

Chulatarian



ROTARY CLUB OF CHULA VISTA

OFFICERS 2021-2022

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www.chulavistarotary.org



The weekly newsletter of the Rotary Club of Chula Vista

Chartered February 16, 1926 - Club Number 908 - District 5340—
Meets Fridays at noon, 4475 Bonita Road, Bonita (CV Golf Course)

RITA SALIBA
Blissful Seeds
Friday, August 6, 2021—Noon



In 2011, Rita thought she had it all: A great husband, two adorable young boys, and the ability to resume a successful career in Finances, as soon as she was done with her MBA and have her sons enrolled in preschool.

However, her life turns upside down when Michael starts losing skills he previously acquired, and as doctors informed her that he was showing signs of Autism. In 2013, Michael received the formal diagnosis of autism and the Nasrallah family's journey with disability started soon after.

Fast forward to now, Rita is on a mission to change the society's perception about disability in general, and Autism specifically. Through her nonprofit Blissful Seeds, she empowers young autistic adults through employment, proving that disability does not equate to no ability.

Please join us Friday, to hear her inspiring story.



Meeting Highlights—July 30, 2021

President Neisha Hernandez called the meeting to order. Mary Johnson gave the invocation and led us in the Pledge.

The member of the week was Michael Monaco. Did we know he was born in Spokane and that one of his favorite projects is the Tijuana Home Build.

Michael quickly transitioned into his Fine Master role and fined Duane Buckingham \$100. Ken Weimer was shown on the Padres scoreboard and for that—was also fined \$100.

Our first Club social of the new Rotary year will be at Leon and Cecilia Redondo's come on Thursday, August 26th. Save the date and RSVP!

Jan Mellinger was the News at Noon sponsor. The lucky winners were guest of Albert Aguilera, David Vizcaino, Gary Bryant and Risa Baron. Congratulations!

Foundation Chair Lane Pearson provided everyone with a step by step on how to make contributions to Rotary International online. This will make it simpler for all. You can designate a monthly amount or your entire annual contribution all at once—whatever you prefer and what works for your family.

Ken Weimer introduced the guest speaker, Tina Mattias, who is the Chair of the Chula Vista Sustainability Commission and the founder of the new non-profit South Bay Sustainable Communities Network. We know Tina from her many years of service at the Living Coast Discovery Center and she is just as passionate about the work she has currently undertaken. One of the goals is to reduce food waste going to the landfill and to help residents understand how everyone can help. It was a very informative presentation and we will be hearing much more about these issues. Thank you Tina!



ZOOM LINK:

<https://neishas.zoom.us/j/95585492823?pwd=cTFkeXB2Sm42OXpIM0dvU0gxWDBQdz09>

Meeting ID: 955 8549 2823
Passcode: 728501





JIM BIDDLE NEWS AT NOON

●LIVE



Brought to you by:

All those who
logged-on!

With Betty Waznis

Good afternoon, Rotarians and guests. Welcome to today's edition of the Jim Biddle News at Noon, today sponsored by Jan Mellinger. Today we're bringing you Olympic news. The Tokyo Olympics includes more than 60 athletes from San Diego in fifteen of the 34 Olympic sports, ranging in age from 13 to 56.

Our Chula Vista Elite Athlete Training Center continues to produce world class competitors. Both men's and women's rugby sevens teams are based here, along with BMX racers, track and field athletes and archers. Olympian basketball center Isalys Quinones, playing for Puerto Rico, started her sports career at age 5 at the South Bay Family YMCA, and was a star at Casillas Elementary and Otay Ranch High School before playing for Dartmouth. Olympian softball catcher Sashel Palacios, playing for Mexico, was born and raised in Chula Vista, was three time league MVP at Otay Ranch High School and then played for Arizona State, where she helped the Sun Devils reach the NCAA tournament all four years.

Sunisa Lee of St Paul Minnesota became the fifth straight American woman to claim the Olympic all-around individual title, edging Rebeca Andrade of Brazil. In a week full of surprises, World champion Simone Biles was heavily favored to extend that streak before opting out. Lee, who dealt with ankle injuries so painful she was limping at times during the U.S. championships last month, stepped up. A month later, she finds herself standing on the podium with a gold medal.

