

1 June 2020

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• Secretary & Editor: Katrina Henningham – hello@katrinahenningham.com

## Rotary Club Warners Bay – Zoom Club Meeting Minutes 18 May 2020 – 6:30-7:30pm

**Attendance:** Les (President), Barry (Pres-Elect), Katrina (Secretary), Christine (Treasurer) & John, Erin (Zoom host), Glenda (Membership, Executive Secretary) & Bernie, Michael (Club Service), Craig (Youth Service), Kerry (Vocational Service), Ross (Community Service), Vina (Foundation & Welfare), Toni G (Compliance) & Adrian, PDG Peter (SVP), Glenys & Steve, Ian & Judith, Julie, Brian.

**Guests:** Jacqui Dann, AG Clarice Hamling, Wilma Simmons, D9670 Child Protection Officer (Guest Speaker)

**Apologies:** Kate (International Service), Toni Mc, Helen, Jenny, Matt.

**President Les** welcomed and thanked everyone for their attendance – and welcomed the guest speaker, Wilma, who will be presenting the Club's mandatory Child Protection Training.

**Adoption of New Constitution:** The previously notified motions were formally Moved by Erin Marney and Seconded by Craig Henningham

1. That the Constitution of the Rotary Club of Warners Bay Inc, adopted on 23 January 2017 be rescinded with effect from the date of acceptance of a revised constitution by the Secretary of NSW Fair Trading or 30 days after the date of the abovementioned meeting, whichever comes first; and

2. That the Rotary Club of Warners Bay Inc adopts as its constitution on and from the date mentioned in paragraph 1 above (the commencement day) the Constitution Annexed to this special resolution (the new constitution).

A short discussion was held prior the vote. The two motions were voted in favour, unopposed.

Craig was asked to follow up with the documentary requirements for NSW Fair Trade.

The RI example By-Laws will be reviewed, in reference against the Club's current 2010 By-Laws, and revised as required following discussion at the next Board Meeting.

**Child Protection Training** presented by Wilma Simmons, D9670 Child Protection Officer.

### Overview:

- The requirement of the Child Protection Act and adoption by Rotary is to ensure that Children and Young People are kept safe.
- This is a Legislated requirement by the NSW State Government. Each state have their own requirements. There is not a consistent approach across Australia.
- The training is a legal requirement of Rotary International, as well as a Rotary Insurance requirement. Rotary Insurance has a "Molestation" coverage, to support the victim if the need arises.

- Rotary International requires that all Rotarians and other volunteers, who have regularly or private contact with a child or young person in a Rotary Program, complete a Volunteer Declaration Form (previously "Form 3") and have it verified by the Club's Child Protection Officer. This needs to be stored at both Club and District levels.

### Club Responsibility:

- Clubs are required to have a Child Protection Officer to oversee the recording of the Working With Children Checks completed, the WWCC number and expiry date.
- Clubs have a duty to ensure all members who have contact with children & young people have a Working With Children Check (WWCC) completed and have a register with all the relevant information, stored in a secure manner.
- Clubs must ensure all paperwork is completed for any event where children and young people will be involved, such as permission to take & publish photos, etc.
- Every Club activity/project undertaken where children/young people are involved is to have a risk assessment completed before commencing the activity/project.
- Regularly check that all paperwork and database information is up-to-date and correct.

### General Information:

- <https://www.kidsguardian.nsw.gov.au>
- It is advisable that all members review the Office of the Children's Guardian to stay up to date with changes.
- There are a number of resources for parents and guardians on the website.

- There is a new document on how to deal sensitively with Children dealing with Domestic Violence.

- There is new legislation for Child Protection as of 20 March 2020.

- WCC check lasts for 5 years and the OCG will contact people when theirs is coming up for renewal. Due to the pandemic/ COVID-19 situation, people have 6 months grace to obtain their renewal. This will be confirmed in the email they receive.

- Rotary International has a mandatory reporting procedure and process. Members are to ensure they are up to date with the RI requirements.

- **Complete the Child Protection training on MyRotary** to keep up to date with RI requirements. <https://my.rotary.org/en/learning-reference> ...if you have never logged in to MyRotary before, you just require your email address and Rotary Club name to set up an account.

- It is of utmost importance to remember that confidentiality is to be maintained at all times and that no one is to "carry out their own investigations" if an allegation occurs.

