

Chulatarian



**IMAGINE
ROTARY**

**ROTARY CLUB
OF CHULA VISTA**

OFFICERS 2022-2023

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The weekly newsletter of the Rotary Club of Chula Vista

**Chartered February 16, 1926 - Club Number 908 - District 5340—
Meets Twice a Month, noon, 4475 Bonita Road, Bonita (CV Golf Course)**

WES ANDERSON, CVPD
Chaplain /Code 7
Friday, October 7, 2022 - Noon



Chaplain Wes Anderson is a second-generation native San Diegan and has been serving the community for more than 30 years. While working as a pastor, he saw first-hand the stress our law enforcement and their families experience due to the nature of police work.

Determined to provide consistent encouragement and support to the needs of our police officers, he started volunteering as Chula Vista Police Chaplain in 2008. In 2012 he formed Code 7, a non-profit organization providing chaplain services for local police departments. Through Code 7, Wes spends time riding along with patrol officers weekly. He focuses on the spiritual emotional, and social impacts law enforcement has on the officers and works to help them find a healthy balance for their work and home life.

Wes is also a member of the Community Adversity Support Team (CAST) - a trauma response team called to the scene of unexpected deaths and crisis to support the victims' loved ones. He has provided trauma care and assistance to more than 250 families since joining the CAST team in 2006.

Known for his compassion and kind heart, Wes' self-care includes spending time outdoors running, hiking, mountain biking, and enjoying the ocean through kayaking.

CLUB CALENDAR

Friday, October 14—Service Project—Food Distribution
Friday, October 21—Lori Holt-Pfeiler, Building Industry Assn

Chula Vista Rotary Golf Tournament—Friday, October 28



MEETING HIGHLIGHTS— September 23, 2022

President-Elect Mora de Murguía called the meeting to order as President Mark Scott was out of town. Chris Lewis gave the invocation and led the pledge.

In light of Gary Bryant's trip to Utah and Alaska, Albert Aguilera gave an update and shared photos from the recent Community Projects clean up at the Sweetwater River near SR 54.

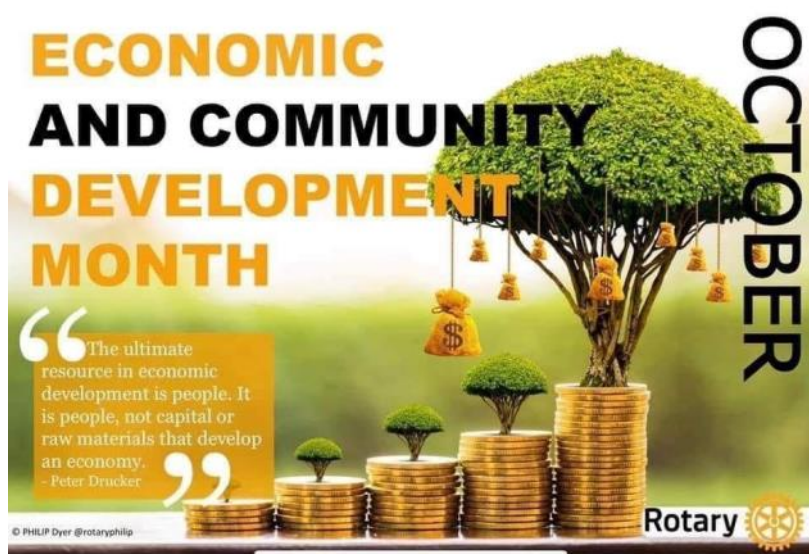
Lisa Johnson invited members to help out at the next food distribution event on October 14, 8:00 a.m. Volunteers spend time unpacking pallets of food and putting them in bags or smaller boxes. Activity continues until the food runs out.

The Lunch Social is next Friday, September 30. Plan to arrive between 11:30—Noon. We are meeting at the Market on 8th in National City.

