Chulatarian





The weekly newsletter of the Rotary Club of Chula Vista

Chartered February 16, 1926 - Club Number 908 - District 5340 Meets Weekly, Noon, 4475 Bonita Road, Bonita (Chula Vista Golf Course)

ROTARY CLUB OF CHULA VISTA

ASHLEY RODRIGUEZ SAN DIEGO COMMUNITY POWER Friday, September 27, 2024 - Noon

BOARD 2024-2025

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This week - an introduction to San Diego Community Power, the new public agency providing affordable clean energy and investing in the community to create an equitable and sustainable future for the San Diego region.

SDCP is a **Community Choice Aggregate (CCA) program** — one of dozens that have formed throughout California over the past 20 years. CCAs are not-for-profit public agencies that partner with local investor-owned utilities (SDG&E in our case) to deliver cleaner electricity to their communities. CCAs introduce healthy competition into the energy marketplace and eliminate shareholders who profit on your electricity use.

Ashley Rodriguez, Local Government Affairs Manager, is San Diego Community Power's liaison to member agencies and municipalities, public agencies, and tribal communities. Previously, she worked in local nonprofit news. Ashley also serves on multiple nonprofit boards in the community and is a proud dog mom.



MEETING HIGHLIGHTS—SEPTEMBER 20, 2024

President Jesse Fernandez called the meeting to order. Jerry May gave the invocation. Chuck Bevan led a very fun custom version of "Country Roads" with Chula Vista inserted. Well done Chuck! President Jesse announced our music man, Joe DeMers, will help us coordinate the Holiday program this year. He also spotlighted members who celebrate their Rotary anniversaries in September.

He reviewed several items that were approved at the Board meeting this past Wednesday. These included: **Amna Sanctuary** - \$1,000.00—The most urgent need at this time is to assist Afghan Refugees.

Front Row Center Youth Theatre - \$500. They provide equitable and accessible youth theatrical experiences to all young performers. They have performances in Chula Vista and replace CYT.

Just in Time for Foster Youth - \$500 to support their My First Home Service Project – JIT provides critical resources and life-sustaining relationships to young people (age 18-26) who have been impacted by the foster care system. The donation will be used to purchase household items that the youth need to create a safe, comfortable, and reliable home environment.

Altrusa International of Chula Vista – \$600 donation will be used to purchase gift cards for their Grandparent Raising Grandchildren project, which we support.

The Board also voted to support Past President Mora de Murguia's application to serve as District Governor. President Jesse explained that part of the process is to bring it to the Club for a vote also.

Motion by Jim Biddle/second by Lisa Johnson: To support Mora Keller de Murguia for District Governor (Motion carried by a unanimous vote).

The Board also discussed and agreed on the distribution of the Club's new Rotary branded items. Members who work an event will be provided one item this Rotary year, with a choice of a work vest OR t-shirt. Vests may be available to share at events. Additional items can be purchased at cost; currently \$28 for a vest (if a member prefers their own); cost of the shirts to be determined.

A survey will be conducted to gauge interest in activities, gather Member suggestions and thoughts. The Board agreed to co-host a gathering of the three local Rotary Clubs—Chula Vista, Sunrise and Eastlake Chula Vista on Saturday, October 26, 5:00 pm.

Board members Risa Baron and Laura Humphreys have agreed to coordinate a celebration of our Club's 99th birthday next February 15. Save the date!

Gary Bryant announced a hands on project on Saturday, October 19. Our Club will be supporting the Beautify Chula Vista and cleaning an area near the KOA campgrounds near SR 54. This is in collaboration with Sustainable South Bay Communities.

Kathleen Carroll, a therapist for many years, spoke on Post Traumatic Stress Disorder (PTSD), a condition most associate with veterans but impacts many others including crash victims, sexual assault/child abuse survivors and more. Thank you Kathleen!





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JIM BIDDLE NEWS AT NOON by Betty Waznis



Hello, everyone. Welcome to today's edition of the Jim Biddle News at Noon. Today brought to you by Diane Flint Wages and the Legacy Fund of the Chula Vista Rotary Foundation.

On Wednesday the Federal Reserve slashed interest rates by one-half of a percentage point and signaled that further cuts are on the way. It was the first rate cut since 2020 and reflected a shift in focus from fighting inflation to preventing the labor market from deteriorating. The Fed's benchmark rate will now stand between 4.75% and 5%. Based on Fed officials' latest projections, they are likely to lower rates by a quarter of a point two more times this year and four times next year. Consumers can expect to see some relief as the interest rate cut gradually starts to affect everyday purchases and loans.

Researchers from Stanford University managed to make the skin of mice see-through after rubbing a solution on the mice's bodies, letting researchers see their blood vessels, muscles and organs live in real-time, <u>as described recently in the journal Science</u>. The main ingredient in the solution is tartrazine, otherwise known as yellow no. 5 food dye, the same orange dye that you might find on your fingers after eating Doritos, but in much higher concentrations.