**President Les** thanked Wilma for her time and expert knowledge.

**"This is Me"** – Brian Maclachlan. Brian gave a very interesting précis of his life of study, living in many countries, working in a variety of careers and his determination to never stop learning. Brian's focus, in recent years, has been in the study of family history research and offers his assistance to any Club Member who would like to research their own family history.

The Club Meeting was followed by a "Future Directions / Cycle Event" meeting. (Summary on p3)

### Next Club Zoom Meeting: 1 June 2020

1. Guest Speaker: Andrew Best, Supervisor, Club & District Support from Rotary International, Australia, South Pacific & Philippines. Andrew provides support and direction to the 37 Districts and 2250 Clubs in Australia, South Pacific and the Philippines. Andrew will talk a little about himself and his role and then also inform us about a new club Rotary Social Impact Club that has just chartered.
2. Future Directions update: Pres-Elect Barry.
3. "This is Me" – Adrian Payne

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## Club Welfare – Vina

It was great to hear from members about their various activities and, as far as I am aware, members have coped with the restrictions due to COVID 19...

Barry is making great progress with our ride event, with the assistance of his great committee. Les is busy updating our Constitution and By-Laws. John and Chris are purchasing our trailer for that fund raising project. Katrina has been producing our Club Newsletter, as well as the District one, and Craig has been busy doing Rotary

training for his next District position. All the other members who are pursuing their interests such as gardening.

Restrictions are gradually lifting, hopefully slowly, as in today's news Korea, one of the success countries dealing with this outbreak have just had a second wave of the virus. So this insidious virus is still out there and let's keep ever vigilant to stay safe.

For those who are readers I highly recommend Julia Baird's book *Phosphorescence*. Through her many personal challenges, she discovered the

beauty and wonder of this wonderful world we live in. Julia is a superb researcher, writer and thinker. Her ability to put observations in words on paper is simply brilliant. If anything, we have all had time to reflect on what's really important in life and appreciate there is a wonderful world outside our homes.

Take care, keep smiling and enjoy each day.

## Rotary Foundation – Vina

Congratulations to the fantastic effort by Gordon and Therese Hill and the Rotary Club of Cobar (members of our District) for raising \$800,000 for the Drought Relief Program since September 2018. This program provides fodder, groceries, bill relief, water, working-dog food and fuel for farmers. 150 farming properties in the Cobar Shire and in Bourke, Bogan and Central Darling Shire.

Since the COVID 19 outbreak this drought and the summer bushfires have almost been forgotten. These two events still have great challenges.

## Vocational Service – Kerry

Nothing to report at this time.



Rotary



## End Polio – Kerry

Our plans to "send Polly off to the far reaches of our District and beyond" have been somewhat paused at this time, ironically by yet another sinister viral infection placing adults and children around the world at risk, Covid-19.

Our small committee (Chris J-Evans, John Evans and I, with guidance from Peter Raynor) will make plans to get the trailer back on the road, when able.

Polly is currently on leave, sitting in a shopfront in Taree. Several clubs from NSW and into SE Queensland have invited Polly to visit their areas, and she is planning a trip to Mudgee for 2021 District Conference. The wine on offer there has nothing to do with it!?!?!?



### Reported Cases:

So far this year, there have been 61 reported cases of Wild Polio. The only 2 countries still reporting wild polio cases are Afghanistan and Pakistan.

Remoteness, rugged landscapes, harsh climate, terrorism and unrest, suspicion of 'outsiders' bringing in vaccine programs, are just some of the challenges which continue to make the quest to rid the world of polio very difficult.

***It must be noted that the systems in place for polio programs have contributed invaluable resources to authorities working on the challenges of the Covid-19 pandemic in these and other countries around the world.***

### Our Tasks As Rotarians:

1) Continue to support the Rotary Foundation and END POLIO campaign. Include giving to Rotary Foundation, both

before the end of this year and in planning for the next Rotary year.

2) Continue to raise awareness and funds for END POLIO. Plan to have at least one fund raising event leading up to World Polio Day on Saturday 24th October.

3) Promote immunisation of all children, including here in our own country.

The battle has not yet been won, so we must not lose momentum and focus. If we don't eradicate this terrible disease, it may return!

