# The Spoke & Wheel

The Official Bulletin of the Rotary Club of Mission Viejo, CA., U.S.A.

Published on the first and fifteenth of each month

Rotary Club of Mission Viejo (Club 842) P.O. Box 2234, Mission Viejo, CA., 92690-2522

Website: <a href="https://www.missionviejorotary.org">www.missionviejorotary.org</a>

Chartered September 13, 1974, Rotary District 5320

"Serving the Saddleback Valley"



### Need 2 Believe!

The program on February 6, 2019, was titled, "Need 2 Believe" and featured Damien Minna, a belief strategist and wellness coach. Damien was joined by his wife Rebecca. Damien had an accident in his 20s, resulting in a spinal cord injury, and has been in a wheelchair ever since. He briefly shared some ups and downs of his life; but he focused his presentation on his very positive attitude.

He began by saying, "You can't always get what you want," a phrase attributed to a song by The Rolling Stones. However, he went on to explain that you may be able to get what you need.

During his presentation, he described "distractions" that he needed to overcome after his accident.

He described four distractions and gave each a name to which he could relate and readily identify. The four distractions are: 1) Johnny Ego; 2) Vinny Vanity; 3) Sammy Squackbox; and 4) Donnie Darko. Mr. Minna gave detailed explanations of each distraction and concluded by saying, "Exploration of yourself often leads to finding your purpose!"

For more information, please visit: www.missionviejorotary.org.

#### 2018-19 Club Leadership and/or Board Members:

Chris Skorina, President; Greg Raths, President-Elect & Director of Club Service; Steve Marsh, President-Nominee; Jim Colitz, Immediate Past President & Membership Chair; Sita Gyan-Gorski, Secretary & Director of Youth Service; PP Bill Kersten, Treasurer; Gary Brenner, Director at Large; Pushpa Chandwani, Director of International Service; Dennis O'Connor, Director of Community Service & Executive Secretary; Millard Roth, Director of Vocational Service; and Paul Bucknum, Mission Viejo Rotary Foundation Representative.

RI and District Officers: Barry Rassin, 2018-19 RI President; Lucy Walther, 2018-19 District 5320 Governor.

**Club Meetings**:

Wednesdays, 7:10 A.M. to 8:30 A.M.

Most meetings, (check the calendar in this bulletin), at the Mission Viejo Country Club, 26200 Country Club Dr., Mission Viejo, CA 92691



# Homeless Count in Orange County

Mission Viejo Rotarian Dave Leckness shared his experience volunteering to survey and count homeless in Orange County. Dave told the audience that Mission Viejo Rotarians Sita Gyan-Gorski and Paul Bucknum joined him in this experience.

Beginning at 4:30 A.M. on the assigned date the Mission Viejo Rotarians traveled through Mission Viejo walking through their assigned areas. Their volunteer duties were to seek an accurate count of homeless while getting answers to non-threatening questions provided by the county survey.

Dave told the audience the experience was very interesting and revealing. Although the three found few homeless in Mission Viejo, Dave shared the story of "Louie." Louie, a homeless man living in a specific area of Mission Viejo, was very open and answered all of the survey's questions.

After Dave's presentation, MV Rotarians suggested a follow up with Louie to determine how we may provide assistance if appropriate/desired. Stay tuned...



Start Now!

Guest speaker during the February 13, 2019, meeting of the Rotary Club of Mission Viejo was Sachiko Tiana, motivational speaker and singer. Ms. Tiana shared stories from her childhood, her parents, and her corporate events company.

Her story was well presented and compassionate. She reminded the audience that life needs passion and she encouraged all to seek their passions.

For more information about Rotary, please visit: <a href="www.missionviejorotary.org">www.missionviejorotary.org</a>.

# Quote of the Week!

"The happiest people in the world are not the richest, best looking or most powerful; they are people who find value, meaning and purpose in selfless service and making a positive difference in the lives of others."

### Michael Josephson

Michael Josephson is an influential and internationally renowned champion of character



education for youth and ethical conduct in business, government, policing, journalism, sports, healthcare and law. He is credited by many as the person most responsible for reviving and professionalizing the character education in school and youth-serving organizations.

In 1987, after a distinguished 20-year career teaching law and as the CEO of a prominent legal education company (Josephson bar Review Center), he resigned his professorship and sold his business to found the Joseph & Edna Josephson Institute of Ethics, a nonprofit organization named in honor of his parents where he serves as the Institute's president. All proceeds from his presentations and consultations go to the Institute.

In 1992, under the auspices of the Josephson Institute he created **CHARACTER COUNTS**!, the world's most widely implemented character development initiative based on a

common language of shared values – the Six Pillars of Character) and **Pursuing Victory With Honor** (1996), a companion program promoting ethics in sports. These programs reach about 8 million young people and their families each year. Every year since 1993, the U.S. Senate passes a joint resolution and the president signs a proclamation declaring the third week in October National CHARACTER COUNTS! Week.

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2018-19 Club President, Chris Skorina FEBRUARY 2019\*

FEB. 5	-	BOARD MEETING - 7:00 AM., Mosher & Skorina Law Office
FEB. 6	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
FEB. 8	-	PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul Bucknum
FEB. 13	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
FEB. 20	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club;
FEB. 23	-	OSO FIT COMM. HEALTH FAIR & 5K FUN RUN; Sign up on-line at: www.osofit5k.org - select MV Rotary as your non-profit organization
FEB. 27	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

<sup>\*</sup> Events, dates and times are subject to change.

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2018-19 Club President, Chris Skorina <u>MARCH 2019\*</u>

MAR. 5	-	BOARD MEETING - 7:00 A.M., Mosher & Skorina Law Office
MAR. 6	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAR. 8	-	PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul Bucknum
MAR. 13	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAR. 20	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAR. 27	_	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

<sup>\*</sup> Events, dates and times are subject to change.

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2018-19 Club President, Chris Skorina <u>APRIL 2019\*</u>

APR. 3	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
APR. 7	-	BOARD MEETING - 7:00 AM., Mosher & Skorina Law Office
APR. 10	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
APR. 12	-	PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul Bucknum
APR. 17	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
APR. 24		CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

<sup>\*</sup> Events, dates and times are subject to change.

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2018-19 Club President, Chris Skorina <u>MAY 2019\*</u>

MAY 1	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAY 7	-	BOARD MEETING - 7:00 AM., Mosher & Skorina Law Office
MAY 8	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAY 9	-	PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul Bucknum
MAY?	_	MEET THE MV MAYORS (To be confirmed)
		MEET THE MV MINORS (10 be conjuncted)
MAY 15	-	CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
MAY 15 MAY 22	-	

<sup>\*</sup> Events, dates and times are subject to change.

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2018-19 Club President, Chris Skorina JUNE 2019\*

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JUN. 5 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JUNE 8-9 - RELAY FOR LIFE with Team Rotary

JUN. 12 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JUN. 14 - PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul

Bucknum

JUN. 17 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JUNE? - DEMOTION DINNER (To be confirmed)

JUN. 26 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

#### ROTARY CLUB OF MISSION VIEJO ROTARY YEAR 2019-20 Club President, Greg Raths

#### JULY 2019\* (Tentative Schedule pending President/Board approval)

JULY 3 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club
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JULY? - BOARD MEETING? (To be confirmed)

JULY 10 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JULY 12 - PARK-IT MARKET, 8:00 A.M., Norman Murray Community Center. See Paul

Bucknum

JULY 17 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JULY 24 - CLUB MEETING - 7:10 A.M., Mission Viejo Country Club

JULY 31? - FIFTH WHEEL MEETING? (To be confirmed)

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