



A Perfect Fit



Elyse Brightman/ For The Plain Talk

Listening

A class of second graders listens to a presentation on bicycles and bicycle safety at Jolley Schhol during a bike safety program put on by the Vermillion Medical Clinic and Rotary Club.



types of bicycles and how to use them safely.

“We kind of look at all the different types of gear and we have one medical station that looks at some of the complications from crashes and some of the outcomes from not wearing your helmet and things like that,” Yelverton said.

Second grade is chosen as the age because most students already have bikes at home and know how to ride them. Yelverton said the idea of using a helmet should be instilled in the mind as young as possible.

“I do know that in a year in the US there are over 500,000 bike injuries that go to emergency rooms. They may not be head injuries,” Yelverton said.

Helmets are not only useful on bikes, but anything with wheels, like skateboards, roller skates and outdoor vehicles.

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Local Clinic, Rotary Team Up To Provide Helmets

The Vermillion Medical Clinic and the Vermillion Rotary Club continued spanning more than two decades with the bicycle helmet giveaway to Vermillion second graders.

Friday, April 21, marked the 23rd year the two organizations used the giveaway as an opportunity to educate the students about bike safety. About 150 helmets were handed out to the second graders at Jolley and St. Agnes schools.

“We find it’s very beneficial. We want to protect all the young kids because head trauma is the number one way kids die if they get into a crash,” said Dr. Charles Yelverton of the Vermillion Medical Clinic.

He added that bike helmets are shown to be effective in over 85 percent of accidents in helping to save a person from head trauma and even to save a life.

For about an hour the students gathered in the gymnasium of Jolley School and rotated through five different stations with small presentations about different