Chulatarian



The weekly newsletter of the Rotary Club of Chula Vista Chartered February 16, 1926 - Club Number 908 - District 5340



ROTARY CLUB OF CHULA VISTA

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Friday, June 12 2020—12:00 ZOOM VIRTUAL MEETING Junior Achievement



This Friday, we will hear about local work by Junior Achievement and Biz Town.

Why Junior Achievement?

JA helps students realize that the education they are getting today will help them to have a bright future tomorrow. JA's unique, volunteer delivered programs, show them all of the possibilities that lay before them. They realize they can choose different paths; College? A specific trade? Start their own business? Through participation as an organization or as an individual, these statistics below can begin to change in our community:

> 20% of U.S. students will not complete high school on time and earn a diploma.

> 49% of U.S. employers recognize that talent shortages impact their ability to serve clients and customers.

> 36% of Americans say that they have at some point in their lives felt their financial situation was out of control.

> 91% of millennials wish they had greater access to entrepreneurial education programs.

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CLUB BOARD MEETING 3rd Thursday of each month 6:00 p.m.

DISTRICT 5340 WEBSITE: <u>http://</u> www.rotary5340 .org

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Articles & Items: Please send by Noon Saturday for consideration.

Please note: Every submission may not be included due to space constraints.





President Bob Silvas called the meeting to order. He welcomed everyone including guests Kathy Greene and daughter Stacy. Ben Vallejos was welcomed to his first Rotary Zoom meeting.

The History of the Four-Way Test can be found here:

Meeting Highlights of June 5, 2020

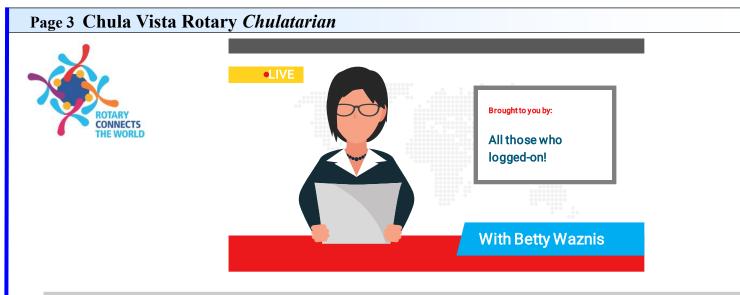
Fallbrook Rotary Presents the History of the Four Way Test https://www.youtube.com/watch?v=qmB3pvqE4ig&feature=youtu.be

President Bob wished Jay and Carol Dalseth a "Happy 50th Wedding Anniversary," which they are spending apart as health concerns have Jay rehabbing at Fredericka. Their celebration is on hold until a later date.

Important dates coming up:

Installation/Outstallation is scheduled for Friday, June 26, 6:30 p.m.—Virtual District Event - Monday, June 29, 6:30 p.m. to 9 p.m.—Virtual Rotary International Convention - June 20 - 26—Sign up & attend online





Good afternoon, Rotarians and guests. Welcome to today's zoom edition of the **Jim Biddle News at Noon**. We welcome our speakers, our own Ben Vallejos and Elizabeth Argyle from the Living Coast Discovery Center.

Demonstrations took place in the US and overseas this week as a reaction to the death of George Floyd in Minneapolis. Four police officers have been arrested and charged in connection with his death. The San Diego County Sheriff requested that the California National Guard assist with security in the region. Troops arrived on Wednesday evening. A portion of the 200 personnel have been assigned to La Mesa.

Chula Vista City Council has unanimously selected our own fellow Rotarian, Maria Kachadoorian, as the next City Manager. She is the first woman and first Latina to serve as City Manager of San Diego County's second largest City. As City Manager she will oversee and maintain a balanced budget, advance the Chula Vista Bayfront development, and launch Ambulance Transport Services. She will be key in mitigating the financial, economic and community impacts to the City and residents from the COVID-19 pandemic. As a Chula Vista Rotarian, she has volunteered on many projects benefiting the Chula Vista community. We are all very proud of her.

Like many tourist attractions, <u>The Giant Dipper</u> roller coaster at <u>Belmont Park</u> in Mission Beach was closed to the public in mid-March when stay-at-home orders were announced. But the historic roller coaster couldn't just shut down. The 95-year-old ride has to run several times a day to keep its machinery from tightening up. So rather than have the six-car coaster bar-reling down the tracks with empty seats, its operators decided to add some riders who are immune to the coronavirus. Last week, a dozen or so giant stuffed animals were loaded into the coaster's 24 seats and secured with lap bars. They've been riding the coaster ever since, twice an hour, from noon to 6 p.m. every day, giving passers-by something to smile about in difficult times.

