# BULLETIN

### PRESIDENT'S MESSAGE

Another good week for Yarra Bend Rotary. We had nine members attend District Assembly, and five members went to visit the Young Mums program at the Croydon Campus of Swinburne University. Yarra Bend Rotary has donated several sewing machines and bundles of fabric to assist the girls with their business venture 'Snuggle Boxes' as part of their VCAL studies.

During the visit we heard how the teenage mothers are continuing their education as well as learning new life skills that hopefully assist in developing a pathway to their future careers and gain jobs in their chosen line of work. Thanks to Program Coordinator Louise Schilling and her team for making us so welcome as well as the delightful afternoon team prepared by the young mum's.

The Richmond Rotary Club has invited us to an event that will feature former media personality Mal Walden.

Stay safe Clint

#### **OUR TEAM**

#### YARRA BEND EXECUTIVE

President Clinton Sceney
Vice President Justin Wibrow
Secretary Anne Brown
Treasurer John Pocock
President Elect Ken Maher
CLUB AVENUES OF SERVICE

Community Bob Lambert
Club Service Bill Chow
Foundation Matt Pollard
International Isabel Armer
Vocational David Shave
Youth Edda Williams

**CLUB PROTECTION & PRIVACY OFFICER** 

John Orr

**ROTARY INTERNATIONAL PRESIDENT** 

John F Germ

**DISTRICT GOVERNOR** 

Neville John

**ASSISTANT GOVERNOR** 

Rosalind McMorrow

UPCOMING SPEAKERS AND EVENTS		CAMBERWELL MARKET DUTY		
31 <sup>st</sup> May 17	Ross Ollquist - MbB	28 <sup>th</sup> May 17	Bob Lambert	
07 <sup>th</sup> June 17	Food Bank vocational visit	04 <sup>th</sup> June 17	Ross Ollquist	
14 <sup>th</sup> June 17	Changeover dinner	11 <sup>th</sup> June 17	William Liew	
21 <sup>st</sup> June 17	Duncan Elliott NW Freeway link	18 <sup>th</sup> June 17	Edda Williams & Clint Sceney	

WEEKLY DUTY ROSTER							
DATE	CHAIR	THOUGHT & GONG	MEMBER'S MOMENT	SET UP / PACK AWAY	BULLETIN NOTES		
31`May 17	Isabel Armer	Ken Maher	Ken Maher	Mark Miller	Jane Stott		
14 <sup>th</sup> June 17	Changeover						
21 <sup>st</sup> June 17	Bill Chow	Bob Lambert	Bob Lambert	Bill Chow	David Shave		
28 <sup>th</sup> June 17	Bob Lambert	John Orr	John Orr	Tony Boyd	William Liew		



## Dinner Meeting - 24th May 2017



Chairman - William Liew

Guests: John McCaskill, Ravinda Seepersad

#### Thought of the Day -

"It is useless to put on you brakes when you're upside down" – Paul Newman

#### **Members Moment – Isabel Armer**



**District Grants -** Isabel discussed some possible projects the Board and members might consider for club support including the funding of computers at a school computer lab in Nepal. Isabel said that in order to get funding the project had to ensure that it was sustainable for the community.

#### Door Prize - David Chivers



David Chivers presented with this weeks door prize by guest John McCaskill

## Rotary Club of Kew 50<sup>th</sup> Year Celebration

President Bob Slater and the Board of the Rotary Club of Kew request the pleasure of your company at a lunch to celebrate the 50th anniversary of the Charter of the Club to be held at the Kew Golf Club 120 Belford Rd Kew East on Friday 16 June 2017 at 12.30 for lunch at 1.00 Cost \$30 per person includes 2 courses and some beverages

Call Murray Chessell, at mchessell@bigpond.com, 224 Clarendon St East Melbourne 3002 or 0400 005 190



## **Social Isolation**



# LONELINESS BREAKS THE SPIRIT

Proverb

## John McCaskill - Canterbury Rotarian

An estimated ten per cent of the population suffers from some sort of social isolation. It can occur through a variety of reasons such as poor mental health; loss of employment, or even disconnection with modern life.

John talked about his experience of social isolation that lasted for some six months after he sold his business in 2013. He said he felt lost and isolated for a long time. He contacted some friends who told him about getting involved in an activity that was about teaching older people - new technology.

The Boroondara Cares Foundation has a program that addresses social isolation in the community. This work is supported by the eight local Rotary clubs, Boroondara Council, and Swinburne.

John said the various programs that the Foundation supports all aim to give people who suffer social isolation, a sense of purpose in life. Early identification of social isolation is important so that it does not develop in to depression and other mental issues. Click her to read more about - Social Isolation

## ANNUAL CHANGE-OVER DINNER

President Clinton Sceney and President Elect Ken Maher, request the pleasure of your company at the 2017 – 2018 Change-over Dinnerto be held at The Amora Hotel - 649 Bridge Road Richmond on

Wednesday 14th June 2017 From 6.30 pm for 7.00 pm

Two course meal at \$50.00 p.p. Refreshments available at bar prices

Bookings are essential - please advise any dietary requirements

Bookings and payment can be made by clicking the following link

**Try Booking** 

For further information contact Anne Brown (Secretary) 0404029165 or annanded@iinet.net.au



## Vocational Visit - Food Bank 7th June 2017





A reminder of our clubs forthcoming visit to Food Bank on 7 June, 2017

Location: 4/2 Somerville Road Yarraville VIC 301

Melways Ref 42 C9

After - Dinner at the Yarraville Club. 135 Stephen St, Yarraville

Melway Ref 42 B9

#### YARRA BEND ROTARY

If you would like to know more about Yarra Bend Rotary, please call Club Secretary Anne Brown on 0404029165 or email anneanded@iinet.net.au

You might like to join us for dinner. We meet every Wednesday over dinner at the Amora Hotel 649 Bridge Road Richmond at 6:30 p.m. for 7:00p.m. Just contact the Club Secretary to make arrangements.

Our Mailing Address is P.O.Box 271, Kew East, Victoria, 3102 or e-mail: yarrabend@rotarydistrict9800.org





