

# Chulatarian

Rotary  
Club of Chula Vista 

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ROTARY CLUB  
OF CHULA VISTA

The weekly newsletter of the Rotary Club of Chula Vista  
Chartered February 16, 1926 - Club Number 908 - District 5340  
Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

**HOLIDAY PARTY & BAKE SALE  
BONITA HIGH MUSIC MACHINE  
Friday, December 19, 2025 - Noon**

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Join us this Friday, December 19, for our annual Holiday Program. This year we will once again have a Cookie Contest & Bake Sale. There is still time to join in the fun and enter. There is a \$100 gift certificate that awaits the winner.

District Governor Luis Carranza and Mayor John McCann will be our Celebrity Judges this year.

We will also enjoy the talents of the Bonita Vista High Music Machine.

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## MEETING HIGHLIGHTS - DECEMBER 12

President Ben Koala called the meeting to order. Jerry May gave the invocation and Chuck Bevan had a Christmas song for us to sing. President-elect Rasha Roshdy introduced guests.

Gary Bryant gave an update on the Ronald McDonald dinner our Club hosted.

To remind us about the Bake Sale & Cookie Contest, Lisa Johnson brought two home made items and auctioned them off. Gary Bryant won the granola for \$45 and Bernard Hernandez got the cookie bars for \$60. Great start to our mini fundraiser.

Gary shared about our recent donation to Southwestern College. The students there are in need of clothes for interviews if anyone has items to donate.

Betty Waznis gave us the Jim Biddle News at Noon. Kimberley Marshall was the sponsor for the week. Lucky winners were: Nathan Oestreich, Bob Silvas and Gary Bryant. Thanks Kimberley! Krystina Torres, member and Club Executive Treasurer brought a couple of items that PP Jesse Fernandez and Lisa Johnson won - thanks Krystina!

Bob Silvas presented a donation to Sister Christina MacLean from Mary's Guest House. She gave a brief update on their on-going work with survivors of trafficking.

Assemblymember David Alvarez gave an update on his work to strengthen higher education in South County. He had, in fact, come directly from a special meeting/ceremony kicking off a major collaboration with local universities. Many changes are on their way.

**GOOD-BYE POLIO**  
**THANKS ROTARY**



### INVOCATION GIVEN BY JERRY MAY

Let us Pray

O holy God, someone once said, "You can judge a person by his or her checkbook."

As Rotarians, we are generally blessed with lives of relative luxury and opportunities unknown to most people in our world.

Help us to review our checkbooks, and, indeed, the registers of our lives with honesty as we consider this holy time of the year. Every religion raises up the need for us to be mindful of what we have and how we use it. Open our hearts and our accounts to those in need. Help us to share not only our tangible wealth but also our intangible riches of knowledge, leadership and creativity to make our world a better place for all

Amen and Shalom

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## JIM BIDDLE NEWS AT NOON by Betty Waznis

LIVE



Brought to you by:

THIS WEEK'S  
SPONSOR

With Betty Waznis

Hello, everyone, and welcome to today's edition of the Jim Biddle News at Noon. Today's news brought to you by Kimberley Marshall.

Uber is introducing a way to use the ride-hailing service without the app. Uber announced Tuesday its plans to install physical kiosks at places designed with travelers in mind. The large touch screen with a credit card reader and receipt printer gives a booking experience similar to the mobile app. The first kiosk will be at LaGuardia's Terminal C, with installations at other international airports, hotels, and cruise ports to follow over the coming months. The experience was intended for anyone who doesn't use a smart phone, or for international visitors arriving without a local data plan, which could include the thousands of World Cup fans coming next year. Despite being a market-share leader in the U.S., only 15% of adults in Uber's top markets have ever ordered either rides or food deliveries, so Uber is trying to keep customers and add new ones.

The vaccine we take for shingles may be doing something even more: protecting the brain. Recently researchers reported that the shingles vaccine cuts the risk of developing dementia by 20% over a seven-year period. They also found that shingles vaccination may protect against risks at different stages of dementia — including for people already diagnosed. The research, published last week in the journal *Cell*, found that cognitively healthy people who received the vaccine were less likely to develop mild cognitive impairment, an early symptom of dementia. In addition, the study suggests that the vaccine may be slowing the progression of dementia in those already diagnosed. Although the biological mechanism is still unclear, the study reinforces longstanding evidence linking herpesvirus activity to neuroinflammation and Alzheimer's pathology.

The USS Nimitz, America's oldest active aircraft carrier, will begin its decommissioning process in 2026 after nearly 50 years of service, eleven of those home ported in San Diego. This month it is making its final return home journey to Washington State, before heading to Norfolk, VA, next May to start the deactivation, marking the end of an era for the legendary ship.

