

Bulletin 41 – 9th May 2019

The Taylor Family with Baby Joshua



In tonight's meeting we had the Taylor Family as our guests with 'star' Joshua.

Joshua was diagnosed with Cystic Fibrosis shortly after birth. This causes a build-up mucus in his lungs. In order to clear his lungs a physiotherapy is administered that involves a series of open-palmed slaps to the ribs to shake lose the mucus, Taylah referred to this as 'doctor sanctioned child abuse'.

Following extensive research on the matter they found the solution in a clearing vest, although still controversial by current medical practice, they decided to give this a go. The only problem was that the cost of \$15000.- (not covered by Medicare) was far in excess the young family could afford.

Dad William started fundraising by way of selling raffle tickets door to door.

Business woman Anita Marshall with Rotarian Alicia Marshall, Pres. Kathy Rimmer subsequently organized a fundraising event at Little Beach Boathouse that raised the required amount, that assured the purchase, and more for medical treatment.

The funds raised were matched 1:1 by Rotary and the Dick Smith Foundation

as well as Bunnings a major sponsor and not to mention the generous donations of members of Nelson Bay Rotary, Salamander Bay Rotary and guests of the event. There are no further costs for the vest, as the equipment is covered by a lifetime warranty and new vests, as up-sizing is required.

It was heartwarming to see young Joshua as a thriving youngster despite the bad deck of cards he was dealt with.

Taylah is expecting another baby and we wish her the best of Luck.

Thank must go out to our member Chelsea for managing the process, another example of Rotary helping the local community which is what Rotary is all about.



In this Bulletin:

Pg 2: Club Announcements & Presentations

Pg 3: next week's Speakers and Visitors,

Pg 4: Changeover Invitation.

Birthdays this week:

none

Anniversaries:

15th May M&M Jenkins

18th May R&J Turner

19th May J&J Shaw

Heads & Tails:

David Clark

Raffle:

Doug Bairstow

Member Duties 16th May

Door:

D. Clark

Meet/Greet:

J.Booth

Loyal Toast:

E.Clarke

Grace:

J.Crump

Intro Guest speaker:

L.Friend

Thank Guest Speaker:

A.Levonpera

Bulletin:

Phill Smith

Photos:

Phill Smith

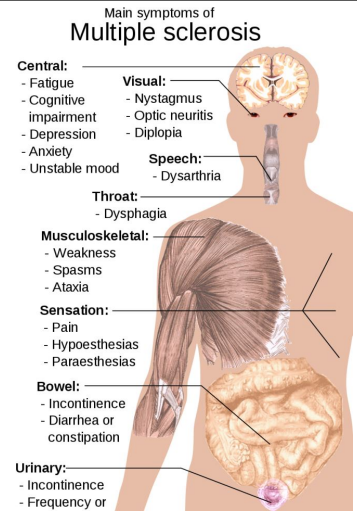
Binos:

J.Crump & Valerie

Kiss Goodbye to MS Walk

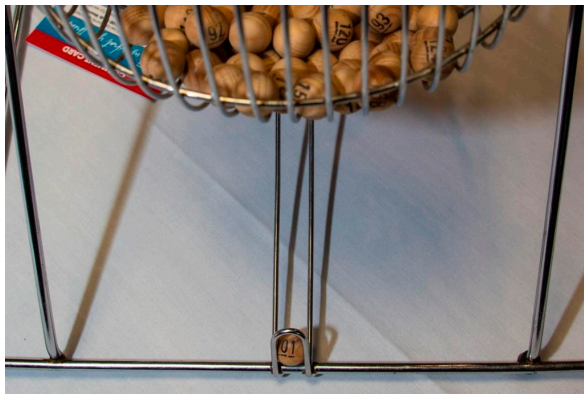


Kathy gave us a brief insight of the almost invisible disease MS and why she is walking 50km in May to raise funds for research. The disease in which the insulating covers of nerve cells in the brain and spinal cord are damaged. Demonstrated here by a electrical cable where the internal wires



represent the nerves and the outside insulation cover and that is what is damaged by the immune system. This damage disrupts the ability of parts of the nervous system to communicate, resulting in a range of signs and symptoms, including physical, mental, and sometimes psychiatric problems. Specific symptoms can include double vision, blindness in one eye, muscle weakness, trouble with sensation, or trouble with coordination. MS takes several forms, with new symptoms either occurring in isolated attacks (relapsing forms) or building up over time (progressive forms). Between attacks, symptoms may disappear completely; however, permanent neurological problems often remain, especially as the disease advances. Often the body bypasses the damaged section with a detour resulting in slower movements due to the much longer path taken. Currently there is no cure only treatment to slow or stop the advancement of the disease.

Kathy with daughter Taylah have committed to walk the 50km in the month of May and all funds raised from this event <https://kissgoodbyetoms.org/> and the movie event @ Nelson Bay Cinema Sunday 2nd August will go to MS Research. You can sponsor Kathy and Taylah from the link or support the cinema event in August.



The Board has decided to bring the Lucky Door prize Raffle back and after several spins #01 came up and was won by Doug Bairstow.



Nelson Bay Town clock

Richard Turner

reports after many years of preparation with PS Council, finally the installation of the Town clock will begin on 19th August.

These projects take time and must not be rushed



Pay your dues and special dinner fees by EFT:

Account name: Rotary Club of Nelson Bay Inc. - BSB: 637000 Account #: 781017418

(please, mention your name and what you are paying for.)



