

15 June 2020

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• Secretary & Editor: Katrina Henningham – hello@katrinahenningham.com

Rotary Club Warners Bay – Zoom Club Meeting Minutes 1 June 2020 – 6:30-7:45pm

Attendance: Les (President), Barry (Pres-Elect), Katrina (Secretary), Christine (Treasurer) & John, Erin (Zoom host), Glenda (Membership) & Bernie, Michael (Club Service), Craig (Youth Service), Kerry (Vocational Service), Ross (Community Service), Kate (International Service), Vina (Foundation & Welfare), Toni G (Compliance) & Adrian, PDG Peter (SVP), Glenys & Steve, Ian & Judith, Julie, Brian. Helen, Gail, Jenny, Toni Mc

Guests: Jacqui Dann, AG Clarice Hamling, Andrew Best, RISPPPO (Guest Speaker)

President Les welcomed and thanked everyone for their attendance – and welcomed the guest speaker, Andrew Best from the Rotary International South Pacific & Philippines Office (RISPPPO), Parramatta.

Les clarified the role of the Secretary to book guest speakers, in consultation with the President and President-Elect and will write up a procedure to support that role.

Christine let us know that the trailer for the Christmas Fundraiser is now ready to pick up and, with “doors beginning to reopen” is hoping that we will soon be able to start approaching business for donations. Christine also made comment that she has been approaching a couple of the local shopping centres for their procedures for displaying the trailer and selling tickets. Toni McLean suggested contacting the Lake Fair centre at Mt Hutton as well.

Les reminded everyone that this event requires an “all in” commitment from everyone, for both getting donations and selling tickets, if this is to be successful.

Pres-Elect Barry gave a report on the progress of a cycling event. He reported that he, John Evans and Craig Henningham had a productive & positive meeting with the Police during the week. There is still email correspondence occurring between our Club and the organisers of the Century Ride and Singleton Mail Run ride. The marketing & sponsorship committee will be meeting during the coming week. Julie Butel has been investigating the possibility

and logistics of incorporating a family fun day as part of the event – and welcomes ideas and assistance from those interested in getting involved in that part of the major event. Barry thanked John & Christine for the huge amount of work they had previously done with the signs and is now looking for someone who will take over the responsibility of designing new route signs and coordinating the production of them. Adrian is currently working on a new logo – which will be guided by the chosen name for the ride event. John reported that the Police were not keen on riders going along Elizabeth Bay Drive, so he & Christine took a drive around and have started developing some new route ideas. Barry has made contact with HeadSpace, Got Your Back Sista and Camp Quality – one of which will be chosen as the major recipient of funds raised.

Guest Speaker, Andrew Best: thanked Erin for her invitation to speak at the Club’s meeting.

Andrew gave a brief history of how he became involved with Rotary, originally through a Group Study Exchange to the USA, which is how he met Erin.

Andrew shared some of the statistics of who RISPPPO looks after, and gave the names and contact details of those who look after different areas of Rotary life: Training; Board Policy; Chartering New Clubs; Club Administration; Online Tools Support; Rotarian Support. (*PDF of this information attached separately.*)

Andrew encouraged all club members to set up their MyRotary account and have a look through MyRotary – as a great place to learn about, and keep up with, Rotary International events and projects.

Although Andrew now lives and works in the greater Sydney area, he is originally from the Lake Macquarie region, previously working at the Windale PCYC. He was first a Rotary member at Charlestown RC – and confessed that the club wasn’t meeting his needs and his activity with the Club reduced to such an extent that the Club terminated his membership. He made comment that 70% of new Rotarians will leave Rotary within 2 years if they feel the Club is not

meeting their needs. A statistic to be taken on board by all Rotary Clubs.

He later joined Turramurra RC specifically for the Bobbin Head Cycle Challenge and their Tree Planting program which suited both his recreational and environmental passions. This is a very “old fashioned” and “traditional” Club – and Andrew confesses he rarely went to a Club meeting, as he was more interested in their activities as mentioned.

