

Chulatarian

Rotary
Club of Chula Vista 



CREATE HOPE
in the WORLD

ROTARY CLUB
OF CHULA VISTA

BOARD 2023-2024

President
Mora Keller de Murguia
mdemurguia@baldwinsons.com

President-Elect
Jesse Fernandez
fernfam@pacbell.net

Ben Koala
Treasurer
koalacpa@gmail.com

Rasha Roshdy
Secretary
sdeducator2014@gmail.com

Mark Scott
Past President
mScott@encorerealtysd.com

Zaneta Encarnacion
Executive Secretary
zaneta.encarnacion@gmail.com

Directors:

Risa Baron
Laura Humphreys
Lisa Johnson
Mary Johnson
Lane Pearson
Leon Redondo
Rick Richardson
Rasha Roshdy

www.chulavistarotary.org

Editor:
Carmen Sandoval Fernandez
csandovalzf@gmail.com

The weekly newsletter of the Rotary Club of Chula Vista
Chartered February 16, 1926 - Club Number 908 - District 5340
Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

CIERRA JOHNSON
CIRCULATE SAN DIEGO
Friday, March 8, 2024 - Noon



This Friday, we welcome Cierra Johnson with Circulate San Diego. She will tell us about their activities and share “How to do a Walk Audit.”

The mission of Circulate San Diego is to create excellent mobility choices and vibrant, healthy neighborhoods. They are committed to a well-funded public transit system that is competitive with the automobile. They support dedicating existing right of way to ensure that transit can run efficiently and fast along our already-built highways and surface streets.

Circulate San Diego is a longtime advocate for making our streets safe for walking, bicycling, and other modes. Much of their walking and bicycling advocacy is focused on Vision Zero, an effort to end all traffic fatalities and serious injuries.

Vision Zero is a part of a national movement to advocate for safe engineering of our streets, enforcement of safety laws by the police, and educating the public about traffic safety.



CREATE HOPE
in the WORLD

MEETING HIGHLIGHTS— MARCH 1, 2024

President Mora de Murguia called the meeting to order. Jan Mellinger pinch hit for President-Elect Jesse Fernandez (who was working at the voting center) and introduced guests and visiting Rotarians.

President Mora listed the Rotarians celebrating their birthdays in March and we sang a rousing “Happy Birthday!” to them. She also recognized Rotary anniversaries for March.

President Mora reviewed upcoming activities and meetings. See the calendar for the dates. Cheryl Cox is coming to share on the Chula Vista Animal Care Center on March 15. Our Club will be helping to assemble dog beds at that location on Sunday, March 17.

Carmen Sandoval will have a sign-up list for the upcoming Tijuana Home Build set for Saturday, April 20.

Chief Assistant District Governor David Hoffman encouraged members to attend the District Training Assembly on Saturday, March 9th. It is very helpful for new members.

Action is brewing on returning to our years-long tradition of providing bikes to local children. More information to follow.

Mike Green was the generous sponsor of the Jim Biddle News at Noon. Lucky drawing winners were Eric Rimmele, Risa Baron, and David Hoffman.

Program Chair Risa Baron brought members of her Republic Services team to help us learn more about recycling. There was an enjoyable “friendly” competition about the do’s and don’ts of recycling. Turns out some of us did NOT know as much as we thought. Your editor was still shaking her head later that day on the many ways she has been goofing things up. We learn a lot in Rotary!

GOOD-BYE POLIO
THANKS ROTARY





CREATE HOPE
in the WORLD

JIM BIDDLE NEWS AT NOON by Betty Waznis

• LIVE



Brought to you by:

THIS WEEK'S
SPONSOR

With Betty Waznis

Hello, everyone. Welcome to today's edition of the Jim Biddle News at noon. Today brought to you by Mike Green and Green & Green LLP, Attorneys At Law.

Chula Vista's District 4 expects to have a newly appointed City Council member by April to finish the remaining term of Councilmember Andrea Cardenas, who recently resigned. On Monday, officials unanimously declared the seat vacant and approved a plan to appoint someone within 45 days, as outlined in the city charter. Because the term concludes in less than one year, officials must appoint someone instead of holding an election. Whoever is appointed will finish the term, which ends in December.

The city will accept applications for the vacancy beginning today, with a deadline of March 15. Officials will then decide whom to interview at an open City Council meeting planned for March 26. Candidate interviews are expected to take place April 9 with the appointment to be effective April 11. The appointee will be ineligible to seek election to that office for one year. On Tuesday, voters have an opportunity to elect a District 4 council person for the regular four-year term starting November 2024.

Amazon has replaced Walgreen's in the Dow Jones Industrial Average. Apple, Intel and Microsoft are some of the newer-economy names currently in the Dow. The most recent previous additions to the Dow were Salesforce, Amgen and Honeywell added in August 2020. The shift was a reaction to Walmart's planned 3-for-1 stock split. Once the stock split went into effect on Monday, its stock price was reduced to the lowest stock price of all the companies in the Dow. As a result, the Dow re-balanced the price-weighted index by dropping Walgreens and adding Amazon.

