



KANGAROOS PAYING THEIR WAY



Phil Murray from Nelson Bay Golf Club was our Guest speaker on Thursday night. It was Phil's second visit having spoken to the Club on the launch of his book on his father, the legendary Gelignite Jack Murray

Phil Murray from Nelson Bay Golf Club was our guest speaker this week. Phil was the instigator in reducing the kangaroo population on the Golf Course in a sustainable and humane way. The Club with Phil leading the way worked with Dr Kathryn Herbert of Sydney University. The golf Course takes up 27 hectares of land and adjoins the Tomaree National Park. A large variety of wildlife apart from kangaroos can be seen on the golf course.

In 2014, the Golf Club were very concerned about the number of Kangaroos on the course, some 220 of them., which totally unsustainable. The work with Sydney Uni has seen the numbers drop to a very sustainable 50.

A fire which destroyed the Golf Club in 2015, left the Club with no source of income. Phil started Kangaroo Encounter Tours 2 months after the fire and since then some 524 tours have taken place, which turn a concept in to a positive money making concern for the Golf Club. Phil is affectionately known as Kangaroo Phil now. The Club have 7 trained guides available to lead tours with some \$70,000 plus in revenue raised. 3,500 people have a tour, from 70 different countries from around the world. In addition to the tours some 224 Research Days have been conducted with attendees coming from Brazil, Hong Kong, China, the USA and Argentina among the countries participating. 2 PHD 's have been gained from the research, while the Kangaroos now have GPS and microchips. The Club now have an 8seat open sided bus to drive tour participants around the course. Phil had an excellent slide show which was enjoyed by all members. The whole presentation was excellent, informative and showed how an idea can be transformed into a very viable business. There were 24 members and guests present to hear Phil speak.

This week's Issue
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Birthdays

Nov 30 Doug Craike
Anniversaries None recorded

Heads & Tails Arja Levonpera

Raffle last to arrive, last ticket John Cropley. Well done

Duties

Door Arja
Meet & Greet David Clark
Grace Richard Turner
Welcome Speaker Doug Melhuish
Thank Guest Speaker Doug Bairstow
Bulletin Editor Don Whatham
Photos Phill Smith
Binos Dieter G
Guest Speaker George Wardell- City to Surf competitor

Next meeting – December 3 6pm. Guest Speaker George Wardell

Apologies/Extras to by noon on Wednesday!

Ph 0401 450 239

COMING EVENTS

Thursday December 3 Club meeting, guest speaker George Wardell. PDG Graham Hooper and Sue will be attending to present a special award to the Club. Ladies Dinner Night resumes.

Sunday December 6 Bunnings BBQ fund raiser. Roster below

Wednesday December 9 Club Board meeting at Bowling Club 5.30pm

Thursday December 10 Club Annual General Meeting. Financial reports for 2021/22. Board nomination forms with Secretary Don. Members have all other pertinent information. Hopefully all financial members can attend.

Thursday December 17 Club Xmas Party at NBBC. See advert this issue

Saturday Boxing Day December 26 Bunnings BBQ. Volunteers required



Bunnings Roster for Sunday December 6 **AM Shift 8.30 to 12.15**

Don, Peter Page, Lesley, Liz and Kathy

PM Shift 12 noon to 4pm

Milton and Sue, Geoff Diemar, Chris B and Dee Gee. John Stumhcke is on standby for both shifts, Doug Bairstow is in charge of supplies, with Don and Milton looking after the transportation. Thank you to all who volunteered their time.

SATURDAY DECEMBER 26 BOXING DAY

This is typically a busy day, with Bunnings customers bringing back unwanted gifts or getting more building and gardening supplies. We have 3 volunteers so far. Obviously we need more. It is fully understood the time of the year prevents some members from assisting. A few hours help will go a long way. Maybe some family members would like to assist us. Milton is away and Chris B will be handling the roster and organisation on this BBQ. Thank you in advance for your consideration to assisting the Club on Boxing Day.



A view like this one captured by photographer Phill on Thursday certainly makes attending a meeting very attractive indeed. Thank you Phill for your weekly photos.



Next week's speaker

Next week's speaker is George Wardell, an 80 plus athlete who has competed in all 24 City to Surf Fun Runs, including being allowed a solo effort this year. Inspirational indeed. Attached is a photo from a previous year's event and we pose the Question... Where is Wally, oops George?

