





Rotary Opens Opportunities

ROTARY CLUB

OFFICERS 2020-2021

Zaneta Encarnacion President zanencarnacion@swccd.edu

Neisha Hernandez President-Elect neishahernandez@gmail.com

Donna Moss Secretary

Jesse Fernandez Executive Treasurer fernfam@pacbell.net

Bob Silvas

Past President bsilvas@silvygroup.com

Directors:

Rich Brocchini Glen Googins Lisa Johnson

Kathy Mits Mora de Murguia



The weekly newsletter of the Rotary Club of Chula Vista Chartered February 16, 1926 - Club Number 908 - District 5340

> Friday, August 7, 2020—Noon Beeky Cortez, Executive Director Chula Vista Police Foundation





Incorporated in 2003, the Chula Vista Police Foundation is a non-profit organization that provides support to fund enhanced law enforcement services for the community not available through the City of Chula Vista budget.

The Foundation enhances important police programs such as K-9, SWAT, School Safety Patrol, Senior Volunteer Patrol and Police Explorers and community outreach programs such as the Citizens/Teen Academy, Shoe/Sock Drive, and Holiday Meal Giveaway. These programs have a direct impact to the local community, which will strengthen the relationship between the Chula Vista Police Department and the community.

Becky Cortez will provide an update on their current activities and future plans.



CLUB BOARD MEETING 3rd Thursday of each month 6:00 p.m.

DISTRICT 5340 WEBSITE: <u>http://</u> www.rotary5340 .org

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execsec@ chulavistarotary.org

For Information and Input:

Contact Newsletter Editor Carmen Sandoval csandovalzf@ gmail.com

Articles & Items: Please send by Noon Saturday for consideration.

Please note: Every submission may not be included due to space constraints.





Good afternoon Rotarians and guests. Welcome to the Jim Biddle News at Noon, streamlined pandemic version. Today's news sponsored by Donna Moss and LPL Financial.

Our story of the week: A newly developed blood test for Alzheimer's has diagnosed the disease as accurately as methods that are far more expensive or invasive, the test has the potential to make diagnosis simpler, more affordable and widely available.

The test determined whether people with dementia had Alzheimer's and identified signs of the disease 20 years before memory and thinking problems were expected. The test could be available for clinical use in two to three years. Experts said blood tests would accelerate the search for therapies and cures by making it faster and cheaper to screen participants for clinical trials.

Donna Moss is a financial planner with LPL Financial, called the largest independent brokerage firm in the US with over 16,000 representatives across the country. LPL is the merger of Linsco and Private Ledger Financial Services. The latter firm was established in 1973 in Mission Valley; our very own Jim Biddle was one of its founders.

In the uncertain environment of today's economy, this may be just the right time to reach out to Donna for professional advice as you map out your financial future. Her current office is downtown in San Diego at 406 9th Avenue, right across the street from Petco Park.

This concludes today's edition of the Jim Biddle News at Noon, today's News sponsored by Donna Moss and LPL Financial.

Invocation Given by Jesse Fernandez:

Let us pray. Lord losing a strong, positive role model such as John Lewis leads many of us to reflect on our own lives and what impact we have made.

As Rotarians, you give us so many opportunities to make a difference in our community. Lord help us use our voices to share your message, help us use our arms and legs to support others in need, help us use our creative ideas to make our world a better, more understanding place.

You give us the tools and means to make a difference. During these times of pandemic health concerns and heightened concerns about racial inequality and injustice, we can refer to the words of John Lewis to inspire us and continue our focus:

"Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month, or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble."

Thank you, Lord, for sharing the Honorable John Lewis with us. Thank you for our many blessings and opportunities to serve. Bless us and encourage us as we continue to do good and necessary work in our own community. Amen and Shalom



MEETING HIGHLIGHTS—JULY 31, 2020

President Zaneta Encarnacion called the meeting to order. Jesse Fernandez gave the invocation. Zaneta showed off the club gavel which was delivered to her belatedly by Past President Bob Silvas—one month into her term to be exact. It marked the first time the bell and the gavel were together in a long time.

The small break out groups were even smaller than usual to afford the opportunity for everyone to get a chance to get to know each other. The suggested topic was whether we do the small groups at the beginning of the meeting—or at the end. The general consensus was that at the beginning is best, enabling those held up by work to come in and not miss the speaker or other club information.

