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### JUDY HICKS - INTERPLAST



Guest speaker Judy Hicks D9670 Chair of Interplast and President of the Rotary Club of East Maitland provided an excellent and very comprehensive presentation on the Interplast program. Interplast was established in 1987 as a joint program of Rotary and the Royal Australian College of Surgeons. The Interplast team members are volunteers comprising surgical and medical specialists working with non - specialist but equally important Rotarians and ancillary medical staff.

Interplast differs from ROMAC mainly because it conducts its procedures in overseas countries ROMAC patients are brought to Australia for treatment. Patients vary from those requiring cosmetic surgery for facial and body disfigurements such as cleft palate to those suffering extreme injuries from burns and motor vehicle accidents.

Whilst the volunteer surgeons perform the medical procedures, Rotary Districts and Clubs sponsor the travel, accommodation and post operative care of patients and accompanying family member/s.

A secondary role of Interplast is training local surgeons and medical trainees brought to Australia from South Pacific, PNG and South East Asian countries. Training in surgical and medical procedures is provided in Australia by specialist volunteers and on return home better medical treatment can be provided locally. The Rotary Foundation provides some funding for the expenses incurred by the trainees. Nurse training is another critical area and simple training in good hygiene practices has saved the lives of many patients.

### PROJECT NEIGHBOUR.

Project Neighbour once again proved an enjoyable afternoon for our guests and host Rotarians. Many thanks to Robert and President Judy who rearranged their day to enable them to participate. This long running program is very much appreciated by our regular guests. For some it is their major social outing of the month and most have become close friends with others in the group and our Rotary members. We are always looking for others to become involved. The outing is just two hours on the third Wednesday of each month. See Robert Mitchell if you would like to become a host driver.

### Lady Luck

Raffle winner Lynne Treble and Heads & Tails Peter McBean

### Congratulations:

#### Birthdays:

21 Apr: Val Morris  
22 Apr: Judi Priestley  
23 Apr: Lynne Treble  
25 Apr: Kathy Rimmer

#### Anniversaries.

23 Apr: Henk & Agnes Tobbe.  
27 Apr: Phill & Christine Smith

### Next Week:

#### Door:

Bill Michel  
Robert Mitchell

#### Meet & Greet:

Peter Page  
Ed Parker

#### Toast:

Tricia Parnell

#### Grace:

Judi Priestley

#### Introduce Speaker:

Graham Pretty

#### Thank Speaker:

Hugh Randall

#### Bulletin:

Deiter Greiter

#### Photos:

Henk Tobbe.

**APOLOGIES AND EXTRAS TO JOHN CRUMP BY NOON WEDNESDAY PLEASE  
PHONE OR TEXT 0401 450 289.**

### **POPPY MOORE EMBARKS ON AN AUSTRALIAN SAILING ADVENTURE.**



Our Club was honoured by the presence of Poppy Moore who is currently underway with her plan to sail her boat around Australia. She is undertaking this fund raising effort in honour of her father who suffers from Parkinson's Disease. Port Stephens is her third port of call after leaving her home club the Balmain Sailing Club. She plans to visit as many sailing clubs as possible as she completes her journey. Currently she is the guest of Anchorage Resort and Port Stephens Sailing Club.

Poppy's journey is planned to take two years to complete and she is seeking volunteer crew along the way. Our most generous member Jim Booth will visit Poppy's boat whilst in Port Stephens to donate and set up some fishing gear for her.

### **WORLDS GREATEST SHAVE.**

Our club participated in the World's Greatest Shave Fundraiser recently conducted by the Leukaemia Foundation. Though most of our members lacked the head covering to be physically shaved we did make a donation of \$500 towards this excellent cause.

Every day 35 Australians will be devastated by the news that they have leukaemia, lymphoma, myeloma or a related blood disorder. Our gift will help provide free emotional and practical support, like counselling, transport to and from chemotherapy and accommodation for regional families during weeks and months of treatment in the city. It will also advance life saving blood cancer research to develop gentler treatment and find cures.

Secretary Don presented a certificate of appreciation to President Judy.

### **SATELLITE CLUB NEWS**



"Our group of prospective members has arranged to meet this coming Monday for "Happy Hour". One of the group has offered to host the gathering at Broughtons on the Bay and the purpose is to discuss and plan their next step towards becoming Rotarians and also their ideas of projects within the community. They have planned to meet for one hour, 5.30pm to 6.30pm, and it would be good to have some Rotarians from our Club at the meeting. The purpose would be simply to answer any questions and give some guidance and support, not actually to be involved in their meeting. They are great young people and an inspiration to us all."

Editor's note: Director Robert has provided the information above. There is an invitation to Rotarians to spend an enjoyable hour with our prospective Rotarians. Don

**Pay your dues and special dinner fees by EFT: Account name: Rotary Club of Nelson Bay Inc. - BSB: 637000 Account #: 781017418 (please, mention your name and what you are paying for.**



**Travel with a Purpose!**

**HOP ON HOP OFF**

to get to  
**your holiday destination**

**WITH THE MUSTER FOR MENTAL HEALTH!**

A mental health fundraising and awareness initiative of Australian Rotary Health

Starting from July 2017, we'll "hop on and hop off" around the country across 12 exciting scenic Drives. It's an opportunity to meet like-minded people while supporting a great cause, and it's only \$25 per person per day (minimum 10 days per drive).

