



11 October 2021

A message from President Glenys

Happy Friday

Just a few more days and our lives will be moving towards normality. As restrictions eased, we were able to get together for a chat at Speers Point Park on Wednesday. Always aware of Covid rules, we sat in Covid safe groups of 5 fully vaccinated members. We are so fortunate to live in this amazing part of the world – our lake is beautiful. It was great to share the morning with Vina and catch up on her news [including her happy duck family]. Michael also joined us in the sunshine – so good to see him back on his feet.

Our last meeting with RC Belmont was very interesting. Guest speaker, PGE Neville Parsons gave us a look into the future of our new district, 9660.

The first planning meeting for Lake Mac Autumn Fair 2022 has us thinking and planning of how we can make the Fair bigger and better than the inaugural Fair of 2021. Get ready for lots more fun and games.

For the next few months our Club Awareness Campaign will be a main focus – we aim to get out and about in the community helping where needed while raising awareness of our awesome Rotary Club of Warners Bay. Enjoy the new freedoms that Monday will bring, keep smiling and stay safe.

NEXT MEETING **ECONOMIC** Monday October 11th – Zoom meeting - 6.30pm AND COMMUNIT DEVELOPME Topic: Warners Bay Club Meeting Time: Oct 11, 2021 06:30 PM Canberra, Melbourne, Sydney Join Zoom Meeting https://us02web.zoom.us/j/86950692375?pwd=eW9VdFpldm1KWm8rdWt Qb20xcUR5dz09 Meeting ID: 869 5069 2375 Rotary Passcode: 376563 **Rotary's Vision Statement** What do we do to enhance Rotary 🚺 **Economic and Community Development?** TOGETHER WE SEE A WORLD WHERE PEOPLE UNITE AND TAKE ACTION Following the Haiti Earthquakes, club members have donated \$1700.00 to TO CREATE LASTING Shelter Box. **ANGE** ACROSS THE GLOBE Supporting local businesses throughout IN OUR COMMUNITIES AND IN OURSELVES the Covid pandemic. Whats on in October... Survivors R Us Breakfast BBQs Mon 4th Public holiday Packing hampers with OzHarvest Tues 5th Board meeting Bags 4 Brains – supporting local school Mon 11th Club meeting – ZOOM children in need. Wed 13th mherv committee meeting Book donations to local schools on behalf Thurs 14th Survivors R Us BBQ Breakfast of our guest speakers. Tues 19th Lake Mac Autumn Fair Speak for Peace – public speaking project committee meeting in local schools. Mon 25th **Club Meeting – HAT NIGHT** Peace poles planted in local schools. Thurs 28th Survivors R Us BBQ Breakfast What other ways can we support this Sun 24th **RCWB END POLIO Picnic Day** Area of Focus? Sat 30th **RCWB Lake Mac Lunch Cruise SERVE TO** Rotarv Rotary Club of Warners Bay * www.warnersbayrotary.org.au * PO Box 81 Warners Bay NSW 2282 • **CHANGE LIVES** Email: warnersbay@outlook.com







Issue 6 ²

11 October 2021

OCTOBER is MENTAL HEALTH MONTH

Another great Hat night organised by Ross on October 25th.

Special guest speaker Adele Cushion – who is a Mental First Aid trainer.

So find your best hat, most colourful hat, interesting hat,a hat with a story...

There'll be several prizes covering a variety of categories for the Best hat. Perhaps you might win!



JOIN US THIS OCTOBER

Monday 25th October 2021

Guest Speaker:

Adele Cushion, trainer with Mental Health First Aid

Venue: Club Macquarie/Zoom

Time: TBA

DON'T FORGET TO WEAR A HAT!



WWW.LIFTTHELIDONMENTALILLNESS.COM.AV/HAT-DAY #LIFTTHELIDONMENTALILLNESS #HATDAY21



Rotary

Districts of Austra





Page **2** of **11**





11 October 2021

CLUB NEWS

October

Happy Birthday

Ross Graeme

Click on the underlined words to open the link in **Google Docs** – remember to check regularly and put your name down on the rosters to help out in one of the spots. RCWB Program

Survivors R Us BBQ Breakfasts Warners Bay Markets RCWB Dinner Meeting Roster

FACEBOOK

Have you joined our **Facebook** pages? We have two – one to share with family, friends and the world

Rotary Club of Warners Bay Rotary Club of Warners Bay – Members page. This one is just for RCWB members to get updates on events.