Michael Monaco encouraged members to bring wine for the popular wine cooler drawing. This generates a lot of interest and fun—because we all think this will be OUR year to win. Remember 90 pt wine and above please. The drawing will be held during the dinner after our Annual Golf Tournament on Friday, October 28. Tournament begins at noon.

Michael Monaco assisted Chula Vista Police Chief Roxana Kennedy and President-Elect Mora in honoring **Detective Samson Leonard** for his diligent work in property crimes. He was presented with the Above & Beyond recognition from our Club. Chief Kennedy highlighted some of his work including heading off catalytic convertor thieves in our area.

Wendy Wilson-Gibson, Director of the Bonita Museum & Cultural Center gave an interesting presentation on the many activities, exhibits and projects in the works or coming soon. Be sure to check it out!



Right: Chief Kennedy with honoree Det. Leonard and President-elect Mora de Murguía.





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JIM BIDDLE NEWS AT NOON

LIVE



Brought to you by:

THIS WEEK'S
SPONSOR

With Betty Waznis

Hello, fellow Rotarians. Welcome to today's edition of the Jim Biddle News at Noon. Today's News sponsored by Michael Monaco and Our Hometown.

At least 250,000 people joined a huge line to see the late Queen Elizabeth II lying in state in London's Westminster Hall during the 10 days of national mourning for her passing. Many in the queue waited for up to 24 hours, in a line that at one point stretched more than 10 miles. In case you're wondering, more than 500 portable toilets were available, and many venues along the route stayed open, in some cases around the clock, for people to use their facilities. The London Ambulance Service said staff and volunteers treated 2,000 patients in the line, and took 240 to the hospital.

We have a new way to contribute to a sustainable planet even after we're gone. California will begin allowing an alternative burial method known as human composting, starting in 2027. Assembly Bill 351, passed last week, will permit natural organic reduction, a method in which human remains naturally decompose over a 30-to-45-day period after being placed in a steel vessel and buried in wood chips, alfalfa and other biodegradable materials. The nutrient-dense soil created by the process can then be returned to families or donated to conservation land. It's estimated that for every person who chooses this option over burial or cremation, the equivalent of 1 metric ton of carbon will be saved from entering the environment. The eco-friendly alternative to traditional end-of-life options is already available in Oregon, Washington, Colorado, and Vermont.

The new Fitness Court at Rohr Park, which opened last week, is an open-air wellness center that allows users to leverage their own body weight to get a complete workout. Created with adults of all ages in mind, the seven-station Fitness Court can be adapted to any fitness level and replaces decades old, outdated exercise equipment. Users can also download the free Fitness Court App, a coach-in-your-pocket style platform. The City of Chula Vista was selected from hundreds of applicants around the country for a grant from the National Fitness Campaign to help fund this innovative amenity.

You still have a chance to enjoy the annual Bonitafest Melodrama, written and directed by Southwestern College Professor Max Branscomb for the past 45 years, since he was a 20-year-old student. The audience-interactive melodrama about real San Diego County history is the longest-running uninterrupted theatrical project in San Diego County. The shows blend true stories from San Diego history with 1880s Western melodrama and modern Broadway musical style. This year's melodrama, "Really Fast Food," was to open Wednesday but was postponed until Oct. 5-8, 7:30 p.m. at Sweetwater Community Church.

The plot is based on a "mystery meat" scandal at a South County food chain in the 1980s, where kangaroo was included with Australian beef in some shipments.

So, what's new with today's sponsor, Michael Monaco? A lot! In December 2019, Michael stopped publishing Our Hometown Magazine and thought it was time to enter the 21st century, so he spent January and February of 2020 designing a state-of-the-art digital website. He launched the website the week of March 9th, 2020, and..... well we all know what happened shortly after that ---- COVID! So the website shuttered. Fast forward to June of 2022. Due to a returning demand for print, Michael decided to enter publishing again. This time in the form of a newspaper. Now he operates Our Hometown Newsprint – a 24 page full color newspaper, as well as maintaining ourhometown.online website. In October he will also be hosting Our Hometown Podcast. He calls this the trifecta of local media. This concludes today's edition of the Jim Biddle News at Noon. Today's News sponsored by Michael Monaco and Our





Remember! Our Golf Tournament is coming up in a few weeks. We need:

GIFT BASKETS

GIFT CARDS

EXPERIENCES—TOURS, BEHIND THE SCENES OPPORTUNITIES

CASH! (and we can do the shopping for you)

WINE—for the Wine Cooler Drawing Grand Prize—Thank you!



