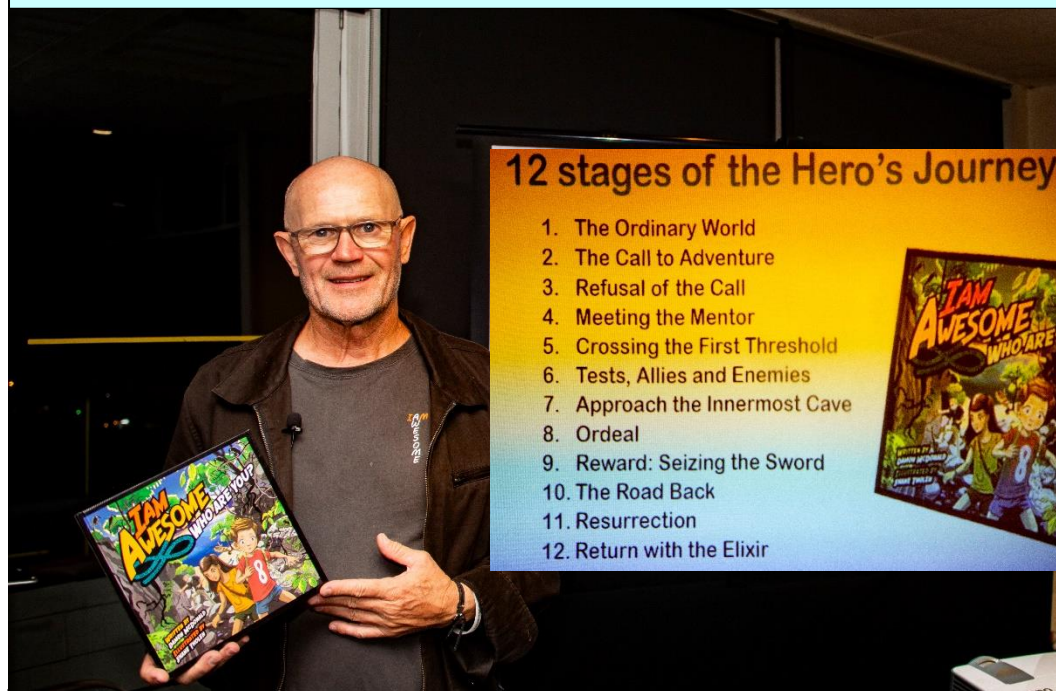


Bulletin # 37 – 5th May 2022



12 stages of the Hero's Journey

1. The Ordinary World
2. The Call to Adventure
3. Refusal of the Call
4. Meeting the Mentor
5. Crossing the First Threshold
6. Tests, Allies and Enemies
7. Approach the Innermost Cave
8. Ordeal
9. Reward: Seizing the Sword
10. The Road Back
11. Resurrection
12. Return with the Elixir



In this Bulletin:

Pg.2: More from meeting;
Damage to binoculars
Bunnings BBQ's

Pg.3: Coming Up

Pg.4: District Changeover

Birthdays 6/5 – 12/5

None this week

Anniversaries

6 May Kathy & Josh
Rimmer

Heads and Tails:

Ian Brigden

Raffle: Ian Brigden

Next meeting

24 February

Door: Richard Turner

Grace: Milton Williams

Intro Speaker: N/A

Thank Speaker: N/A

Bulletin: Dieter Greiter

Photos: Phill Smith

This evening we heard from Damon McDonald author of the book "I am Awesome, Who are you?"

The book sets out to present a road map from "ordinary" to "awesome". Although aimed at children there are lessons for people of all ages, and as Damon says it is suitable for ages from young to 105.

The book takes readers through 12 stages of a hero's journey.

It encourages you to look at yourself in the mirror, to see where you are, to see what's holding you back, to step out of your comfort zone and to realise what you can do, rather than make excuses why you can't do.

Once you learn that you can, it is impossible to un-learn it.

Damon's inspiration comes from his own journey when five years ago he suffered a heart attack and was experiencing depression.

In his own words 'he didn't want to die but didn't know how to live'. By looking inside, he was able to find the way out. The book is being launched on 21st May at a cost of \$35, with eBooks also available as a cost of \$15 at <https://www.iamawesome.tv/>

100% of eBook sales will be donated to kid's charities. This book is the first in a trilogy and Damon has plans to establish a global "I am Awesome Movement" inspiring kids all over the world to believe in who they see in the mirror.

