

Chulatarian

Rotary
Club of Chula Vista 



ROTARY CLUB
OF CHULA VISTA

BOARD 2024-2025

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Rotary 
Club of Chula Vista

The weekly newsletter of the Rotary Club of Chula Vista
Chartered February 16, 1926 - Club Number 908 - District 5340
Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

ALAN TURNER
DISTRICT 5340 MENTAL HEALTH INITIATIVES
Friday, January 10, 2025 - Noon



Alan Turner is a member of the Rancho Bernardo Rotary Club and Chair of our Rotary District 5340 Mental Health Initiatives Rotary Action Group (and District Grants).

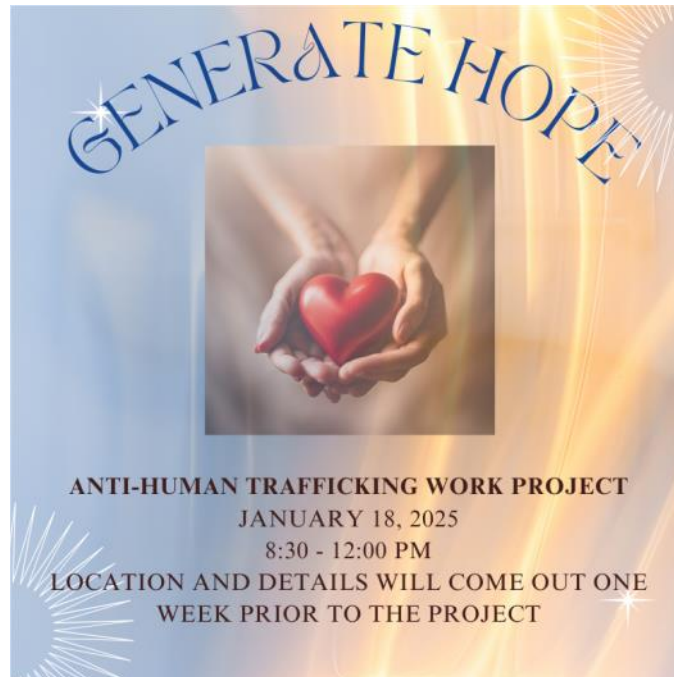
Since the pandemic, there has been a major crisis in the area of behavioral/mental health. Past Rotary International President Gordon McNally, the late past DG Chuck Preto and many others have worked to shine a light on this very important area and break the stigma of talking about it.

What can we do as Rotarians about it? **Come Friday and you will find out!**

CLUB CALENDAR

Friday, January 10, 8:00 am—St. Mark's Food Distribution
Saturday, January 18—8:30-noon—Anti-Trafficking Work Project

SAVE THE DATE!
Saturday, April 12—TIJUANA HOME BUILD



Let's start the New Year off right with a great service project.

The Rotary District 5340 Anti-Human Trafficking Task Force invites you to a work party on Saturday, January 18, 2025, at a local recovery home. Efforts will focus on enhancing the garden and yard area, as well as providing necessary in-home cleaning.

These events are crucial for supporting the facility and demonstrating kindness to the residents. The project is from 8:30 AM to 12:00 PM. No specific skills are required, just enthusiasm and a readiness to help.

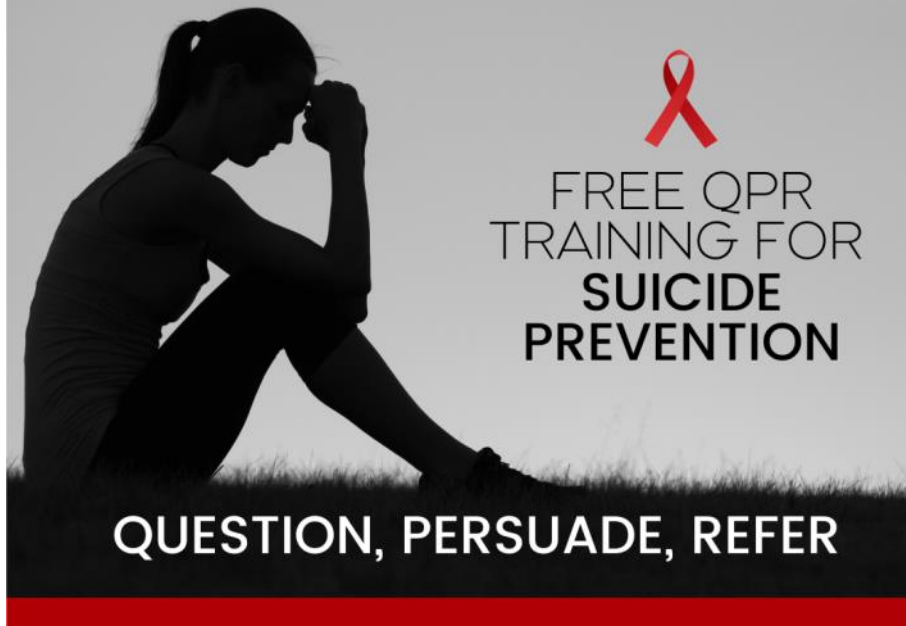
Interested individuals should reach out to **Bob Silvas** to maintain confidentiality of the location and manage volunteer registration. The address will be disclosed to volunteers the week before the event and must remain confidential.

Join us for a rewarding experience of service and camaraderie with fellow Rotarians.





Mental Health Initiatives
Rotary Action Group
District 5340



FREE QPR
TRAINING FOR
SUICIDE
PREVENTION

QUESTION, PERSUADE, REFER



**Wednesday, February 12, 2025 |
6-7:30PM**

Bonita-Sunnyside Library
4375 Bonita Road
Bonita, CA 91902

Limited to 25 people



HAPPY NEW YEAR
2025



HAPPY BIRTHDAY DEAR ROTARIANS!



Irma Flores - January 7

Bill Padelford - January 10

Jerry May - January 21

Risa Baron - January 21

Carmen Sandoval Fernandez - January 24

David Hoffman - January 31



Rotarians gathered to put away the decorations we put up at the Chula Vista Veterans' Home. L-R: Chris Lewis, Bill Torre, Tina Matthias, Gary Bryant, President Jesse Fernandez, Cheryl, Rob and Caroline Shields. Thanks everyone!