

# Chulatarian



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**ROTARY CLUB  
OF CHULA VISTA**

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[www.chulavistarotary.org](http://www.chulavistarotary.org)



The weekly newsletter of the Rotary Club of Chula Vista

Chartered February 16, 1926 - Club Number 908 - District 5340—  
Meets Weekly, noon, 4475 Bonita Road, Bonita (CV Golf Course)

**ROTARY SCHOLARSHIPS  
PRESENTATIONS**  
Friday, MAY 12, 2023 - Noon



This Friday, our Club will present twelve scholarships to some of the best and brightest students from our region.

Please join us to meet them, their families and educators from their schools, as well as to wish them great continued success at their colleges and universities.

## **CLUB CALENDAR**

**Ronald McDonald House Red Shoe Day—May 24, 2023**

Use this link to register: <https://p2p.onecause.com/2023rsd>

**SAVE THE DATE: Installation/Outstallation— TUESDAY,  
JUNE 20 PM**

**District 5340 Governor's Dinner, Monday June 26, 5-8 pm  
Del Mar Hilton**



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## MEETING HIGHLIGHTS—April 21, 2023

President-Elect Mora de Murguia called the meeting to order. Chuck Bevan provided the invocation.

Members were encouraged to sign up for Red Shoe Day on Wednesday, May 24th. Our intersection will be at Paseo Rancho and East H.

We welcomed a new member into our Club: Tiffany Hecklinski.

Michael Monaco is her sponsor. Tiffany Hecklinski is in the medical research field and is a 4th generation educator. She is passionate about education, children and enjoys public speaking, teaching, fundraising, community relations and event planning.

**Welcome Tiffany!** (Pictured right)

Vanessa Barron, Employer Relations Liaison at SWC gave an interesting talk on the various programs preparing students to meet the challenge of the changing world of employment.



### Thought & Prayer by Chuck Bevan

I know worrying works, because none of the stuff I worried about ever happened. — Will Rogers

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Let us pray, Father,

When there is turmoil swirling around us, let us be the calm.

When the world is dark and full of fear, let us bring the light of dawn.

When voices shout and conflict reigns, let us be there for relief.

When hope is needed everywhere, let us raise a voice for peace.





## JIM BIDDLE NEWS AT NOON

● LIVE



Brought to you by:

THIS WEEK'S  
SPONSOR

With Betty Waznis

Welcome to today's edition of the Jim Biddle News at Noon, today sponsored by Dr Rasha Roshdy and AMNA Sanctuary. On Monday Federal officials announced plans to send 1,500 active-duty soldiers to the U.S.-Mexico border for 90 days. U.S. Department of Homeland Security officials said service members would not perform law enforcement functions or interact with migrants in custody but will perform support work such as watching for crossings, monitoring camera feeds, data entry and warehouse support. Troops will arrive as soon as next Wednesday. The army and marine troops will join the 2,500 National Guard members already stationed at all nine sectors of the southwest border. The move comes ahead of the anticipated increase of migrants at the southern border when Title 42, a pandemic-related border policy that temporarily halted asylum requests, expires Thursday.

Tuesday's announcement from U.S. Surgeon General Dr. Vivek Murthy confirms the vital role that Rotary and similar organizations play in the nation's health. This week Dr Murthy declared isolation a public health epidemic, saying widespread loneliness in the United States is posing health risks as deadly as smoking a dozen cigarettes every day.

Research shows that Americans, who have become less engaged with community organizations, houses of worship and even their own family members in recent decades, have steadily reported an increase in feelings of loneliness, a crisis worsened by the pandemic and the doubling of single person households.

Loneliness increases the risk of premature death by nearly 30 percent, and also heightens likelihood of stroke, heart disease, depression, anxiety and dementia. Dr. Murthy advises people to join community groups, put down their phones, and catch up with friends; employers to think carefully about their remote work policies; and health systems and doctors to recognize isolation as a serious health risk.

A new photography exhibit, "Chula Vista Legacies," celebrates the diverse leaders who have shaped our city's history and culture. Featuring the work of local photographer Ken Jacques, the exhibit showcases photographs and stories of local living leaders who embody the essence of Chula Vista's unique identity. Some of the influential people who Ken Jacques interviewed and photographed for the exhibit include founders of favorite local restaurants Lolita's and LaBella's, theater teacher, director and producer William Virchis, and community leaders Cheryl and Greg Cox.

A professional photographer for 40 years and a Chula Vista resident, Ken Jacques's work has been published in over 120 countries in multiple different publications, including National Geographic, Time, and Newsweek. Jacques says the diversity of leadership in the exhibit is a portrayal of the city itself. He says, "Chula Vista is not a community of just whites, or just Hispanic or just black. Each street has a full blend. It's wonderful, and that's the model it should be for the rest of the country." Chula Vista Legacies is on display at the Civic Center Library and at Chula Vista City Hall through August 31.

Dr Rasha Roshdy brings a wide range of experience to share with the club. She is a native Egyptian who has been a naturalized American citizen for 24 years. In addition, she's been: Investigative reporter, Author of two books, foreign language instructor for Navy SEALs, stand-up comedienne, ghostwriter and grant writer, business college professor, independent contractor for private and public sector business; and international educator and speaker. She is now the head of AMNA Sanctuary, a non-profit organization that prepares immigrants and refugees to enter the US workforce.





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## MEETING HIGHLIGHTS—May 5, 2023



Vanessa Barron, Employment Relations Liaison at Southwestern College provided a comprehensive presentation on the 80 career education programs available to prepare students for future positions. By 2030, 84% of new jobs will require post-secondary education. She encouraged those who can to engage with SWC through a variety of ways: jobs, shadowing, tours, interviews etc.



The Jim Biddle News at Noon sponsor for this week was Rasha Roshdy.  
Lucky drawing winners were l-r:  
David Hoffman, Eric Rimmle and Tina Matthias. Thank you Rasha!





**RED SHOE DAY**

**JOIN US IN PERSON  
MAY 24, 2023**

**WAYS TO PARTICIPATE**

- Volunteer at an Intersection across San Diego County
- Fundraise Online
- Share on social media
- Collect donations via Venmo
- Become an event sponsor
- Create a Cause Marketing Campaign for your business

**BENEFITING**  
Ronald McDonald House Charities San Diego

A group of diverse people, including a person in a red devil costume, posing with "RED SHOE DAY" signs. One sign says "DONATE TODAY!".

**TO REGISTER VISIT  
RedShoeDaySD.com**

For more information, contact Halle Aiken at [haiken@rmhcsd.org](mailto:haiken@rmhcsd.org) or 858-598-2447

May is  
**Rotary**  
Youth Service  
Month

The Rotary International logo, a gear-like wheel with "ROTARY" at the top and "INTERNATIONAL" at the bottom.

**f u t u r e**

*DVANCE*

Silhouettes of children with their arms raised in celebration against a sunset background. The word "future" is written across their bodies in large red letters.