Next meeting – Club meeting with Board Reports

Apologies/Extras by noon on Wednesday to

Ph 0401 450 239

From the Meeting.....



Getting a handle on their new positions are President elect Bob Mitchell and Treasurer Elect Geoff Diemar. The two put up their hands when the positions recently became vacant.



Helen Ryan presents a banner to VC Don Whatham from RC of Paris, France, sent to us by Francoise Lescoffit who visited us back in February.

Members were advised of damage to the Binoculars on Gan Gan Hill. The damage was discovered by Dieter Greiter on Monday. Whilst the loss of cash is a disappointment, the damage to the binoculars far exceeds the cash lost. It also affects our income until they are repaired or replaced. John Stumchke and Geoff Diemar have removed them and are determining the cost of repairs/replacement. The damage has been reported to Police and our insurer has been notified. Even if a claim is successful there is a \$1500 excess that the Club will need to bear. The Board will examine options at next week's Board Meeting and discuss possible improved security measures. It appears that the boom gate was not locked, and anecdotal evidence suggests the gate is often left unlocked - a matter that will need to be taken up with Council.



Coin mechanisms destroyed

Cash box removed

BUNNINGS



Our BBQ at Bunnings last week netted around \$600 - a good result. Thanks to Judi, Milton, Lesley, Phill, Bob, Geoff, Don, Chris, John S, Dieter and Doug B.

Our next opportunity is on Election Day 21st May.

Presently we have two volunteers for each of the morning and afternoon slots but need another two for each shift. Please contact Chris Bartlett if you can help.

Last District 9670 Conference

The District Conference was once again cancelled due to Covid, but a virtual conference will take place on May 28th. You can join fellow Rotarians to experience the last 9670 Conference at various venues.

Speakers include Shane Fitzsimmons - the face of NSW Rural Fire Service in our most recent Bush Fire Emergency, Prof Anita Stumchke, Assoc Dean Research, UTS Faculty of Law and many other high-profile speakers.

There will also be cameo appearances by our own PDG Don Whatham and PDG Helen Ryan. The suggestion is to join other clubs to share the experience.

For more info go to: <https://rotary9670.org.au/sitepage/district-conference-2021-22>

May 12th

Club Meeting with Board Reports and General Discussion. Your opportunity to have your say.

May 19th

Assoc Professor Kelvin Kong

An update on eradicating “Otitis Media” (Middle Ear Disease) present in up to 70% of indigenous children in remote communities.

In 2019/20 Nelson Bay Rotary pledged \$20,000 (later increased to \$30,000) through Hunter Medical Research Institute to this cause.



May 25th

Area Governor Christine Walmsley will join us with an update on the merger of Districts 9670 and District 9650 into District 9660



June 2nd

Sarah Wylie, Director, Hunter New England Public Works Advisory. PWA supports local and state government agencies delivering critical infrastructure initiatives by providing expert advisory, planning, design, delivery, and support services including to hospitals, dams, water treatment plants, high schools. Sarah was awarded a Public Service Medal in the 2021 Australia Day Awards for her role as director of the bushfire clean-up program, working with traumatised and fragile communities in the biggest bush fire clean-up in Australian history



June 9th

Club meeting with Board Reports and general Discussion. Your opportunity to have your say.



June 16th

Robin Oxborrow – Tomaree Over Fifties Fitness Group.



Rotary Districts Changeover



***2021-2022 District Governors
D9650 David Mayne and D9670 Amanda Roach
together with 2022-2023 District Governor
D9660 Neville Parsons***

***have great pleasure in inviting you to join them to celebrate the
last Changeover Dinner for your Districts
and to celebrate the commencement of District 9660***

***At Laurieton United Services Club (LUSC)
2 Seymour Street Laurieton
Saturday 25 June 2022
6:00pm arrival for 6:30pm Dinner
\$40 per person
Bookings and payment made direct to the LUSC
Phone: 6559 9110
Bookings close: 11 June 2022***

When booking please advise any special dietary requirements

**Do you know that
awesome feeling
when you get into
bed, fall right asleep,
stay asleep all night
and wake up feeling
refreshed and ready
to take on the day?
Yeah, Me Neither!**

