

Chulatarian

Rotary
Club of Chula Vista 



ROTARY CLUB
OF CHULA VISTA

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fernfam@pacbell.net

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koalacpa@gmail.com

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seducator2014@gmail.com

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rbaron@republicservices.com

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mdemurguia@baldwinsons.com

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csandovalzf@gmail.com

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www.chulavistarotary.org
P.O. Box 324 Bonita CA 91908
Editor:
Carmen Sandoval Fernandez
csandovalzf@gmail.com

Rotary 
Club of Chula Vista

The weekly newsletter of the Rotary Club of Chula Vista
Chartered February 16, 1926 - Club Number 908 - District 5340
Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

ST PAUL PACE CHULA VISTA
Friday, February 7, 2025 - Noon

St. Paul's PACE has cared for more than 4,000 San Diego seniors since 2008, helping them age safely and successfully in their homes.

The PACE model was first introduced in San Diego by St. Paul's Senior Services, an organization that has served the local senior population since 1960.

Since then, St. Paul's Senior Services has continued to evolve and offer new programs and services based on the developing needs of the geriatric population.

We will hear all the latest about St. Paul Pace program this Friday.

CLUB CALENDAR

Fri, February 14, St. Mark's Food Distribution, 8:30 a.m.

Sat, Feb 22, Finish Rotary Youth Certification Party!
At Neisha's Dance & Music Academy (870 Jetty Lane) 6:30 pm
RSVP to Bernard 619 246-2525

TEAM TRIVIA CHALLENGE—CV SUNRISE ROTARY CLUB—
Friday, March 14, 6:00 pm

SAVE THE DATE! Saturday, April 12—TIJUANA HOME BUILD



MEETING HIGHLIGHTS—JANUARY 31, 2025

President Jesse Fernandez called the meeting to order. Betty Waznis gave the invocation and led us in the pledge. Chuck Bevans led us in song.

President Jesse encouraged members to help at the Food Bank packing event being coordinated by our sister Rotary Club—Chula Vista Sunrise—Saturday, Feb 1. There were issues with the sign up site—just go.

Kimberly Marshall spoke on behalf of Mora de Murguia and Lisa Johnson who were not able to attend, about the Senior Gift Bags. We are packing fun and needed items for 50 seniors who attend St. Paul's PACE program. Bring items next week. We are preparing the bags on February 7. If you would rather have someone else shop for you, please give \$ to Kimberly or donate online. Thanks!

President Jesse announced the date for our major Bike Event. It will be Saturday, May 24. SAVE THE DATE. More information will follow.

Programs coming up were listed.

Betty Waznis gave us an informative Jim Biddle News at Noon. Mike Green was the sponsor for this week—thanks Mike! Lucky drawing winners were Michael Oliveri, Bob Bliss (!), and Bill Torre. Turns out the inattentive Rasha Roshdy was doing the books or some part of her Treasurer job and missed her numbers...TWICE—mystery solved! Better luck next time Rasha. We will make sure you check your tickets...

Bill Torre, a longtime volunteer with Meals on Wheels, introduced Marisol Quevedo, Associate Director of the South County Service Center for Meals on Wheels. She and her colleague provided insight into the organization and the valuable services they provide beyond the daily food. She encouraged us to volunteer. She said some companies adopt a route as a way to support their mission. It was an interesting presentation.





JIM BIDDLE NEWS AT NOON by Betty Waznis

• LIVE



Brought to you by:

THIS WEEKS
SPONSOR

With Betty Waznis

Hello, everyone, and welcome to today's edition of the Jim Biddle News at Noon. Today brought to you by Mike Green and Green & Green LLP, Attorneys At Law.

The Federal Reserve left interest rates unchanged on Wednesday, as the central bank turned cautious on further cuts amid a strong economy and uncertainty about inflation. Members of the Fed's rate-setting committee voted unanimously to leave their benchmark interest rate between 4.25% and 4.5%. Speaking at a news conference at 2025's first Fed meeting, chair Jerome Powell signaled his support for additional cuts eventually, but stated that strong growth and a solid labor market meant the central bank could take its time.