LADIES DINNER NIGHT RESUME



The popular Ladies Dinner night's resume this Thursday, December 3. It is hoped Lorraine Nichol, wife of honorary member Murray Nichol, will be able to attend her last dinner, before a move to Sydney. Murray has not been enjoying the best of health recently Please contact Fiona Whatham if you wish to attend.

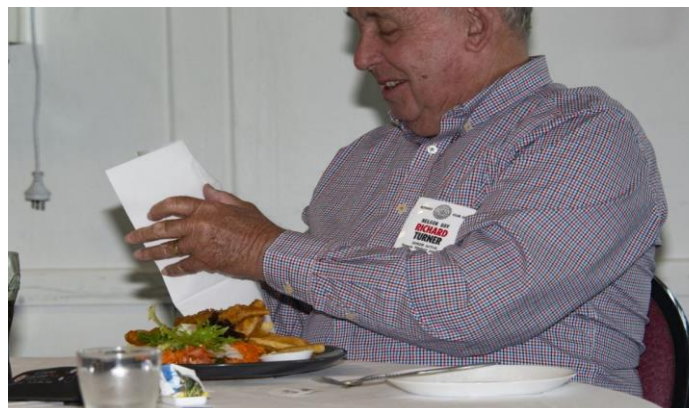
BEHIND THE SCENES



Much work goes on behind the scenes in our club. This week the Community Service organising team of Doug Craike, Milton and Chris B spent several hours carrying out maintenance and cleaning at the “shed” Doug brought his whipper snipper down to tidy up the grass and weeds, before spending over an hour repairing the electrics on our new catering supplies trailer, which stopped working after our last Bunnings outing. This saved the Club considerable dollars in auto electrical fees. Milton and Chris’s main task was to give Clive’s Cooker its annual super clean, with a good water blast and general tidy up. Due to Covid 19 hitting hard we have unfortunately not been able to use the Cooker, that often. Hopefully that will change in the new year. Once these tasks were completed, a restock of the Supplies trailer took place, plus the preparation of the order for the next Bunnings BBQ which is passed onto the supply officer Doug Bairstow. Late next week the trailer will be fully loaded with drinks, frozen sausages and onions, ready for secretary Don to pick up the trailer and take it to Bunnings. The new system is working very well, enabling the Club to delivery their usual high standard of service, coupled with keeping our costs at manageable levels.

A woman’s home is her castle

Our Youth Director, Lesley Freeman one of most enthusiastic volunteers is also Owner/Builder of her new castle at Salt Ash. After many delays work has commenced on her new home and we look forward to hearing about and seeing the progress in the coming months. There is some inside information that Lesley may be conducting Twilight Zone tours, when her front door is finally installed.



While most members enjoyed a very nicely made beef pie and veggies for dinner, Richard Turner’s pie took on new dimensions on Thursday night. We guess many years of faithful Rotary service has it’s advantages.

MEDICAL EQUIPMENT AVAILABLE

Club service Director Phill has an electric wheelchair, in good working order available to a good home, plus an assortment of shower chairs, a table, some ankle boots also available. If you know someone who can use the equipment contact Phill



**CLUB CHRISTMAS PARTY
THURSDAY DECEMBER 17
NELSON BAY BOWLING CLUB
\$40 PER PERSON includes 2 COURSE MEAL**

Please contact Helen Ryan by December 3 on 0409 842 455 or [heryan 738@gmail.com](mailto:heryan738@gmail.com) to advise of your attendance and any dietary requirements.

Payment details... pay at meeting of the club via cash, cheque or credit card (square) or via EFT BSB63700 Account 781017418 Reference your name. Dress casual or Xmas wear.

LET'S LIFT THE LID ON MENTAL ILLNESS IN SCHOOLS TOGETHER WE WILL MAKE A DIFFERENCE FOR KIDS

**“The more that you read, the more things you will know.
The more that you learn, the more places you'll go.” *Dr. Seuss***

Dr. Seuss knew it then, and Australian Rotary Health knows it now — reading matters in the development of children's mental health. This is why we are thrilled to announce a new partnership we've formed with QBD books, one of the largest bookstore chains in Australia, to create a special new Schools Program.

Lift the Lid in Schools aims to encourage children to participate in raising much needed funds and to start the conversation about finding better ways to help all Australian kids improve their mental health, through much needed research, with the added bonus of encouraging them to take time out and read along the way.

