

Chulatarian

Rotary
Club of Chula Vista 



ROTARY CLUB
OF CHULA VISTA

BOARD 2024-2025

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fernfam@pacbell.net

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Ben Koala
koalacpa@gmail.com

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sdeducator2014@gmail.com

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rbaron@republicservices.com

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mdemurguia@baldwinsons.com

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csandovalzf@gmail.com

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www.chulavistarotary.org
P.O. Box 324 Bonita CA 91908
Editor:
Carmen Sandoval Fernandez
csandovalzf@gmail.com

Rotary 
Club of Chula Vista

The weekly newsletter of the Rotary Club of Chula Vista
Chartered February 16, 1926 - Club Number 908 - District 5340
Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

NO CLUB MEETING
CLUB SUMMER SOCIAL—5:00 P.M.*
Friday, September 13, 2024 - DARK

Rotary International is an international service organization whose stated human rights purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

This is Rotary's Action Plan through 2024: to increase our impact, expand our reach, enhance participant engagement, and increase our ability to adapt.

Our Core Values include: Service, Fellowship, Diversity, Integrity and Leadership.

CLUB CALENDAR

Friday, September 13—FOOD DISTRIBUTION AT ST. MARK'S (Hilltop & I), 8:15 am

Friday, September 13, 5:00—*Summer Social at Lisa & Eric Johnson's Home
2808 Camino de los Potros, Bonita

Wednesday, September 18—Chula Vista Rotary Board Meeting

POST TRAUMATIC STRESS DISORDER (PTSD) -
September 20, Noon—Kathleen Carroll—Club Program



**Mental Health
Initiatives**
Rotary Action Group
DISTRICT 5340 CHAPTER

As CPR is for the heart, QPR is for the mind
QPR: Question, Persuade, Refer
QPR trains you on:

- Recognizing suicide warning signs
- Ways to initiate conversation
- Methods of providing help and hope

We have organized face-to-face classes throughout San Diego County. These classes are open to all; Rotarians, family, friends and neighbors.

Date & Time: Tue, Sep 17, 2024 | 6:00-7:30 pm
Location: Pine Avenue Community Center, Room 108
3209 Harding Avenue
Carlsbad, CA 92008

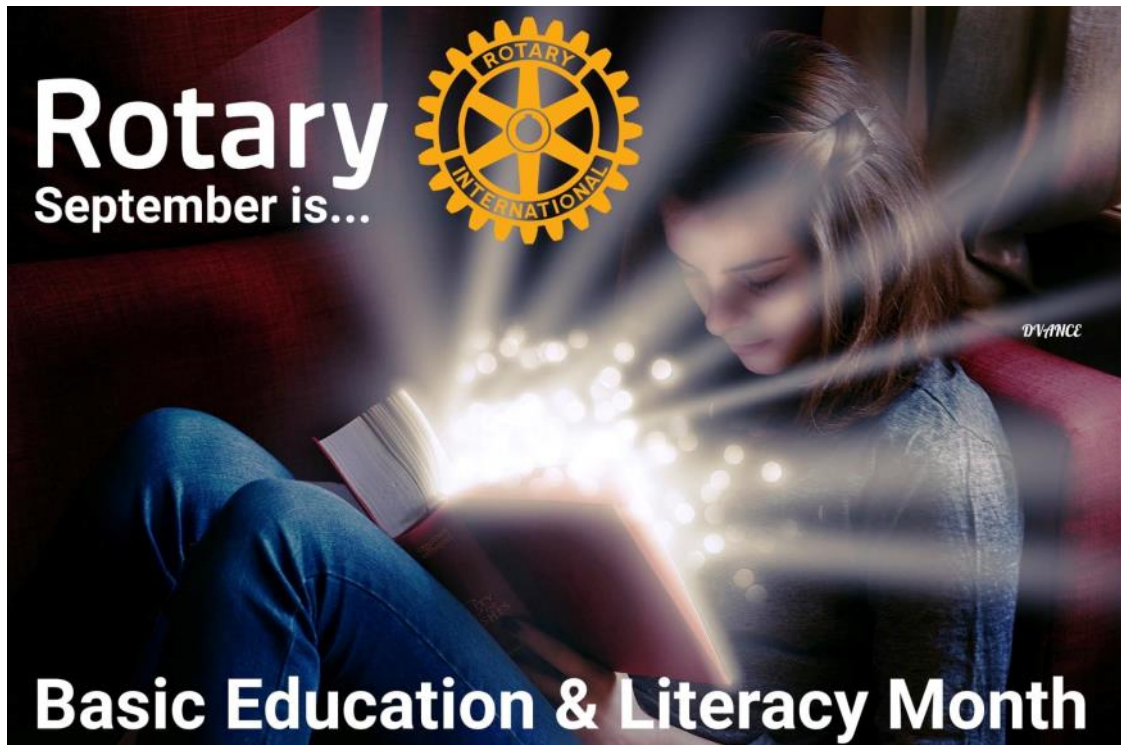
Date & Time: Tue, Sep 24, 2024 | 6:00-7:30 pm
Location: San Diego North Recreation Center
4044 Idaho Street
San Diego, CA 92104

Date & Time: Wed, Sep 25, 2024 | 1:00-2:30 pm
Location: Oasis Rancho Bernardo
17170 Bernardo Center Drive
San Diego, CA 92128

Cost: Free (funded by County of San Diego/organized by D5340 Rotary Action Group).

[Register for QPR Training \(google.com\)](#)

Capacity: Maximum of 25 participants for each training
Questions: Bob Stonebrook, bobstonebrook@gmail.com



GOOD-BYE POLIO
THANKS ROTARY



Services for **Naomi Tanaka** will be held Saturday, September 14, at 11:00 at the San Diego Buddhist Temple, 2929 Market St. San Diego.

The family requests in lieu of flowers, if so inclined, that a donation be made to the Chula Vista Rotary Foundation.

To celebrate Naomi's love of Hawaii, Hawaiian shirts, tops etc. are encouraged.