming up
School Awards
Regionalisation
Rotary Foundation

Birthdays 16/9 – 29/9

26/9 Peter Page
29/9 Dieter Greiter

Anniversaries

21/9 Ian & Phylis McIver

**Member Duties 29 Sep
Door**

John Stumchke

Meet and Greet

Richard Turner

Grace

John Cropley

Bulletin

Dieter Greiter

Photos

Phill Smith

Next meeting – 29th September

Note the new format as mentioned on page 2

Bulletin #12, 15th September 2022. Pg 2

From this week's Board Meeting

The Board at its meeting on Wednesday made the following appointments to fill casual vacancies:

Don Whatham was appointed President, John Cropley Vice President, Ella Clarke Secretary and Lesley Freeman will assist Ella Clarke.

Other matters:

- Last Saturday the Club assisted the Suicide Prevention Group by catering for their annual Remembrance Day and Walk at Boat Harbour. Thanks to John Stumchke, Geoff Diemar, Lesley Freeman and David Clark.
- \$500 was pledged to assist toddler Ari Bennett who was born with Optic Nerve Hypoplasia leaving him blind and deaf. He has since been fitted with Cochlea Implants giving him some hearing and a GoFundMe page has been set up to raise \$50,000 to get Ari to Thailand where he has been accepted to receive stem cell therapy. If you would like to donate go to: <https://www.gofundme.com/f/aris-fight-for-sight>
- From this week the dinner fee reverted to \$25.00 and from our next meeting there will be a change in format and venue (see separate item).
- Doug Craike and Warwick Mathieson are to meet with Tomaree Hospital to discuss moving forward with the "Reflective Garden" project.

Winners:

Head & Tails Richard Turner. Raffle Phill Smith (also wins the 3-minute talk spot next meeting) This week's 3-minute speaker John Cropley reminisced on memorable guest speakers of the past. One memorable for the right reason and one for the wrong reason. Fortunately, our good speakers far outweigh the lesser ones.



IMPORTANT ANNOUNCEMENT

1. From our next meeting, 29th September, we will be meeting in the Bay Rooms
2. Attendance fee will be \$5.00
3. Meals will be a-la-carte and must be ordered and paid for at the bistro by 6:30 at the latest.
4. Meals will be delivered at around 7:00
5. You don't have to order a meal if you don't want to.

Due to the proclaimed Public Holiday there will be no meeting next week.

Unfortunately, the speaker is not available the following week so we will have no speaker on 29th September. This will be a good opportunity to try the new format.

Along with the new meal arrangements we will be re-introducing the "Members Jackpot Raffle". Tickets will be sold with ½ of the ticket sales going to a "kitty" and the balance to the raffle winner. The winner will receive the raffle prize and will be given the opportunity to draw the Joker from a pack of cards to win the "kitty". The card will then be destroyed (assuming it's not the Joker) increasing the chances the following week. The kitty will jackpot each week until won. Only members can win the "kitty". If a visitor or guest wins, they are only entitled to the raffle prize.

Bulletin #12, 15th September 2022. Pg 3

Coming up

29th September	Social Meeting at Bowling Club with new format.
1 st October	Bunnings BBQ.
6 th October	Dinner Meeting. Speaker Ian Cowling – France Family Funerals. Ladies Dinner Meeting – Marlins Bistro
13 th October	Dinner Meeting. Club Assembly.
20 th October	Dinner Meeting. Kari McInyre - PS Speech Pathology.

End of Year School Awards

As in past years The Club will provide “Service Above Self Awards” to students at the various schools during the next month. If you are able to assist in presenting one of the awards (no speech required) contact Leslie Freeman

Regionalisation

Over the last few months members have been receiving information regarding the proposed “Regionalisation” Trial and invited to express their opinions to the Board.

The main aim is to provide better and more direct support to clubs through a more effective structure, potentially saving Clubs time and money as well as fostering more vibrant club environments.

Clubs need to vote on the proposal prior to 1st October and our Board following consultation with members have resolved to vote in the affirmative.

THE ROTARY FOUNDATION

Article by PDG Grant Spackman, Assistant Regional Rotary Foundation Coordinator

Let’s remind ourselves of what The Rotary Foundation is all about.

What began as an endowment fund in 1917 with a contribution of US\$26.50 from the Rotary Club of Kansas City has grown to be one of the largest charities in the world with contributions exceeding US\$1billion.

For the eleventh consecutive year The Rotary Foundation received the highest rating from Charity Navigator, the independent auditor of charities. The rating reflects how it uses its donations, the sustainability of programmes along with good governance and transparency. Unlike other charities, 91% of donations received into the Annual Fund are used for programmes, with the balance for administration and overheads. This is achieved by investing the annual contributions for three years. The interest earned on the investments is used to fund the administration of the organisation.

After three years 50% of the funds each of our Districts contributed are returned to us as District Designated Funds. Districts can use up to a half for District Grants to Rotary Clubs to initiate community and international service projects. Foundation committees in each District use the other 50% to support Global Grants and the End Polio Now programme to fight against this devastating disease.

The other 50% goes to the Foundation’s World Fund which is used to support the Rotary Peace Fellowships and to provide matching funds for Global Grants. These being for activities covering Rotary’s Seven Areas of Focus – Peace, Disease Prevention, Water and Sanitation, Child and Maternal Health, Education, Economic Development and the Environment.

Article reproduced from Rotary On The Move.