One the biggest challenges facing schools and parents today is the mental wellbeing of our children.

Each year 1 in 5 people experience a mental illness and one-third of young people have had an episode of mental illness by the time they are 25 years old. Because of these startling statistics Australian Rotary Health has committed to allocate its funding to mental health prevention research in young people. 100% of all donated funds go to research.

Without research we are unable to find possible cures for mental illness or develop mental health interventions that are accessible, low-cost, and effective for the kids out there needing support. Research has found cures for other illnesses, your school's involvement could help mental illness join that list.

It's fun and rewarding!

Throughout the year we will keep you up to date with new information and incentives, plus great prizes including book packs for your library and the chance to have some of Australia's best children's authors visit your school.

The school's program is simple – we are asking that each school participate by registering [here](#), where you will be provided the fun Lift The Lid on Mental Illness kit to display in the office or general assembly hall. You have until the end of Mental Health Awareness Month in October to participate and the aim is to raise up to \$1000 per school.

Simple steps to get your school involved: Click [here](#) to register your school

1. We'll send you out the campaign kit including posters and vouchers
2. Hold your fundraising day anytime between now and October 31st, 2021
3. For every \$2 coin collected each student will receive a \$2 voucher redeemable from QBD Books to get them reading
4. Tally your collections and make the deposit

DUE TO COVID impact the campaign has been extended onto 2021 and your vouchers can be redeemed until Oct 31st 2021 however they can't be used during the period Dec 1st 2020 – January 10th 2021. Please see terms and conditions for more.

Your school's donation can help the **1 in 5 Australians who suffer a mental illness every year**. 100% of proceeds will go to funding vital mental health research.

Open up the conversation and help break the stigma.

As members are very aware nelson Bay Rotary are strong supporters of Australian Rotary Health

Rotary Acronyms - Several members have been asking about these. There are 9 pages of them, so here is Page one A-C. Hopefully some members will find them useful.

These Acronyms have been gleaned from a variety of sources – we apologise for any omissions or errors

Acronyms

3-H GRANTS

Description

Health, hunger and humanity - Grants of US\$100k to \$500K for multi- year international projects and social development

ACRE

Australian Campaign for Rabbit Eradication

ADG

Assistant District Governor

AG

Assistant Governor - One of a number of senior Rotarians appointed by District Governor (DG) to assist with administration of a group of clubs in that year

AIDAB

Australian International Development Assistance Bureau

ALUMNI

District and Club Groups - Association of former members of Group Study Exchange teams (GSE), Scholars and other Foundation programmes

Ambassadorial Scholars

An international programme of Rotary Foundation - Enables men and women to spend an academic year abroad in university level or vocational studies

ANZO

The abbreviation of our Rotary Region - Australia, New Zealand, Oceania.

ANZSE

Australia New Zealand Study Exchange **Back to top**

ARH

Australian Rotary Health - A multi-District project approved by RI to seek public donations in support of health research within Australia. Previously ARHRF.

ARHRF

Australian Rotary Health Research Fund - A multi-District project approved by RI to seek public donations in support of health research within Australia.

Now abbreviated to ARH.

AVAC

Australian Vocational Advisory Committee

Board of a Rotary Club

The governing body of a Rotary club expected to meet monthly - Consists of President, Vice President(s), President Elect, Immediate Past President, Secretary, Treasurer, Directors and others as the By-Laws shall provide

CAP

Community Assistance Program

Carl P Miller Discovery Grant

RI Foundation grant up to US\$3000 for travel, research of an international service project - To be used by a Rotarian or group thereof who have a written invitation from club in host country who will offer home-hosting
List of all major publications, supplies etc available from RI - Supplementary updates issued annually in July Contains order forms to send to NSW Branch Office of RI (Gratis)

Catalogue

Charter Member

The original members of a newly chartered club - Identified with a special lapel badge

Classification

A principal concept to assure each Rotary club represents cross section of business/professions - Describes the distinct and recognised business or professional service which the Rotarian renders to society (Not position held)

Club and District Changeovers

A mainly formal event held annually just prior to a new Rotary year and includes partners - Formal changeover to new President and team of incoming Officers/Directors and provides a review of past year achievements and activities

Club Banner

A small flag expressive of the community, country or region of a club - Commonly used to present to visitors or exchange with clubs visited throughout the world