

Bulletin # 23, 29th November 2018



Our speakers tonight were Assoc Professor Lynne McCormack - School of Psychology Newcastle University and Sher Campbell Executive Member of the Board of Women Lawyers Association of NSW and a member of the NSW Law Society's Diversity and Equity.

Lynne (at left) and Sher reminded us of the dreadful statistics of **Domestic Violence**. Through their professions they see the affects of DV on all parties – the abused, the witnesses (children) and the perpetrators.

Without going over all the statistics certain groups are more likely to offend, including returned servicemen, indigenous and those who witnessed DV in their own families growing up.

Children who have witnessed DV are likely to suffer long term psychological effects, low self-esteem and substance abuse giving rise to a merry-go-round of abuse in their adult lives.



Lynne and Sher were invited along with Con-joint Dr Colin James to develop a technological solution to assist offenders re-habilitate.

It was recognised that offenders having been served with an ADVO often did not fully understand the implications and were unaware of assistance available to them to help them adjust.

A phone APP known as “Bernie” has been developed to make them aware of their responsibilities. The APP contains such things as reminders about compliance, contact numbers for counsellors, tips for controlling emotions, appointment reminders for court dates. Bernie will be trialled from early next year. Cont’d/

Bernie: “a phone app for recipients of ADVOs - bringing about positive change and creating heightened responsibility in family violence”

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Birthdays this coming week: 29 Nov - 5 Dec

30 Nov. Doug Craike

Anniversaries:

Nil this week

Heads and Tails:

Doug Bairstow (spinner)

Member Duties 5 Apr 2018

Door:

Don Whatham/Milton Williams

Meet/Greet:

Doug Bairstow/Chris Bartlett

Loyal Toast:

Ian Brigden

Grace:

David Clarke

Intro Guest speaker:

N/A

Thank Guest Speaker:

N/A

Bulletin:

Phill Smith

Photos:

Phill Smith

Binoculars

John Stumchke/Chris Bartlett

Next meeting – Annual General Meeting

Apologies/Extras to John Crump by noon on Wednesday!

Ph 0401 450 239

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Professor McCormack's career has extended to producing some forty publications in the field of complex trauma and post traumatic growth. These papers include insights into effects of things such as the threat of war, genocide, disaster, policing, bush fires and professional derailment as well as psychological support to war veterans.

Lynne has facilitated and conducted training workshops in leadership including RYLA and RELAYID youth programs for Rotary.

In 2006 Lynne was awarded a Paul Harris Fellow.

If you would like to know more go to: <https://www.newcastle.edu.au/newsroom/featured-news/avo-app-bernie-to-help-address-domestic-violence-reoffending> (use Ctrl + Click to open)



Better than a note from mum!

This pic submitted by Ian McIver shows traffic near the Williamtown Community Hall at 6:30PM last Thursday. Although Ian was caught up in it, he says it wasn't the reason he was absent from Rotary last week. Too honest Ian, I'd have believed you.

Dan Howard from NELSON Bay PCYC won the Young person of the Year Award with 64 PCYC branches attending the PCYC State conference held at Penrith Panthers on Thursday.

Chris Bartlett attended the Conference as Rotary's Rep on the Port Stephens PCYC committee. Over 250 people were present and Chris will update the Club next meeting.

Of course, our club has assisted Dan through his attending a RYLA course and assisting him in gaining his Cert 3 and 4 in physical Fitness training through our Centenary Scholarship



Rotary Readers at Anna Bay enjoying their end of year Christmas Carols presented by the young readers last Wednesday.

President Elect and Youth Director Arja will represent our Club next Wednesday at the School presentation day.

Australia Day is drawing near and the committee is already planning for the event.

A list was circulated at this week's meeting for members to indicate their availability.

If you were not there would you please let Doug Craike know of your availability (either morning or afternoon or both. This is a major fund-raiser and it is hoped that all can assist.



Members will be sad to hear that Jenny Way, wife of past member John Way, has passed away. Her funeral will be held next Thursday 6th December at the Anglican Church, Church Street, Nelson Bay at 2:00PM.

Coming up:



Wednesday Dec 5
Project Neighbour Christmas Afternoon Tea
Eviva Café, Stockton Street 2:00PM



Thursday Dec 6
Annual General Meeting
A quorum is required. Please make sure you are there.



BBQ's
Thursday Dec 6 – Staff & Customers night
Friday Dec 7, Friday Dec 14, Wednesday
Dec 26, Saturday Dec 29, Tuesday Jan 1.
Volunteers still needed for Dec 26, Dec 29
and Jan 1



December 13. This year's Christmas Party will be held at Soldiers Point Bowling Club. Members, Partners and "Dinner Ladies" \$35. Others \$45. Please advise Liz Friend of attendance and pay in advance.

Payments can be made at next week's meeting or by direct deposit into the Club's Account: BSB 637000, Acct 781017418

Our Christmas Party will be the last meeting of the year. Meetings will resume on January 10.



Fees are due:

Treasurer Ian Brigden reminds members who pay their fees semi-annually that they are due prior to 31 December. (\$140)

Please arrange to pay at the next meeting or direct into the Club's Account: BSB 637000, Acct 781017418