

Bulletin 43 – 23 May 2019

VOCATIONAL VISIT – SALAMANDER MEDICAL CENTRE.



This week's meeting was an enjoyable and enlightening vocational visit to the new Salamander Bay Medical complex. Our host Dr Tony Plummer took us through the ultra modern medical facility prior to his address on Mental Health issues particularly in males. The evening concluded with a very enjoyable dinner at the adjacent Little Buddah Chinese Restaurant.

Tony explained that the history of the Nelson Bay Medical Group dated back to 1956 in premises near the old hospital now Arts Centre. Dr Clark set up the first practice joined later by Drs Setori, Pidcock and later himself and currently the many doctors who service the Salamander, Soldiers Point and Nelson Bay premises of the group. The original Salamander site opened 30 years ago and was located at the shopping centre. Lack of disabled facilities and high rental caused the group to explore alternate locations. The move to the new Salamander site solved the problem with the state of the art building also housing a pharmacy, coffee shop, Hunter Imaging and Douglas Pathology. Ample parking (including disabled) is available on the level site which allows easy access to all.

We toured the 12 consulting rooms, nurses station (pictured) with adjacent facilities for minor operations, attractive front desk with sound proofed waiting room, medisafe with special temperature controls for medications, computer room linked to the three centres, call centre set up to make appointments and link centre services. The Aged Care Nurse has her own room where she liaises between carers, patients and doctors providing triage services to facilitate patient care. To conclude our visit we all moved to the very comfortable conference room where Tony presented his address on Mental Health issues. The conference room is also used for teaching purposes, meetings and specialist discussions.

Tony expressed his pride in the centre which we all agreed added wonderfully to the medical facilities of the community. It is great for the town and its central location is ideal. The centre occupies 1600sq m.

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Raffle, Heads & Tails

None this week

Birthdays:

Nil

Anniversaries :

19 May: John & Jenny Shaw

27 May: Hugh & Anne Randall

29 May: Dieter & Helga Greiter

Member Duties

30 May 2019

Door: Peter McBean

Meet/Greet: Ian McIver

Loyal Toast:

Peter Page

Grace:

Tricia Parnell

Intro Guest speaker:

Not required

Thank Guest Speaker:

Not required

Bulletin:

John Cropley

Binoculars:

John Stuhmcke, Dieter Greiter

Photos:

Phill Smith

Next week – Council

Volunteer Training –

Commencing 5pm.



COMING EVENTS.

- Sunday 26 May:** Bunnings BBQ – AM: J Stuhmcke, P Smith, D Whatham. PM: G Diemar, P Page, M Williams.
- Thursday 30 May:** Council Volunteer Training – commencing at 5.00pm in the Crows Nest Room.
- Wednesday 5 June:** Board Meeting
- Thursday 6 June:** Tracey Tickle – Currently Mrs Australia International – “Every Child & Young Person Deserves to be Heard” – Dinner Ladies in the Club Bistro.
- Thursday 20 June:** Narelle Melhuish – “Holiday World Travel – more than a transaction.”
- Saturday 23 June:** D9670 & Rotaract Changeover 12 Noon – Toronto Workers Club.
- Wednesday 26 June:** Club catering for ALESCO OLYMPICS at Nelson Bay PCYC. Volunteer required. Please let Milton Williams know if you are able to assist.
- Thursday 27 June:** Club Changeover night at Nelson Bay Bowling Club. Cost \$35 members (including one drink)

Nominations for Paul Harris Fellows are open, recipients to be awarded at the Change Over Night 27 June 2019. Email your nominations to Secretary Don at: donwhatham@bigpond.com



Nominations for community awards are being collected and collated. If you see someone as an outstanding member of the community being and inspiration to others please inform Foundation Director Chelsea on chelsea.ellul@outlook.com. Successful nominees will be awarded an **Immortal Badge** on a presentation night to be announced by the new Board. The \$100 AUD will be placed in the Rotary Foundation Perpetual/Endowment Fund where the money is never spent, hence the title **immortal badge**.

Next meeting – Port Stephens Council – Volunteer Training

Apologies/Extras to John Crump by noon on Wednesday!

Ph 0401 450 23



Invitation

Rotarians and Friends
are invited to the

Rotary Club of Nelson Bay's Club Change Over Dinner

When: Thursday 27th June 2019

Arrive: 6:00 pm

Start time: 6:30 pm

Where: Nelson Bay Bowling Club, Auditorium
Stockton Street, Nelson Bay NSW 2317

Cost: 2 Course Meal

Rotarians and Partners \$35 per person (includes 1 drink ticket on arrival)

Non-Rotarians \$40 per person (includes 1 drink ticket on arrival)

Bookings online (Preferred method): <https://www.trybooking.com/BCMVS>
or

Manual Bookings:

Contact Kathy Rimmer **M:** 0409 070 622 **E:** hi@yinyangconsulting.com.au

Dietary Requirements: Include in RSVP

Bank Transfer:

BSB: 637000

Account: 781017418

Reference: { Your Name & "Change Over" }

Cash: at regular meetings

EFTPOS Square terminal: at regular meetings

Cheque: Payable to Rotary Club of Nelson Bay

Early Birds Bonus: Book and pay in May 2019

* Go into the draw for 2 bottles of wine donated by President, Kathy Rimmer

RSVP: before 14th June 2019



PHOTOS WANTED FOR CHANGEOVER SLIDESHOW DISPLAY.

Please forward photos you may have involving any club event or holiday travel you have taken during the past year. These will remind us of the **"Inspiration"** we have all been during the past year or show how **"We will Connect the World"** during the next year. Please email photos to: Kathy on kathy@yinyangconsulting.com.au or Chelsea on chelsea.ellul@outlook.com