Rotarian Ben Vallejos has been with the Living Coast Discovery for 17 years and the Executive Director since 2013. He was born in Hawaii and grew up in San Diego, so it is no surprise that he is an avid SCUBA diver, fisherman, and paddle boarder. Elizabeth Argyle, Director of Education & Guest Experience, has been with the Living Coast since 2013. Originally from Orange County, it was college at UCSD and Point Loma Nazarene University that brought her here.

U.S. companies cut workers in May at only one-third the forecast pace, offering some hope that the worst of the coronavirus -related hit to the labor market is over. The median projection had estimated a business payroll decline of 9 million, but the actual decline was 2.76 million, according to ADP Research Institute data released Wednesday.

The NBA is on track for a July 31 return, with 22 of its 30 teams headed to Orlando, Florida. The 16 teams currently in playoff spots plus Portland, New Orleans, Sacramento, San Antonio, Phoenix and Washington — will play an eight-game regular-season schedule before the start of the postseason. Teams would still be seeded by conference. The league is still working out logistics with Disney's ESPN Wide World of Sports Complex, which has three facilities with multiple courts,

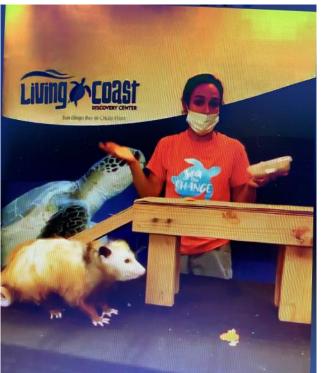
The plan is a massive undertaking that will reportedly require 15,000 tests for the coronavirus, rapid processing of those tests and contingencies for players and staff who test positive.

June gloom is upon us. We can expect cooler temperatures this weekend with a few more morning clouds. So, a great weekend for a pleasant mid-morning walk in one of our beautiful parks or coastal trails. This concludes today's zoom edition of the Jim Biddle News at Noon.

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Meeting Highlights of June 5, 2020 (Continued)



Ben Vallejos, Executive Director of the Living Coast Discovery Center, introduced his team who shared with us a very friendly Opossum. They are considered fully grown at age 2 and car strikes are the biggest threat to their survival.

Living Coast has developed a very active virtual presence for schools and everyone. Be sure to check them out online. U.S. Fish & Game pre-recorded field trip programs also.

Ben said they were fortunate to receive one of the federal loans to tide them over (along with their reserves) during the pandemic and closure of the facility. They just received news that they may be able to re-open sooner than July but will know more in the next few days.

They understand other local needs are currently critical food insecurity, shelter etc.—with the high unemployment and had not undertaken any fundraising initiatives. However, they will be asking for assistance in the very near future, as funds are depleted.

Ben invited Rotarians to become members, support the Living Coast DC, follow them on social media and watch their videos online.





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The Rotary Club of Chula Vista

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Get Ready to Fly Away at the 2020 Installation/Outstallation on Chula Vista Rotary Airways 6:30 p.m., Friday, June 26

Save the date and pack your bags as we prepare President Bob Silvas for deboarding and clear President-Elect Zaneta Encarnacion for takeoff. We will meet in our own private Zoom cabin on Chula Vista Rotary Airways, where you will enjoy first-class seating, unlimited food and beverage service, plus in-flight entertainment.

All passengers will receive their e-tickets and boarding instructions in the week prior to departure.

The best dressed passenger for our destination receives a special prize.







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Chula Vista Rotary Scholarship Committee



Thanks to the CVR Scholarship Committee for your work in selecting such outstanding students

Bob Silvas Carmen Sandoval Betty Waznis Jerry May Carmen Richardson Mora de Murguia Jesse Fernandez, Chair

Thank you to everyone who donates to the **Chula Vista Rotary Foundation** through your annual pledge, sponsorships, special events, birthday fines and general fines. <u>You make it ALL possible!</u>



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International Projects Committee Update



The CVR Board approved the International Projects Committee recommendation to support Project Mercy workers during the pandemic. Other Rotary Clubs have also sent help. Our \$1000 donation will go to food and rent for them, as they are all laid off and there is no safety net for unemployment in Mexico. Some of them have worked with our crews to complete the home construction projects in eastern Tijuana.

