

Chulatarian



ROTARY:
MAKING A
DIFFERENCE

ROTARY CLUB
OF CHULA VISTA

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Club Website:
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The weekly newsletter of the Rotary Club of Chula Vista

Chartered February 16, 1926 - Club Number 908 - District 5340
Rotary Club of Chula Vista meets Fridays at 12:10 p.m.
Chula Vista Golf Course Banquet Room, 4475 Bonita Road, Bonita, CA 91902

March 2 2018
Mary's House



Mary's Guest House was born in November 2005 in response to the urgent need of appropriate shelter for women victims of human trafficking, 18 or over. We can accommodate 5 women and 2 full time Sisters as staff.

Our ultimate goal is to help the guests rebuild their lives and become self-reliant or to return to their family. The shelter provides a safe, homelike environment. We share life with the guests, accompany them as mentors and support them in their struggles, hopes and dreams.

Upcoming Rotary Events

March 9—CVESD Speech Contest

March 16—Chuck Negron Presentation by Jan Mellinger

March 23—Disaster Preparedness

March 24—District Training Assembly

March 30—Roundtable

April 7—Tijuana Home Build



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CLUB BOARD MEETING
Third Thursday of each month.
6:30 p.m.
Carmen Sandoval Home
666 Rue Avalon
Chula Vista 91913

DISTRICT 5340
WEBSITE:
<http://www.rotary5340.org>

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Articles and Inserts:
**Please send by
Noon Saturday
for consideration.**

**Please note: Every submission
may not be included due to
space constraints.**

Friday, February 23, 2018

Video of Meeting at: <https://vimeo.com/257246582>



We were mesmerized by the presentation of Whitney Hewlett, Musical Therapist at Scripps Mercy. She and her colleagues at Resounding Joy provide a music based therapy program tailored to all ages and physical and mental conditions both in hospital and institution environments. The way she explained what they do was to lead us in mindfulness exercises, relaxation responses, passive proprioceptive squeezes and drumming and chanting Music makes the body light up. It helps in the healing process by engaging all of our body and mind.

You would have been surprised at how well we responded to the “New Age” healing activities!!!

News at Noon

Sponsored by: Gus Slovinsky



Not many mother’s name their sons Gus these days, but Gus Slovinsky says that marriage is until death do you part, but if it’s not what you want, he doesn’t recommend murder. As a lawyer Gus helps people separate their lives and get a new start. And since 50% of all marriages end in divorce Gus has plenty of work. Some folks try marriage even more than twice, and Gus loves it. Gus was once asked why divorce was so expensive and his answer “it is worth it.” You can find him in his busy office at 310 I Street doling out legal advice to those who have lost their love.

Winners



Miscellany



David Hoffman getting his fourth Paul Harris Fellow Award

Cheryl Shields is the new Marketing Director for Chick fil a



Donna Moss is going to the Grand Caymans???



Steve Brodbeck is wearing Brad's badge because Steve can't find his own???



Ramon just got back from his "second home", Miami

Say Goodbye to Peter and Laurie Widmark. They are returning to Dover New Hampshire. We will miss them. They are wonderful Rotarians



Your 2018-2019 Club Presidents Have Been Trained!



Your 2018-19 District Governor Mel Gallegos Has Been Trained

Now It is Your Turn to be Trained!

Club Secretaries, Club Treasurers, Avenue of Service Chairs, Red Badgers

District Training Assembly – March 24, 2018

Register Online Today at:

DistrictTrainingAssembly.com

Registration Closes March 21st

USD Joan Kroc Center for Peace and Justice

5998 Alcalá Park, San Diego, CA 92110

The Assembly Will be Followed by the Grants Management Seminar

Let's Get Trained and Be The Inspiration!



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