



The weekly newsletter of the Rotary Club of Chula Vista

Chartered February 16, 1926 - Club Number 908 - District 5340 Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)



ROTARY CLUB OF CHULA VISTA

BOARD 2024-2025

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Treasurer Rasha Roshdy sdeducator2014@gmail.com

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SOMETHING NEW! MEMBER FREE THINKING SESSION Friday, November 1, 2024 - Noon



There is no doubt about it—our Rotary Club rocks!

We are active. We are doers. We are collaborators. We have fun and we make a difference in our community.

Due to a scheduling conflict, we have postponed the Rotary International program to another date.

Because we are flexible and can pivot when needed, we are using this opportunity for a free thinking session. It will be a fun meeting. See you on Friday!



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MEETING HIGHLIGHTS—OCTOBER 25, 2024

Treasurer Rasha Roshdy ran the meeting, as President Jesse and his wife, Carmen were manning the nearby poll for next week's National Election.

We sang "Happy Birthday" to all the members with birthdays in November, and sang our welcome song to our visitors.

Rick Richardson announced a Veterans' Day Celebration at the Chula Vista Veterans' Home on November 11. Volunteers were asked to sign up for the lunch and to bring board games to play with the residents afterwards.

Gary presented a \$1,000 check from our club to the YMCA. YMCA Director Laura Humphreys accepted it and said that the money will be used to help a group of 4 siblings (all under 12) who have an absent father and a mother in jail.

Bob Silvas asked for food donations for "Just in Time" (JIT), a program for former foster youths now 18, who are aging out of the foster care system. On November 8, there will be a Farmers' Market for them as well. Bob indicated that financial donations from Rotarians are welcome as he will shop for food this coming Monday.

California Assembly Member David Alvarez will be speaking at our meeting some time in December.

Rasha announced that on 11/13/24, the FBI's "Elder Fraud Task Force" will present a program at the Norman Park Senior Center on F Street in downtown Chula Vista.

The club's Holiday Party will be on Dec. 13, 2024. It will include a fund-raising cookie sale. Members are encouraged to bring cookies, as well as family and friends to this fun event. Also, we need volunteers for the Holiday Chorus.

Betty Waznis presented the Jim Biddle "News @ Noon. Laura Humphreys (from the YMCA) was the sponsor. Raffle prizes were large bags of provisions for an Italian feast, including wine and cookies. Rasha, Rick Richardson, and Kathleen Carroll were the lucky winners.

Today's Entertainment: The Bonita Vista High School "Music Machine Chorus" performed 6 songs, with Michael Atwood, Director. (He was a member of this group before)

Rasha's Thought of the Day: Just sing when you have a problem and be reminded that your voice is worse than your problem.

(Notes by Kathleen Carroll)

CLUB CALENDAR

Friday, November 8, 8:30 am—St. Mark's Food Distribution (Hilltop & I)

Monday, November 11, 10:30 am—1:30 pm—VETERANS' DAY— CHULA VISTA VETERANS' HOME—LUNCH & GAMES

Monday, November 18, noon—International Projects Committee—ZOOM

SAVE THE DATES:

Saturday, December 7, 8:00 a.m.—Chula Vista Veterans' Home Decorating

Wednesday, December 11—Ronald McDonald House Christmas Dinner Various shifts starting at 4:00 pm—more info to come



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Hello, everyone, Welcome to today's edition of the Jim Biddle News at Noon. Today sponsored by Laura Humphreys and the South Bay Family YMCA.

Attention Kmart shoppers - The last full-size Kmart in the United States closed last week in Bridgehampton, New York. The only remaining Kmart in the continental US is a smaller drugstore-sized store in Miami. Kmart was founded by Kresge Co. in Michigan in 1962 and grew quickly, reaching 2,000 stores in 20 years. However, the chain has been closing stores since filing for bankruptcy in 2002. The company's business model, which included its famous "Blue Light Specials", was overtaken by competitors like Target and Walmart.

A San Diego fisherman had quite a catch on Sunday - a massive swordfish that shattered a California record. Luc Ofield, owner of Anglers Choice Tackle Store near Mission Bay, caught the fish just half an hour before midnight after a more than fourhour effort to pull it in using a stand-up rod and reel. According to The Marlin Club in Shelter Island, which weighed the catch, the swordfish came in at 666.2 pounds — more than 100 pounds above the state record set just last year by another San Diego-area crew. The find comes just 2 weeks after fishermen took four hours hauling in a 492-pound swordfish off our coast. Both finds occurred right at the end of swordfish season, which typically runs from late spring to early fall, when the water is at its warmest. The banks off the coasts of San Diego, the Coronado Islands and San Clemente Island are the most popular locations for finding swordfish in Southern California.

