

## Bulletin # 30, 20th February 2020



**Scott Johnston**  
Eastern Division Director  
Toastmasters International

In 2019 Toastmasters International and Rotary International commenced a strategic partnership with RI recognising the importance of effective communication in promoting the ideals of Rotary.

Scott told us that people join Toastmasters for many reasons:

to improve their confidence; to improve their communication skills; to overcome their fear of speaking in public; to pick up tips for an event where they have to speak.

Toastmasters gives members the guidance to improve their skills in a friendly, nurturing environment.

Members are allocated jobs for the evening – chair, sergeant-at-arms, toastmaster, grammarian, table topics master, speakers, speech evaluators, general evaluator.

A meeting usually commences with a call to order, followed by a business session where members learn the correct procedure for moving motions (minutes, reports etc).

At early meetings a new member might be asked to propose a toast (on a topic of their own choosing and can be serious or flippant). In their own time they would move to more challenging tasks. An early speech would be similar to our “Behind the Badge”. Others might include humorous, serious, educational and sales pitches – all at own pace.

Members learn how to structure speeches, how to get points across, (e.g. the power of “the rule of three”), ways to remember important points, use of visual aids, dealing with nerves.

Competitions are held yearly within Clubs, Districts, Nationally and Internationally. There is no compulsion to compete.

Each aspect of a meeting is evaluated in a positive fashion with evaluators highlighting strengths and suggesting points for improvement. Even the evaluators are evaluated – Evaluated never criticised!

### In this Bulletin:

**Pg. 2:** Reading Program; Youth Exchange; District Conference; International Women’s Day.

**Pg. 3:** Partner’s Night - Speaker John Clarke - What’s happening with Tomaree Headland? MHERV; Golf Day; Regular Events; High rating for Foundation.

### Birthdays 21/2 – 27/2

23<sup>rd</sup> Katrina Ridley

### Heads and Tails:

Doug Bairstow

Raffle Mike Jenkins

### Member Duties 27/2

**Door:** Judi Priestley & Kathy Rimmer

**Meet & Greet:** Helen Ryan

**Loyal Toast:** Phill Smith

**Grace:** Henk Tobbe

**Intro Speaker:** John Stuhmcke

### Thank Speaker:

John Sully

**Bulletin:** Dieter Greiter

**Photos:** Phill Smith

### Binoculars:

**25/2** Lesley Freeman & Chris Bartlett

**3/3** David Clark & Milton Williams





After 17 years the Rotary Reading Program continues to be beneficial for primary school-age students with 100s of students benefiting over the years. PDG Helen Ryan this week is looking for additional volunteers to help at Anna Bay Primary School. This program is not limited to Rotarians, so you may even know of non-Rotarian friends who would like to help. Contact Helen for further information.

**ROTARY YOUTH EXCHANGE PROGRAM**

President Arja asks members to consider if they would like to be involved in the Rotary Youth Exchange Program next year? We need to let District know by the end of this month.



**Rotary District 9670**

**Competition time!**  
**\$500 Hamper**

Register for District 9670 Conference before Feb 29th at 5pm to go in the draw to win a \$500 gift hamper!

Courtesy of: **Floral Everything**

Visiting Assistant Governor Clarice Hamling reminded members of the upcoming District Conference and that they still have time to qualify for the draw to win a \$500 hamper. **March 20,21,22.**

Register at: <https://www.trybooking.com/book/event?eid=454473&>

**International Womens Day 2020**  
**EACH FOR EQUAL**

**SOLDIERS POINT BOWLING CLUB**  
Friday 6th March 2020 11.30am - 2.30pm

**International Women's Day Luncheon sponsored by Rotary Club of Salamander Bay**



**Guest Speaker Wendy Stein**  
Save the Kula Babies (Spacim Pikini PNG)

**Tickets \$55**  
2 course meal



International project for Salamander Bay Rotary reducing maternal and child mortality. Funds raised will be donated to a variety of local community projects and in support of our international project in PNG.



**Bookings:**

Ina 0412 846 265 | Janelle 0419 610 660 | Jennifer 0408 841 854



Next week's speaker:

John Clarke

What's in the future for Tomaree Headland?



The MHERV Van will be here in the Bay on March 28 and 29.

**Rotary Nelson Bay**

**29th Charity Golf Day**  
Friday 3rd April 2020

**NELSON BAY GOLF CLUB**

**4 PERSON AMBROSE EVENT**

**Great Prizes for winning & placed teams**

**PROCEEDS TOWARDS**  
**HMRI: Assoc. Prof. Kelvin Kong for more efficient Indigenous Ear Disease Diagnosis PLUS DROUGHT & BUSHFIRE RELIEF**

**2 X HOLE-IN-ONES PROUDLY SPONSORED BY**  
Maitland and Port Stephens Toyota **TOYOTA** **HolidayWorld**  
Discover the world one piece at a time

Registration: 9:00 am  
Final Briefing: 10:00 am  
Shot-Gun Start: 10:30 am  
Prize, Presentation, Raffle Draw and Silent Auction: Approx. 3:30 pm

**Registrations: [www.nelsonbayrotary.org.au](http://www.nelsonbayrotary.org.au)**  
**Contact: Arja Levonpera**  
**M: 0412 373 050 E: [arja.levonpera@gmail.com](mailto:arja.levonpera@gmail.com)**

Preparations for this year's Golf Day are well in hand. Many donations have been received but we are still looking for a major auction Prize.

### Regular get-togethers:

1st Thursday of each month: Ladies get together dinner in Club Bistro.

2nd Wednesday each month: Project Neighbour.

3rd Wednesday each month: Honorary members get together 10:00AM Evviva Café.

## Rotary Foundation receives highest rating from Charity Navigator for 12th consecutive year.

For the 12th consecutive year, The Rotary Foundation has received the highest rating — four stars — from Charity Navigator, an independent evaluator of charities in the U.S. The Foundation earned the recognition for demonstrating both strong financial health and commitment to accountability and transparency. Only one percent of the organizations Charity Navigator evaluates have received 12 consecutive 4-star evaluations.

"Attaining a 4-star rating verifies that The Rotary Foundation **exceeds industry standards and outperforms most charities in your area of work**", says Michael Thatcher, president and chief executive officer of Charity Navigator.

"This exceptional designation sets the Foundation apart from its peers and demonstrates to the public its trustworthiness."

The rating reflects Charity Navigator's assessment of how the Foundation uses donations, sustains its programs and services, and practices good governance and openness.

**From Rotary International website**