



The Spoke & Wheel



Published on the first and fifteenth day of each month.

The Official Bulletin of the Rotary Club of Mission Viejo, P.O. Box 2234, Mission Viejo, CA., U.S.A. 92690

Rotary Club of Mission Viejo, CA, (Club 842), District 5320, Chartered September 13, 1974.

Club Leadership/Board Members: Dr. David Bugay, President; Jim Colitz, President-Elect; Christopher Skorina, President-Nominee; Barbara Kogerman, Vice President, (IPP); Sita Gyan-Gorski, Secretary; Bill Kersten, Treasurer; Dr. Richard Frieder, Director at Large; Pushpa Chandwani, Director of International Service; Dennis O'Connor, Director of Community Service; Sita Gyan-Gorski, Director of Youth Service; Gary Brenner, Director of Vocational Service; Greg Raths, Director of Club Service; Dr. Steve March, Membership Chair; Jack Jones, Public Relations Chair; Dave Williams, The Rotary Foundation (TRF) Chair; and Paul Bucknum, Mission Viejo Rotary Foundation Representative.

Club Meetings: Wednesdays, 7:10 A.M. to 8:30 A.M., Mission Viejo Country Club, 26200 Country Club Dr., Mission Viejo, CA 92691

RI and District Officers: John Germ, RI President; Ray Sanford, District 5320 Governor.

CLUB SERVICE

Medicare 101

Report by Verl Nash • Photo by Bill Kersten



Our own Jim Colitz gave a program on Medicare and supplemental plans.

He talked about eligibility and a) Hospitalization; b) HMOs; c) Doctors; d) Prescriptions; e) Supplemental Plans; and much more.

Insurance plans differ and offer different plans during the Open Enrollment time which is now until December 7.

Jim mentioned that he has had 4 different Supplemental plans as they do change.

Probably the best thing to do is contact Jim and let him walk you through the different plans or stay healthy for the rest of your life.

- Verl Nash

For more, please visit: www.missionviejorotary.org.

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Rotary District 5320 Website:

www.Rotary5320.org

Rotary Club of Mission Viejo Website:

www.missionviejorotary.org

UPCOMING EVENTS:

- TBA

CLUB SERVICE

Profit Starts with People

Report by PP Jim Hansen • Photo by PP Bill Kersten

Ms. Kirsten Asher was guest speaker on November 9, 2016. She owns a consulting business and helps businesses learn how to hire, engage and retain employees.

Her information was very interesting and her presentation enthusiastically presented!

For more information, please visit: www.missionviejorotary.org.



CLUB SERVICE

Mexico, Hualapai Tribe Arizona, Civil Air, etc.

Report by PP Jim Hansen • Photo furnished by Gary Brenner

MV Rotarian Gary Brenner shared a few of his activities for this month. As a pilot, he will be flying to Arizona at Thanksgiving to help provide Thanksgiving dinners; he continues his flights to San Blas, Mexico, (with MV Rotarian Jacki Hanson), to support the medical clinic

there; he continues active involvement in the Civil Air Patrol, (having served as a squadron commander, a wing commander, and a group commander); and more.

I am sure there will be more to come....



QUOTE OF THE WEEK - November 15, 2016

“Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving.”

- Amy Grant

The Iron Lung Comes Knocking...

Submitted by PP George Cooper



“Iron lungs, quarantine signs, contaminated swimming pools-in developed nations they are only a memory. But 30 years ago, every parent went to bed haunted by the nightmare of polio. Mothers and fathers dreaded walking up to find one of their children with a fever and a limp-the first tell signs of this crippling disease.” – *The Rotarian April, 1987.*

In 1955 Dr Jonas Salk along with Albert Sabin introduced the polio vaccine which wiped out the disease in developing nations but not so for the rest of the world where an estimated 275,000 cases of what many villagers called the “crawlers’ disease” killed 27,500 yearly. And this was Rotary’s Polio Plus challenge. So in 1985, Rotary International launched Polio Plus, the most ambitious program calling on personal contributions and commitment of Rotarians everywhere. The Goal: to control polio by the year 2005-Rotary’s 100th Anniversary by raising 120 million dollars.