At the beginning of May, Andrew became a Charter Member of a new Club ... Rotary Club of Social Impacts Networking. It has chartered with 30 members, with an additional 20 people on a waiting list. Members are from 6 countries and meet & share information, project ideas and events via “MicroSoft Teams”. Most Club members are in contact **daily** due to the online nature of the Club. They are under the jurisdiction of District 9675. Their official Charter Ceremony is to occur in the near future.

Andrew all shared a presentation relating to Membership and specifically the engagement of Members and for Clubs to have a clear understanding of each member’s reason for being there.

Andrew also shared about what other Clubs have been doing, both internally and externally, during the COVID-19 restrictions.

Erin thanked Andrew for making himself available at short notice and giving a very interesting presentation.

Les echoed those thanks, then introduced **Adrian** for his “This is Me” chat. A very interesting précis of an amazing career.

Les responded to the question of “when can we resume face to face meetings” – and encouraged everyone to read the item sent out in the Weekly Connect regarding safety measures for meetings. Until then, we will continue with Zoom whilst looking for a suitable venue for later.

Vina congratulated Erin who participated in the CEO Sleepout for Soul Cafe.

AG Clarice Hamling apologised for her late arrival (had just come from her Club’s Changeover Zoom) and congratulated our Club on keeping connected during these times of social isolation.

Please Note: If you want your news, report, items, articles or photos to get into the “In the Loop” newsletter, they are to be sent directly to the Editor, Katrina, at hello@katrinahenningham.com preferably by 5:00pm on the Friday prior to publication issue each fortnight.

Club Welfare – Vina

With restrictions lifting, and new found freedom, some members enjoyed venturing around the state during the long weekend – Les and Kathy tried their hand at gold panning near Orange, Gail and Kevin explored the Barrington Tops near beautiful Gloucester, Glenda and Bernie visited towns on the western plains on their road trip, Julie joined her gourmet cooking friends on the Central Coast – no doubt others spent time away also.

Toni McLean is preparing for her Christmas in July and Helen, like some others, have been enjoying their garden.

We are still urged to follow the health advice to stay safe. Peter Raynor is dealing with an episode of cellulitis and hopefully the meds have kicked in, Steve has recovered from his eye op, and Brian also has had a cataract op this week. Hopefully everyone else is well, keeping warm and dry in this winter weather.

mherv – Adrian

With both boards having given their approval, **mherv** is now a joint project of Warners Bay and Rutherford-Telarah clubs.

It turns out that, while we all thought **mherv** was a District project, the necessary process wasn't actually undertaken, so the two clubs have now taken ownership of the project.

Adrian has stepped back from the Team Leadership role, and Michael Weatherill from Rutherford-Telarah has taken over.

Adrian and other members of our club will still be part of the operational team, particularly Michael Wooller, Jacqui Dann and Les Corrigan.

Les and Barry are swapping club/mherv roles, officially, after our changeover. Warners Bay mhervers and shakers are likely to be joined by others from Rutherford-Telarah who'll take on new roles to lighten the load and at the same time improve the delivery of the **mherv** service in Rural and Regional New South Wales.

It is hoped that **mherv** will be back on the road after the enforced COVID-19 'recess', sometime in August.

All members should have received an email with the latest **mherv** report attached. If not, please email Adrian to send you a personal copy.

Rotary Foundation – Vina

A. The District Foundation committee, instead of the usual district raffle, have arranged a different form of the raffle to raise funds for The Rotary Foundation this year. Each club was asked to buy tickets at \$500 each. Our board agreed to buy 6 tickets for \$3000. The first prize is a Travel Voucher for \$3000 and the second prize is a 2 day accommodation voucher at the Mala Retreat in Louth Park. If a club wins a prize it is up to that club to decide how to use it. In the past, Clubs who have won the prize/s have then used them as a fundraiser for their Club's ongoing financial commitments and/or projects.