On Tuesday, San Diego County supervisors voted to open a Crisis Stabilization Unit at Sharp Chula Vista Medical Center, with space for six patients. These innovative facilities provide immediate mental health and substance abuse support and treatment for those experiencing a psychiatric emergency. The county's behavioral health department has increasingly relied on these quiet units furnished with comfortable recliners to keep patients out of busy hospital emergency departments. Individuals picked up under suspicion that they may be a danger to themselves or others can stay for up to 24 hours, taking time to relax while licensed professionals determine whether they need a longer period of treatment in a locked unit or if they can be released and continue therapy on an outpatient basis. Since the expansion of these units, the San Diego County Psychiatric Hospital has seen nearly a 40 percent reduction in inpatient admissions, demonstrating their effectiveness in diverting people from more restrictive care.

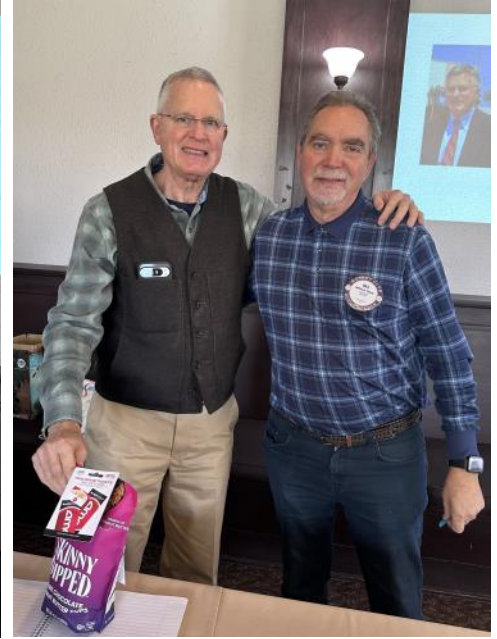
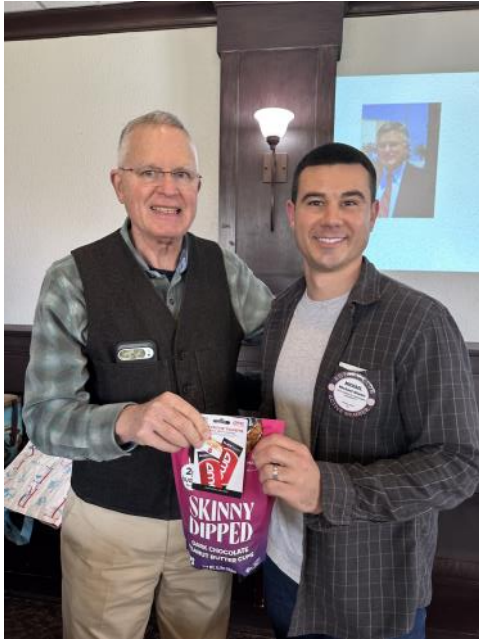
A rare "super pod" of more than 1,500 dolphins has been filmed leaping and gliding together across Carmel Bay near Monterey. Drone footage captured by Captain Evan Brodsky of the Monterey Bay Whale Watch team, shows a cluster of Risso's dolphins stretching for miles, presenting an astonishing sight to those onboard. This type of dolphin, with a stocky body and bulbous head, can weigh as much as 1,100 pounds and reach up to 13 feet long. The sighting was highly unusual since dolphins typically travel in groups of only 10 to 30. The large mix of adults and juveniles was likely the result of several pods coming together to swim south. The Monterey coastline is an ideal location to spot dolphins because they prefer extremely deep water. The area's underwater submarine canyon means they often swim much closer to shore there than anywhere else along the California coast.