Jan Mellinger is a licensed marriage and family therapist who is recently retired very happily after 23 years at Scripps Health. Some interesting hobbies in her past – she raced Porsches and is a certified Porsche driving instructor. She showed horses competitively and now occasionally shows cats. In fact, she is just recovering from a home repair CAT-tastrophe, caused by – her cat.

Jan has been a Rotarian for 30 years, was Chula Vista Rotary's second woman president and comes from a Rotary family. Her grandfather, Reg Seabrook, was an active Chula Vista Rotarian from the mid 1950's to his death in 1974 and served as club president. He was also the president of the San Diego Country Club here in Chula Vista and arranged for Eisenhower's helicopter to land there for the presidential Chula Vista visit sponsored by our club.

This concludes today's edition of the Jim Biddle News at Noon. Today's news sponsored by Jan Mellinger.





HAPPY BIRTHDAY DEAR ROTARIANS!



AUGUST BIRTHDAYS

Glen Googins - August 10

Jim Algert - August 22

Bernard Hernandez - August 25

**GOOD-BYE POLIO
THANKS ROTARY**





CHULA VISTA ROTARY GOLF TOURNAMENT

Friday, October 29, Shotgun Start at Noon
Chula Vista Golf Course - 4475 Bonita Road



Supporting Youth Leadership, Scholarships, Community Projects & More!



\$125 per player/\$450 per foursome paid by Oct 14
\$500 per foursome after Oct 14

**INCLUDES LUNCH, SNACKS, DRINKS, DINNER &
FUN!**
TOP THREE TEAMS WIN PRIZES

Golfers in Costume Will Be Entered to Win Prizes!

Contact Jesse Fernandez (619 370-6805) or Albert Aguilera (619) 395-7947



SERVE TO CHANGE LIVES
Rotary

SAVE THE DATE!



HAWAIIAN THEMED SOCIAL
(Let us enjoy the perks of full vaccination)

Thursday, August 26

Drinks at 4

Dinner at 5

At Leon & Cecilia Redondo Home
3238 Via Vitale, Chula Vista
Gate Code 032

August is



Membership and New Club Development Month





MEETING HIGHLIGHTS:

Above: Maurine Beinbrink and Jim Algert enjoy their first meeting.

Top Right: Visiting Rotarian Ivan de Alba shared how his La Mesa Sunrise Club visit other clubs on the 5th Friday of the month. They have a mix of meetings/other during the month.

Right: Jesse Fernandez, Bernard Hernandez and Rick Richardson enjoy their lunch.





A 100 BUCKS!



Guess who Fine Master Michael Monaco “recognized” last week? Ken Weimer who was on the scoreboard wearing the famous Padres Homerun bling.

ROTARY INTERNATIONAL AREAS OF FOCUS:

Promoting Peace

Fighting Disease

Providing Clean Water, Sanitation, and Hygiene

Saving Mothers and Children

Supporting Education

Growing Local Economies





Rotary
District 5340

2021 DISTRICT CONFERENCE

Rotary at the Beach: Celebrate & Connect!

September 10-12, 2021



Registration Now Open!



Rotary
District 5340

ROTARY NIGHT AT THE PADRES

JUNE 8TH, JULY 6TH,
AUGUST 10TH & SEPTEMBER 3RD





THOUGHTS FOR TODAY

Advice From A Tree



- Stand tall and be proud.
- Go out on a limb.
- Reach for the sky.
- Adapt to change.
- Branch out.
- Stay grounded.
- Remember your roots.
- Drink plenty of water.
- Get rid of dead wood.
- Be confident.
- Never stop growing.
- Bend before you break.
- Turn over a new leaf.
- Enjoy the view.

INVOCATION by Mary Johnson

We are not at all sure what tomorrow holds, but we are very sure who holds tomorrow.

We thank you Lord for having called us to this community to live our lives and do our work for Rotary.

Grant us the wisdom and the foresight to discern what is for our own betterment and the betterment of all mankind.

Strengthen us in being a part of your power and influence.

Prosper us in our calling, help us in our needs, guide us as people pursuing peace.

May peace and goodwill abide among us this day and always. Amen

