

Chulatarian

Rotary
Club of Chula Vista 



**CREATE HOPE
in the WORLD**

**ROTARY CLUB
OF CHULA VISTA**

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The weekly newsletter of the Rotary Club of Chula Vista
Chartered February 16, 1926 - Club Number 908 - District 5340
Meets Weekly, noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

Eliot Weitz
ROTARY YOUTH EXCHANGE
Friday, AUGUST 25, 2023 - Noon

rotary
youth
exchange

Rotary 

Eliot Weitz is a member of the Carlsbad Rotary Club and has been a Rotarian for 7 years.

He is currently the Youth Exchange Chair for District 5340 and is excited to bring youth exchange back after a pause during the pandemic.

Eliot lives in Carlsbad and has 2 children, ages 20 and 17 years old, and works for Viasat, a satellite communications company in Carlsbad.

CLUB CALENDAR
Friday, September 1—ROUNDTABLE (Labor Day)



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MEETING HIGHLIGHTS - AUGUST 18, 2023

President Mora de Murguia called the meeting to order. Autumn Reid gave the invocation.

Suzanne Catanzaro gave a good news about three generations of her family—she, daughter Karen Batcher and her granddaughter Emma sailed together for the first time in San Diego bay, having lunch and passing close to the Star of India.

Betty Waznis shared the news of the day, which were sponsored by Diane Flint Wages.



Dominick Li Mandri gave an update on Third Avenue Village being renamed/rebranded as Downtown Chula Vista, which will encompass a larger area.

They will honor the history and pride in downtown and also support other events. The welcome sign will remain the same.

The management company that he works for is named NCA—New City America, which has managed the Little Italy Association in San Diego and now manages several business districts in California.

They have reformed as a 501c3 which is helpful for grants and other partnerships.

Farmers Markets have returned on Sundays, 10 am—2 pm.

Downtown Chula Vista is in communication with the new Gaylord project and looking at ways to work together on “mini” programs/festivals that may be a draw for visitors.

L: President Mora with Dominick Li Mandri.

INVOCATION—Given by Autumn Reid

As we gather here today as members of Rotary, we pray that we are ever mindful of opportunities to serve our community. Keeping in mind always they enduring values of life and service over self.

God Bless each and every person affected by the fires in Maui and keep us and our loved ones safe as hurricane Hillary approaches. We give you the praise and glory forever and know that even in the darkest hours, you are always with us.

Bless this meeting, Bless our meal and Bless our time together. Amen



JIM BIDDLE NEWS AT NOON by Betty Waznis

•LIVE



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THIS WEEK'S
SPONSOR

With Betty Waznis

Hello, everyone. Welcome to today's edition of the Jim Biddle News at Noon. Today's News brought to you by Diane Flint Wages and the Chula Vista Rotary Foundation's Legacy Fund.

Why do we have News at Noon? Our club members generally prefer that meetings are for friendship and service above self, and not so much for business promotion. We recognize that you have businesses that you want to grow. We want to know about your business and do business with a fellow Rotarian. For over 20 years, News at Noon has allowed the sponsor of the day to promote their business, distribute business cards, sales materials, etc. Our many retirees can promote their interests or the nonprofits they support. Plus, we encourage you to share something about you, your family, your life so that we get to know you better. No dollar contribution is required of sponsors. All we ask the sponsor for is 3 raffle prizes – three simple gift bags, three gift cards, three bottles of wine – in the range of \$20 to \$50 each. The raffle ticket money goes to the Chula Vista Rotary Foundation, so it is a small but steady fundraiser for us. And it is a little bit of fun at the meeting (more fun for some than for others!) If every member can sponsor News at Noon once a year, it comes out pretty even for everyone. Please let me know if you would like to sponsor News at Noon, or I will contact you.

More than 700 people, all 95 or older, have been studied since 1998 by the Institute for Aging Research at the Albert Einstein School of Medicine in New York City to learn the genetic reasons for their unusually long, healthy lives. The study group included the oldest known living person in New York State, who recently died at the age of 112. Using the blood and plasma of the test group, the institute's Longevity Genes Project has recently discovered gene mutations that are believed to be responsible for slowing the impact of aging on certain people and protecting them against high cholesterol, heart disease, diabetes and Alzheimer's disease. In addition, they are sick, as a group, for very little time at the end of their long lives.