That year a member of my district (644) came to my club (Mount prospect, IL) and asked for volunteers to help in the fund raising campaign. I was one of the volunteers and was made a Polio Plus Coordinator. I was asked to visit nine clubs in my area and introduce the program as well as obtain donations and pledges. What a wonderful experience. At each club I was warmly welcomed and contributions exceeded the goal my area was given. The goal was \$339,000 the first six gifts totaled \$30,000 and the final total given by these nine clubs was over \$350,000. Most of the clubs reached 100 percent of their goal. This kind of effort was repeated all over the world. And Rotary exceeded its goal by many, many millions. And as a Polio Plus Coordinator, I made many friends and really learned what Rotary was all about at the district level.

Something else also came out of the program. The Polio Plus Coordinator position gave rise to the District Area Rep position which is now called the Assistant District Governor position.

The story is not over. Many children of the world still live under the threat of the “crawler’s disease” even though two billion children have been immunized, five million have been spared disability, and over 250,000 deaths from polio have been prevented.

Today, polio has declined by 99% with fewer cases reported annually. But we still need to inoculate and that is why the Iron Lung keeps knocking at our door.

- PP George Cooper



ROTARY SHARES



The "White Elephant" photo, above, was taken by Rotarian **Jack Wallace** during a trip to Hawaii in 2008.

WHITE ELEPHANT*

Please bring a White Elephant item on your assigned date. (You may make a \$20 donation in lieu of an item).

- Nov. 16 - Paul Bucknum
 - Nov. 23 - David Bugay
 - Nov. 30 - NO WHITE ELEPH.
 - Dec. 7 - Pushpa Chandwani
 - Dec. 14 - Jim Colitz
 - Dec. 21 - George Cooper
 - Dec. 28 - NO MTG.
 - Jan. 4 - Ken Dever
- *Occasionally revised. Check weekly!

GREETERS*

Please arrive by 6:45 AM. Wear the red greeter's badge and greet members and guests. Each week's "Greeter" is invited to share a 5-minute presentation at the beginning of the meeting in which he/she acts as Greeter.

- Nov. 16 - Paul Bucknum
 - Nov. 23 - David Bugay
 - Nov. 30 - NO GREETER
 - Dec. 7 - Pushpa Chandwani
 - Dec. 14 - Jim Colitz
 - Dec. 21 - George Cooper/Jim Hansen Back up
 - Dec. 28 - NO MTG.
 - Jan. 4 - Ken Dever
- *Occasionally revised. Check weekly!

SERVICE ABOVE SELF

FACEBOOK NEWS



Facebook Coordinator Rotarian **Greg Rath**

WEBSITE NEWS



Webmaster:
Paul Bucknum

www.missionviejorotary.org

RC OF POONA, INDIA

To view the Poona (India) Service Wheel, our sister club's weekly bulletin, go to:

<https://www.facebook.com/groups/RCPoona/>

BRING A GUEST!

Make-up Clubs

Coto de Caza/Rancho Santa Margarita - 1st Thursday of the month at 7 A.M. and 3rd Thursday of the month at 7 P.M. at the Tijeras Creek Golf Club.