B. Glendale High Agricultural Project - Possums took a liking to their pumpkins! So last week students harvested 30 pumpkins from their garden. Also students have been busy constructing more garden beds, expanding their garden plot. Often photos are displayed on GTHS Facebook page.

Membership

We are very happy that Jacqui Dann expressed a desire to be reinstated as a member of our Club, after a couple of years' absence. We, of course, welcome her with open arms and open hearts.

It is with sadness President Les received the resignation notices from our long term Rotarian friends, Lyn Thorpe and Kim Ritter, who will, no doubt, find new adventures with their families and loved ones. Both Kim & Lyn, used their nursing skills, and empathy for others, for many years as Rotarians assisting many people, world wide, changing their lives for the better.

A recent story involving Lyn – the young boy from Vanuatu. He was found by Brian Coffey while on holidays, in a village, unable to walk. After contacting Lyn, she used her contacts to bring him to Newcastle where, after several operations, he was able to return home being able to walk for the first time in his life. Lyn also looked after him and his mother during that time, at her home. Just one amazing story of many.

We wish Lyn and Kim the very best in the next chapter of their lives and will miss their smiling faces and the inspiration they gave others.

Jim McLean has also resigned due to ongoing ill health.

From the President-Elect, Barry:

The New Bike Ride Name



12 people voted for name of the new bike ride. I abstained. Surprise surprise! There was no runaway winner, but there was a clear winner.

I counted the votes Eurovision style. If you don't know what that means please ask me one day when you have a few minutes to spare.

I also noted that there were a number of words which came up a few times in the most popular names. East Lake, Lake Mac or Point to Point were all popular as the first bit.

"Ride" was far and away the most popular ending, beating "Challenge" and "Run". In the middle there was "Cycle" or "Charity" or no adjective at all. So I did an analysis on all of that, just to make sure the range of choices had not skewed the result.

The result was "**The East Lake Charity Ride**", beat "**Point to Point Cycle Challenge**" on straight votes and also narrowly beat "**East Lake Ride**" on the word analysis.

So, with apologies to those who would prefer something different, can we all now please get behind the all new **EAST LAKE CHARITY RIDE**.

Club Assembly on Monday 15th

We will have a Club Assembly meeting on Monday. I didn't know what that was until a couple of weeks ago! b...but we will have a look at the year coming up, and how I hope to do things as President. We will also look at progress on the **East Lake Charity Ride** and the various group leads will say a few words. There will also be an update on the **Trailer Fundraiser** and other things that are in the pipeline. I look forward to seeing everyone on Zoom then.

Club Constitution Update – Craig

I have now completed the necessary paperwork to accompany our updated constitution on submission to NSW Fair Trading. I know it has been received because Fair Trading have billed my credit card for the filing fee (it was refunded last time so I hope that will again be the case). I expect that we will receive the approval in the not too distant future. Thank you for your support in following the required procedure.

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Some information that may help us understand about Rotary Foundation – Kerry

Hi to all,

I thought this was the ideal time to talk a little about where the money goes that we give to the Rotary Foundation. It is not merely another charity we give to, but in fact much more. Thank you to our PDG Peter Raynor for his help on this.

Our District Rotary Foundation Chair Janette Jackson is more than happy to do some RF training for our club at some time in the near future, and she is happy to do so. We can then get serious about looking to apply for a district or global grant to develop a project, and make a difference somewhere in the world. Our own PDG Peter Raynor is a wealth of knowledge on all things Rotary, and indeed Rotary Foundation.

Why should we readily give to/support the Rotary Foundation?

1. 92% of **Rotary Foundation** funds go to carry out sustainable humanitarian service projects.
2. 50% of money given to RF by our District comes back to our own District to be available for clubs to access for **District Grants**.
3. Rotary Foundation has a **4 star rating** on Charity Navigator (highest level possible) for the past 11 years.
4. The Rotary Foundation is **Rotary's own Charity** whose funds support Rotary Programs and Club Projects both locally and Globally.
5. The Rotary Foundation is the **ONLY** Charity that will ever give something back to our Clubs.