Did they do what we know we should do — exercise, diet, plenty of sleep, social connectivity? The answer is mostly no. Sixty percent had smoked. Less than 50 percent did much household activity or exercise. Fifty percent were overweight or obese. Less than 3 percent were vegetarians. The next goal of the research is the development of drugs that would imitate what the centenarians' genes do to protect their health.

The battery boom continues in the San Diego region, with an energy storage project unveiled last week in Chula Vista that can power nearly 3,000 homes for each hour it provides electricity to the grid. This local resource will reduce the likelihood of brownouts or blackouts for Chula Vista residents and businesses served by electricity that passes through SDG&E's Otay substation. The new facility houses six battery storage containers owned and operated by local renewable energy company EnerSmart that can deliver six megawatts and 12 megawatt-hours of energy by interconnecting with the Otay substation a half mile away. The new facility located on Main Street near Hilltop Drive stores low-cost renewable energy (like midday solar or late-night wind energy) and then sends it back to the grid when demand for electricity peaks between 4 and 9 p.m. and during heat waves, wildfires or other emergencies.

Even though the Padres lost to the Diamondbacks last night, we can't throw the towel in on them just yet. They won an exciting game Wednesday night against the Orioles that included a spectacular steal of home plate by Fernando Tatis Jr to rack up a 5 to 2 win, taking the series and gaining two games in the wild-card chase over Tuesday and Wednesday. Game Two of the four game series against the Diamondbacks is tonight, followed by a three-game series against the Marlins, the two teams directly ahead of them in the standings. They sit 5 games out of the National League's final playoff spot with 40 games remaining.

Today's News at Noon is sponsored by Past President Diane Flint Wages in support of the Chula Vista Rotary Foundation's Legacy Fund. The Legacy Fund was founded to provide perpetual financial support to the Foundation through the generosity of gifts and donations. The earnings from that Fund will support the projects of our Foundation such as bicycles at Christmas, the Tijuana house build, providing food to those in need, and many other worthwhile local and international philanthropic endeavors.

Opportunities to contribute to the Legacy Fund include annual donations, memorial gifts, and providing a gift through your estate trust or will. Your donation will give support in perpetuity as the Fund grows through donations and investments. Donations may be made to the Chula Vista Rotary Foundation with Legacy Fund in the memo.

Please see Legacy Committee Chair Mark Scott or members Gary Bryant, Diane Wages, or Ken Weimer if you have any questions. Together we will ensure the ongoing philanthropies of the Chula Vista Rotary Foundation! This concludes today's edition of the Jim Biddle News at Noon, today sponsored by Diane Flint Wages and the Chula Vista Rotary Foundation's Legacy Fund.



MEETING HIGHLIGHTS - AUGUST 18, 2023



L-R: Drawing winners this week: Lori Torio, Tina Matthias, and Duane Buckingham received the wine, See's chocolates in a cool tote bag. Thank you Diane Flint Wages, our acting Treasurer as Ben Koala serves his reserve duty.

GOOD-BYE POLIO
THANKS ROTARY 

Past District Governor Chuck Preto re-enter the hospital and has an extremely rough few weeks ahead. He will be in the hospital for 4-6 weeks, starting with heavy chemo and then a week of recovery before he gets his stem cell transplant. It will be tough, but we pray it is smooth.

Chuck's donor is from Germany, a 30-year-old young man, who donated 8,000,000 cells. It was flown to the U.S. Amazingly, the German government requires every 18-year-old to join the registry. Chuck's family is encouraging everyone who has young children or grandchildren and are between 18-40 years old to join **BETHEMATCH**. It can save a life. Many in our Club signed up when Paul Raffer needed a match years ago.

He had such an outpouring of support as DG and that was very much appreciated but now, again, he has to keep his spirits up because as we all know the mind helps the body heal! Cards bring him such joy and happiness. Kim (his wife) will decorate his room with the cards, and he loves to read the messages or she reads them to him.

Please send your notes of encouragement to: 3555 Rosecrans Street #114-109, San Diego, CA 92110