A donation of \$1000 was also sent to Rotary International for the Polio Plus campaign.









NOW MORE THAN EVER, ROTARY CONNECTS THE WORLD: THE 2020 ROTARY VIRTUAL CONVENTION

20-26 June 2020 | Learn more at riconvention.org



Coping During Community Unrest

Across the United States, many communities are experiencing unrest and distress related to the unjust treatment of individuals who are Black in this country.

Some individuals may have firsthand experiences of community discord, discrimination or trauma, or may be grappling with a loss of their sense of safety.

Feeling overwhelmed or isolated, having trouble sleeping or difficulty concentrating are all common reactions to witnessing and experiencing community violence. Incidents of community violence can also contribute to heightened feelings of anxiety and depression, or lead to increased substance abuse. If you're experiencing these emotions or feeling angry, confused, or distressed in any other way, please know you're not alone.

Coping Tips

- Set a limit on media consumption, including social media, local or national news.
- Notice when checking on updates is helpful and productive for you, and when it's not.
- Talk to others who understand and respect how you feel—family members, faith leaders, people you trust.
- Educate yourself on ways to help or get involved.
- Try to do your best in taking care of yourself physically as well as mentally: this applies to your diet, sleep schedule, exercise, etc.
- Maintain regular routines to the extent possible.
- Focus on what you can do to care for yourself right here right now.
- Start with small, doable steps for you to cope or take action as you are ready.

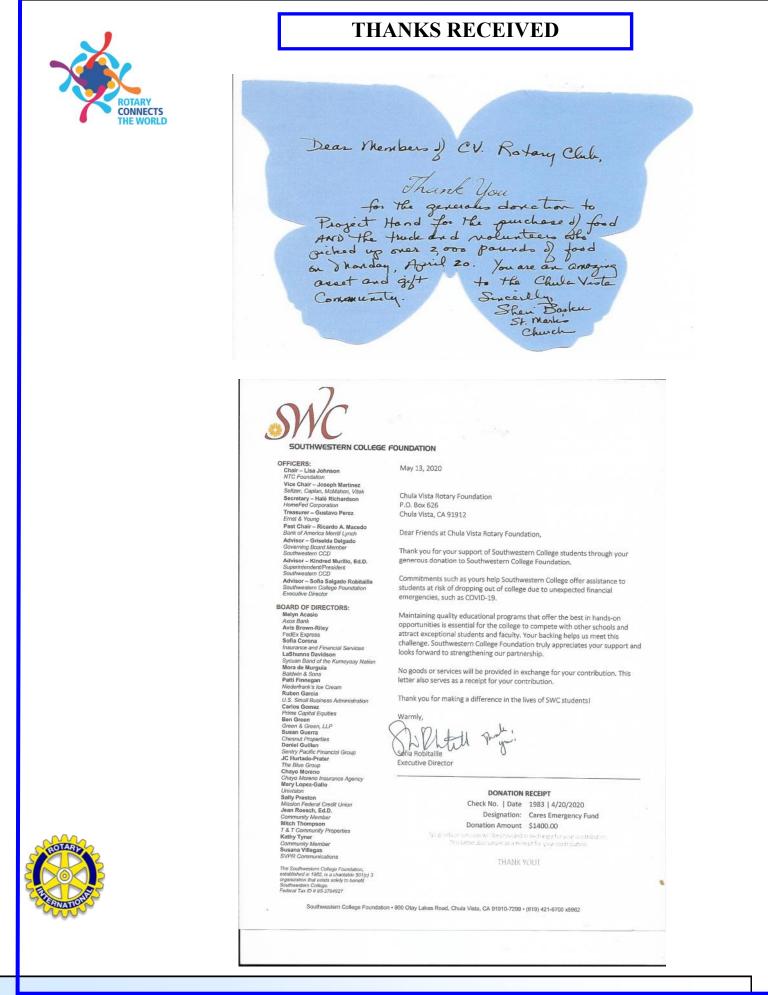
Adapted from Vibrant Emotional Health



Special thanks to AT&T for their support in the amount of \$4000 to the Chula Vista Rotary Scholarship program.

We appreciate it!

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