

Bulletin 5 of 3rd of August 2023

Guest Speaker tonight was Snr Constable Krystle Wilcox who is the Pt. Stephens/Hunter Aged Crime Prevention Officer.



Krystle didn't come in uniform to the meeting tonight and this picture was taken at Raymond Terrace Police station.

The Aged Crime Prevention Officers are a newer position within the police force to specifically support the needs of the vulnerable elderly who may also have a disability or are homeless. Currently there are 12 ACPO officers in NSW and Krystle took up the role in August 2020 having been in police force about 10 years before this role.

Krystle then talked about some of the scams which are present currently. She urged people to send in the details to scam watch 1800 941126 if they discover something new. As is always

advised don't open any links on emails, and just don't open emails from sources you don't know. Scammers often convincingly masquerade as businesses such as Telstra, Link Toll, PayPal etc. Don't part with any personal information online as legitimate businesses do not ask customers to do this. If you are asked for such on the phone, instead suggest you will make direct contact with the company involved. If you legitimately have an issue with a company they will have a record of any calls that have been made to the customer, but it is often discovered they know nothing about the matter. Change your passwords regularly, update virus protection, and disable unwanted applications are some other suggestions.

A few other points on staying safe for the elderly, but for anyone, are avoiding travelling alone at night on public transport, try to go in a group. Let someone know when you plan to get home. Never let anyone into your house that you do not know. Make things difficult for opportunistic criminals. If you leave your door unlocked with keys sitting near the front door, with you car sitting in the driveway, it is tempting fate. Criminals will look to quickly steal things from the car or take the car. Keep keys, phones, wallets, purses, etc hidden at home. Report suspicious behaviour to the police.

Krystle also mentioned the Next of Kin program appropriate to elderly living alone to give police background information on them, and allowing some closer monitoring. The 0444 444 444 number is the one number which is not a scam and will be sent to all phones in a certain vicinity in regards to missing persons, floods, fires or the extreme events. You can download the Emergency Plus app on your phone which will provide your exact location to authorities when 000 is called through GPS built into phone. It does not take up much space on your phone. We all enjoyed some good tips on keeping safe and avoiding becoming a crime victim.



In this Bulletin:

1. Guest Speaker Krystle Wilcox. Raymond Terrace ACPO

2. Hospital Garden & 3 minutes of family history

3. 175 Years of Public Education address

<u>Details for week following our</u> <u>next weeks meeting</u> Birthdavs

Doug Bairstow 3rd of August

Anniversaries None this week

Heads & Tails:Geoff Diemar Raffle: Lesley won again having just done the talk again. The joker still remains elusive in the pack of cards.

<u>Next meeting</u> <u>10th of August</u> Club Meeting Discussion of forming subgroups within our club, on directorships

in which you have interest.

Door:Doug Craike

Meet and Greet:Peter Mc Bean

Toast: Peter Page Grace: Ian Brigden

Bulletin Editor : John Cropley

Photos: Chris B. (of garden)

3 minute talk Lesley

Important Dates in August;

18th of August Roadwhyz program at St Phillips auditorium

31 August: Science Discovery Day at Tomaree HS

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Another busy week at the Reflection garden. On Monday, Tuesday and Wednesday the final screens were installed by Geoff Diemar and Doug Craike, while gardens were also watered. On Thursday, we detected a leak in the watering system and this will be fixed in the next couple of the days. The bottom edging on the slope was installed, plus a general cleanup carried out. On Friday, the Sir Walter grass was picked by Doug and taken to the garden , where Doug, Geoff, Richard Turner, Milton Williams and David Hurley laid around 70 metres of turf. This leaves only a few small tasks to be completed. The photos will show the great progress made

This leaves only a few small tasks to be completed. The photos will show the great progress made this week.



Photos from work this week at the Tomaree Hospital Reflective Garden. Photos supplied by Chris Bartlett.

3 Minutes from Lesley on her Famous Family Connections.

We heard in a previous talk about a relative on her father's side who was the son of a convict and is buried in Oakhampton cemetery in Maitland. On her mother 's side lineage can be traced back to Charles 1st king of England. The family name was Stewart.He met a premature ending after having disagreed with the parliament too many times and sparking conflict between his supporters and those of the parliament. He was executed for treason, for crimes against the crown, when in fact he was the king. Their family line comes through Henry Stewart, Duke of Gloucester, who died quite young (20) and passed into obscurity, but had a young bride and family.



This article was prepared by secretary Don from a transcript provided by John And Yvonne who attended the event at Tomaree High School last Wednesday. The good news is that Don's fingers are working well even if it is with effort to get to the computer.



175 YEARS OF PUBLIC EDUCATION.

Professor Anita Stuhmcke, daughter of VP John and Yvonne provided the keynote address at the Tomaree Learning Community Education Week Awards Ceremony held at Tomaree High School on Wednesday evening. The event was attended by many local community leaders and members including Mayor Ryan Palmer and Councillor Leah Anderson. Principals and representatives of Anna Bay, Bobs Farm, Shoal Bay, Soldiers Point and Tomaree Public Schools and Tomaree High School were present.

Professor Stuhmcke is Dean of the Faculty of Law at the University of Technology Sydney. Anita completed her primary and secondary education at Nelson Bay Primary and Nelson Bay High School. She completed her HSC in 1985. Anita was a Rotary Exchange student to Germany in 1986. She completed a BA/LLB (Hons) at Macguarie University, MJuris (Hons) at the University of

Sydney and PHD, Law at ANU, Canberra.

Professor Anita Stuhmcke is a distinguished legal scholar committed to social justice. Anita's research focuses upon facilitating legal and policy change to promote the ability of an individual to access and exercise legal rights. Her work in these areas has led to important policy and law reform, in particular reforms concerning reproductive rights and the role of ombudsman.

As Dean of UTS Law, Anita leads a faculty that provides a high-quality legal education, values innovative scholarship, and contributes to the public good as a positive and forceful agent of change. UTS Law is ranked by the Australian Research Council as above world standard for Excellence in Research and for Research Engagement and Impact.

Anita is committed to the faculty being Indigenous led. She has been heavily involved in the faculty's response to technology and the changing nature of the legal profession, introducing new subjects and programs, and developing impactful areas of research and partnership. Anita's research straddles areas of social change that explore social exclusion and public access to services, such as the transition from citizen to consumer in public law. Her research philosophy is that academia does not exist in isolation from developments in society but is both a result of and an impetus for social change.

Anita has held a variety of leadership and service positions at the university and faculty level, including being an elected member of UTS Council, board member of Activate UTS, Student Ombud, chair of the University Appeals Committee and Student Conduct Committee.

Anita's address focused on the opportunities offered by public education. She highlighted the achievements of some of her colleagues and other students educated at Nelson Bay and Tomaree High. She praised the quality of her education and the encouragement provided by all those involved in it. Her message to young people was that incredible opportunities are available to any young person prepared to set goals and work towards achieving one's ambitions and dreams.

Anita spoke of the "Bond of the Bay" the special relationship between people who have been privileged to have spent part of their life in the Bay. Anita was one of the 788 babies born at Nelson Bay Hospital, now the Community Art Centre.

During the Evening Education Week Awards were presented to students, teachers and Community members who had made a significant contribution to public education during the past year. I was sorry to have had to miss this significant event due to my hospitalisation but am pleased our club was represented by Youth Director Lesley, John and Yvonne.

Don Whatham Secretary.