The lucky drawing winners for Sept. 23 were l-r, pictured with Michael Monaco and President-elect Mora: Chris Lewis, Bob Bliss (of course!) and Lisa Johnson.



CLUB GOLF TOURNAMENT COMING UP! FRIDAY, OCTOBER 28



Ways Members Can Help!

Golf! Sign up to play on our Club website; organize a Four-some. See Eric Rimmele

Donate door prizes for the fabulous drawing following the tournament—See Lisa Johnson to donate gift cards, gift baskets, services etc.

Sponsor a Hole! Your name or your business' name will be on a great sign for everyone to see and appreciate your generosity. See Jesse Fernandez.

Provide goodies for the golfers' gift bags. Everyone loves free stuff! Pens, treats, letter openers etc.! Give them to Jesse.

Volunteer for a shift to sign in golfers, help with set up for dinner, assist with drawing. See Betty Waznis.

Donate 90 pt.+ wine (that means fancy) for the Wine Cooler, which will have its very own drawing. See Michael Monaco. He can even buy it for you—just give him the cash! (*BevMo is having their 5 Cent event until October 17—buy one wine or spirit and get the 2nd for only 5 cents.*)

Attend the Dinner! Non-golfing members are invited to join in the fun at the dinner for only \$20. See Carmen Sandoval.





SAVE THE DATE! COMMUNITY SERVICE FOOD DISTRIBUTION

Next Community Service Hands – On Work Date is Friday, October 14.

We will be helping with food distribution in partnership with Lutheran Social Services and St. Mark's Project Hand. There will be no formal sign-up sheet, you just show up at the church. A reminder will be sent to Rotary Club members (and it's a great opportunity to invite prospective members!). If you need to leave early that is OK - just let the site coordinator know.

When: Friday, October 14, 8 –11 am; will include standing. (Food ran out much earlier than 11 when we helped in August).

Where: St. Mark's Lutheran Church, 580 Hilltop Drive, CV. **Park on I street.**

What: First hour (8–9 am) volunteers will put food into boxes/bags that will be given to families & individuals. Drive-up & walk-up lines open at 9 and continue till food is gone.

Who to contact when you arrive: Johnny Vilorio, Project Hand Manager. He will coordinate what area needs your assistance.

Water: Water will be provided. Take a break if needed.

What to wear: Comfortable clothing, shoes, hat depending on the weather that day. Wear your Rotary t-shirt! They will provide a safety vest to wear, but if you have one wear it.

COVID: Masks are optional, so this is an individual decision to wear one or not.





FUN TIME AT SOCIAL



SWC NEEDS OUR HELP!

Our friends at Southwestern College Foundation need our help to read student scholarship applications.

You can do community service from the comfort of your home...or wherever you have WiFi! If you are able to help, there is a training this Friday at 10AM.

Zoom link <https://swccd-edu.zoom.us/j/8206501017?pwd=VFBZOGxqdVFPVEFyQk9Va0VrMVhEdz09>.

You will receive a link to the scholarships on Friday, October 7th too.

Deadline for review is October 21st. If you can participate, please RSVP to Amy Bosler abosler@swccd.edu.



It was an excellent turnout for the Lunch Social at Market on 8th last Friday. Top left: Lee Tubao provided an overview about the business' evolution and surviving the pandemic. Several eateries, coffee house and brewery offer customers an excellent selection of food choices. Some of us had ice cream too! Thanks for setting it up Lisa!