Rotary Foundation Causes:

Promoting peace: Rotary encourages conversations to foster understanding within and across cultures. We train adults and young leaders to prevent and mediate conflict and help refugees who have fled dangerous areas. **Fighting disease:** We educate and equip communities to stop the spread of life-threatening diseases like polio, HIV/AIDS, and malaria. We improve and expand access to low-cost and free health care in developing areas. **Providing clean water, sanitation, and hygiene:** We support local solutions to bring clean water, sanitation, and hygiene to more people every day. We don't just build wells and walk away. We share our expertise with community leaders and educators to make sure our projects succeed long-term. **Saving mothers and children:** Nearly 6 million children under the age of five die each year because of malnutrition, poor health care, and inadequate sanitation. We expand access to quality care, so mothers and their children can live and grow stronger. **Supporting education:** More than 775 million people over the age of 15 are illiterate. Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. **Growing local economies:** We carry out service projects that enhance economic and community development and create opportunities for decent and productive work for young and old. We also strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities. **Ending polio forever:** Rotary has been working to eradicate polio for over 30 years, and our goal of ridding the earth of this disease is in sight. We started in 1979 with vaccinations for 6 million children in the Philippines. Today, Afghanistan, Nigeria, and Pakistan are the only countries where polio remains endemic.



6. Many Clubs search for “worthwhile charities” to support and in many cases our Clubs just become another fundraiser for them. In every case these “worthwhile charities” have admin fees far beyond that of the Rotary Foundation- in some cases admin fees are as high as 60% - that is only 40 cents in the \$ goes to the Charity.

7. **End Polio.** As little as 60 cents can protect a child from polio. Rotary End Polio Program, together with our Partners, immunizes 400 million Children annually. There are now only 2 countries in the world that have reported cases of Wild Polio Virus – Pakistan and Afghanistan. For every \$1 Rotary commits to polio eradication, Bill and Melinda Gates Foundation commits \$2.

8. For as little as \$50, **clean water** can be provided to a community to help fight water borne illnesses. Dubbo Rotary Club, through a Global Grant installed 1,000 toilets in Calcutta, India

9. Rotary has **Peace Scholars** at 9 Universities worldwide – on completion of a 3 year course, the Scholars will have a PHD and will be recognized Globally – many go on to work for United Nations in **Peace and Conflict Resolution**.

10. Wallsend/ Maryland Club used a \$10,000 District Grant to refurbish a refuge to assist **Women and Children** in Domestic Violence.

11. Many Global Grants fund **Birthing Clinics** in remote parts of the world saving lives of Mothers and babies

12. RC Greenhills Club received a Rotary Foundation Global Grant for \$US250,000 to install a **dental clinic** in PNG- The area has not had a dentist in 40 years and the Clinic will train local people as Dentists who will see 40,000 children annually.

13. Rotary Club of Morisset has for many years, with District Grants, assisted a village in Timor Leste establish **healthy eating** vegetable gardens.

14. Charlestown Rotary Club used a \$10,000 District Grant to refurbish **PCYC** hall at Windale.

15. Warners Bay Rotary Club received a District Grant 3 years ago to establish a **Wall of Honour** at Belmont Police Station recognizing Police who lost their lives while on duty in Lake Macquarie area.

Two years ago, our Club received a \$3000 Grant to assist with the **Glendale Technology High School Agricultural Project** co-ordinated by member Vina Chubb, which helped create a great market garden that students look after, sell eggs from their chickens (to pay for feed and other gardening requirements), and teaches about health & nutrition to the high school students as well as the children from the neighbouring early learning centre.