Today's sponsor, Mike Green, practices law full time with his partner and son Ben at 227 Third Avenue. They provide good service at affordable prices. Mike enjoys time with grandchildren, Margaret 12, Benjamin 9, Benjamin 7 and Anna 5. He plays golf (badly) once a week, with the same group for thirty years. Once in a while he gets to go fly fishing with Rotary friends, a hobby that started 65 years ago when he grew up in Northern Maine. The most fun he's had in Rotary is the home building in Tijuana. He and his wife both loved the mission to Peru in 2006. Estate planning, business and real estate transactions are what they do. Need a trust? See Mike or Ben.

This concludes today's edition of the Jim Biddle News at Noon, today brought to you by Mike Green and Green & Green LLP, Attorneys At Law.



MEETING HIGHLIGHTS—JANUARY 31, 2025



Mike Green pictured with drawing winners Michael Olivera, Bob Bliss and Bill Torre.



President Jesse presented Bernard Hernandez and Bill Torre a “The Magic Rotary” theme pin in appreciation of their help every week with set-up. Thank you Bernard and Bill!
Marisol and Jeanette with Meals on Wheels gave us very interesting information about their work.



FOOD PACKING EVENT WITH CHULA VISTA SUNRISE ROTARY



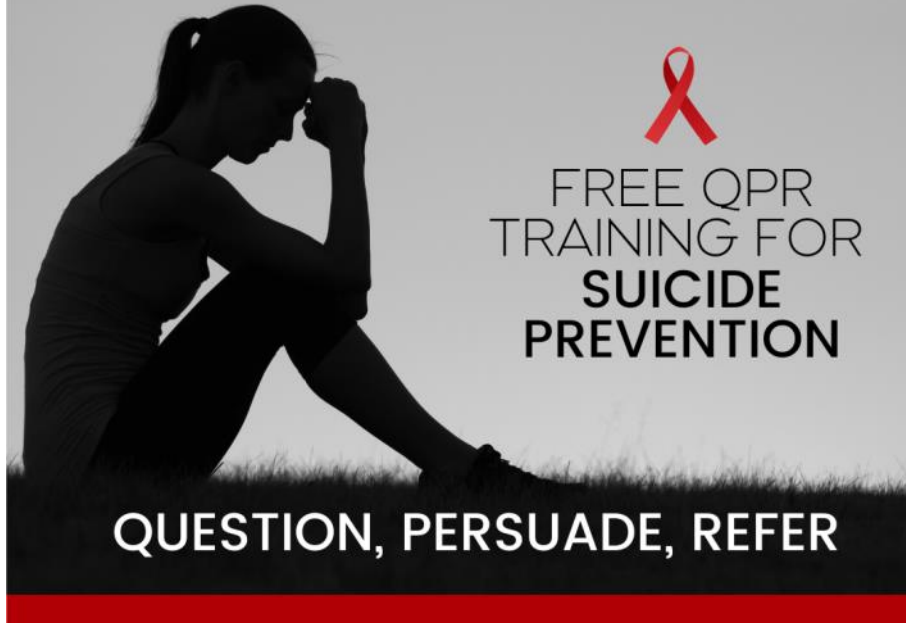
L-R: Bob Silvas, Jesse Fernandez and Nancy Kerwin are ready for action. Chula Vista Sunrise Rotary President Ryan Crawford giving us a pep talk and thanks. Reed Dinsmore, Gary Bryant, Beta Dinsmore and Patty Silvas complete the mission of packing meals for 15K. One side of the room packed mac n cheese, the other minestrone soup.



The crowd of volunteers included Rotarians, high school students, Allen School students and parents and more. You can see our Club volunteers in the back in our bright vests. President Jesse and Nancy did great funnel work—ask them. Other Rotarians not pictured included Bill and Karen Torre and Carmen Sandoval.



Mental Health Initiatives
Rotary Action Group
District 5340



FREE QPR
TRAINING FOR
SUICIDE
PREVENTION

QUESTION, PERSUADE, REFER



**Wednesday, February 12, 2025 |
6-7:30PM**

Bonita-Sunnyside Library
4375 Bonita Road
Bonita, CA 91902

Limited to 25 people

**GOOD-BYE POLIO
THANKS ROTARY**