RCWB WEBSITE

www.warnersbayrotary.org.au Have you browsed our website lately?

Tell us what you think! Suggestions, articles and photos welcome Email to warnersbay@outlook.com

Free social media marketing training for NFP Charity

From Erin - I've been following this lady for awhile. They do this free training as their giving back each year.

https://www.linkedin.com/posts/activity-6845626531004465152-pgfa

If you are interested in helping to boost our club through social media, have a look at this site and register.



Rotary Club of Warners Bay will celebrate INTERNATIONAL END POLIO DAY Sunday 24th October

PICNIC in the **PARK**

Come and celebrate End Polio at our picnic at Speers Point Park

10.30am – bring your own picnic and chair Wear a red shirt, an End Polio shirt or your Club shirt

> Save the date more details in the next In the Loop



These items and more are available at RDU Supplies <u>https://rdusupplies.com.au/</u>







COMING EVENTS

LAKE LUNCH CRUISE Saturday, October 30th **Coordinator: Adrian**



In discussion with President Glenys, I have tentatively booked a Lunchtime cruise on Lady Mac... Hopefully by then we will have been let out of jail, and we'll be able to enjoy two and a half hours together out on the water. By then we should have a nice summer's day.

Just looking at expressions of interest at this stage... please email me if you and/or family or friends would like to go. I have booked the upper deck for 20 but it can take up to 40.

adrian@villagescribe.com.au

The cruise serves a nice lunch with prawns, steak and a range of salads. The cost will be \$60 pp.

The boat departs Booragal wharf at noon, boarding from 11.45.

Payment... hopefully by then we will have been able to have a club meeting and we will pay the club invividually, and ask treasurer Christine to make a single payment to Lake Mac Cruises.

"You can't go back and change the beginning, but you can start where you are and change the ending."

Rotary

11 October 2021

RCWB aim is to enhance the awareness of Rotary in our local community.

- C.S. Lewis

How can we support our local community and local businesses following Covid?



invite you to join us in supporting our local businesses www.warnersbayrotary.org.au Email: warnersbay@outlook.com

Believe you can and you're halfway there.

Rotarv

We will be visiting local businesses with 3 aims...

- 1. Invite them to share with us how our club may be able to assist in their recovery.
- 2. Ask them to put one of our posters [above] in their window
- 3. Sharing our sponsorship program with them offering them





COMMUNITY:

Survivors BBQs have resumed every second Thursday. More helpers needed on roster, if you are able to spare a few hours 8am to 10am.

Discussions have started about ways we can support our local community, and local businesses once we come out of lockdown. This could fit into both community and vocational areas of our club service. Perhaps a 'Community Expo'.

The idea of a 'memorial garden' has been discussed previously, I would like to progress this discussion. I have had discussion with another volunteer at Survivors, who is from the Valentine Lions Club. We discussed the possibility of doing a joint project of some sort. With our President and Board's approval, I would like to see this happen.

MEMBERSHIP:

Plans for recruitment are hindered due to lockdown. However we can still wear our Rotary pin when out and about, and have our 'elevator blurb' on the ready for when someone asks "what is Rotary all about?". A community project, as above, will raise our profile and possibly attract new members. Community Expo. We need to look at making our club one that is attractive to new members.

YOUTH:

Discuss ways we can strengthen our ties with local schools.

Meet with principals, speak at P&C meetings.

Find out how school would like us to assist.

END POLIO:

Still only 2 reported cases of wild polio so far this year, but we need the number to be ZERO! Word Polio Day is Sunday October 24th. To mark this day, what can our club do. Perhaps a 'Picnic for Polio' on the waterfront?

Where's Polly? Currently stored at Redhead until she's on the road again. Re registering the trailer is

currently proving an onerous task!

