



## Bulletin # 14, 1<sup>st</sup> October 2020



This week we were privileged to hear from local GP Ana Pickering. Ana grew up in Newcastle but has spent much of her working life living and working in Nepal. Along with her husband (an anaesthesiologist) she has spent around 8 years (on and off) during the last twelve years treating the people of Nepal at the United Mission Hospital in Tansen.

Although established by Christian missionaries 60 years ago the hospital today is staffed mainly by Hindus.

The hospital has accreditation to give practical training to doctors once they have completed their studies at Nepalese Universities.

Nepal is a tiny country geographically split between three levels. The highest level includes Mt Everest, the middle level is somewhat lower but still very mountainous and the lower level which is flat and supports agriculture. Tansen is in the middle level.

For the Nepalis electricity supply is limited - as is water. They live a hard life and although often portrayed as "poor but happy" the smiles belie the hard lives they live. The majority are Hindu and their food consists mainly of vegetables. 80% live in rural areas and 50% do not have electricity. Water must be boiled or filtered.

Despite this most people have mobile phones!

The ratio of doctors to population is 70 per 100,000. This compares to 390 per 100,000 in Australia.

More than a passion and enthusiasm Ana showed a love for work and in thanking Ana for her presentation Don Whatham observed that she truly exhibits the Rotary Ideal of Service above Self.

### In this Bulletin:

**Pg.2:** More from the meeting, Thanks Rotary, Binocular roster, Coming up, Jennifer Jones – It's official

**Pg. 3:** Bunnings BBQ, Zone 8 Conference, 9670 District Conference, kiva,

### Birthdays 2/10 – 8/10

Oct 7 John Cropley

### Anniversaries

None this week

**Heads and Tails:** Milton Williams

**Raffle:** John Stuhmcke

### Next meeting - 8<sup>th</sup> October

**Door:** John Stuhmcke/  
Richard Turner

**Grace:** Ian Brigden

**Bulletin:** Dieter Greiter

**Photos:** Phill Smith

**Intro speaker:** Peter Page

**Thanks:** Geoff Diemar

Next meeting – Speaker: John Clarke - Now you've seen it - Broughton Island



## Bulletin # 14, 1<sup>st</sup> October 2020 Pg 2



Joining us this evening were Elanor Tafe. Lesley Freeman's mum visiting from Western Australia, guests of President Liz Sandy Tawa and Cheryl Llyod, and of course our guest speaker Dr Ana Pickering here being made welcome by Don Whatham and Richard Turner.

As we all know ...There's no such thing as a free lunch and as can be seen from the pics below Elanor earned her dinner officiating as both Spinner and Barrell Girl.



It was starting to feel a bit like old times with a post-Covid record attendance of 21 plus 2 joining via Zoom

### From the Yaacaba Centre Facebook Page



Yacaaba Centre  
September 26 at 4:57 PM · 🌐

Look at our outside area 🍷  
Firstly the @NelsonBayRotary built us a little backyard getaway and now they have come back and built us some shade and protection. We have so many homeless people visit or clients for counselling who enjoy this area and we love being able to provide it for them  
And to top it off, one of their members is a licensed electrician and did a little bit of power point moving and extra electrical work for us.  
Thank you Doug - you are a legend!!



**Thank you to the  
Rotary Club**

WE LOVE OUR OUTSIDE AREA!



### Coming up

- |                            |                                                                 |
|----------------------------|-----------------------------------------------------------------|
| 8 <sup>th</sup> October    | John Clarke – Broughton – Now you've been there                 |
| 15 <sup>th</sup> September | Club meeting with Area Governor Christine Walmsley              |
| 22 <sup>nd</sup> September | Ray Clarke – Climate Change Yes or No?                          |
| 19 <sup>th</sup> November  | Andrew Lane BAE Systems                                         |
| Date TBC                   | Tamara Sloper-Harding OAM – International Peacekeeping in Timor |

### Binoculars

- 05/10 Helen & Mike Ryan
- 12/10 John Stuhmcke/ Warwick Mathieson
- 19/10 David Clark/ Helen Imienionek
- 26/10 Ian McIver/ Peter Page

**Remember to test and clean binoculars and report any problems**



### It's official:

No objections having been received, Jennifer Jones became Rotary International President Nominee 2022- 2023 on 1st October. Jennifer, a member of the Rotary Club of Toronto (Canada) will be the first female Rotary International President.







BBQs are re-commencing 10<sup>th</sup> October, and we will be the first group cooking. As a result, we will be closely watched to gauge Covid compliance.

Members attended a training morning last Wednesday and it appears the restrictions have been relaxed a little. Taking cash is now OK and Bain Marie may possibly be allowed.

A Bunnings staff member will be on hand to oversee the Covid and other food handling procedures.

**Roster for Saturday 10<sup>th</sup> October:**

**AM from 08:30:** Liz Friend, Judy Priestley, Milton Williams Doug Craike, Richard Turner.

**PM from 12:00:** John Stuhmcke, Don Whatham, Lesley Freeman Chris Bartlett, Geoff Diemar

**The world according to “Zoom”**

We are all becoming more and more familiar with “Zoom”. How life would have been if Covid happened 20 years ago. Isolating is hard but at least we have alternate means of communicating.



The Zone 8 Virtual (Zoom) Conference unfortunately clashed with our outing to Broughton Island. However, members can view the speakers, at their leisure, on YouTube at: <https://www.youtube.com/channel/UCINXDFUA4cLHCCQ4AWYMZgA>

The majority of presentations are less than 15 minutes duration.

**District 9670, 2021 “Do-Goodery” Conference - rescheduled to May 2021.**

DG David Roach has advised that the 2021 conference has ben postponed to May and will take the format of a Virtual Conference. This has been done to ensure certainty of the event. Registrations will open in February 2021.



Kiva is an international non-profit founded in San Francisco in 2005 with a mission to expand financial access to help underserved communities (where access to banks is limited or non- existent) thrive.

This is done by crowdfunding loans and unlocking capital for the underserved, improving the quality and cost of financial services, and addressing the underlying barriers to financial access around the world. Through Kiva's work, students can pay for tuition, women can start businesses, farmers are able to invest in equipment and families can afford needed emergency care. Once re-paid the lender can choose to re-lend or retain monies. Defaults are low, with approx 97% of loans re-paid. Nelson Bay Rotary Club currently supports kiva loans

**Whacky definitions from my best reference for all things trivial “Uncle Johns Bathroom Reader”**

**Abstainer:** A weak person who yields to the temptation of denying himself a pleasure.

**Consult:** To seek another’s approval of a course already decided on.

**Depraved:** The moral condition of a person who holds the opposite opinion.

**Fault:** One of my offenses as distinguished from yours, the latter being a crime.

**Homesick:** Dead broke and living abroad.