You can also use your credit card for any payment via our "Square Reader" EFTPOS terminal

Club Announcements

Roadwhyz



Thank you to Richard Turner, Judi Priestley, Liz Friend, Lesley Freeman, John & Yvonne Stuhmcke, Don & Fiona Whatham who assisted with catering morning tea and support to the Roadwhyz team.

Our club sponsored the annual Roadwhyz program again, it was the 20th Driver Awareness program sponsored by our club.

This year's event, attended by 256 Year 11 students from Tomaree High, St. Phillips and Medowie Christian School. The students were outstanding in their attention to all speakers who presented a graphic and relevant message about safe driving habits.

The presentation was hard hitting with nothing spared.

The students were very moved and many commented on the value of the message they received.

Guest Speaker



Our Guest Speaker next week is Sheree Gemmel GM of Harbourside Haven on subject Changes in Aged Care and an update on the new Accommodation at Salamander Bay



THANK YOU TO PRIMARY SPONSOR – ROTARY

I wanted to take this opportunity to thank the Rotary Groups that supported the Heaven Can Wait Charity Sailing Regatta (HCW) which ran over the weekend of February 23 and 24. The regatta raised a total of \$40,000 for the supported charities - \$35,000 for the Hunter Branch of Cancer Council NSW and their Home Help Program, and \$5,000 for Lake Macquarie Marine Rescue who provide on water support during the running of the regatta. Rotary Sponsorship totaled \$4,000 – a great effort supporting their position as a primary sponsor. The 2019 proceeds bring the total raised since the regatta's inception 13 years ago, to in excess of \$300,000.

Sixty (60) boats were registered to start in the 2019 regatta but 3 boats from outside Lake Macquarie dropped out before the start because of the forecast weather conditions and the difficulty of getting back to their home ports. There were other boats that did not put an entry in for the same reason or because of concerns about the depth of the Swansea Channel.

The 2019 regatta proved to be a very challenging time for competitors, particularly those doing the overnight races, with 30 plus knots of wind experienced in the early hours of Sunday morning. Many competitors experienced gear failure and only 6 of the 15 boats entered in the 24 hour race, completed the 24 hours of racing.

Star performance in the regatta was Andrew Sim in the One Lap Dash – a 30 nautical mile dash around the length and breadth of the lake. Andrew – sailing a Moth (Out Of The Blue), broke Nathan Outteridge's 2013 record for the One Lap dash completing the circuit in 2h 11m 20s – a shade under 3 minutes better than Nathan's record. Second across the line was Ric Black on a kite board and third was Nathan Outteridge and sister Hayley on a Nacra foiling catamaran. Tasha – a Lake Macquarie Yacht Club catamaran, took out Line Honors in the 24 Hour Race.

Pre Regatta entertainment featured well known local aerobatic pilot – Paul Bennett, who put on dazzling display for competitors and the local community in front of the Royal Motor Yacht Club at Toronto. This is the second year that Paul has starred in the pre race entertainment and he has committed again for 2020.

Again, many thanks to all the Rotary Clubs that helped make this happen – we do hope you will again support the event in 2020 which is scheduled for February 22-23.

Mel Steiner

Vice Commodore – RMYC Toronto
Race Director HCW Charity Sailing Regatta.

Thank You letter from Toronto Royal Motor Yacht Club for our contribution to the 'Heaven Can Wait' Fund Raising Sailing Regatta that has raised in the 13 years since inception >\$300.000 for Cancer Council NSW & their Home Help Program

Events for May/June

- Thu. 16th May – speaker: Sheree Gemmel from PS Vet. & Citizens Aged Care Ltd.
- Thu. 23rd May – Vocational visit to Bay Medical Centre Salamander Bay
- Thu. 30th May – Council Volunteer training (note: 5:00pm start)
- Thu. 6th June – Tracie Tickle, Mrs. Australia – Every Child and Young Person Deserves to be Heard
- Wed. 12th June – Board meeting
- Thu. 13th June – Club Assembly
- Thu. 20th June – speaker: Narelle Melhuish from Holiday World Travel more than a transaction
- Thu. 27th June – Changeover Dinner



Invitation

Rotarians and Friends
are invited to the

Rotary Club of Nelson Bay's Club Change Over Dinner

When: Thursday 27th June 2019

Arrive: 6:00 pm

Start time: 6:30 pm

Where: Nelson Bay Bowling Club, Auditorium
Stockton Street, Nelson Bay NSW 2317

Cost: 2 Course Meal

Rotarians and Partners \$35 per person (includes 1 drink ticket on arrival)

Non-Rotarians \$40 per person (includes 1 drink ticket on arrival)

Bookings online (Preferred method): <https://www.trybooking.com/BCMVS>
or

Manual Bookings:

Contact Kathy Rimmer M: 0409 070 622 E: hi@yinyangconsulting.com.au

Dietary Requirements: Include in RSVP

Bank Transfer:

BSB: 637000

Account: 781017418

Reference: {Your Name & "Change Over"}

Cash: at regular meetings

EFTPOS Square terminal: at regular meetings

Cheque: Payable to Rotary Club of Nelson Bay

Early Birds Bonus: Book and pay in May 2019

* Go into the draw for 2 bottles of wine donated by President, Kathy Rimmer

RSVP: before 14th June 2019

