

### Bulletin # 42, 16th May 2019

Our speaker this week Sheree Gemmell, has been with Port Stephens Veterans and Citizens Aged Care (known to many as Harbourside Haven) for 12 years and is its General Manager.

With more than 300 staff PSVACAC is one of the largest employers in the area.

A not-for-profit Company, Harbourside Haven, provides care in three areas:

- Residential Aged care (at 2 sites Shoal and Fingal Bay)
- Retirement living (at 3 sites Shoal, Fingal and Salamander Bay)
- Community services incl transport and in-home support

This requires compliance under three separate sets of legislation which is constantly changing.

Retirement living has had some bad press of late and has resulted improvement in standards with new Aged Care Quality Standards to be introduced form 1<sup>st</sup> July.

The Company commenced 40 years ago with the first stage being built at Shoal Bay. More recently Fingal Bay and Salamander Bay have been established with the latest development of 56 units nearing completion at Salamander Bay adding to the existing 89 villas there.

In total there are currently around 780 residents at the Harbourside Haven sites.

Entry is limited to persons over 60 and retired. It is not income or assets based and requires an entry payment consisting of an interest free loan and a non-refundable component and a fortnightly payment to cover maintenance of units and common areas.

Members were provided with a comprehensive, explanatory pamphlet.

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Birthdays and Anniversaries: 17 May-23 May Nil

**Heads and Tails:** Liz Friend **Raffle** Don Whatham

**Member Duties** Door: Nil - Vocational visit as below Dinner at L'il Buddha, Oasis Centre Shop, 2/3 Town Centre Circuit, Salamander Bay at own cost. Pres Kathy to move vote of thanks Bulletin: Don Whatham Photos: Phill Smith **Binoculars** 20/5 Judi Priestly/ **Dieter Greiter** 27/5 John Stumchke/ **Dieter Greiter** 

**Next Meeting.** Bay Medical Centre **(Salamander) - Dinner at L'il Buddha Apologies/Extras to John Crump by noon Wednesday!** Ph 0401 450 239

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the working with children Check The NSW Government Office of the Children's Guardian which managers Working with Children Checks appears to be contradicting Community Compliance Audits.

Some Club members have received an email requesting details of why the member requires a WWC number. The individual member is expected to respond.by return email. Sample responses are listed. In our instance the appropriate response would be:

"I am a member of The Rotary Club of Nelson Bay. The Club conducts a number of projects involving young people. As a member I am required to volunteer my services as a facilitator or supervisor of such events"

SUNNINGS



Sunday 26 May	Help needed Contact Liz Friend
Morning Transport	
John Stuhmcke	
AM Shift 8.30am to	PM Shift 12.15pm to
12.15pm	4pm
John Stuhmcke	Geoff Diemar
Phill Smith	Peter Page
Don Whatham - tbc	Milton Williams
	Afternoon Trailer:
	Milton Williams
	Assist put-away:?

Warning

Whoever left the door of the raffle barrel open...... Chelsea is looking for you.



## **Nominations for Paul Harris**

Fellows are open. The recipient to be awarded at the Change Over Night 27th June 2019 Email your nominations to Secretary Don at: <u>donwhatham@bigpond.com</u>



#### **Nominations for Community Awards**

Whilst this event has been postponed, nominations for community awards are still being collected and collated Similar to the Pride in Workmanship, if you see someone as an outstanding member of the community being and inspiration send them in

They successful applicants will be awarded **an Immortal Badge** on a presentation night. The \$100 AUD will be placed in the Rotary Foundation Perpetual/Endowment Fund where the money is never spent, hence the title immortal badge.

Dates will be set by the new board and announced

in due course. **Email** nominations to Foundation Director Chelsea <u>chelsea.ellul@outlook.com</u>



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#### Coming up:

- 23<sup>rd</sup> May: Vocational visit to Bay Medical Centre at Salamander Bay
- 30<sup>th</sup> May: Council Volunteer Training (5:00PM start)
- 6<sup>th</sup> June: Tracie Tickle, Mrs Australia "Every Child and Young Person deserves to be heard"
- 12<sup>th</sup> June: Board Meeting
- 13<sup>th</sup> June: Club Assembly
- 20<sup>th</sup> June: Narelle Melhuish "Holiday World Travel more than a transaction"
- 23<sup>rd</sup> June: District 9670 Rotary & Rotaract Changeover.
- 27<sup>th</sup> June: Changeover See invitation below.
  Book at <u>https://www.ytrybooking.com/BCMVS</u>



# Invitation

Rotarians and Friends are invited to the

#### Rotary Club of Nelson Bay's Club Change Over Dinner

When: Thursday 27th June 2019 Arrive: 6:00 pm Start time: 6:30 pm Where: Nelson Bay Bowling Club, Auditorium Stockton Street, Nelson Bay NSW 2317 Cost: 2 Course Meal

Rotarians and Partners \$35 per person (includes 1 drink ticket on arrival) Non-Rotarians \$40 per person (includes 1 drink ticket on arrival)

Bookings online (Preferred method): https://www.trybooking.com/BCMVS

or Manual Bookings: Contact Kathy Rimmer M: 0409 070 622 E: hi@yinyangconsulting.com.au Dietary Requirements: Include in RSVP Bank Transfer: BSB: 637000 Account: 781017418 Reference: {Your Name & "Change Over"} Cash: at regular meetings

EFTPOS Square terminal: at regular meetings Cheque: Payable to Rotary Club of Nelson Bay

Early Birds Bonus: Book and pay in May 2019

\* Go into the draw for 2 bottles of wine donated by President, Kathy Rimmer







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## PHOTOS WANTED: 'Being the Inspiration' Photos of 2018 – 2019:

for Change Over Night slideshow

Photos can be of club members having fun with Rotary or on Rotary project

Ideally, we would like a photo of every member and can include family and friends.

If you don't have a photo you can send in, you have 4 weeks to take one

Email to Kathy on kathy@yinyangconsulting.com.au or Chels chelsea.ellul@outlook.com

# MORE PHOTOS WANTED: 'Rotary Connects the World' Photos of you travelling and connecting with the world

Send in your favourite travel pictures. These will be shared on the night

in line with the incoming Rotary Theme of 'Rotary Connects the World'



# Rotary District Changeover in conjunction with Rotaract District Changeover and Toronto Sunrise Changeover.

12 noon Sunday 243<sup>rd</sup> June 2019 Toronto workers Club Auditorium James Street Toronto. Bookings at <u>www.trybooking.com/490892</u> Enquiries Sue Myles <u>sue@cwsfuelandwater.com.au</u>

A senior Rotarian went into a pharmacy to speak to the pharmacist on duty. While waiting he put a little brown bottle and teaspoon on the counter. The pharmacist came over and asked if he could help.

"Yes, could you please taste this for me"? the senior Rotarian said.

The pharmacist obliged. Taking the spoon, he put a tiny bit of the liquid on it and put it on his tongue and swilled it around.

Then, with a stomach-churning look on his face he spat it out and began coughing.

When he had finished the Senior Rotarian looked the pharmacist straight in the eye and asked: "Now does that taste sweet to you"?

"Shaking his head and with a venomous look in his eye the pharmacist yelled: "HELL NO"!

"Thank goodness!" exclaimed the Senior Rotarian. "That IS a relief".

"My doctor told me to have a pharmacist test my urine for sugar!"



