

PCYC Gold Coast Youth Programs





PCYC Queensland

PCYC is a not-for-profit organisation offering programs and activities to all ages and levels.

PCYC has been working with Queensland Police since 1948 and supports over 70,000 members across 56 clubs from the Torres Strait to Gold Coast.

Together we are building safer healthier communities through youth development.





Youth Programs

Where do we deliver:

- In Club
- In Schools
- In Community



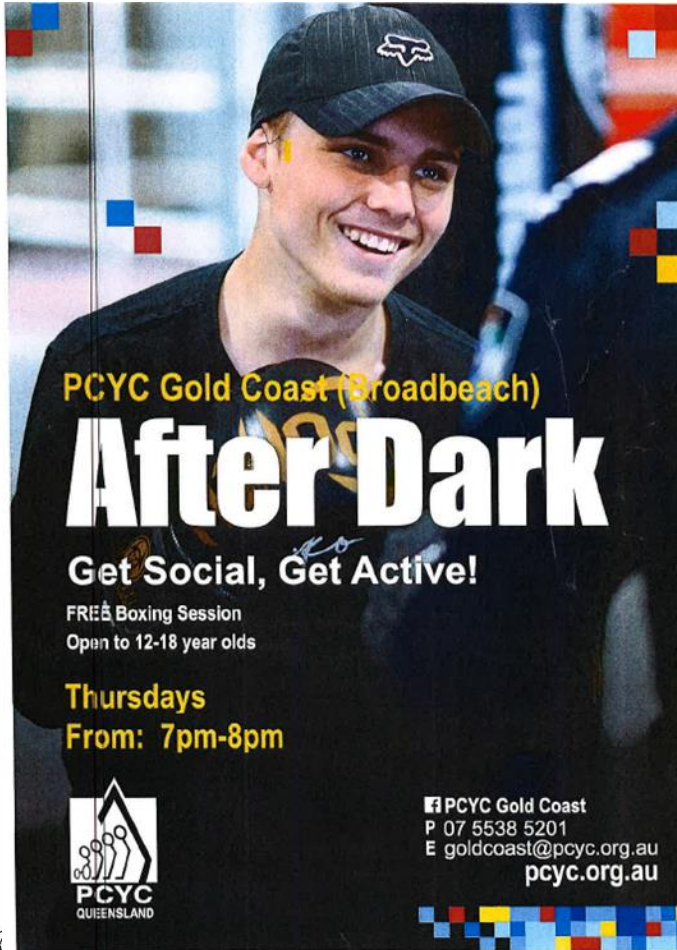


Youth Programs In Club

- **Rise Up Be Yourself (RUBY)** – FREE fitness program for women affected by Domestic & Family Violence
- **Boxing After Dark** – is a FREE boxing program for young people aged 12-18 years and is delivered every Thursday from 7pm-8pm
- **Youth Leadership Team (YLT)** – weekly youth group for young people aged 14-24 yrs*
- **Duke of Edinburgh International Award** – for young people aged 14-24 years. 3 levels Bronze, Silver and gold.



Boxing After Dark

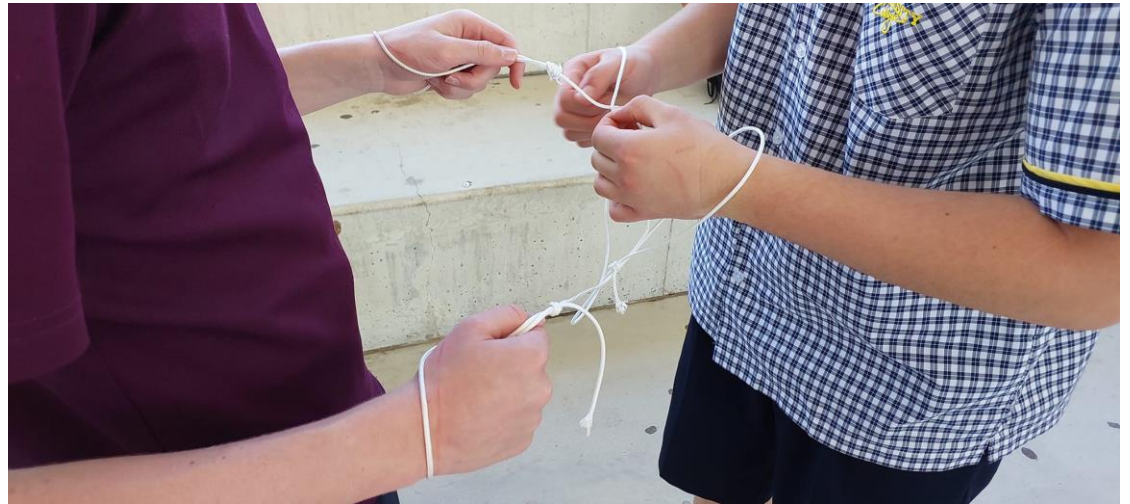


- Is a 'back to basics' early intervention youth program.
- FREE weekly sessions
- Delivered by QPS Officers and supported by PCYC volunteers
- Fitness and fun!



Youth Programs In Schools

- **Channelling Healthy Aggression Mentor Program (CHAMP)** A boxing program delivered at PCYC's for school groups
- **TEAM UP** – 8 week program improving school engagement
- **Cadet Club**– new 5-12 year old activity based program





Programs In Community

- **Braking the Cycle (BTC)** – FREE learner driver program helping young people aged 16-24 gain their 100 hours supervised driving.
- **Drop-In Basketball** – Another ‘back to basics’ program supporting youth in Northern Gold Coast on Thursday afternoons 3.30pm-5pm @Coomera Westfield.





PCYC Gold Coast Youth Hub

What is a youth hub? A space where youth can gather and socialise, participate in activities, have fun, feel safe and feel like they belong. "A place to call our own."

Where? Inside the PCYC at Monaco Street.

Why? The youth want to belong. We currently don't have a dedicated youth space.





Youth Hub

How? The YLT have done some fundraising and the donation you are giving PCYC Gold Coast Youth Programs will help the YLT set up this space including purchasing furniture and accessories to give the space a comfortable and inviting feel to it.

When will it open? We have just started moving the existing items from the space to make way for the Youth Leadership Team (YLT) to come in and make it their own. We hope to be using the space from 4th of May 2024.

Very exciting!!!





Questions?

My contact details:

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Thank you for your support