How does this work? Scientists have been on the hunt for a substance that could reduce how much biological tissues refract light to result in transparency. The search revealed tartrazine as a potential candidate. When they soaked a slice of raw chicken in tartrazine dissolved in water, the chicken slice turned clear. Trying it on mice came next. Just about five minutes after the researchers applied the solution, they could see the inner workings of the mice's bodies. The transparency wasn't permanent once the dye was washed off. and the mice were not hurt. Applied to humans, this could be a medical game-changer, helping doctors diagnose conditions and perform procedures more accurately without the use of surgery or invasive tests.

Nineteen astronauts across three spacecraft are in orbit around Earth right now — a record in the history of human spaceflight. Two of them, Suni Williams and Butch Wilmore of NASA, were not originally scheduled to be up there at this time. Williams and Wilmore launched into space last June on a test flight of Boeing's Starliner, a possible second commercial option for NASA to send people to and from the International Space Station. The spacecraft had suffered a series of technical hiccups across years of testing, including software errors, a faulty parachute system and multiple helium leaks in the propulsion system. So NASA officials announced in August that for safety's sake Starliner would be heading back to Earth without its crew. But neither stranded astronaut seems too bothered. In a news conference from the space station last Friday, the two astronauts expressed confidence in NASA and Boeing and the decisions that led their stay in orbit, which was originally planned for eight days when they left last June, but will now last until next February, Williams saying, "This is my happy place."

Our Padres won the last of three games against the Houston Astros Wednesday. Pitcher Dylan Cease allowed only two hits in 8 and 1/3 innings. Manny Machado, Fernando Tatis Jr. and Donovan Solano made sure the Padres came out on top by hitting three consecutive homers in the eighth. The victory keeps the Padres $2\frac{1}{2}$ games ahead of the Diamondbacks in the race for the National League's top wild-card spot, with 9 games left. Next up – A three game series against the White Sox tonight at 6:40 in the Padres' last home stand of the regular season.

(Continued on page 5)





MEETING HIGHLIGHTS—SEPTEMBER 20, 2024



This week's sponsor of the Jim Biddle News at Noon, Diane Flint Wages presents the gifts to (l-r) Joe Carroll, Gary Bryant and Bill Torre.





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President Jesse presents Kathleen Carroll with her speaker's coffee mug. Thanks Kathleen!

CLUB CALENDAR

Wednesday, October 2, 8:00—Community Service Meeting
Friday, October 11, 8:00—St. Mark's Food Distribution
Saturday, October 19—8:30—Noon—Beautify Chula Vista
Saturday, October 26, 5–10 pm—Three Rotary Clubs Mixer

(News continued from page 3)

Today's News at Noon is sponsored by Past President Diane Flint Wages in support of the Chula Vista Rotary Foundation's Legacy Fund. The Legacy Fund was founded to provide perpetual financial support to the Foundation through the generosity of gifts and donations. The earnings from that Fund will support Foundation projects such as bicycles for poor children, the Tijuana house build, and so many other worthwhile efforts.

You can contribute to the Legacy Fund through annual donations, memorial gifts, and provisions through your estate, trust or will. Your donation will give support in perpetuity as the Fund grows through donations and investments. See Legacy Committee Chair Mark Scott or members Gary Bryant or Ken Weimer if you have any questions.

This concludes today's edition of the Jim Biddle News at Noon, today brought to you by Past President and 2017's Rotarian of the Year Diane Flint Wages and the Chula Vista Rotary Foundation Legacy Fund.









CENTENNIAL CELEBRATION

WELCOMING ROTARY INTERNATIONAL PRESIDENT STEPHANIE A. URCHICK

California Center for the Arts Escondido 340 N. Escondido Blvd. Escondido, CA 92025

Sunday, October 20, 2024 4:30PM Reception 5:30PM Dinner 7:00PM RI President Speaks

Join us as we celebrate 100 years of service to the community of Escondido and the spirit of Rotary. Rotary International President Stephanie A. Urchick will be making a special visit to Southern California in honor of this event. Business attire -- black tie optional.



Stephanie A. Urchick Rotary International President, 2024-25



Reception proudly sponsored by:



FOR MORE INFORMATION: (760) 580-7576 | info@escondidorotary.org

WEBSITE escondidorotary.org

Coffee with the Boss

Monday · October 21, 2024

7:00 AM Socializing 7:30 AM Dialog and Q & A with President Stephanie Urchick

Coffee and Pastries



Registration and Prepayment Required Cost: \$25/person



SCAN to Register as Guests & Pay

Onsite Convenient Parking \$8 via Credit Card



RI President Stephanie Urchick

The La Jolla Golden Triangle Rotary
Club is honored to host
International President Stephanie
Urchick for an informal, yet
dynamic, dialogue and Q&A at the
UCSD Faculty Club.

She will field questions from District Governor Dianne Crawford, La Jolla Golden Triangle President Luke Ervin and Rotaractors from UCSD, USD and SDSU.







Directions to UCSD Fcaulty Club https://facclub.ucsd.edu/directions/index.html