San Diego State Aztecs will face North Texas in the New Mexico Bowl on Saturday, December 27. Kickoff is set for 2:45 p.m. local time. This will be SDSU's 13th bowl game appearance in the last 16 years and their first since 2022. If opposite styles make good contests, this one is going to be fascinating because it's a showdown between two teams that do things very well on either side of the ball. SDSU with a 9 and 3 record has one of the nation's stingiest defenses, allowing just 266 yards and 12.6 points per game – the 5th best in the country. The Mean Green offense of North Texas with an 11 and 2 season leads all of college football with 504 yards and 44.8 points per game. San Diego State is enjoying a bounce-back year in their second season under head coach Sean Lewis, who turned a 3-9 team into a 9-3 team that was on the fringes of the Top 25 for much of this season.

Today's sponsor, Kimberley Marshall, is a San Diego native. She's been married to THE Kevin Marshall for 36 years. They have three children - Devin, Courtnie and Kevin, and their precious granddaughter Sage Elizabeth. Kimberley and Kevin sold their business of 35 years "Copy Link" and she has been retired now for a little over 2 years. She has taken up bread baking, loves to travel and spending time with friends discovering new restaurants. In addition to Rotary, she also sits on the board of the Chula Vista Salvation Army.

This concludes today's edition of the Jim Biddle News at Noon, today brought to you by Kimberley Marshall.



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MEETING HIGHLIGHTS - DECEMBER 12



L-R: This week's sponsor of the News at Noon, Kimberley Marshall with drawing winners Nathan Oestreich, Gary Bryant and Bob Silvas.



Bonus drawing winners—thanks to gifts from Krystina Torres—were Lisa Johnson and PP President Jesse Fernandez, sporting his newest Hawaiian shirt straight from Kauai.

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**RONALD MCDONALD HOUSE DINNER & PROGRAM**



L-R: Our favorite guest Rotarian from Club 33, Diana Marjip-Chuh, Kimberley Marshall, new friend Rebecca, Michael Oliveri and his wife Kaitlin, and Jameel from the Rotaract Club. Tina Matthias and partner Eric took on various helping roles including sorting food waste for Tina (what else?!) and wiping tables and serving for Eric.



L-R: PP President Jesse Fernandez and Reed Dinsmore getting the science of salad serving down, Rochelle Carroll on her third job of the evening—getting ready to serve, and Karen and Bill Torre very happily helping with desserts.

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MORE ROTARY COMMUNITY GOOD CHEER



Last Friday, 12 Interactors from Castle Park, Mater Dei and Olympian High Schools served Christmas meals to the Veterans at their annual Holiday Party. Also joining in were Rotarians Gina Woodard, Bernard Hernandez and Bob Silvas. It was great to see the students spending a Friday evening serving others.

R: Assemblymember David Alvarez told us about work to improve collaboration among institutions of higher education to benefit local students and meet employer needs.

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**MORE ROTARY COMMUNITY GOOD CHEER**



L-R: Irma Flores (center), Rotarian and Salvation Army, with staff; Santa's favorite helper, Gary Bryant, presenting a donation from our Club to Irma. The funds will benefit their Christmas Initiative where they will be giving away food and toys to 500 on December 18th.

**SEND IN YOUR NEWS!**

**Recent milestone? Big event? Career change?  
Under the weather?  
Let Rotary in on your news—share with  
President Ben or Exec Sec Carmen**

**MARK YOUR CALENDARS**

Friday, December 26 - **DARK - No Meeting**  
Friday, January 2 - **DARK - No Meeting**

Saturday, January 3 - **Veterans' Home Take Down Decorations**

Friday, January 9 - **FIRST MEETING OF THE NEW YEAR!**

Friday, January 9 - Food Distribution at St. Mark's—8:30 a.m

***HAPPY 2026 ROTARIANS!***



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## ROTARY FRIENDS UPDATE

We are sending our well wishes to **Suzanne Catanzaro** as she is recovering from a recent surgery last week.

**Eric Rimmele** is in the hospital and we are rooting for his recovery. Hope he gets to go home soon!

Our thoughts are with **Mora de Murguia** whose father—the mastermind of our Cookie Contest/Bake Sale—recently entered hospice care in North Dakota.

A good friend of our Club and our favorite Tax Collector, **Dan McAllister**, has passed away. He came to speak to our Club more times than many of us can count—usually at HIS request. He was a dedicated and FUNNY public servant.

# DECEMBER

*"He who cures a disease may be the skillfullest,  
but he that prevents it is the safest physician."  
Thomas Fuller*



## DISEASE PREVENTION AND TREATMENT MONTH

Rotary 

TAKE ACTION: Get Involved, Join Rotary

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THIS WEEK!

3<sup>rd</sup> ANNUAL

## Bake Sale Auction

Homemade or Bakery-Made  
Sweet or Savory  
Irresistible Treats

*Pies, Cookies, Brownies, Bars,  
Cakes, Bread, Candy, Toffee, etc.*



## Cookie Contest

Cookies will be judged on  
Taste, Texture, Presentation, & Creativity

*Enter the cookie contest for a chance  
to win \$100*

**DECEMBER 19TH HOLIDAY MEETING**

DONATIONS WILL SUPPORT OUR ROTARY PROGRAMS