A number of years ago, our Club funded, through a District Grant, a weekend camp for young carers – some only 10 years old who look after families to ensure all children stay together – this camp gave the **young carers an opportunity to be just kids** themselves for a weekend.

16. These **District and Global Grants** are available to all Clubs – all we have to do is have a compliant project and apply.

17. For every \$US1,000 donated, a Club is entitled to bestow any individual with a **Paul Harris Fellow** recognition.



Celebrating local mothers and babies.

As you may be aware, each month Rotary celebrates a theme. Each year, April is designated Rotary **Maternal and Child Health Month**, which is one of Rotary's 'Areas of Focus'.

Around the world, Rotary is involved with many projects which address issues relating to and aiming to improve the health of mothers and children. These include projects which look at improving nutrition, developing better antenatal and birth care, hygiene, school health, and general health issues.



"I was delighted to be involved in visiting three of our local birthing units on July 12 with Kerry and Vina to deliver a small gift to new mums. This visit, related to Maternal and Child Health, was instigated by Kerry Hayes. Thanks to Kerry's enthusiasm this project was supported by the Greater Bank as well as Will and Gabby at Community Refill, a very interesting local business. [Take a look at their website or visit their shop – it is great to meet and support young, enthusiastic members of our community]. The success of this venture was demonstrated by the thanks given by the NUM [Nurse Unit manager] in each hospital. Unfortunately, we were unable to visit the recipients themselves due to COVID-19 restrictions. Another exciting, feel-good day as a member of Rotary."
Glenys

Congratulations
on your new
arrival



This year I had an idea to celebrate this Rotary month by presenting a small gift to all babies born at local hospitals on 1st April, and all babies in the Neonatal Intensive Care Unit at John Hunter Hospital on that day.

As we know, the Covid 19 pandemic has forced a change in a lot of plans over the last few months. Plan B was to visit Newcastle Private Hospital Maternity Unit, John Hunter Hospital Delivery Suite, and the JHH NICU unit on Friday 12th June to make this presentation once we were permitted to visit.

Vina Chubb, Glenys Tomkins and myself ventured out today, Friday June 12th, to visit these hospitals and represent our club.

We met the Nurse Managers of these Units, and presented our gifts, consisting of a \$50 bank account for the babies, and a voucher to purchase beauty or skin products for the mums. We were made very welcome, our gifts were well received, and photo opportunities abounded.



Newcastle Private Hospital



Neo Intensive Care Unit



John Hunter Birthing Suites

This small gesture by our club achieved a number of things:

- many families and staff at JHH and NPH hospitals now know a lot more about Rotary, and the Rotary Club of Warners Bay in particular.
- it was a lovely way for our club to recognise and celebrate local mothers and babies.
- it was an opportunity to acknowledge and promote our local sponsors- the Greater Bank and Community Refill Warners Bay.

Kerry Hayes 12/6/2020



Community Refill provide locally made, affordable, healthy, and environmentally friendly zero waste products. Unit 4, 44 – 46 Medcalf St, Warners Bay
Phone: 02 4063 0507
Email: hello@communityrefill.com.au

Club Crafty Project... French Knitting Kits

Just a reminder to keep rolling small balls of wool for these kits.

Thanks, Kerry, for your bag of wool balls, I'll add them to my box full.

I know there are a few other members who have bags of balls of wool to be added to the collection. Thanks for joining the fun – can't wait to see you and pool our resources.

We'll need approximately 20 balls for each kit, so keep rolling

Glenys



Guess Who!? Can you guess who our new baby is?

There are still no correct answers to the last two, from 18th May & 1st June Issues! So... here are a couple of clues... the little lady from 18th May is one proud mumma who loves to sing the praises of her beloved family and friends; and that gorgeous little bub from 1st June has grown up to be a compassionate mother, grandmother and mentor to many young mums.

Send your response to Katrina by Friday 26th June – hello@katrinahenningham.com – winner/s will be announced in the next issue of "In the Loop".