Tomorrow you'll have an opportunity to tour three different types of active-duty warships at Naval Base San Diego, during the Navy's popular Meet the Fleet Open House at the 32nd Street Naval base. The free event will feature ship tours, displays, rides, food vendors, and live music from a Navy Band. The public tours will be held from 9 a.m. to 3 p.m. at the south end of the base, which can be accessed through Gate 9 at Harbor Drive and Eighth Street in National City, or via the Blue Line trolley stop at Eighth Street. Have your government ID with you. The vessels will include the USS Tripoli, an amphibious assault ship that carries and deploys Marines. The 844-foot "mini" aircraft carrier also features a variety of aircraft, including the F-35B Lightning II, an advanced stealth fighter jet.

The carrier will be near the USS Pinckney and the USS Lenah Sutcliffe Higbee. These smaller 505-foot destroyers stock Tomahawk land attack cruise missiles and other weapons that help the ships protect carrier strike groups and other missions. The third type of ship is the USS Montgomery, a littoral combat ship that can sail nearly 50 mph. These vessels do everything from counter-piracy operations to searching for anti-submarine mines.

Daylight savings time ends this week. Americans in every state except Hawaii and Arizona will be moving their clocks an hour back on Sunday at 2 am.

Today's sponsor, Laura Muñoz Humphreys, is currently Regional Executive Director of the South Bay Family and Border View Family YMCAs. Laura was born in Medellin, Colombia, and moved with her family to Miami when she was 3 years old. Before entering high school, she moved to Los Angeles and has been on the west coast ever since. She has been involved with the YMCA for over 30 years, beginning as a teen in the YMCA's youth leadership program. She works closely with the YMCA of Mexico. Our club has supported the Tijuana Y. She lives in Chula Vista with her husband David, son Ryan and 2 goldendoodle mixes Fozzie and Marley.

This concludes today's edition of the Jim Biddle News at Noon, today brought to you by Laura Humphreys and the South Bay Family YMCA.



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MEETING HIGHLIGHTS—NOVEMBER 1, 2024



President elect-elect Rasha Roshdy presiding for the second week in a row and looking very comfortable with the wooden mallet. Gary Bryant presenting Laura Humphreys on behalf of the South Bay Y a check for \$1000.



Laura Humphreys was the sponsor this week. Lucky drawing winners were: Rasha Roshdy, Rick Richardson and Kathleen Carroll.



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ELDER FRAUD: BE AWARE & REPORT SCAMS

Free information session with an FBI Intelligence Analyst for seniors, caregivers, and neighbors



WEDNESDAY NOVEMBER 13 AT 11:30 A.M.

Norman Park Senior Center 270 F St, Chula Vista, CA 91910

PROTECT

Seniors are increasingly targeted by scammers looking for financial gain. Learn about common elder fraud schemes, the signs and symptoms of elder fraud, and what law enforcement is doing to protect seniors and prosecute scammers. Find out what you can do to prevent falling victim to these scams and report instances of fraud to local law enforcement.

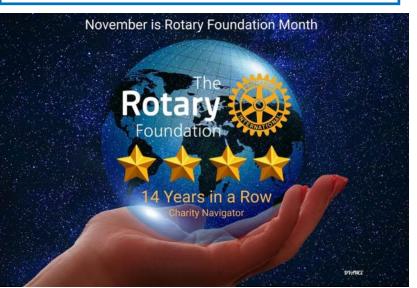
REGISTER FOR FREE SDElderFraud.com This presentation is made possible by the FBI San Diego Elder Justice Task Force in partnership with the FBI San Diego Citizens Academy Alumni Association, AARP California, and the San Diego Seniors Community Foundation's Senior Center Coalition.







The Bonita Vista High School Music Machine continues it tradition as one of the best high school performing groups around!



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WORLD KINDNESS WEEK ALTRUSA OF CHULA VISTA & CHULA VISTA ROTARY

SALUTE TO VETERANS

Monday, November 11, 10:30 a.m.-Volunteers Still Needed

Lunch will be served (Chik fil-A) & Games Will Be Played!

Veterans Home of California – Chula Vista Rose Garden Café

700 E. Naples Ct., Chula Vista CA 91911

GI INGTUESDAY 3 DECEMBER 2024