Laguna Niguel - Tuesdays at 12:00 noon at Savannah Chop House, 32441 Golden Lantern, Laguna Niguel

Monarch Beach - 7 A.M. Wednesdays at the Laguna Cliffs Marriott Resort in Dana Point

On-line make-up: <http://www.rotaryclubone.org/programs.htm>

BULLETIN STAFF



Bill Kersten,
Photographer



Verl Nash,
Reporter



George Cooper,
Special Reports



Jim Hansen,
Editor

THE ROTARY

FOUR-WAY TEST



Of the things we think, say or do:

- 1. Is it the TRUTH?*
- 2. Is it FAIR to all concerned?*
- 3. Will it build GOOD WILL and better FRIENDSHIPS?*
- 4. Will it be BENEFICIAL to all concerned?*

ROTARY CLUB OF MISSION VIEJO
 ROTARY YEAR 2016-17
 NOVEMBER 2016*

- NOV. 1 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- NOV. 2 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- NOV. 9 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- NOV. 16 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- NOV. 19 (Sat.) - DISTRICT 5320 "THE ROTARY FOUNDATION GALA"
- NOV. 23 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- NOV. 30 (Wed.) - FIFTH WHEEL MEETING - San Juan Hills Golf Club, time TBA

**DATES AND ACTIVITIES SUBJECT TO CHANGE*

ROTARY CLUB OF MISSION VIEJO
 ROTARY YEAR 2016-17
 DECEMBER 2016*

- DEC. 6 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- DEC. 7 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- DEC. 14 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- DEC. 21 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- DEC. ? - MV ROTARY HOLIDAY PARTY, TBA
- DEC. 28 (Wed.) - NO MEETING - (Attend the Holiday Party)

**DATES AND ACTIVITIES SUBJECT TO CHANGE*

ROTARY CLUB OF MISSION VIEJO
ROTARY YEAR 2016-17
JANUARY 2017*

- JAN. 4 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JAN. 10 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- JAN. 11 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JAN. 18 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JAN. 25 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

*DATES, LOCATIONS AND ACTIVITIES SUBJECT TO CHANGE

ROTARY CLUB OF MISSION VIEJO
ROTARY YEAR 2016-17
FEBRUARY 2017*

- FEB. 1 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- FEB. 7 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- FEB. 8 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- FEB. 15 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- FEB. 22 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

*DATES AND ACTIVITIES SUBJECT TO CHANGE

ROTARY CLUB OF MISSION VIEJO
ROTARY YEAR 2016-17
MARCH 2017*

- MAR. 1 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAR. 7 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- MAR. 8 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAR. 15 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAR. 22 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAR. 29? - FIFTH WHEEL MEETING - TBA

*DATES AND ACTIVITIES SUBJECT TO CHANGE

ROTARY CLUB OF MISSION VIEJO
ROTARY YEAR 2016-17
APRIL 2017*

- APR. 4 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- APR. 5 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- APR. 12 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- APR. 19 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
(MV Rotary Memorial Garden & Grove after breakfast)
- APR. 26 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

*DATES AND ACTIVITIES SUBJECT TO CHANGE

ROTARY CLUB OF MISSION VIEJO
 ROTARY YEAR 2016-17
 MAY 2017*

- MAY 2 (Tues.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- MAY 3 (Wed.) - NO MEETING (Mayor's Prayer Breakfast May 4)
- MAY 4 (Thurs.) - MV ROTARY MAYOR'S PRAYER BREAKFAST
- MAY ? (Sun.) - PANCAKE BREAKFAST - 8 to 12 at Esperanza SE School
- MAY 10 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAY 17 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAY 24 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- MAY 31? - FIFTH WHEEL MEETING - TBA

*DATES AND ACTIVITIES SUBJECT TO CHANGE

ROTARY CLUB OF MISSION VIEJO
 ROTARY YEAR 2016-17
 JUNE 2017*

- JUNE 3 (Sat.) - RELAY FOR LIFE -Team Rotary at Saddleback College, 9 a.m.
- JUNE 7 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JUNE 14 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JUNE 15 (Thurs.) - BOARD MEETING - 7:00 A.M., The Hills Hotel, Laguna Hills
- JUNE 21 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JUNE 28 (Wed.) - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
- JUNE ? - DEMOTION DINNER - TBA

*DATES AND ACTIVITIES SUBJECT TO CHANGE