AG Kerry Hayes  
RF Polio Sub-Chair  
Vocational Director  
RC Warners Bay  
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## From the President-Elect, Barry:

The newsletter comes around frighteningly quickly.

### Changeover June 29th

It seems like no time at all since I took on the President Elect role, and at that time June 2020 seemed an age away. Now, suddenly, changeover day looms ever closer and I know I only have to blink twice and it will be upon us. I find that I am not a little nervous about what the year holds. Not only do we have Covid-19 still to worry about, and all the changes in how we do things that that forces upon us, I seem now to be seriously wedded to the new "East Lake Cycle Challenge" and making sure we make a success of that. So it is looking like a busy year. Still, I like a challenge and I certainly seem to have found one. At this stage, I am not sure whether the changeover meeting will be 100% Zoom or whether we can make it, at least partly, "real". We will know shortly, as venues work out how and when they will "open up".

I have had a thought about how we might "dress up" for the occasion. Taking the theme of "New Directions", which will take energy and action from all of us to make happen, I thought a suitable outfit would be for us all to wear "active" gear. That could be anything a bit sporty: Lycra, tennis gear, running or walking outfits, really anything that might encourage one to think you are going to "do something". So get thinking!

### Bike Ride Progress.



We are inching along. I have had conversations with the two rides we hope to partner with: The Singleton Mail Run and the Central Coast

Century Ride. Both seem keen on the idea, but I have not been able to get to the point of a Zoom meeting or actually getting commitment as yet.

I have applied for next year's grant from LMCC and in the process managed to get them to sign off this years invoice.

At a progress meeting last week, after a good deal of discussion, we decided to name the ride "The East Lake Cycle Challenge" ELCC. In my mind she is already "Elsie".

I have contacted *Headspace* and *Gotyourbacksista* as potential charities and await their responses. I will contact Camp Quality next week after some help on who to talk to from Vina.

Craig, John and I have had a meeting with the police to put to them the route that John and Christine have worked out, and it seemed to go pretty well. It looks like John only has to make few minor changes. We have to also get the ok from Central Coast for the last bit down at Summerland Point, but hopefully that will be ok. The best news from that was that they ok'd riders as young as 12, so we can make it a real family ride.

There are lots of ideas floating around to do with what we can do in Speers Point Park on the day, to make it a family fun day. If you have any good contacts or any good ideas, please pass them on to Julie Butel, who will coordinate that end of things.

We have another progress meeting on Tuesday evening to kick off the marketing and sponsorship aspects of the project, and I am looking forward to that so that we can really get moving.

Barry

## Community Service Report – Ross

**Camp Quality:** With things gradually opening up now, Camp Quality may be resuming activities in July/August. They usually organise camps for children recovering from cancer, to give them joy and hope in times of difficulty. In previous years, we have been able to assist by providing lunches for these camps. The opportunity to assist may come again later this year.

**Ronald McDonald House:** The Newcastle House gives seriously ill children a warm and supportive home-away-from-home for the whole family, close to to John Hunter Children's Hospital. "Meals from the Heart" was our way to assist these families, by providing a meal for one night each year. With this opportunity unlikely occur this year, people may like to assist with a direct donation or participating in the Great Kindness Challenge fundraiser (<https://fundraise.rmhc.org.au/event/the-great-kindness-challenge-nsw>).

**Biggest Morning Tea:** Keep working on those baking skills. When the opportunity arises, we will need those skills to contribute to our morning tea fundraiser. Direct donations can be made now via our fundraising page at: <https://www.biggestmorningtea.com.au/fundraiser/rotaryclubwarnersbay>

## A Proud Mumma...

As you probably know, my daughter Grace is a house sitter for some of the finest homes in Newcastle area and runs her business, NFP Connect, from wherever she is at the time. However, at this rather challenging time she has been grounded here in Morisset, but has answered a number of calls for help from social media.

She's weeded a lady's garden and now regularly takes Rex, the dog, walking twice a week for his disabled owner. They obviously have great fun because both of them are smiling!!!

She's also been taking care of the applications to the Government etc for me, as I'm OK with organising any amount of events, but when it comes to finance and filling in forms.... forget it!

I'm naturally very proud of Grace for taking these initiatives. See you zoom!