SURVIVORS R US ROSTER

57 Pendlebury Road, Cardiff [ph 4953 7108] Helping with breaky BBQs every second Thursday 8am - 10am Oct 14th Vina Kerry Glenys Steve

Oct 28th Kerry Vina Nov 11th Kerry Vina Nov 25th Kerry Vina

Check out the roster on Google Docs or email Kerry if you are available to help.



MANY HANDS MAKE LIGHT WORK



Rotary







CLUB AWARENESS CAMPAIGN

RCWB CLUB MEMORY COMPETITION

Do you have a Rotary memory that you would like to share with our club?

Write it down and submit your story to Glenys. Awesome prizes available for the winning entries. Entries due 30th October.

Winning entries will be submitted to Beyond the BBQ See detsils below.



Pictures and stories must be submitted by 1.00pm every Wednesday to be published in Fridays Weekly ChitChat. Please note that pictures cannot have any type of BBQ's or people cooking BBQ'S in them and must have the right branding. Pictures and stories may be use in future projects. Please submitted your pictures and stories to District Secretary Glenda to glendadistrict@gmail.com Happy stories telling Issue 6 11 October 2021





At the recent Zone 8 Rotary Conference it was announced that the Rotary Ambassador for the Environment is now Costa Georgiadis from ABC's Gardening Australia

People of Action

We are neighbors, friends and problem solvers who share ideas, join leaders + take action to create lasting change.

#WeAreRotary

Rotary

It's not all hard work!

Rotarians have a lot of fun while helping others. Rotary combines service with opportunities to make professional connections and friends.





Rotary

ENVIRONMENT LIAISON - Julie

What's happening in District 9670 Environment Group?

The group meets on the 1st Tuesday night of the month. Pam Dean-Jones is an excellent chair for the group and has a lot of expertise in the area. Key points from the September meeting:

- 'Environment' is a part of all other areas of Rotary Service.
- We want to make sure that there are people representing all parts of the District. Over time, we would move to having representatives on the committee from clusters of clubs, rather than someone from every one of our 47 clubs. For the time being, our aim is to ensure that all Clubs are aware of the opportunity to be involved.
- Our District is large and diverse. Environment issues and capacity vary widely across the District, and we should reflect that in the projects we choose, information we provide.

There was interest in tree planting as a 'headline' project – it's something that everyone can do (and many clubs have been involved in tree planting, linked to National tree Day, World Environment Day, or other special events) and there is clear evidence of the benefits – for biodiversity and habitat, carbon capture, amenity, agricultural productivity, and water quality, and to counter some of the urban heat impacts of

quality, and to counter some of the urban heat impacts of global warming.

- We will work on a big picture plan for our District, linking our actions to global priorities. At the same time, we will get started on projects that raise awareness of environment issues in all our clubs across the district, and we'll encourage everyone to join in projects that have an environmental benefit – often with a social cobenefit.
- We will prepare a strategic environment plan for our District and map United Nations Sustainable Development Goals to our Rotary environment goals.
- We will explore the background to waste minimisation and recycling, research what Councils are doing around National Recycling Week (8 to 14 November) and look for opportunities for us to connect to those projects/events.

2021 LIVING SMART FESTIVAL was cancelled due to COVID, but you might be interested in tuning in to the Living Smart Podcast. Sam Doove and Gabby Clappison (Sustainable Neighbourhood Alliance board members; Warners Bay Sustainable Neighbourhood Group members) feature in LMCC's first episode of the podcast and talk about how Sustainable Neighbourhoods give them the opportunity to help their community and what they get back in return.

The 10-part podcast covers topics from circular economies to the radical act of caring. Search 'Living Smart Lake Macquarie' wherever you get your podcasts or find it on -Spotify: https://lm.city/living-smart-podcast-spotify Apple Podcasts: https://lm.city/living-smart-podcast-apple-podcasts or all other major podcasting sites.







Issue 6

11 October 2021







11 October 2021

INTERNATIONAL - Kate

Update on Rotary and Shelterbox Responding to Haiti Earthquake

A few issues back we told how Rotary and Shelterbox were quick off the mark, responding to the humanitarian crisis ,which arose when a 7.2 magnitude earthquake hit the south western area of Haiti on 14 August and which among others things, destroyed over 130,000 homes.

