



Bulletin # 19 from 14th of November



Guest speaker Sue Russell

Sue is coordinator for the Cancer Council of N.S.W.

Each state has a group of the cancer council and is administered by a national body. Sue mentioned she has had some other interesting roles prior to her current job, including being a teacher in Ecuador for 12 months.

Sue made us aware of some of the Cancer Councils work past and present. The alarming statistic is that 1 in 2 men, and 1 in 3 woman, will have cancer before the age of 75. The cancer council is not government funded and is reliant on donations. The famous Slip/Slop/ Slap program for sun safety was instigated by the cancer council. The fact that pubs and clubs are now non smoking was a reform driven by the cancer council to support the communities changing opinions on this issue. Smoking is clearly indicated as a leading cancer risk, and so it clearly makes sense to limit the places it can be done in the community. Despite this, it was 10 years of hard work, to finally achieve this goal. A newer initiative from the cancer council has led to \$1 million being made available by the government to fund better palliative care for cancer sufferers.

Sue also mentioned a major Cancer Fund raiser "Heaven Can Wait Yacht Race". Our club has been a sponsor of the event in the past. The race is a 24 hour race and will be held on Lake Macquarie on February 22nd and 23rd 2020. There are shorter options for boats to do one lap, or compete for 12 hours only. Sponsors receive various sponsorship promotions via the website, on HCW shirts and pennants, and receive invitations to various functions associated with the event.

To donate to this cause the details are: Heaven Can Wait Yacht Club;
BSB 062212 Acc 10456611.

The charity dinner associated with the event will be held at the Royal Motor Yacht Club Toronto on Friday 21st of February. Tickets are \$65. Rotary members are invited to attend this event.

The funds raised are directed in helping cancer sufferers. Sue was able to relate a number of cases where the funds saved the day for people who otherwise might not have been able to continue financially. Cancer has a high cost, it's not easy without income. Whether it be people living on their own, or those with families trying to run a business whilst being unable to work.

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Birthdays this coming week:

Narelle Melhuish 30th

Doug Craike 30th

Anniversaries:

Peter & Maryanne Mc Bean on the 19th

Winners:

H & T: Ian Brigden

Raffle: John Cropley

Member Duties

Door: Ian McIver & Peter Page

Meet/Greet: Peter McBean

Loyal Toast : Michael Jenkins

Grace: Dieter Greiter

Intro Speaker: Kathy Rimmer

Thank Speaker: Judi Priestley

Bulletin : Chris Bartlett

Binoculars: John Stuhmcke & Chris Bartlett

Next week:

Guest Speaker

Leah Anderson; The future of tertiary education in the Tomaree Peninsula.

Meeting in the Bay Room

Note: change of venue



**THE ROTARY CLUB OF NELSON BAY
INVITES MEMBERS, THEIR PARTNERS,
HONORARY MEMBERS AND THEIR PARTNERS
OF THE CLUB TO**

**JOIN US FOR OUR ANNUAL
CHRISTMAS DINNER**

12TH DECEMBER 2019

6PM FOR 6:30PM

CROWS NEST ROOM

NELSON BAY BOWLING CLUB

STOCKTON ST, NELSON BAY

COST \$30 PER PERSON

INCLUDES A TWO COURSE MEAL

PAY AT A MEETING VIA CASH, CHEQUE OR
CREDIT CARD (SQUARE) OR VIA EFT

BSB: 637000

ACCOUNT: 781017418

REFERENCE: YOUR NAME

DRESS: SMART CASUAL OR XMAS WEAR

RSVP: 29TH NOVEMBER TO ARJA

PLEASE ALSO ADVISE OF ANY
DIETARY REQUIREMENTS

We are returning to the NBBC for a Christmas Dinner .
The Hobby Auction concept will be held over into the New year.

Real Futures Barefoot Bowls Night

Director Lesley informed us about this event in 2 weeks time in place of our normal meeting to be held at Fingal Bay Sports Club. (Thursday 28th of November)

If you want to play you need to be put in a team. You can form your own team and fill in the appropriate paperwork, or speak to Lesley to be included in a team. The cost is \$18 for Bowls and BBQ. Payment to Lesley or Treasurer Ian can be made at a meeting in cash, or via square. Also payment can be made to Club account BSB 63700 Acc 781017418.





Rotary Hats and Caps

If you would like a Rotary hat or cap we are currently making a club order. There was a great response at the last meeting with a number of members wanting to complete, or update their Rotary outfits. All is not lost if you would like to order one, but have not done so yet.
Rotary Caps \$16.50
Rotary Bucket Hats \$14.00 Size M-L or L-XL



Contact Richard Turner by email or phone.



Tick Tock the Town Clock

Richard Turner advised that an email had been received from Pt Stephens Council advising the clock would be installed by next week. Delays were now over, the LCD was in hand, and the manufacture had been happening. The installer had been contacted, and was presently sharpening the screwdrivers.
(If you believe)
A party may soon be in order?



HMRI Awards Night



The Hunter Medical research Institute had a special awards night on 13th of November. How wonderful to be connected such a prestigious organisation which has over 1600 affiliated researchers, research students and staff over several campuses including the HMRI building at John Hunter Hospital. The HMRI has attracted international acclaim and is one of the largest independent research institutions in N.S.W.

Our clubs association with Assoc. Prof Kelvin Kong is listed in the official guide as previously awarded funding continued, with the project being "Helping to close the gap for Indigenous and rural children through early intervention in ear health." President Arja explained the preliminary ear scope work had some promising results, and work was continuing in costs and benefits.

President Arja and PP Kathy attended the night as our club representatives and were mostly warmly welcomed. The photos shown are with Assoc. Prof. Kelvin and with the Institute director Tom Walley.

We hope to have a speaker from HMRI visit the club next year.



Judy Mitchell Fundraising Lunch in aid of Motor Neurone Disease research.

Held at Saltwater Restaurant at Fingal Bay this was a hugely successful day. The restaurant was filled to maximum capacity. The guests enjoyed a 2 course luncheon whilst being informed with a presentation on “Motor Neurones and Motor Neurone disease” by Prof Williams, director of Neurology at John Hunter Hospital. Following this, there was some more fun with auctions and raffles.

In his final summary of the event, David Clark who had been the events director, commented that the end result would not have been possible with the great generosity of the participants. Initially the focus was to have an event without an expectation as to the funds that might be raised, but the number reached had delighted everyone, and was a significant contribution to motor neurone research in memory of our sadly missed member Judy Mitchell.

The days MC was Mel Turner who did a great job presiding over a talkative audience. The auction was run by Neil Moore who used a dash of humour, and a patient technique to allow bidding to reach great heights.

Wow, The final picture shows a cheque for \$24,000 being held to donate to MND research. Congratulations to those on the organising committee, and all who helped in the smooth running of the days proceedings.