Cheers Toni McLean

### Summary 2021 Cycle Event Zoom Meeting – President-Elect Barry Knowles, Chair (7:30-8:50pm)

- Barry gave an overview of where things were up to
- Peter Rayner has spoken to a number of Rotary Clubs to ascertain interest in a 3-ride series. Rotary Club Rides have responded. The Century Ride and The Milk Run. Discussions are still under way.
- Michael and Barry have discussed what is needed on the website to incorporate rides purchasing a cycle kit and obtaining sponsorship.
- Cycle shops have increased their sales between 63 – 165 %.
- A Survey was sent out to a database of over 2,000 with about 500 responses. This was done by Erin and Louise Marney.
  - Riders would like to see the ride continue
  - Ride needs to be a loop

- Don't like riding on the highway
- Like the scenic ride
- John and Christine have developed 3 new rides and this was sent to all Club Members.
- Need to look outside starting at Speers Point Park
- Need to look at changing name to something catchy.
- Look at national charity with a local project, this is easier to pitch to corporates. Gives a better story
- A sub-committee of 5-6 people to be set up to decide the charity and other major issues. This will them be submitted Board
- Outcomes
  - Craig, Barry and John to make a last ditch effort for full loop. It this is not acceptable, the new course will be presented. Craig to organise.



**Guess Who!? Can you guess who the baby is? Still no correct answers to the last one, from 18th May Issue!**

Send your response to Katrina by Friday 12th June – [hello@katrinahenningham.com](mailto:hello@katrinahenningham.com) – winner/s will be announced in the next issue of "In the Loop".

**Apologies to Julie Butel**, who guessed correctly the identity of Louise Marney from the 4 May Issue, her email went slightly astray – but fortunately, she was able to draw my attention to it. *Well done, Julie!*

Remember to send a baby photo of yourself to Katrina by Friday 12th June to be included in future issues.



**5th: John Evans**  
**21st: Brian MacLachlan**  
**20th: Gail Cornford**

## Zucchini & Halloumi Fritters

*These are gluten free and simple to make. A delicious side to grilled steak or chicken, or with a salad as a vegetarian option.*

*Makes 4 fritters*



### Ingredients:

- 1 zucchini (shredded)
- 125g halloumi (grated)
- 2 egg yolks
- 1 tblsp sesame seeds
- 2 tblsp fresh dill (chopped)
- Salt & pepper
- Butter for frying

### Instructions:

1. Shred/grate the zucchini, toss the salt through it and transfer to a fine mesh strainer and allow to drain for 15-20 minutes, then squeeze out as much water as possible – it needs to be as dry as you can get it.
2. Combine the dried zucchini with the grated halloumi, egg yolks, dill, sesame seeds and pepper.
3. Heat the butter in a large non-stick pan.
4. Take heaped tablespoons of the mixture and place into the pan.
5. Fry until golden brown on both sides. Be warned: they are very "delicate" at the first turning point, so a bit of care needs to be taken so they don't fall to pieces.

## Youth Service Report – Craig

In this day and age of texting, emailing and "Insta" being the preferred method of communication for our younger generation, it was thrilling to have receive a "snail mail" letter from one of our Primary School end-of-year Awards. (pictured right)

I'd like to thank Ross McNabb for being our Club's representative at Biddabah School and presenting Alexander with his award, and to the whole Club for their ongoing support of our local primary schools with these awards.



## Humour is Healthy...



**LEXOPHILIA:** Lexophilia is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless."

A competition to see who can come up with the best lexophiles is held every year in an undisclosed location. This year's winning submission is posted at the very end.

...When fish are in schools, they sometimes take debate.

...A thief who stole a calendar got twelve months.

...The batteries were given out free of charge.

...A dentist and a manicurist married. They fought tooth and nail.

...A will is a dead giveaway.

...With her marriage, she got a new name and a dress.

...A boiled egg is hard to beat.

...When you've seen one shopping centre you've seen a mall.

...Police were summoned to a day-care centre where a three-year-old was resisting a rest.

...Did you hear about the fellow whose entire left side was cut off? He's all right now.

...A bicycle can't stand alone; it's just two tired.

...When a clock is hungry it goes back four seconds.

...The guy who fell onto an upholstery machine is now fully recovered.

...He had a photographic memory which was never developed.

...When she saw her first strands of grey hair she thought she'd dye.

...Acupuncture is a jab well done. That's the point of it.

...And the cream of the twisted crop: Those who get too big for their pants will be totally exposed in the end.