QUICK FACTS ABOUT THE EARTHQUAKE

• A magnitude 7.2 earthquake struck the Tiburon Peninsula of Haiti on 14th August 2021.

 Days later, Tropical Storm Grace dumped more than a foot of rain over some of the worst affected areas. • More than 130,000 homes have been damaged or destroyed

• At least 2,248 people have died and over 12,000 have been injured

HOW SHELTERBOX IS RESPONDING

- We are partnering with Habitat for Humanity Haiti to provide the essential items that families need.
- We have a ShelterBox Response Team in the region.

Aid items will include tarpaulins and fixings, thermal blankets, solar lights, kitchen sets, sleeping mats, mosquito nets and water carriers.

Working in partnership with Habitat for Humanity, Shelterbox, now has it second team on the ground over there. The first team focused mainly on assessing the needs situation, reconnaissance of affected areas, liaising with local on the ground agencies (especially the local Habitat for Humanity team) and the logistics of getting the kit components deployed and safely into Haiti (not always an easy task, given that gangs control much the capital, Port au Prince).

The more recently arrived second team has been concentrating on putting the kit components together and then, delivering them to some 2,000 families down in the devastated Tiburon Peninsula region. They are particularly focusing on the most

disadvantaged families in the more rural and isolated areas. These are people who often slip through the net of other larger relief organisations, as these other relief organisations do not always go deep into the countryside.









Issue 6 11 October 2021

Each Shelterbox kit, provides the family with a weatherproof tent, kitchen /cooking equipment, solar lights, sleeping mats, thermal blankets, mosquito nets. And water carrying equipment. Many of the selected families, were hitherto sleeping rough under non waterproof cotton sheets strung up on wooden poles. While life is still a long way from normal, due to both the scale of the mass devastation and water and power facilities are still not being restored in many places, the Shelterbox kits keeps the family safe both from the weather and diseases like malaria and allows them to cook for themselves and get back to at least a semblance of normal living.



The RCWB has recently donated \$1,700 to Shelter Box







Rotary Club of Warners Bay * <u>www.warnersbayrotary.org.au</u> * PO Box 81 Warners Bay NSW 2282 • Email: <u>warnersbay@outlook.com</u>



Page 9 of 11



lub of Warners Bay

Have you had your double vaccination?

JOIN US FOR A CHAT

Where: Speers Point Park - under the trees near the car park

When: Wednesday 6th October @ 10.30am What to Bring:

a chair and your morning tea What to wear: Club T shirt and a fun sun hat



Looking forward to catching up to share stories and laughs. So good to be able to get out of home for a while in such beautiful surroundings.

Weather report for Wednesday - 25deg and

RSVP glenystomkins@gmail.com or 046 059 655



Issue 6







Rotary

11 October 2021

Rotary Club of Warners Bay * www.warnersbayrotary.org.au * PO Box 81 Warners Bay NSW 2282 • Email: warnersbay@outlook.com



SERVE TO CHANGE LIVES

1.50

Page 10 of 11





Issue 6 11 October 2021

30/09/2021 ROTARY CLUB OF WARNERS BAY PO Box 81 WARNERS BAY NSW 2282

Dear Rotary President

Thank you very much for your generous donation to ShelterBox Australia.

Because of you, we are able to continue to provide vital shelter and the essentials to return to normality in the aftermath of natural disasters and humanitarian crisis.

Your support doesn't stop there. It goes much further than just tents, blankets, solar lights and tools. Your support has the power to transform lives and change despair into hope.

See the impact you are making on families all over the world at www.shelterboxaustralia.org.au.



ShelterBox Australia relies totally on donations, and we truly value your support. If you have any queries, please don't hesitate to contact us, either by return email or to me, as below. Please find your tax-deductible receipt below.

Kind regards

Mike Greenslade, CEO ShelterBox Australia Ph. 0459 959 501 mike.greenslade@shelterbox.org.au