The San Diego County Health Department and the UC San Diego School of Public Health are teaming up to train one million San Diegans in hands-only cardiopulmonary resuscitation. Revive and Survive San Diego was launched on the UCSD campus Monday. Training about one-third of the region's total population is a big goal — but that's what's needed to move the needle on heart attack survival.

Just 8 percent of San Diego County residents who suffered cardiac arrest outside a hospital in 2021 survived, slightly behind the national survival rate of 9.1 percent. Experts tell us that if a heart attack victim gets bystander CPR, their chance of survival doubles. Yet comparatively few of us are ready to help. The coalition emphasizes that CPR is less complicated than it used to be. Training can be done in as little as 10 minutes because today's preferred method is chest compression only, with no resuscitation breathing. Trainees learn to compress in time with "Stayin' Alive," the 1970s Bee Gees hit that just so happens to have a beat that lands right in the 100- to 120-beat-per-minute range recommended for chest compressions.

Today's sponsor, Mike Green, practices law full time with his partner and son Ben at 227 3rd Avenue. They provide good service at affordable prices. Mike enjoys time with grandchildren, Margaret 11, Benjamin 8, Benjamin 6 and Anna 4. He plays golf (badly) once a week, with the same group for thirty years. Once in a while he gets to go fly fishing with Rotary friends, a hobby that started 65 years ago when he grew up in Northern Maine. The most fun he's had in Rotary is the home building in Tijuana. He and his wife both loved the mission to Peru in 2006.

Estate planning, business and real estate transactions are what they do. Need a trust? See Mike or Ben. This concludes today's edition of the Jim Biddle News at Noon, today brought to you by Mike Green and Green & Green LLP, Attorneys At Law.



CREATE HOPE
in the WORLD

MORE MEETING HIGHLIGHTS— MARCH 1, 2024



A shot of the computer screen where members can join by zoom. Upper left is Jesse Fernandez following along from the voting center at the Bonita Library. Upper right: What zoomers can see—Gary Bryant giving an update. Bottom left is Jim Biddle who is still on the mend. Usually Bill Padelford joins us but not today.



Mike Green presents prizes—an orchid and gift card—to each drawing winner. L-R: Risa Baron, David Hoffman and Eric Rimmel. Thanks Mike!



CREATE HOPE
in the WORLD

HAPPY BIRTHDAY DEAR ROTARIANS!



Chris Lewis - March 7

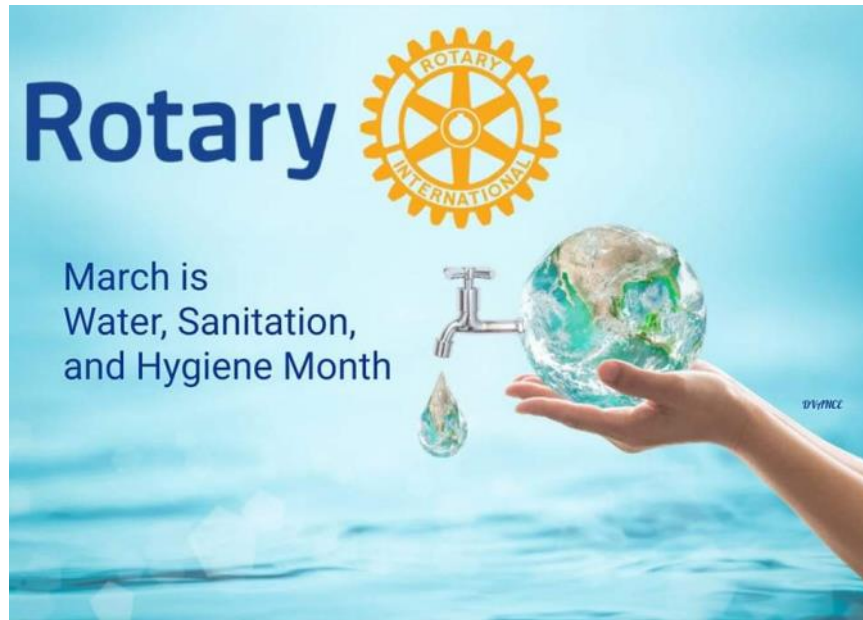
Albert Aguilera - March 9

Mark Scott - March 12

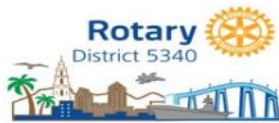
Troy Ray - March 30



CREATE HOPE
in the WORLD



LIBERTY & STATION
CONFERENCE CENTER



2024 District Training Assembly

Saturday, March 9, 2024
8:30 AM to 2:00 PM

CALENDAR—UPCOMING EVENTS & ACTIVITIES

District Training Assembly—Saturday, March 9, 8:30 am—2:00 pm

APRIL 12-14—Rotary Youth Leadership Awards (RYLA) - Volunteers Needed

MARCH 17—Chula Vista Animal Care Facility—Assemble Dog Beds

May 22—RED SHOE DAY—For Ronald McDonald House

SAVE THE DATE - Saturday, April 20— Tijuana Home Build

SAVE THE DATE—Friday, June 28—Installation/Outstallation