Donna Moss was the sponsor for the weekly news. Winners were Ken Weimer (quick on producing his Rotary pin, which he always wears), Gary Bryant (who had his Michael Monaco (Four Way Test) coin handy), and Ramon Moncada (who had the closest pet). Jan Mellinger was added after all for her cats being close by as well. Donna provided gift cards to local restaurants.

Discussion on who to fine \$100—Rick Anderson for his new GQ model photo, Cheryl Shields for her injured ankle as she tried to demonstrate her tree climbing skills, Bob Silvas for delivering the gavel ONE MONTH late, or Carmen Richardson for her husband Rick being on TV for their organization's recent diaper distribution. The consensus was: find them all!

Ben Vallejo reminded everyone about the Living Coast's event this Saturday. Please support this community treasure.





MEETING HIGHLIGHTS—JULY 31, 2020 (Continued)

What is race?

BIOLOGICAL DETERMINISM /EUGENICS

Vs. ENVIRONMENTAL



A Brief History of race

Race did not exist until the European expansion and exploration beginning around 1500

 The ancient Greeks, for example, saw themselves as first among civilized nations around the Mediterranean

But the Greeks did not link physical appearance and cultural attainment.

 They granted civilized status to the Nile Valley Nubians who were among the darkest skinned people they knew

 They did not grant it to European barbarians to the north who were lighter skinned than they were

People were divided on the basis of religion, class or language or status

Guest speaker Dr. Mario Garrett gave a presentation on race, related topics and longevity. Ecological and social factors influence our health more than we assumed in the past. He emphasized that those that live long and healthy appreciate these factors and we need to ensure that others similarly benefit from this knowledge.

Time was short and there were several questions for the Professor after the meeting was adjourned.

Count your age by friends, not years. Count your life by smiles, not tears.

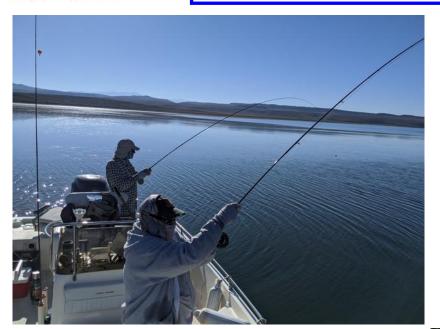
John Lennon



President Zaneta gave a beautiful tribute to her father in law, Macario Encarnacion, who recently passed away.



Rotarian Summer Fun



Saturday July 25th, six Rotarians and one young son went to Mammoth Lakes fly fishing. Mark Scott hosted them at his family's home on Mammoth Lakes.

Those who went were Mark Scott, Lane Pearson, Troy Ray, Mike Green, Gary Bryant, David Hoffman and Austin Hoffman.

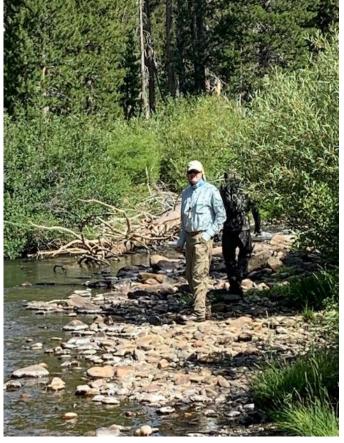
Sunday, they fished the upper Owens River in the am and Hot Creek in the afternoon. Monday, they fished the San Joaquin River all day. Tuesday, they fished Crowley Lake for a half day.



Top: Troy Ray and Mike Green fishing Crowley Lake; both hook a fish at the same time.

Right: Mike at the edge of the San Joaquin River.

Above: Lane Pearson with a twenty-three inch rainbow trout.





MORE SUMMER FUN FISHING



Clockwise from above:

Troy, Austin and Lane at the end of a day's fishing.

San Joaquin River

David and Austin in gondola on way to top of Mammoth Mountain (11,035 elevation).

David and Austin at the top.

Group shot at the top (Mike Green did not go).









Gary and the fishing crew said all fish caught were with barbless hooks and were released. Above: Gary with a 21-inch rainbow trout.





Happy Birthday Dear Rotarians! Glen Googins -August 10 Jim Algert- August 22 Bernard Hernandez -August 25



Fun & Thoughts for Today



Homeschool day 1: Wondering how I can get this kid transferred out of my class.

MARTY, WHATEVER HAPPENS



DONT EVER GO TO 2020!