Costs include specified Muster morning teas and dinner, tours, Rotary Club visits and Happy Hours. Fuel expenses and accommodation not included.

Everything you need to know can be found at: [www.muster.org.au](http://www.muster.org.au)

Contact Terry Davies for further information. Email [Terry@arh.org.au](mailto:Terry@arh.org.au) or phone 02 88371900



Volunteers required for the community table at the Salamander Shopping Centre

We will be advertising the upcoming Forum on schizophrenia (West Diggers on 4 May 2017). See below

Can your members help.

Friday 28/4/2017 - Tuesday 2/5/2017. 2 hour shifts as follows

Shift 1- 9.30am Shift 2 11.30am Shift 3 1.30pm

I would like your members to call me or email and give me their preferences.

Bernie Fitzsimons

Phone: 0419171291 Email: [bapnbj@bigpond.net.au](mailto:bapnbj@bigpond.net.au) You may also reply by text.

### Lifting the Lid On Mental Illness

Forum – 5:30pm – 04 May 2017

Diggers Club Nelson Bay



Prof. Cyndi Weickert Prof. Helen Christensen



### Lifting The Lid On Mental Illness

### COMMUNITY & ROTARY EVENTS

Events advertised on this page are included as a community service and members are encouraged to provide support

**LET ME TELL YOU 'BOUT THE...**

*Musical Director* Kathryn Dries  
*Soprano Soloist* Kathleen Moore  
*Pianist* Michael Power

This somewhat suggestive yet irresistible theme emerged from our desire to celebrate our natural world. These entertaining creatures are celebrated in so many whimsical, scintillating, comical and unforgettable songs. Those we have chosen to sing will surely leave you "buzzing" with excitement.

**JUNE 24TH AT 2PM**  
**SALAMANDER UNITING CHURCH**  
174 Salamander Way, Salamander Bay, 2317

**TICKETS: \$25**

Tickets available from:  
[eventbrite.com.au](http://eventbrite.com.au) or  
Black Pepper, Salamander Shopping Centre  
Izumi Fashion Boutiques.

For information call Pat on 0451 498 003

**Port Harmony Inc.**



### A CAVALCADE OF EXQUISITE CRAFT

Featuring works by  
Olive O'Kane

Plus Talented Presenters, Entertainment  
and a delicious Afternoon Tea

**SATURDAY 13 MAY 2017 – 2-4 PM**

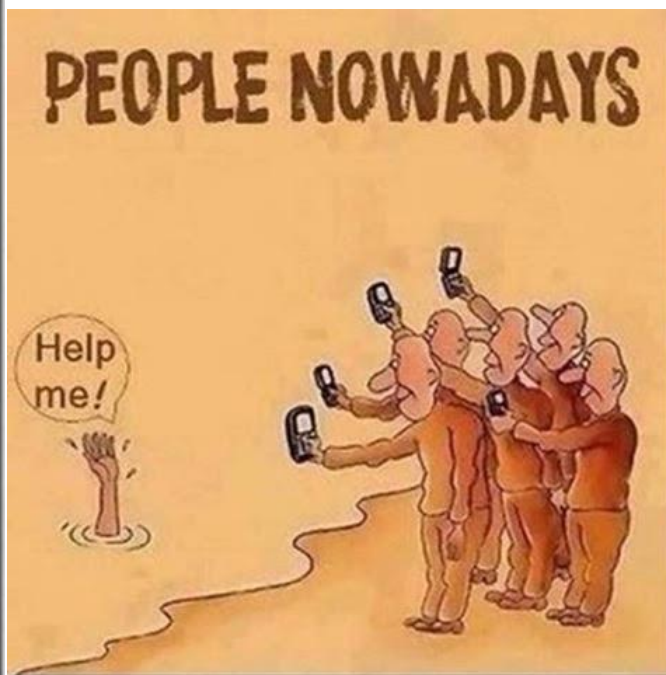
**Nelson Bay Community Hall, Norburn Avenue**

**Organised by Nelson Bay VIEW Club**

Supporting disadvantaged Australian students through  
The Smith Family Learning for Life initiative

Tickets: \$20 Available at VIEW April & May meetings  
or from Black Pepper at Salamander  
Details from: VIEW Events Co-ordinator Lorraine on 4984 9456





**HUMOUR WE WILL ALL RELATE TO – COURTESY OF RICHARD TURNER & THE ROTARY CLUB OF PATTAYA BEACH THAILAND.**

### **UPCOMING EVENTS/MEETINGS**

**Thursday 27 April – Kurt Purkiss - Superannuation.**

**Thursday 4 May – Club meeting at Bowling Club and NeuRA Mental Health Seminar at Wests.**

**Saturday 6 May - Bunnings BBQ – proceeds to ARH**

**11 May – Club Meeting**

**Thursday 25 May – Launch of our 60 Year History Book**

**Saturday 27 May – Winery tour – Make booking now \$25 to Club account or see P Smith**

**1 June – Sandy Columbo – Courageous Conversations - Leadership**

**Saturday 1 July – Club & District Changeover**